77 Legacy

David St. John

To a very
nice guy in my
French classes (I & II)
Remember the good
times in French I!
Good luck with whatever!
I hope you learn more
this year than you did
last year. See ya!
Lisa Powell

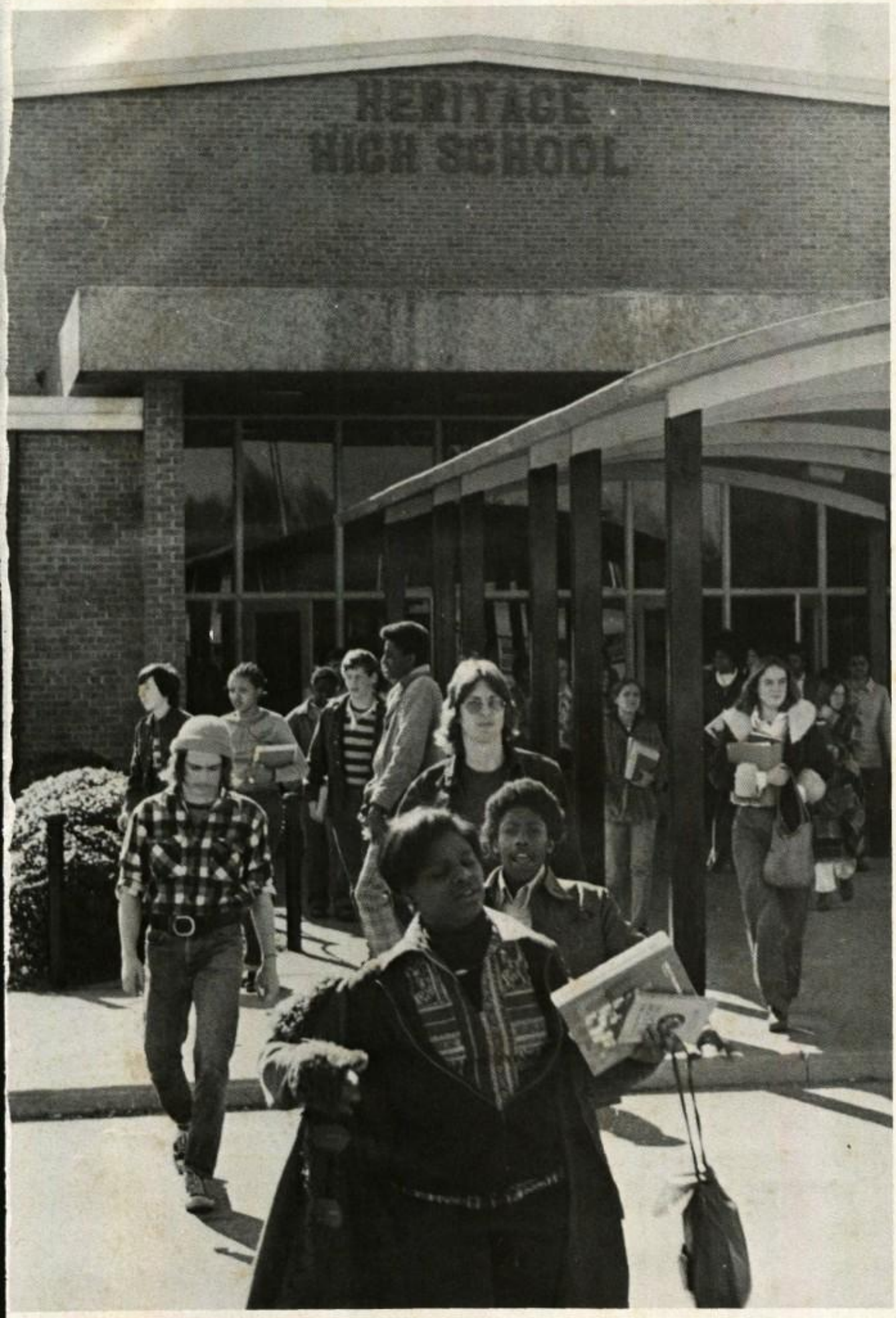
David,
I don't know at all.
but maybe I will
by the end of the year.
Lynn Robertson

Dear David,
Bonjour! I'm glad that
you're in my homeroom and
French class again this year.
Now you can help me with
my French homework. Remember
all the classes we had together
last year - Geometry, French,
English and homeroom! It
seems so long ago. Have fun
this year and I'll see you
later in homeroom + French.
Cathy

To one of the
craziest guys
that I know.

To a crazy
guy that I haven't
known very long
good luck in the
future.

Kattinka
Whitehouse



HERITAGE HIGH SCHOOL

Lynchburg, Virginia 24502
Volume 1
1977

1

BEGINNING AT THE BEGINNING

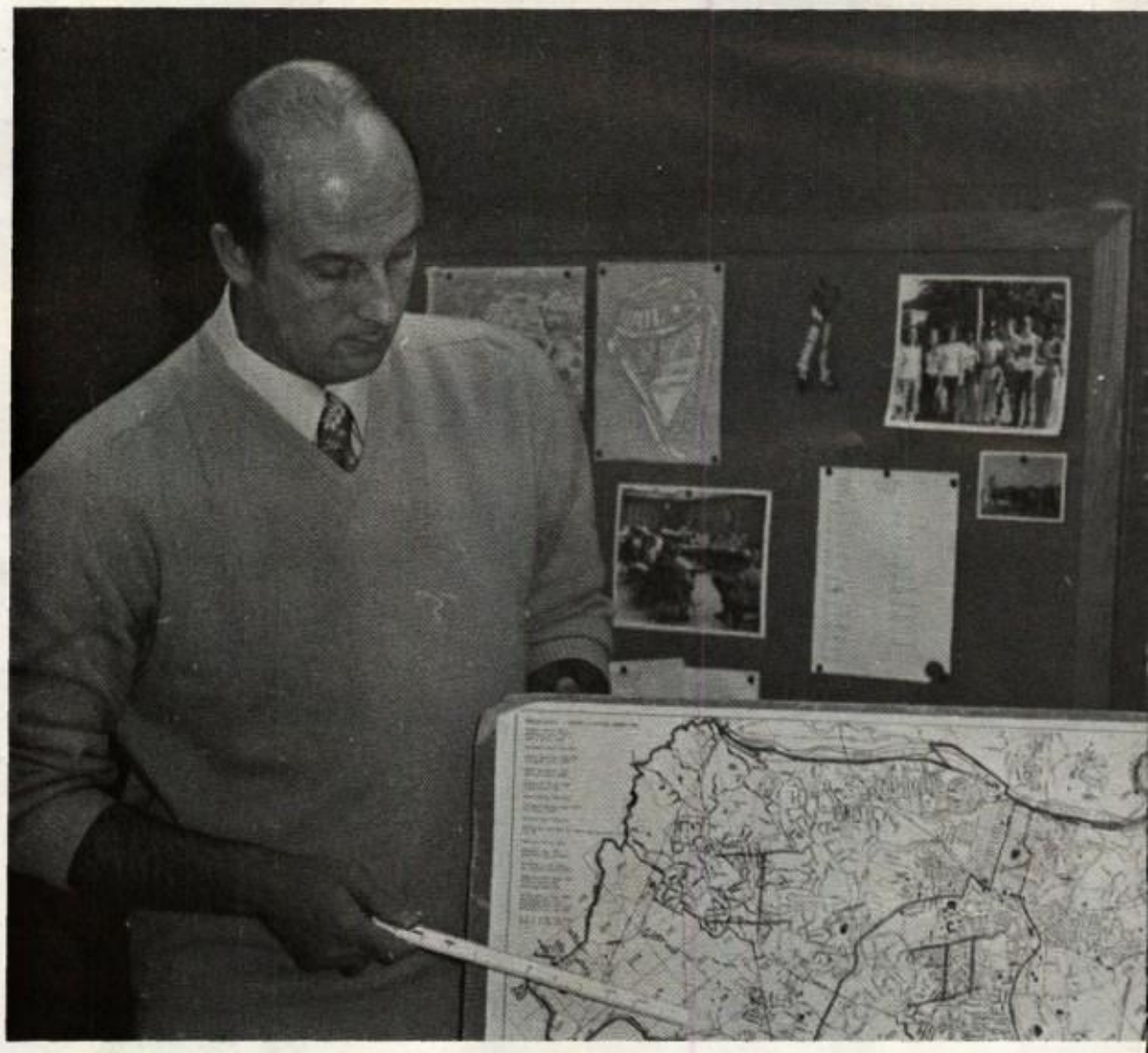
In January of 1975 a steering committee was appointed to begin making decisions involving a new high school in Lynchburg. The school would be needed if the proposed annexation passed. It did, and Heritage High School became a necessity.

While we were temporarily housed in Sandusky Junior High School, the job of "building a heritage" paralleled that of building Heritage High School.

Getting ready for school's opening was the first order of business, and Dr. Swisher and his staff worked throughout the summer on the many details involved.

Teacher and classroom assignments, relocation of materials, student scheduling—all set the groundwork for "building a heritage."

Unpacking new equipment was one of many jobs undertaken by Mr. Spencer and Mr. Clark during the summer.



Responsible for incorporating students from the annexed areas into the city school system, Dr. Swisher studies map showing rezoning.

3 Steps in

Under the direction of Mr. Clark, Andy Seward, Tim Elliott, and David Wright moved, unpacked, or stored most of the textbooks needed for the school year.

Building a Heritage

Feelings of "new school loneliness" were shared by Yvette Isaacs and 1285 other students.

2

STARTING OUT ALL ALONE

Doors opened and in we came, scared and lonely. During the first few weeks, one could sense an air of uncertainty. No one knew what to expect of this new school we were now attending. Few faces were familiar as we went our individual ways.

The building itself was a maze to most of us. We had days of being lost, arriving late to class, and missing lunch. But soon we unraveled the tangle of hallways and classrooms; strangers became friends, and the school seemed full to the brim with high hopes for the year to come.

Thoughts of past years still lingered in everyone's mind. But now the E.C. Glass Hilltoppers, Brookville Bees, Rustburg Red Devils, and Dunbar Poets were all scrambled together to form one mighty Heritage Pioneer.

We were faced with the problem of "building a heritage," and we suddenly felt ready for the challenge.

3

GETTING IT TOGETHER

As the weeks turned into months, we no longer thought of "building a heritage" as a task, but rather as an honor.

While the teams enjoyed victories, as well as suffered defeats, and our classwork became more demanding, we began to feel a sense of pride. We found ourselves involved, expectant, and determined to make this new school not one of the best, but THE best.

And to everyone attending and supporting the school, that's exactly what it was becoming. The "heritage" of Heritage High School was in the making.

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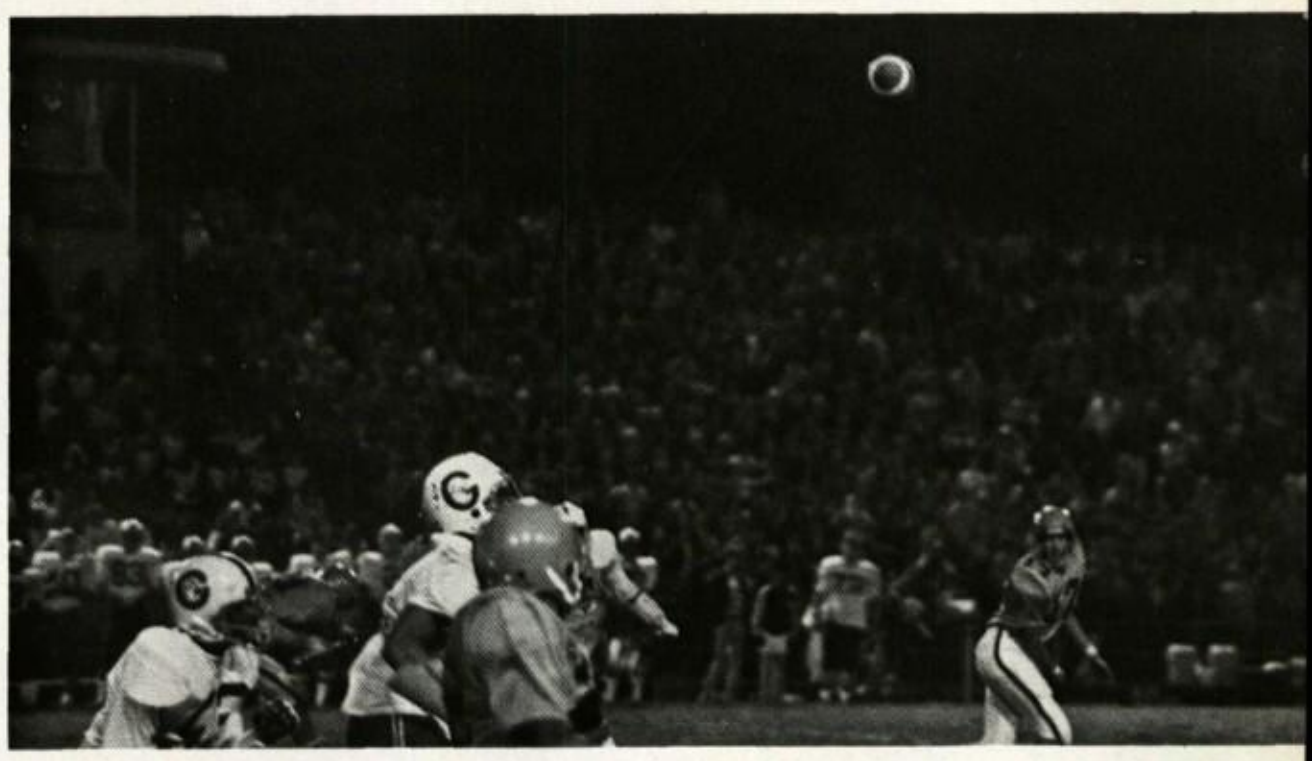
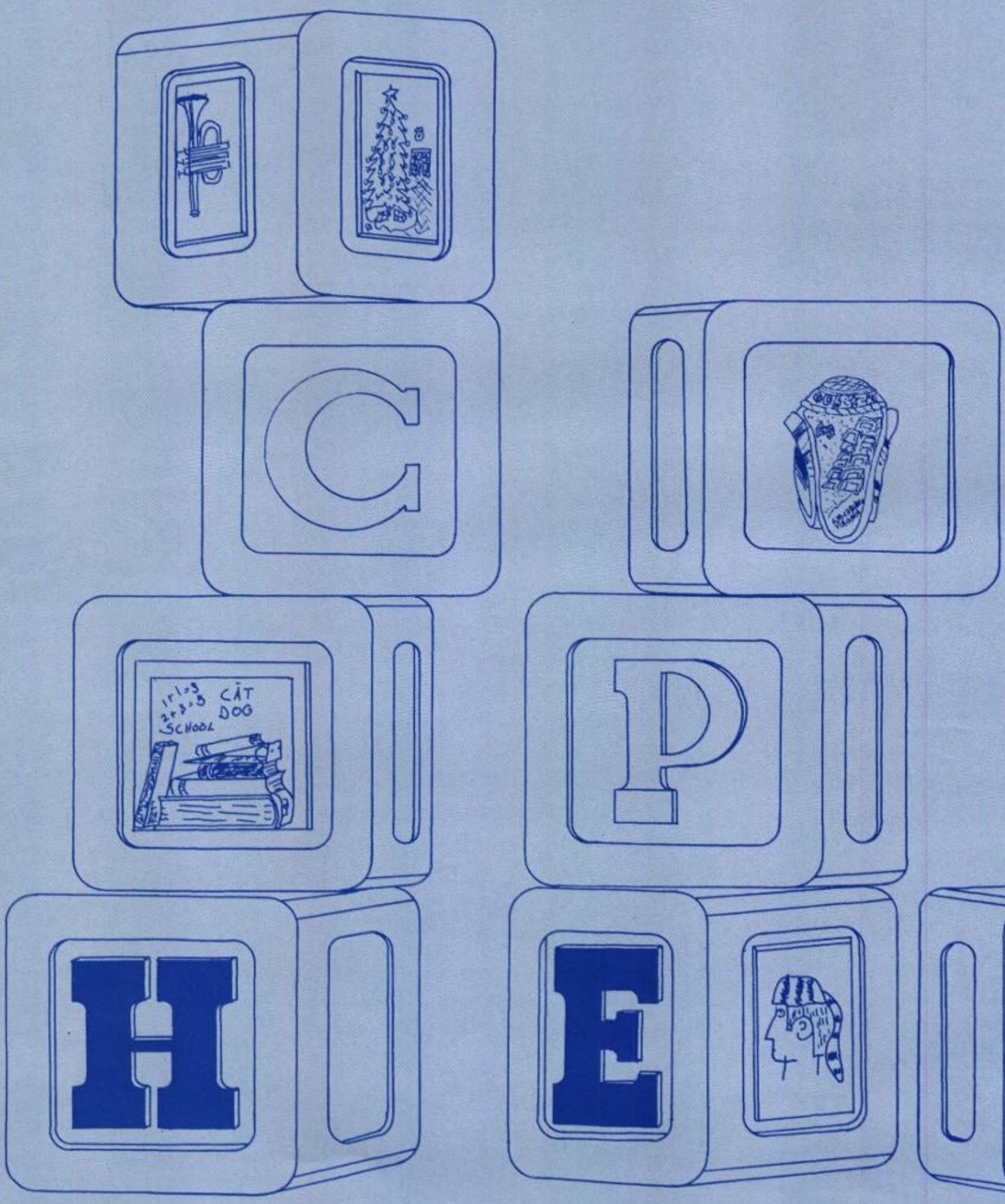
Former "Red Devil" Nadine Atkinson and "Poet" Kerry Edwards enjoy new "Pioneer" friendship.



In opening drive, Doug Knowles connects on a screen pass to Dennis Megginson for a long gainer against Glass.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2+3=5
SCHOOL
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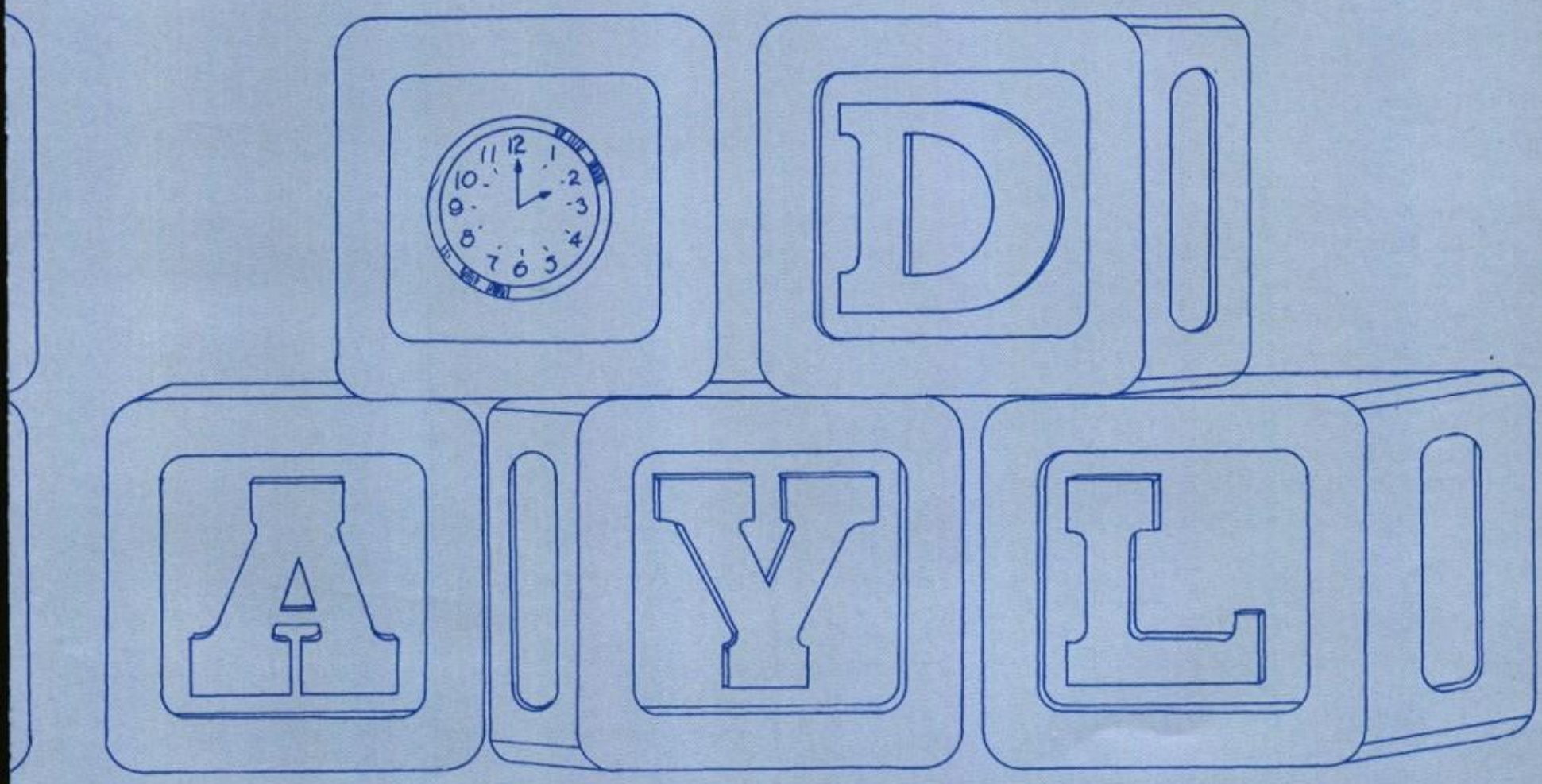
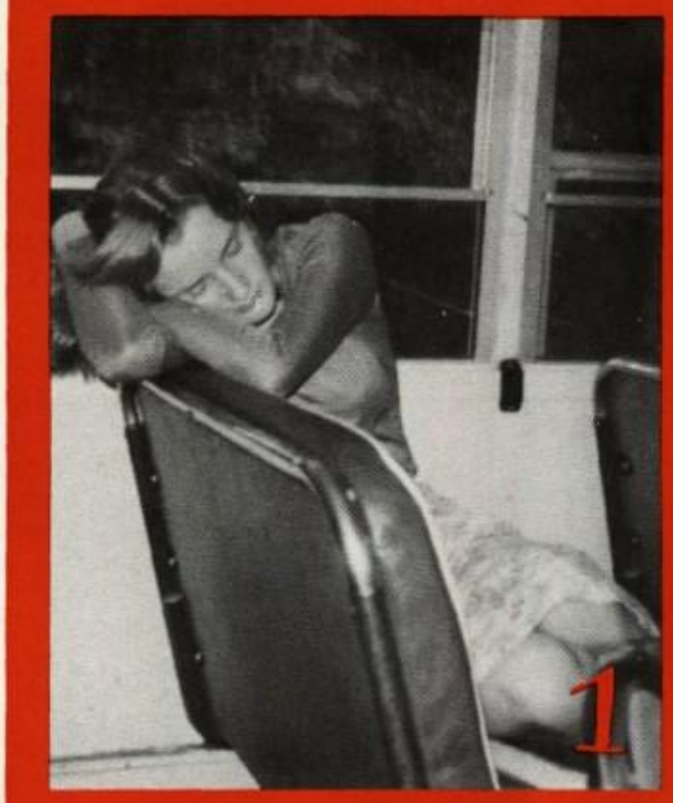
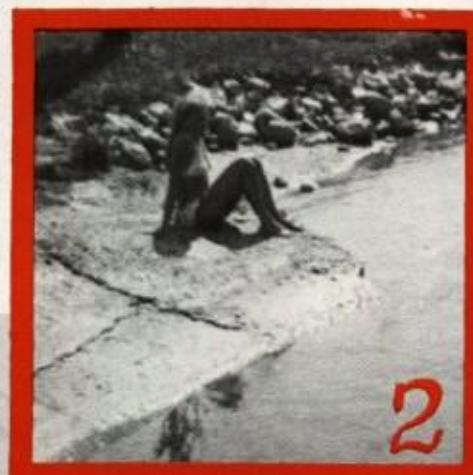
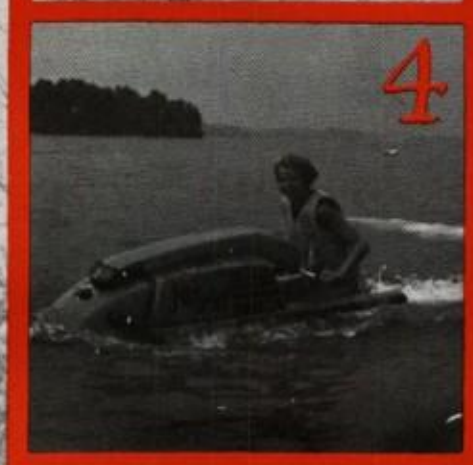
STUDENT LIFE





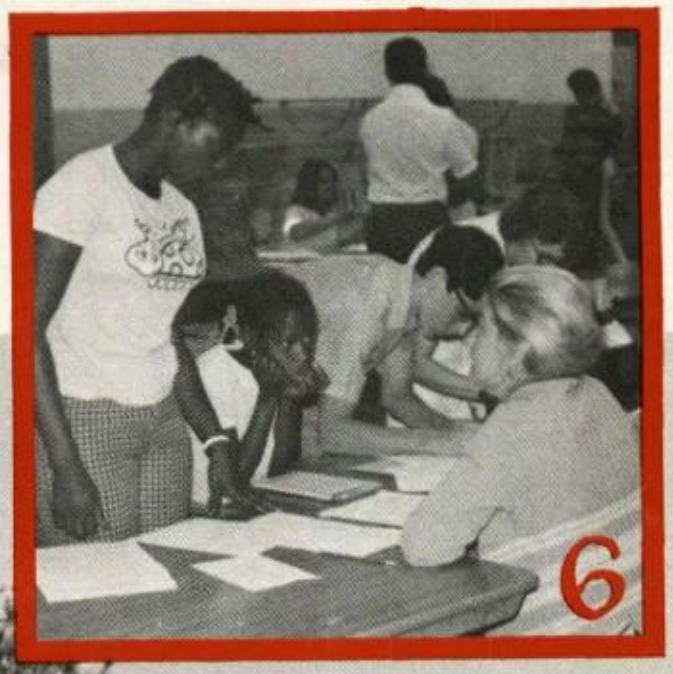




"School!" Many of us found it hard to give up summer luxuries. One such luxury everyone loves, including Cara Marshall (1), is the joy of sleeping late. But there are ways of catching a few "extra winks." Other memories of summer fun linger. For Kathy Hatcher (2) a day at the lake is a pleasant summer day. Then there is Annette Logwood (3) who thinks back to fast-moving summer sports. Robin Marsh (4) will argue that that's not the only way to enjoy a hot summer day. And Pat Donahue (5), not satisfied with staying on the water, has summer memories of challenging feats. But these summer pleasures were given up, and students came to register (6) for the coming year. In trying to find classrooms, some required help such as Mr. Coates gave Unchu Mayo and Denise Bosiger (7). After registering, Susan Elliott and Beth Smoot (8) decide that it wasn't so bad after all. There's much to be said for the joys of summer, but there's just as much to be said for the activities of a school year.

AUGUST 30

Goodbye Summer . . . Hello School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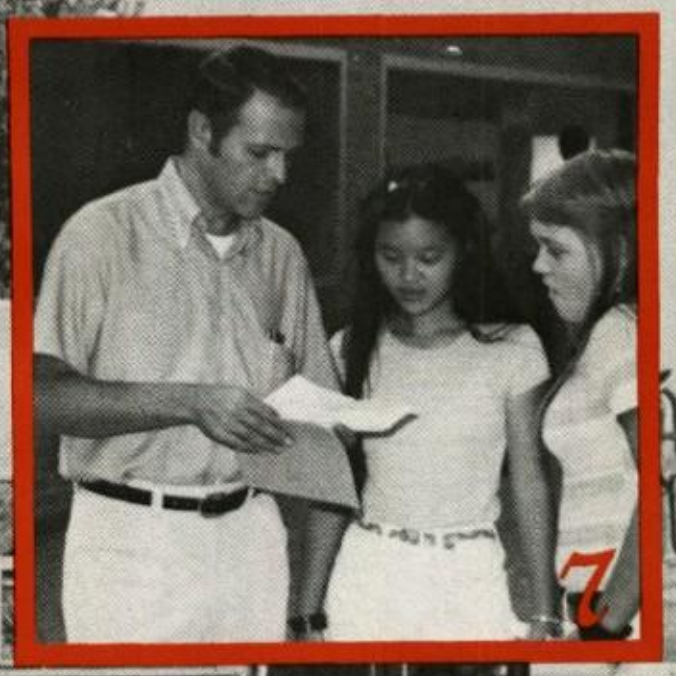
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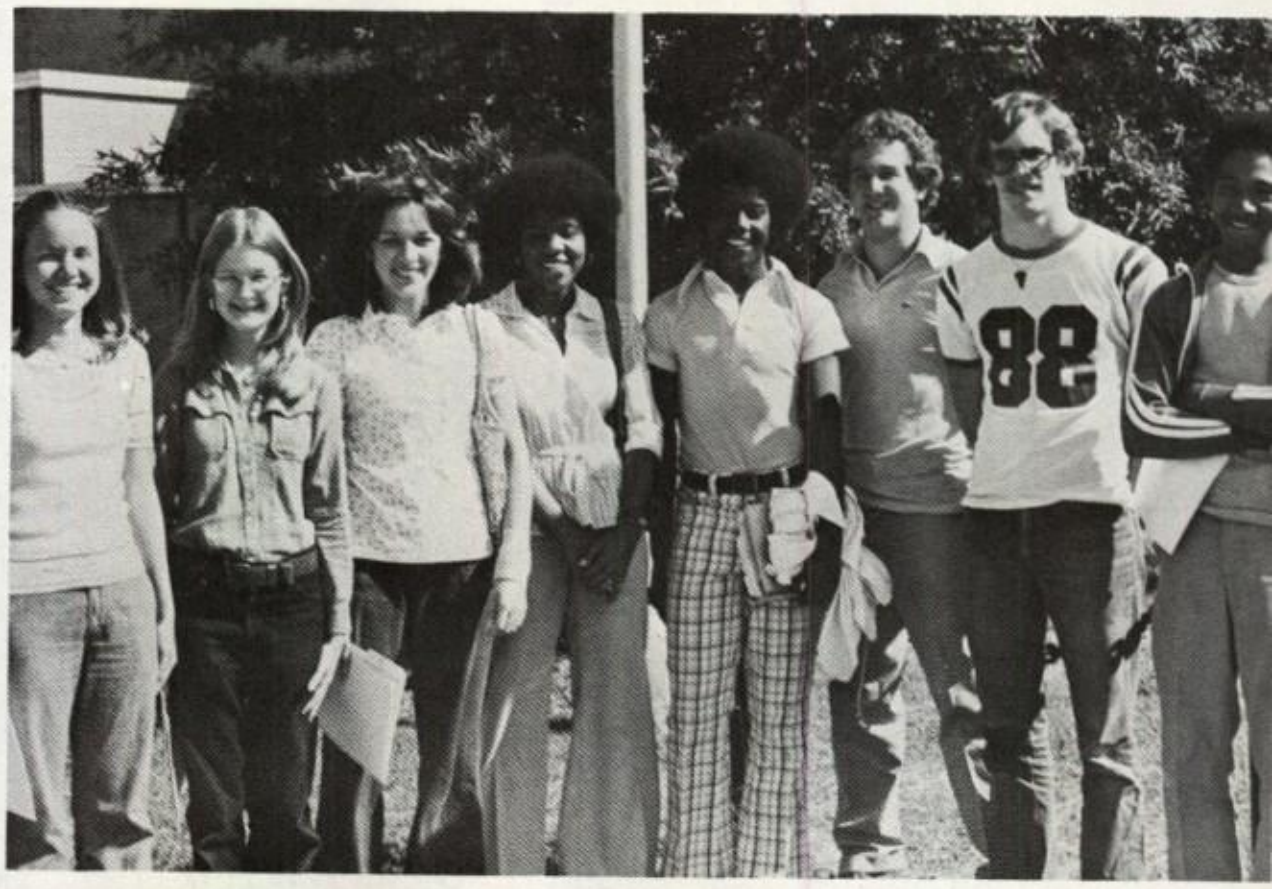
8

Off To A Good Start

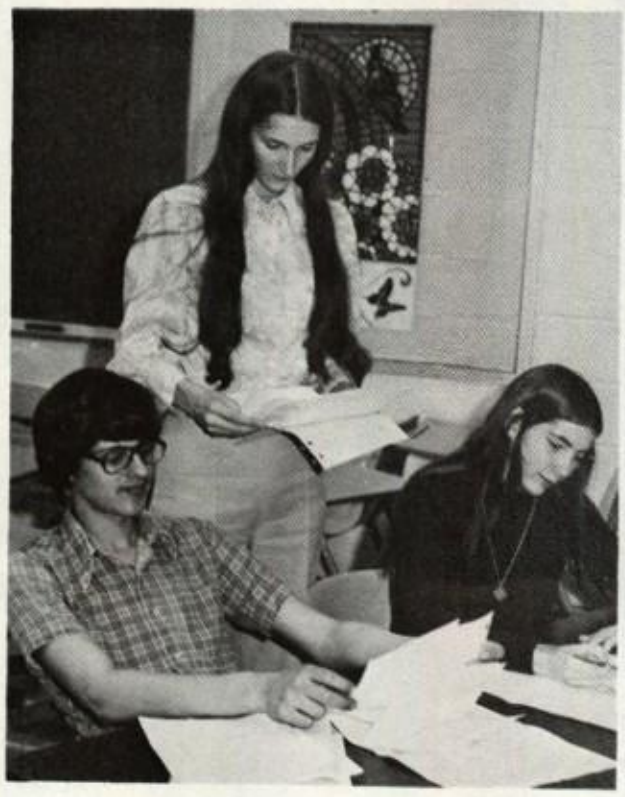
We began with nothing more than a temporary school building and a few ideas. There were so many things we needed to accomplish. We took them, one by one, as they presented themselves to us and did our best to make wise decisions that would carry on as part of our school.



Student Advisory Committee members Cynthia Cash, Gwen Hale, Conya McRight, Machelle Penn, Garrett Nelson, Lee Saunders, Richard Harris, and Dalany Brown.

NAME THE SCHOOL

"We propose Heritage High School as a fitting name for the city's newest secondary building. This name shall call to mind both the pride in achievements in the past and shall hold forth a challenge for greater progress in the future." With this announcement, the special School Board Committee named Heritage High.



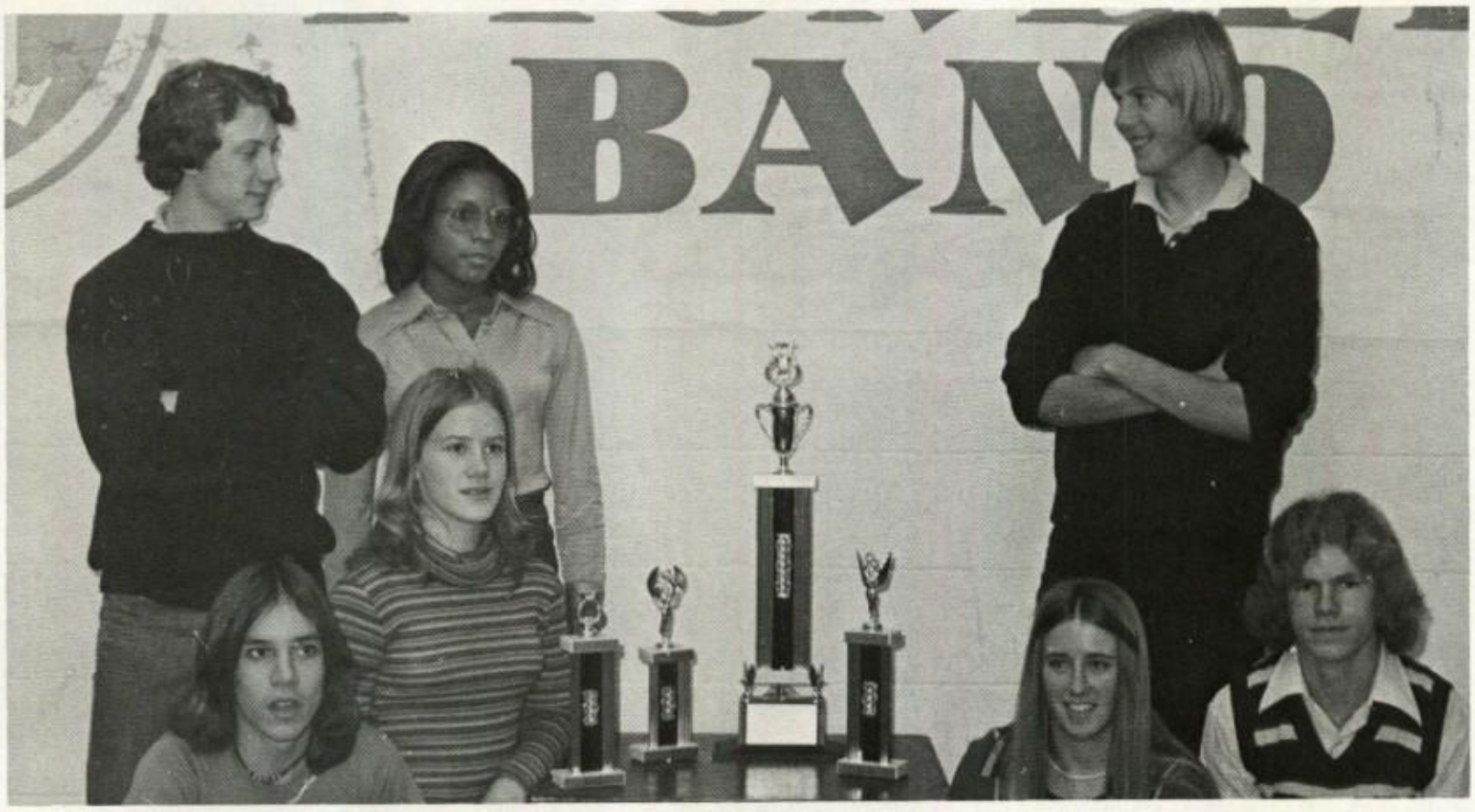
CHOOSE THE RING

In November of 1976 part of the Heritage High School Steering Committee merged with other students to form a class ring committee. Guided by Dr. Swisher, the students chose Josten's to design and make the ring. After discussions over some details of design, the committee decided on a ring to be proud of.

SELECT THE COLORS

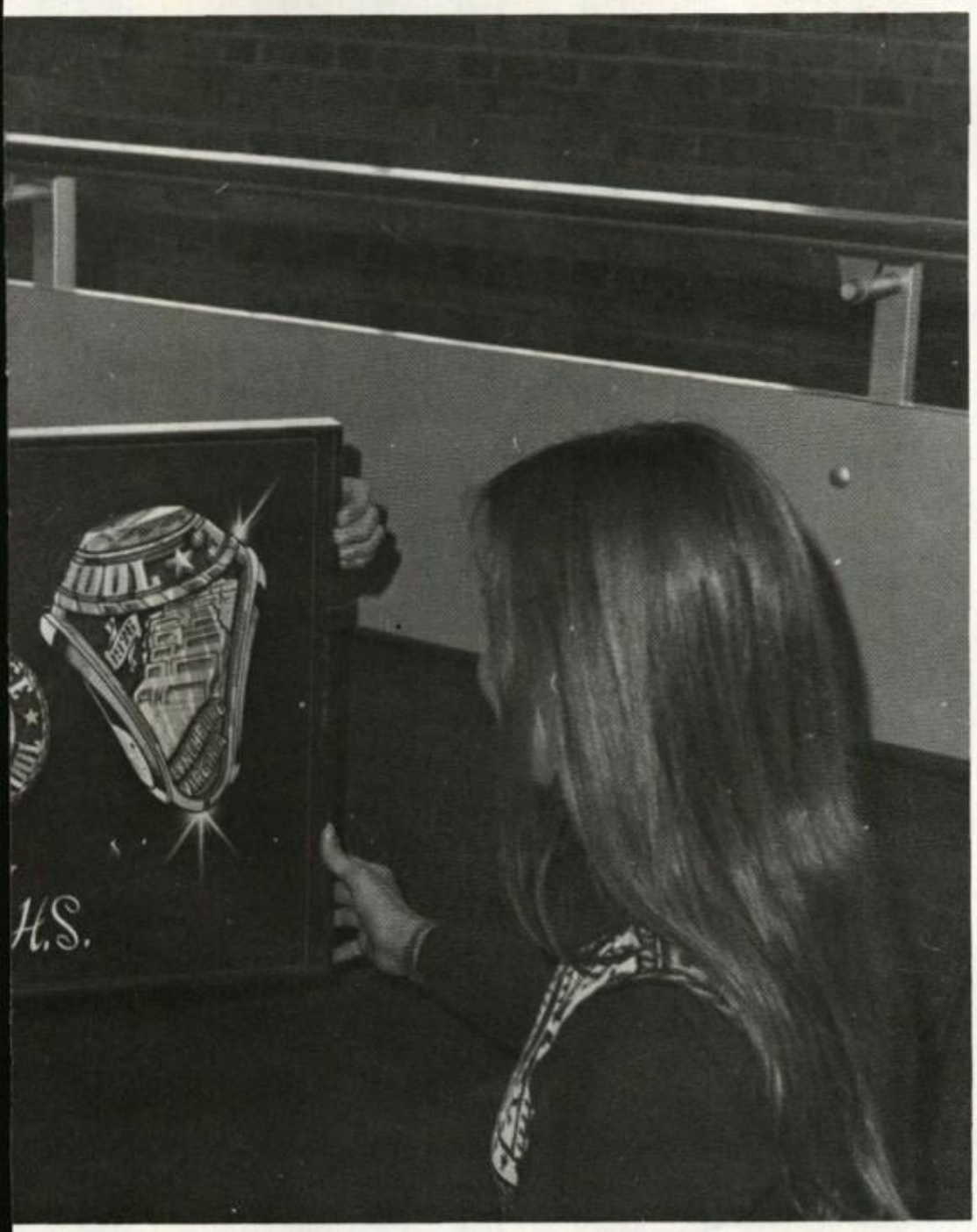
Selection of the school colors was the responsibility of a student advisory committee, consisting of representatives from Glass, Brookville, Dunbar, Sandusky, and Rustburg—the schools from which students would come to Heritage. After deliberation, the committee announced that our school colors would be blue, burnt orange, and white.

Final proof-reading for first edition of PIONEER POST requires attention of Eddie Mayhew, Mrs. Smith, and Robin Hamlett.



First Marching Band trophies, won at Indian River Marching Contest, are displayed by band's officers.

Ring design chosen by committee meets with approval of Martha Williams and Cynthia Cash.



NAME THE PAPER

By early October almost everything was "ready to go" with the school paper. The staff had been formed and trained; printing arrangements were complete; first edition assignments had been made. But it was still without a name. Suggestions were made and voted on. Sheena Jennings submitted the winning name, PIONEER POST, and she has received free papers throughout the year as her prize.

NAME THE TEAMS

The Student Advisory Committee also chose the team name. They decided that the name should have a direct relationship to the school's name "Heritage." Many names were considered. Some were eliminated because they were names used by other Western District schools. After much deliberation the committee decided upon "Pioneers" as a fitting name.

Year Of Firsts

OFF TO A GOOD START

Unpacking new band uniforms seems more a pleasure than a chore for Danny Tucker and Mr. Elrod.

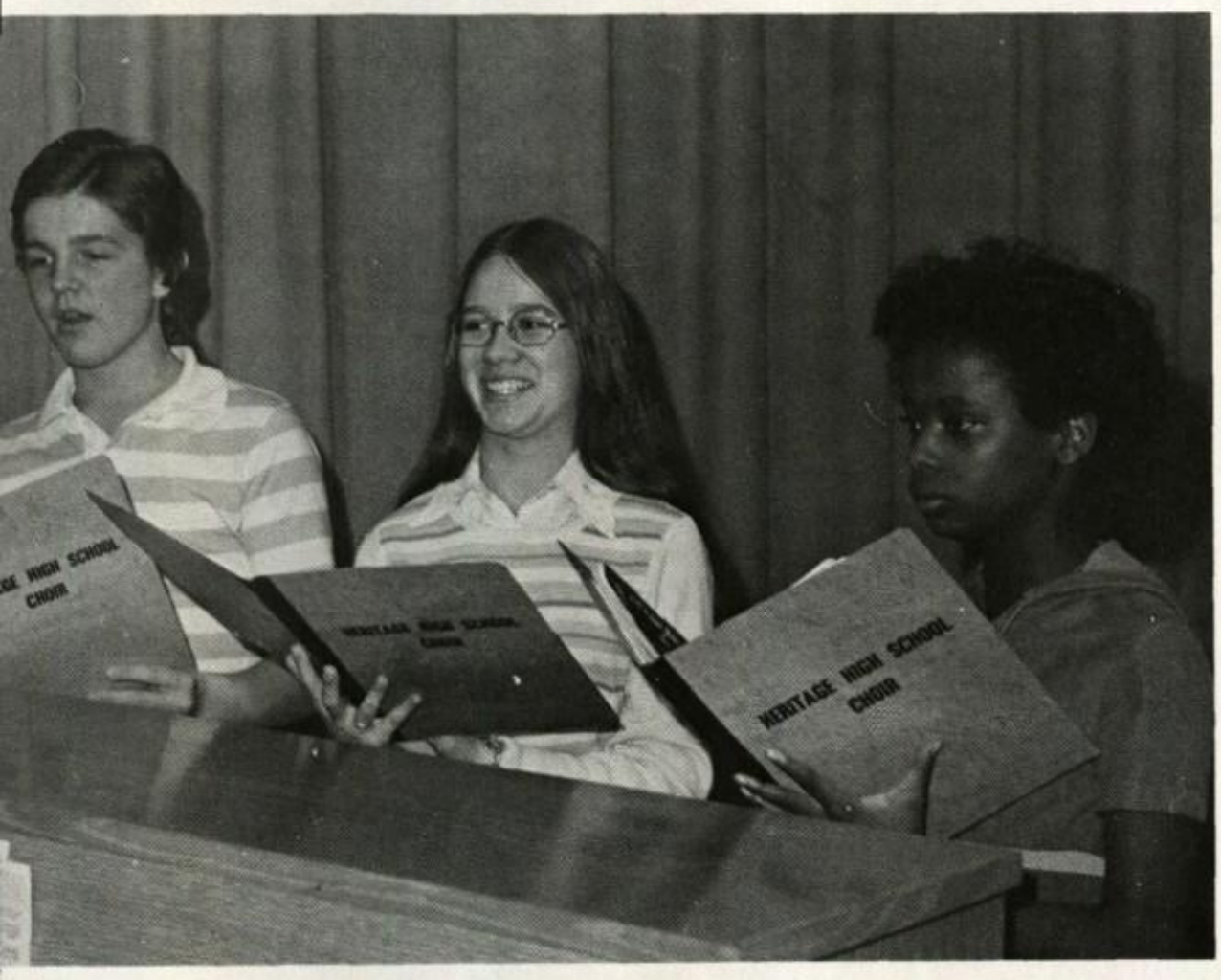
Deciding on what to call all of our organizations, teams, and activities presented quite a challenge. We were very conscious of setting precidents. Each event throughout the year was a "first" and we strived for each to set a standard of excellence. As the year progressed, we became increasingly proud of our choices. We responded quickly to the new but familiar sound of "Pioneer." We could now call groups by their names without hesitation; we felt at home with our choices.

SELECT A MASCOT

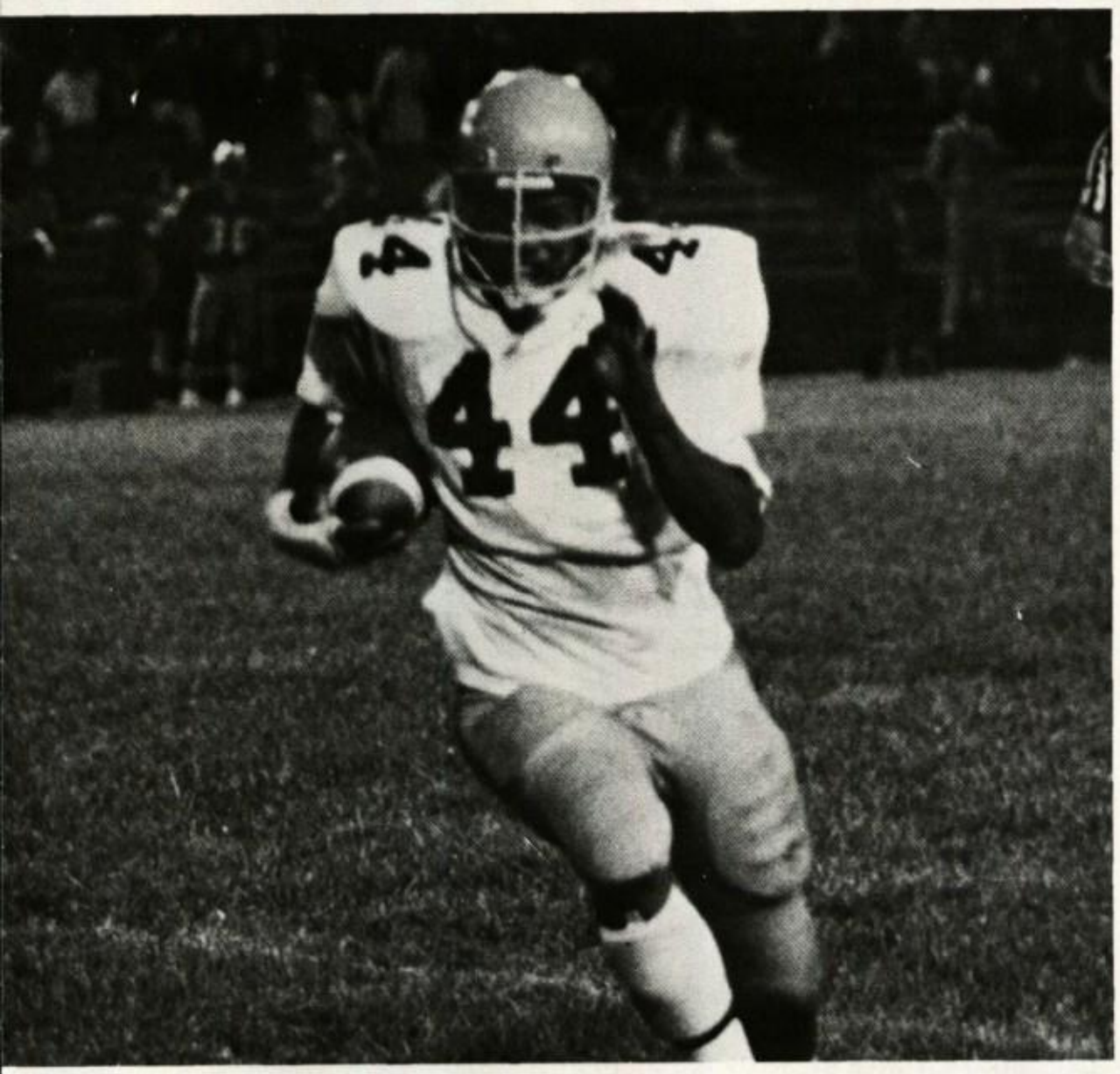
In October, the FBLA decided it was time for a school mascot. Entries were submitted by students, and the ideas of the ideal pioneer ranged from astronauts to orange ducks. After two weeks, students voted in homerooms among the thirty-one entries. Tom Tucker's entry, a blue and orange old-time pioneer with a rifle and a coonskin cap, was chosen as the best personification of the pioneer spirit.

CHOOSE A UNIFORM

Dr. Swisher, Mr. Elrod, and selected parents and students determined the design of the marching band's uniforms. They adopted a design used by one of the leading drum and bugle corps in the United States. The style of marching reflects the style of the uniform, both known as "corp style." The concert band has a separate formal jacket, which also depicts this style.



Choir members Kent Wood, Susan Weaver, and Sheletta Smith practice for first performance, the Christmas Concert.



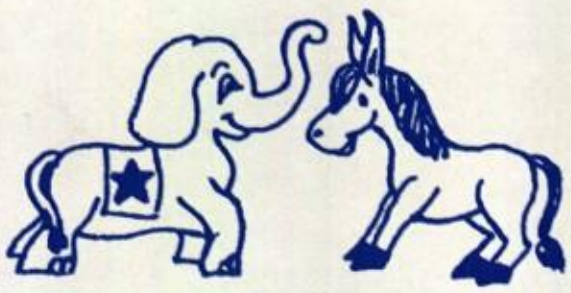
First Heritage touchdown is scored by Ricky Callinder on an option which covered 35 yards against Amherst.

History students Laurie Mason, Glee Nowlan, and Lisa Stauber discuss campaign issues.

Election '76

In November two men ran a race for the job of leading our country, Gerald R. Ford, a Republican, and Democrat Jimmy Carter. And the votes of our country's people would decide who the 39th President of the United States would be.

Since such a decision would affect and influence our country, didn't it concern the students of Heritage High School? Mrs. Hatcher, sponsor for Heritage's Distributive Education Club, thought so. She and the D.E. Club held a "mock" election to find out just how many students would vote and, of course, whom they would vote for.



In homeroom students were given "ballots" and were told to vote for the president and vice president of their choice. Nine hundred seventy students voted, with Gerald R. Ford, winning by a 111 vote margin over Jimmy Carter.

Results of Mock Election

UNITED STATES LABOR PARTY	5
Lyndon H. LaRouche, Jr.	
R. Wayne Evans	
REPUBLICAN PARTY	408
Gerald R. Ford	
Robert Dole	
AMERICAN PARTY	5
Thomas Jefferson Anderson	
Rufus Shackleford	
DEMOCRATIC PARTY	297
Jimmy Carter	
Walter Mondale	
SOCIALIST WORKERS PARTY	1
Peter Camejo	
Walter Mondale	
LIBERTIAN PARTY	3
Roger L. MacBride	
David P. Bergland	
UNITED STATES SENATE	
Harry R. Byrd, Jr.	483
Martin H. Perpper	31
E.R. Zumwalt	183

Courtesy of Lynchburg News and Daily Advance.

Interested students gather in the library to watch Jimmy Carter being sworn in as President of the United States (pictured above).

Icy Grip Hits School

Brrr! You shiver in the freezing classroom. Everywhere you hear the sound of chattering teeth. You huddle deeper into your two sweaters and move a little closer to the radiator.

All over the U.S. this winter thermostats were lowered to a chilly 65 degrees, after school activities were kept at a minimum, and nothing went on after 5:30.

Teachers and students began to dress like eskimos on a seal hunt. Thick, heavy sweaters and flannel shirts were a necessary part of everyone's wardrobe.

Then, the expected happened. Lynchburg reached its all-time low of -8 degrees. Temperatures throughout the Northeast were the coldest since Colonial days.

We survived the incredible cold; businesses and schools reopened; things went on as before. But the big freeze gave the U.S. memories not easily forgotten.

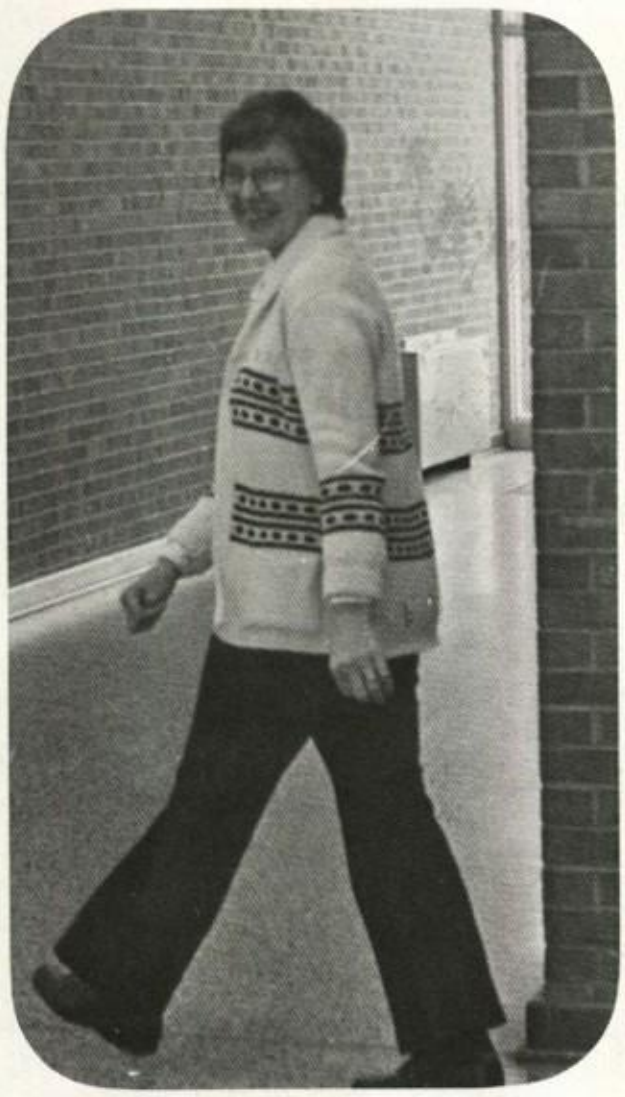
Checking the thermostats at 65 degrees, Rhonda Martin and Jay Harding aren't convinced to go without coats.

Tennis shoes aren't the best protection against the cold snow, and Gerald Scruggs is just beginning to realize it.

Heritage students take advantage of the first snow with a friendly snowball battle.

Desperate for warmth, Sharon Emmett finds about the only warm place in Heritage—the radiator.

As long as she is bundled up in a thick winter sweater, Mrs. Godsey doesn't seem bothered by the low temperatures.



Heritage Holidays

Holidays just didn't roll by unnoticed at Heritage. There were numerous festivities covering the major holidays.

During the "season to be jolly," the SCA and chorus were really in the Christmas spirit. The SCA sponsored a contest for first period classes to decorate their doors, and it became quite a challenge.

Mrs. Currence's class won with a detailed replica of a fireplace decorated for Christmas.

The cafeteria looked "Christmasy" with a big tree, decorated by the chorus and used for their Christmas concert.

Students showed their affection on Valentine's Day by sending carnations to "special" friends. The SCA and DECA both sold the flowers, and they were delivered during first period on that special day.

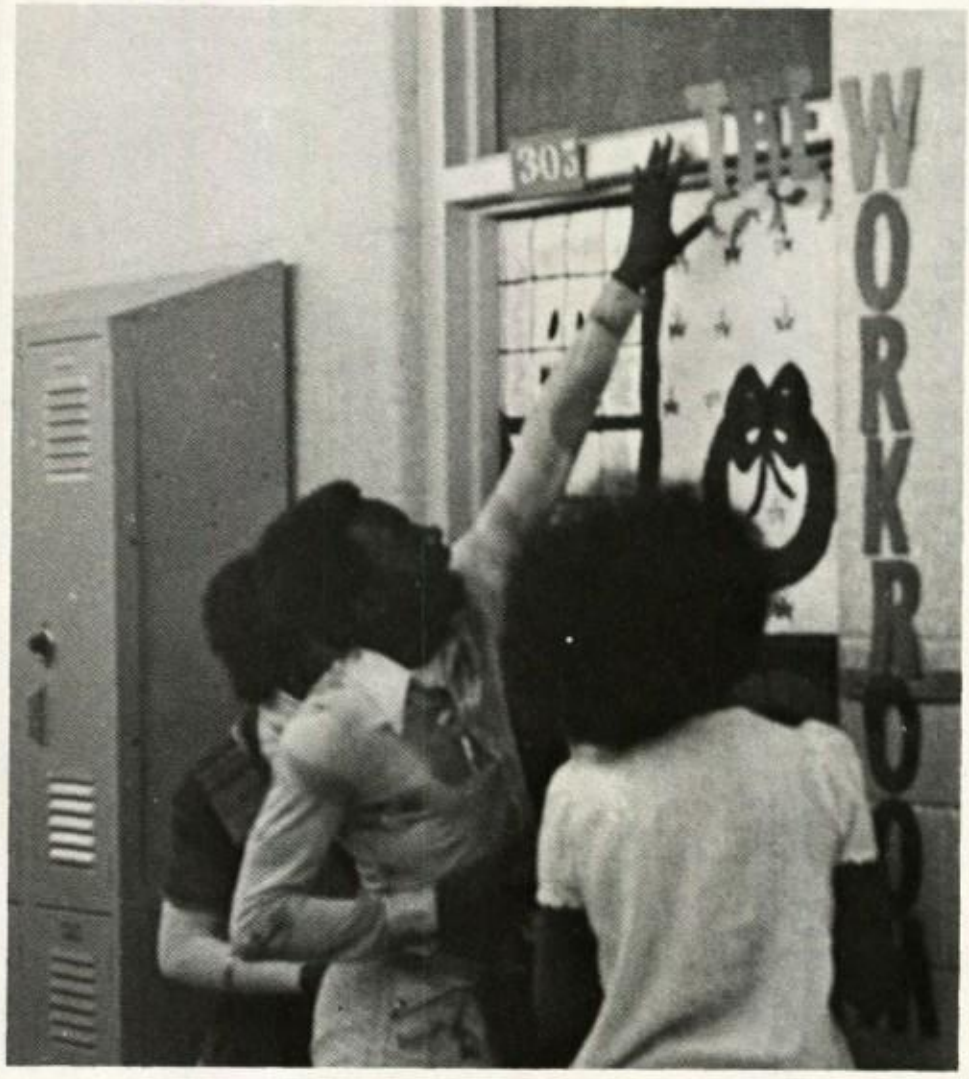
And the Easter Rabbit didn't pass us by, either. DECA sponsored an Easter egg hunt for the Sandusky elementary kindergarten children. An Easter egg hunt isn't complete without a rabbit, so Bucky Scott obliged, and the legendary rabbit delighted the children with his presence.

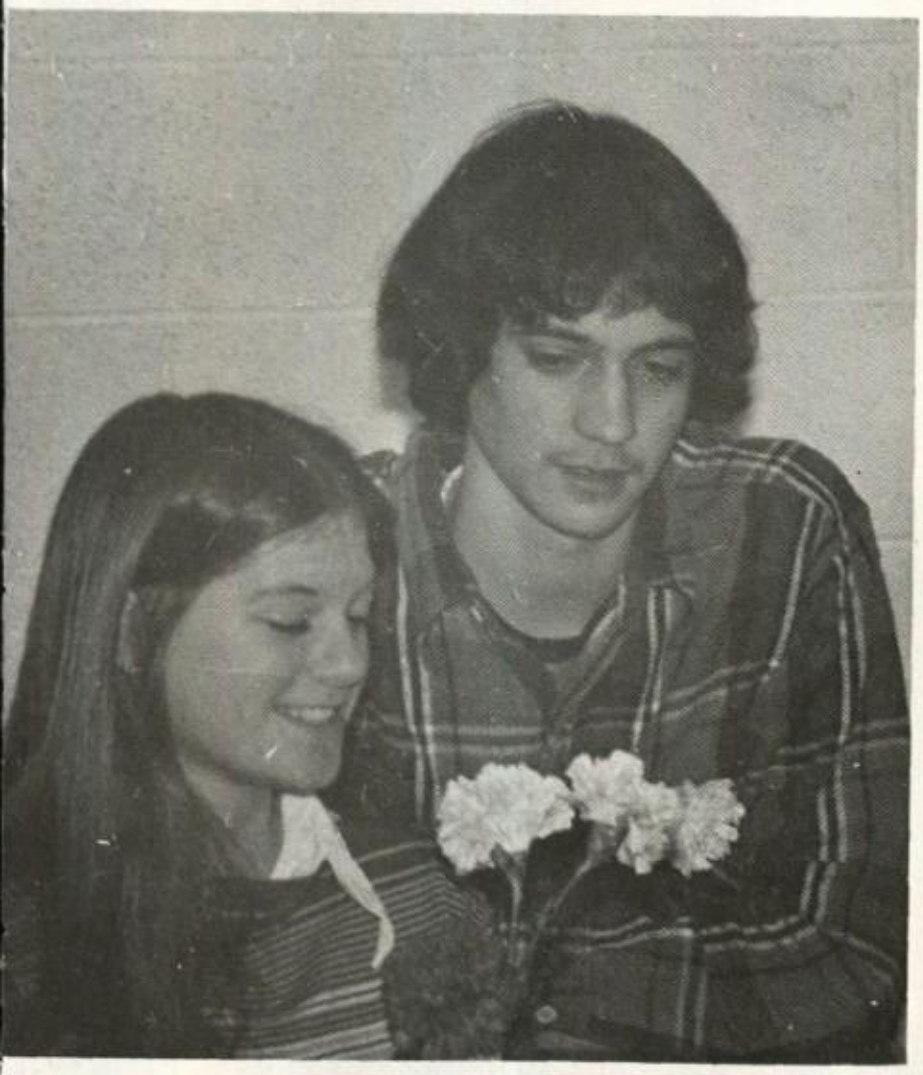
Holidays were not only noticed, they were celebrated to the fullest. Everyone took part in the happy occasions which made them seem even better.

Children gather around Bucky Scott as he hands out candy at the DECA Easter egg hunt.

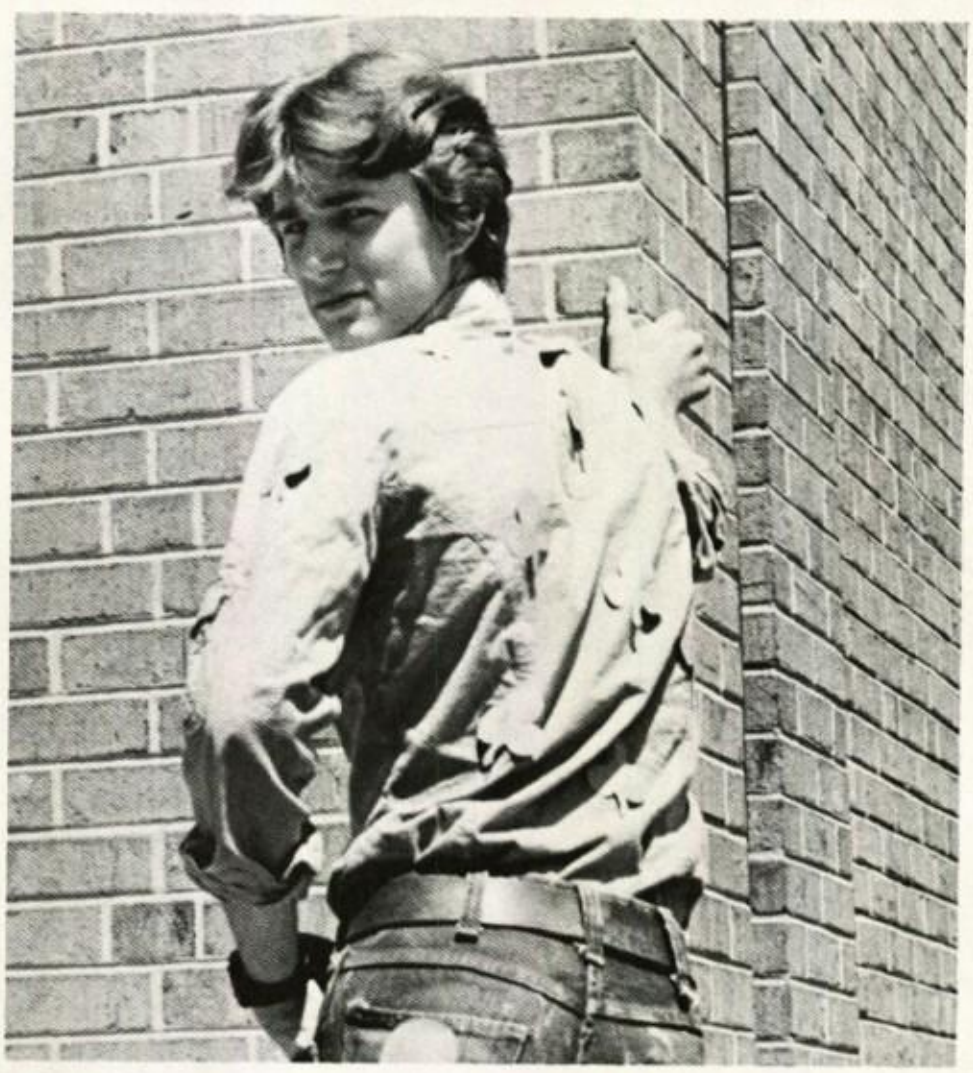
Christmas spirit heightens as Ricky Moore and Tina Clark trim the front lobby tree.

Mrs. Knight's door becomes entrance to Santa's workroom as students add final touches.





"Sweetheart" carnations, admired by Steve Martin, make a happy Valentine for Sandy Stewart.



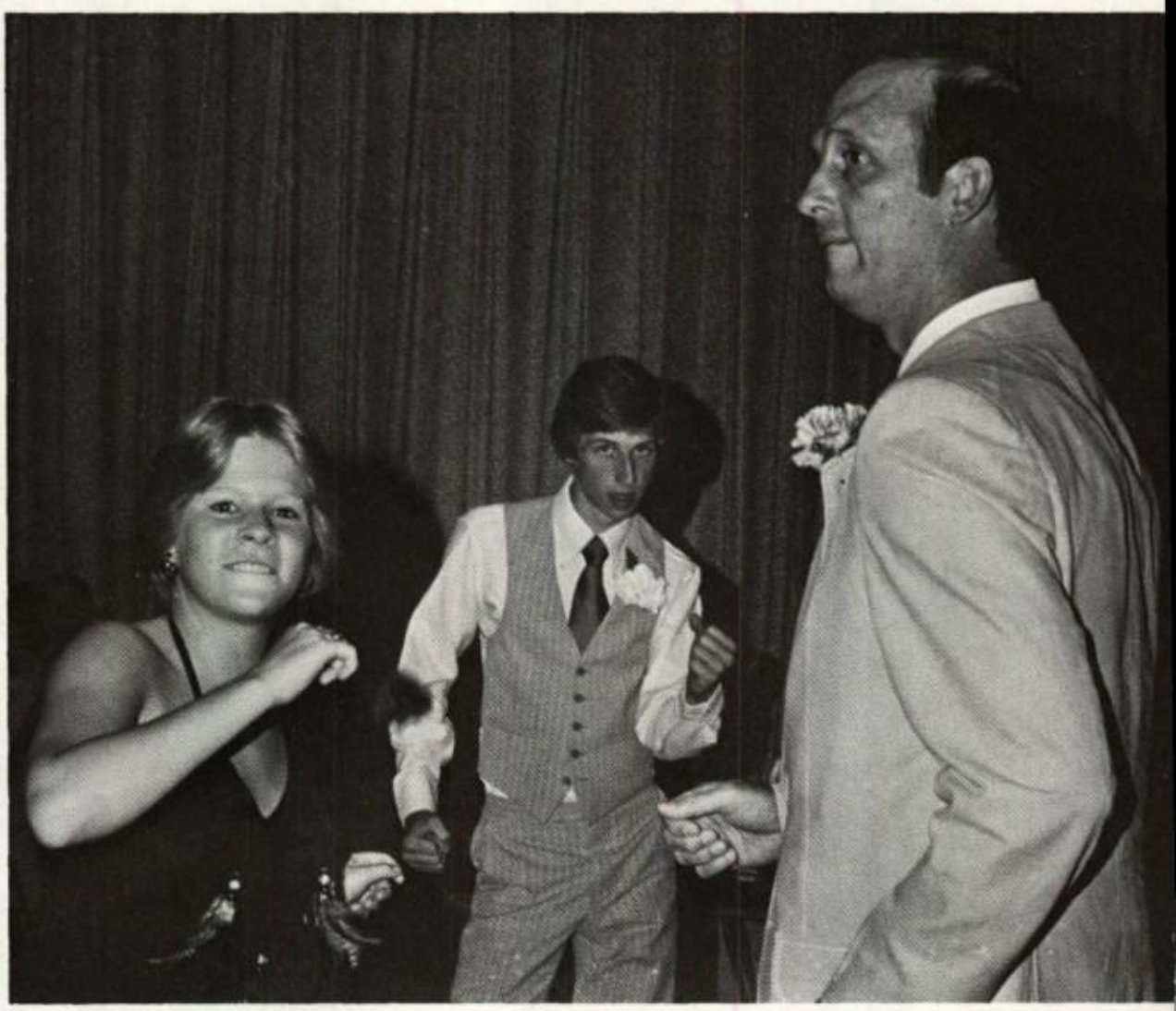
We even had a leprechaun, Brian Held, on hand for St. Patrick's Day.

Can't Stop Dancin'

Ideas, committee meetings, telephone calls, and overall enthusiasm turned into dances!

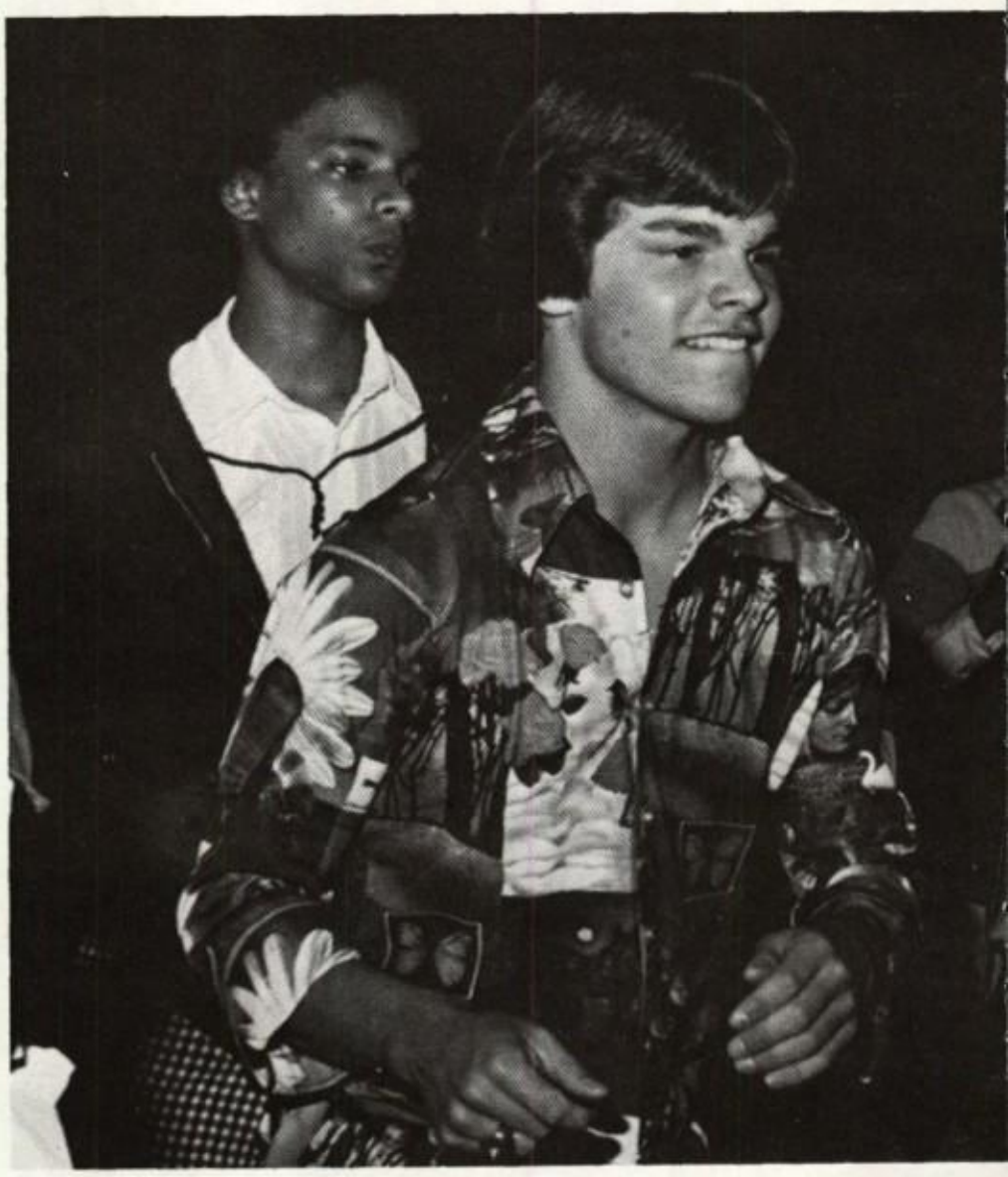
Heritage students found themselves dancing the year away. The Varsity Club had a dance after a Saturday school session in early spring. There was a Booster's Club dance, and a marathon dance. The marathon, sponsored by DECA and held at Glass, helped raise money for muscular dystrophy research.

The biggest dancing event was the Ring Dance. Honoring juniors and their dates, the dance was held in the well-decorated cafetorium. An appropriate theme, "We've Only Just Begun," music by The Spiral Staircase, and a great turn-out made the dance the success everyone had anticipated.



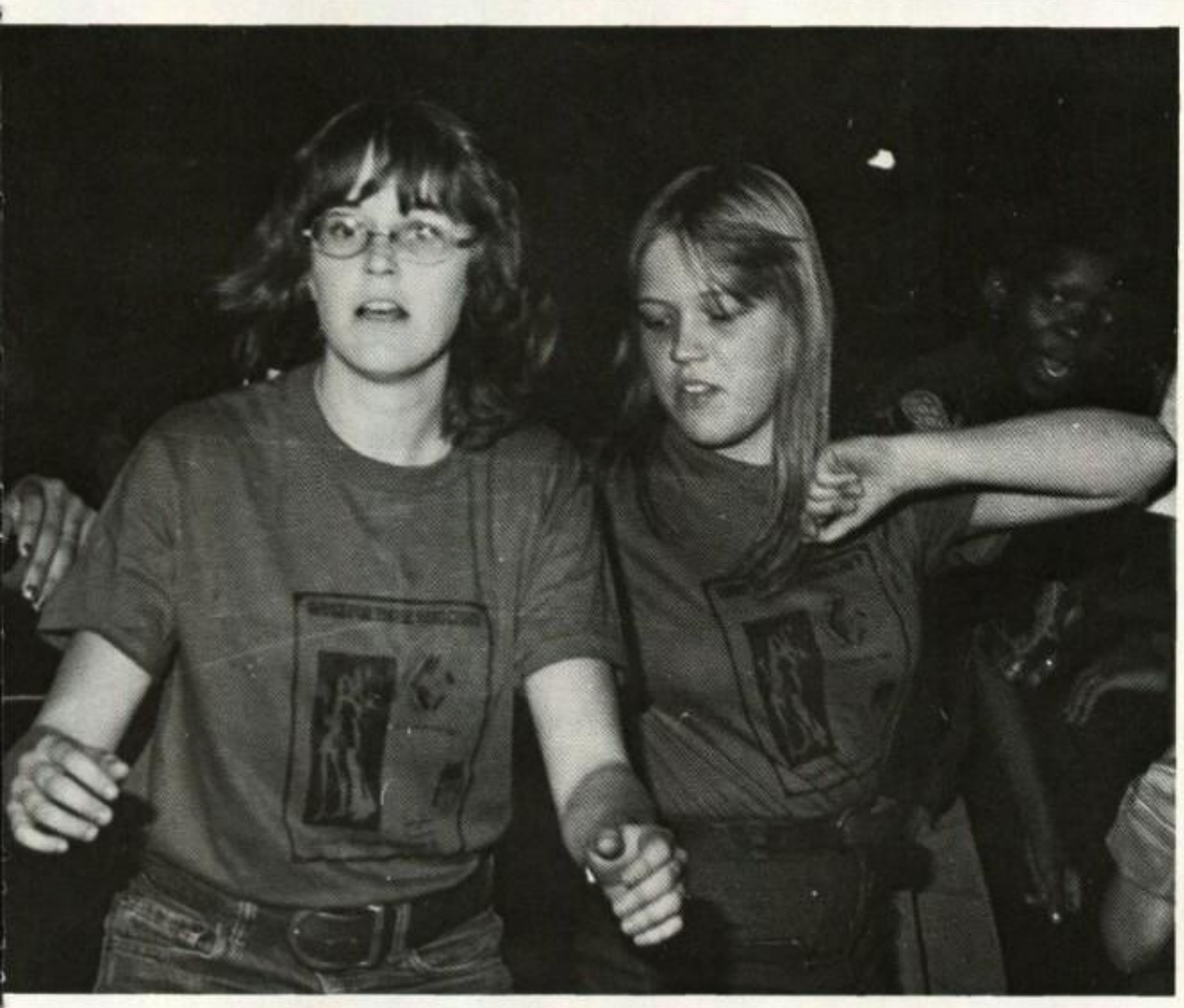
As Dr. Swisher gets into the swing with Martha Robertson at the Ring Dance, David Proffit looks on.

While waiting to have their Ring Dance pictures made, Afulueno Ebo and Dalany Brown have time for jokes.

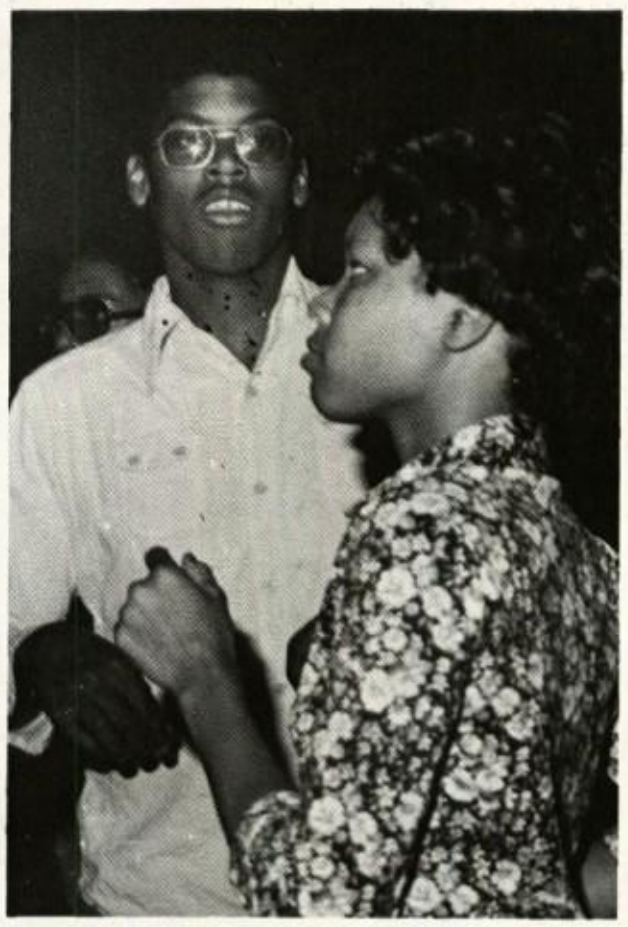


Many students, including Kelly Crawford, enjoy the Saturday afternoon Varsity Dance.

Juniors and their dates dance to the music of The Spiral Staircase at the Ring Dance.



Tired but still dancing, Neva Franklin and Denise Bosiger keep on keeping on at the marathon dance.



After nine hours of marathon dancing, John Pryor and Kathy Melvin look surprisingly fresh.

Seniors are the backbone of school spirit—especially for a new senior high school. They are important because they set examples for the other students. But we had no seniors to lead us, so we did it on our own.

Not having seniors to "pave the way" for freshman, sophomore, and junior classes did not dampen the enthusiasm of the Pioneers at pep rallies and athletic events. We kept right on cheering and doing a good job of it.

Climaxing the spirit and unity that had been building throughout the year was Spirit Week, sponsored by the Forensic Club and held from May 16-20.

BUT . . .

We Have Spirit

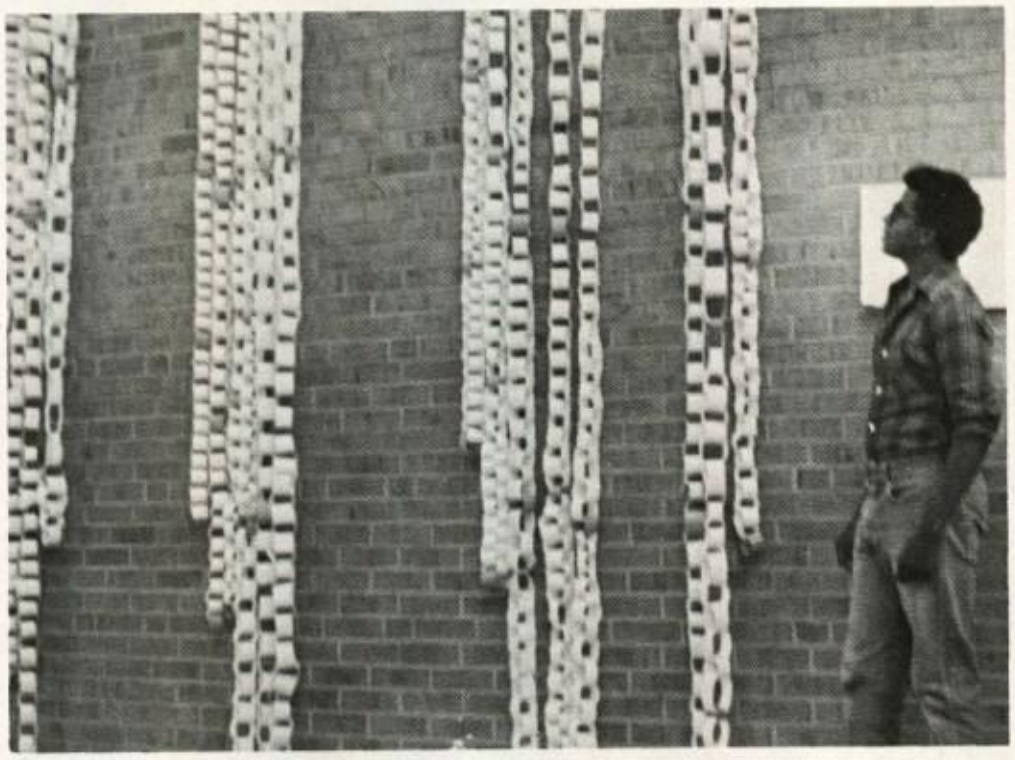
During that week a spirit chain competition was held for the three classes. For five cents, a link was added to the chain of the donator's class. The Freshman Class won with a total of 720 links, while the Sophomore and Junior classes tied with 574 links each.

Another event of Spirit Week was an essay contest won by tenth grader Lauretta Rousseau. The assigned topic of the essays was "What School Spirit Means To Me."

On Wednesday of Spirit Week, everyone was supposed to wear the school colors, orange and blue. Those who did received special privileges, such as being allowed to break in the lunch lines.

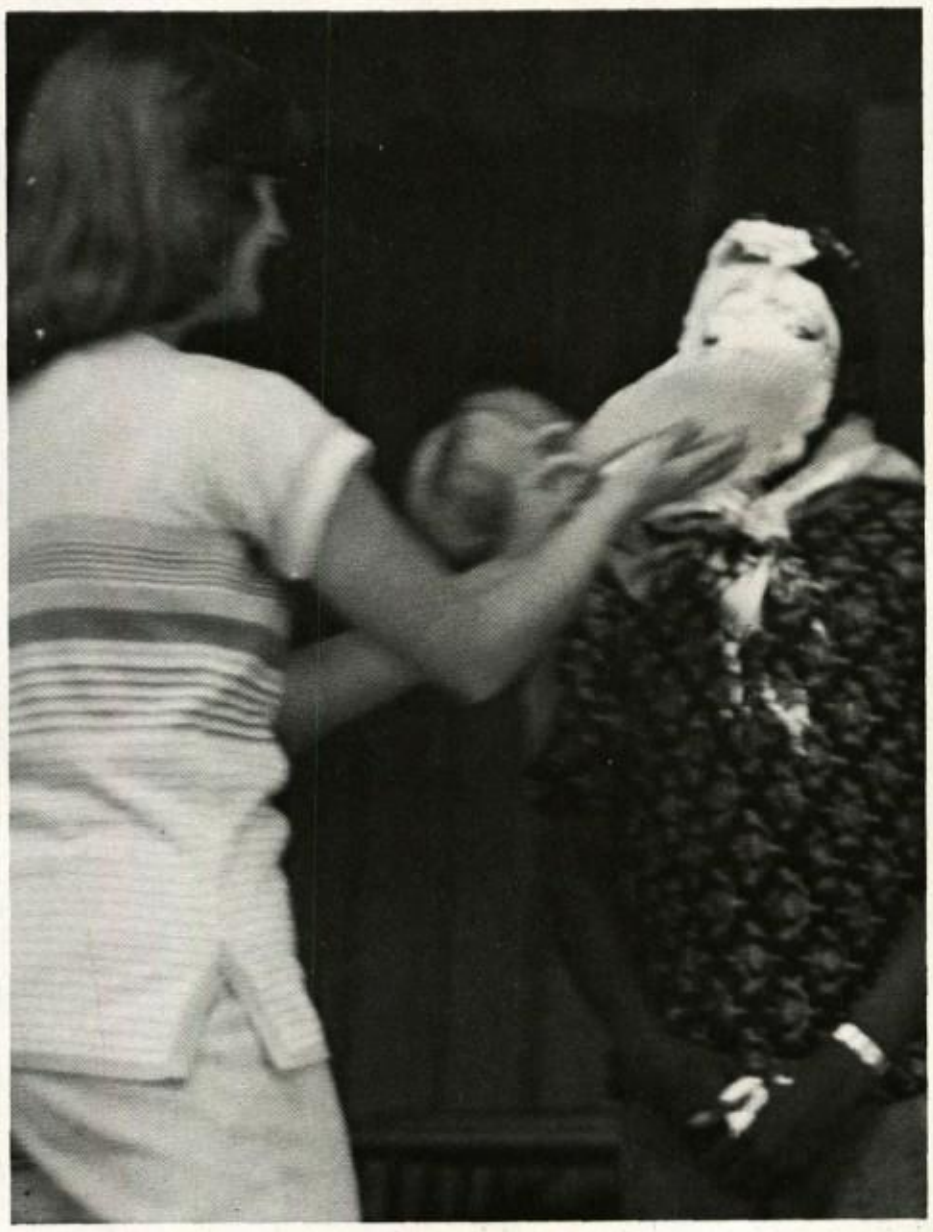
Establishing school spirit was another of the achievements of the year that is a building block of Heritage.

Pep rally inspires football team members to lead the gang in spirit.



Freshman Kevin Lovelace studies the spirit chains, satisfied that his class is winning.

Pie in the face—with everyone in the cafeteria watching! This was one of the penalties of losing the spirit chain competition, and junior Keith Crews falls victim to Linda Nixon, representing the Freshman Class.



Head cheerleaders, Linda Brooks from Heritage and Leigh Reir from Glass, enjoy friendly chat during game between top city rivals.

As the spirit builds at a pep rally, Jackie Alexander, Angie Guy, Wilma Early, and Charalice Moore get caught up in the excitement.

Heritage Hall Of Fame

We have many school favorites, and it was a hard job selecting our "Hall of Fame." Yet as part of the Forensic Club Spirit Week, we did choose our superstars.

Who was the craziest in the school? The best looking? After much consideration, each student submitted his own list of favorites. The tallying of these ballots provided nominees for each category.

When the time came for the voting, there was even more excitement. Each student was super-curious as to who would make our "Hall of Fame."

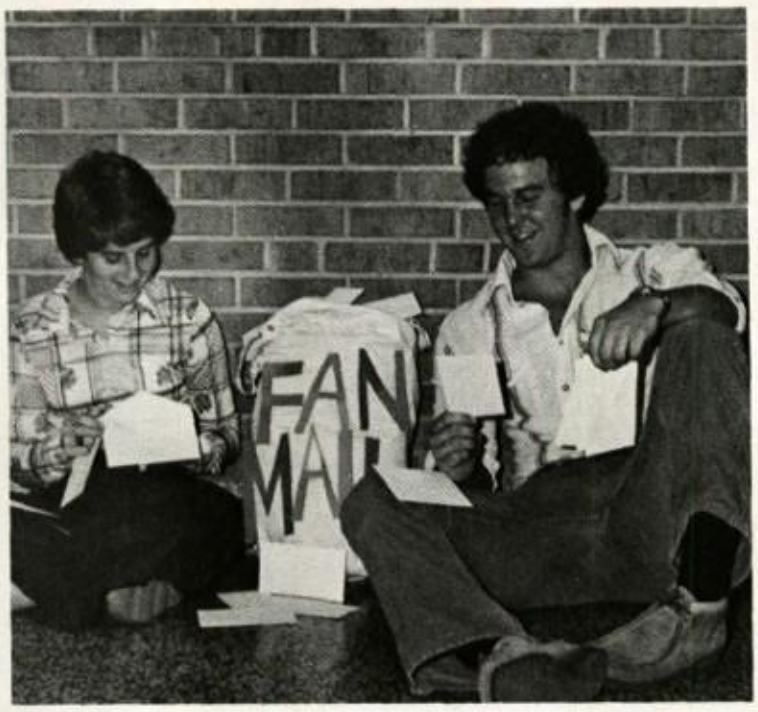
Names were finally announced. We had chosen our superstars. The guy and girl in each category weren't just names on a list, they were really "the best" as far as the student body was concerned!

Wittiest: Kelly Crawford, Tracy Sublett.

Most Scholarly: David Profitt, Machelle Penn.

Most Likely to Succeed: Rudy Beverly, Linda Nixon.

Best Looking: Dickie Burge, Beth Padgett.



Most School Spirited: Lynda Brooks, Dalany Brown.

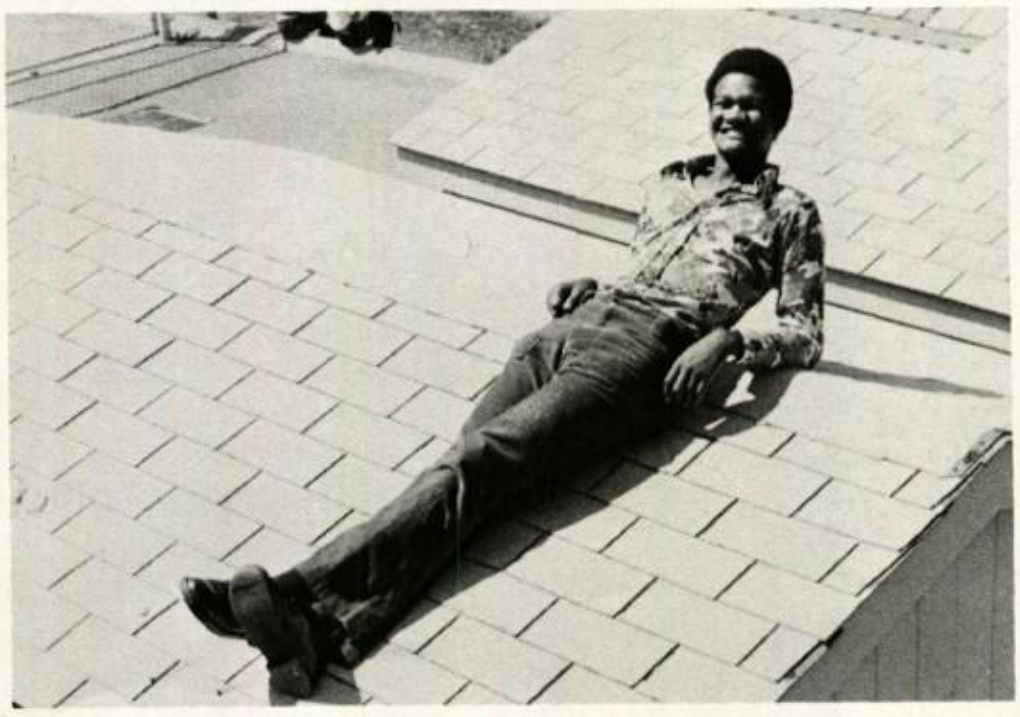
Most Athletic: Dennis Knight, Meredith White.

Friendliest: Dave Knowles, Annette Logwood.

Most Popular: Susan Smith, Lee Saunders.

Craziest: Robin Metts.

Craziest: Lawrence Shearer.



June 14 Goodbye School . . . Hello Summer

By the time June rolled around, spring fever had become unbearable. Everyone anxiously awaited the sun-filled days out of doors and, even more impatiently, the end of school.

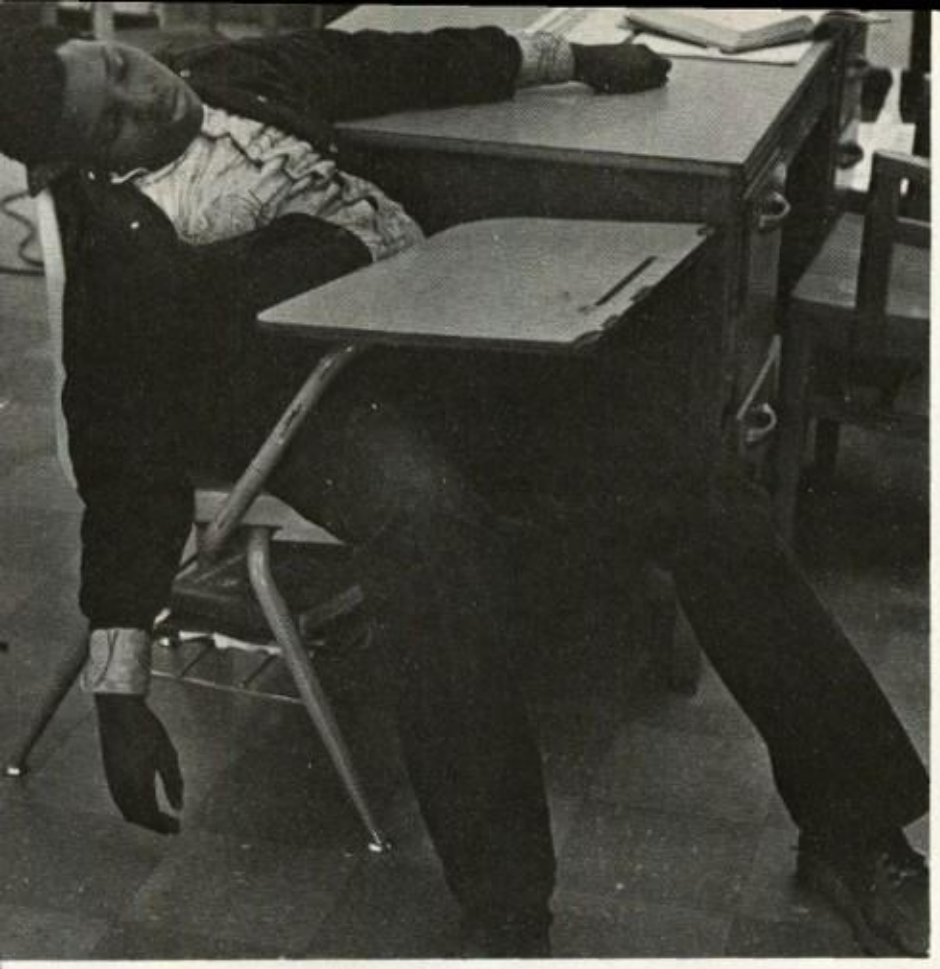
Shrieking with joy, students spill through the doors on the last day of school.

Fifty minute classes seemed to last two days, and five day weeks seemed like years. Students dreamed of 2:00 and June 14.

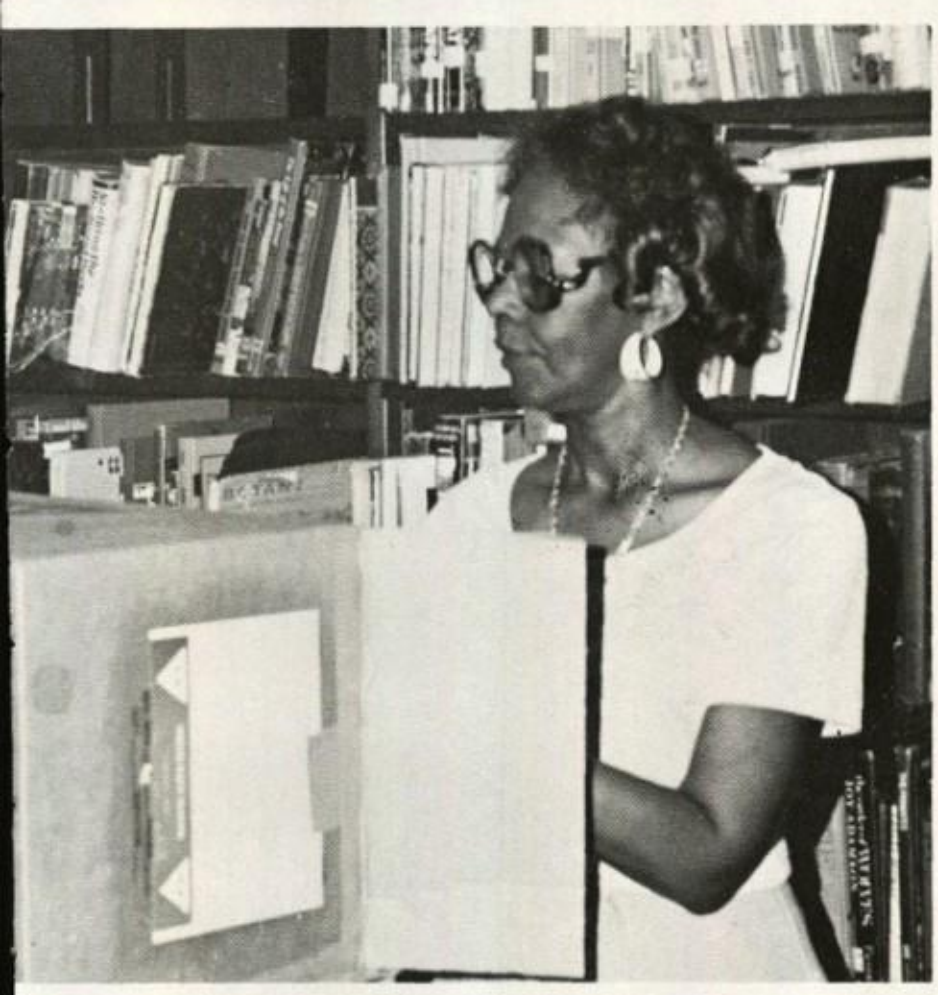
Though the closing of school brought happy thoughts to most, the last few days also brought hectic ones. Exams were first in everyone's mind. After they were over, there was only one day left.

Goodbyes were said to friends, teachers, and administrators. Some were headed for summer jobs, some would just be taking it easy; but everyone was ready for a summer of fun!

We had been waiting so long that when the time finally came, it seemed rather sad. It was lonely after the last bell had sounded and the last student had gone, but each of us had lasting memories of the first year of Heritage.

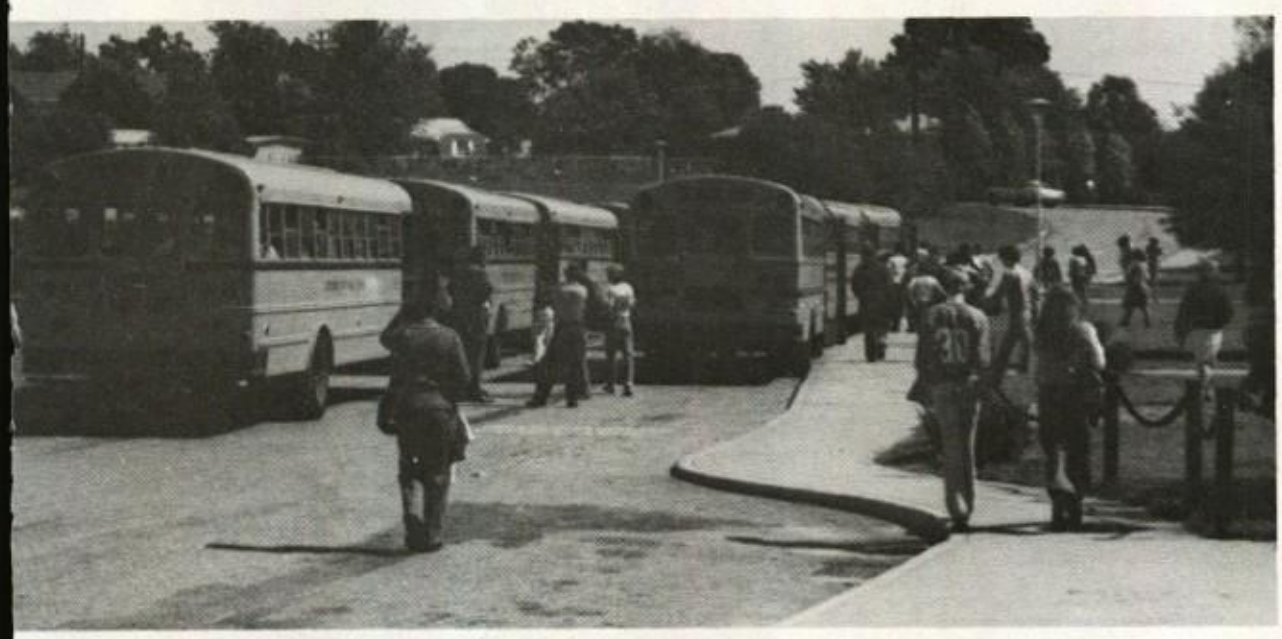


End-of-the-year-pressure proves to be too much for Jerome Burks.

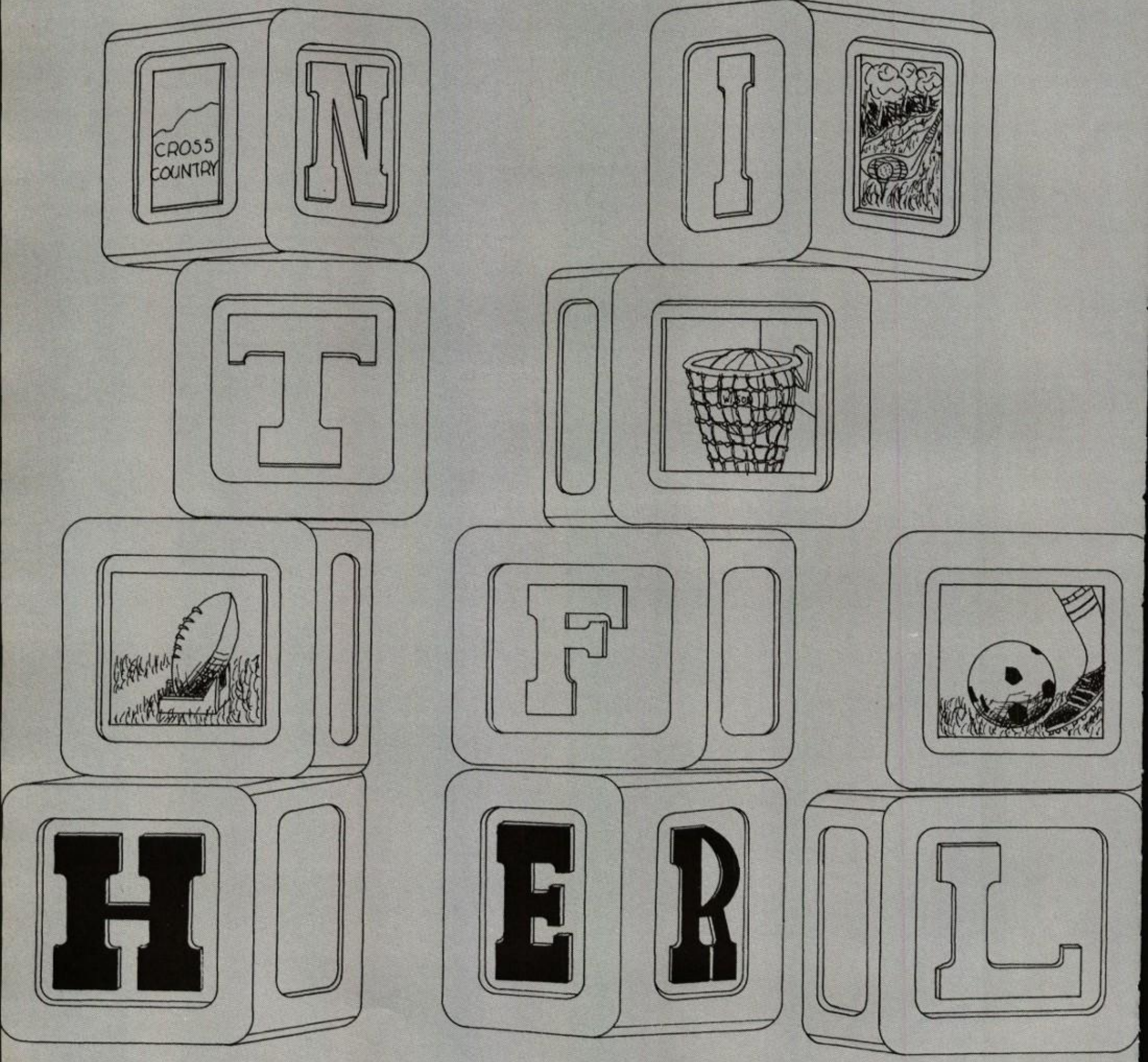


Head librarian Mrs. Davis, packs one of the many boxes of books to be shipped to the new school.

Sunny, final days drive students outdoors to eat and discuss summer plans.



Freshmen, sophomores, and juniors head for the last bus ride home.


CROSS COUNTRY
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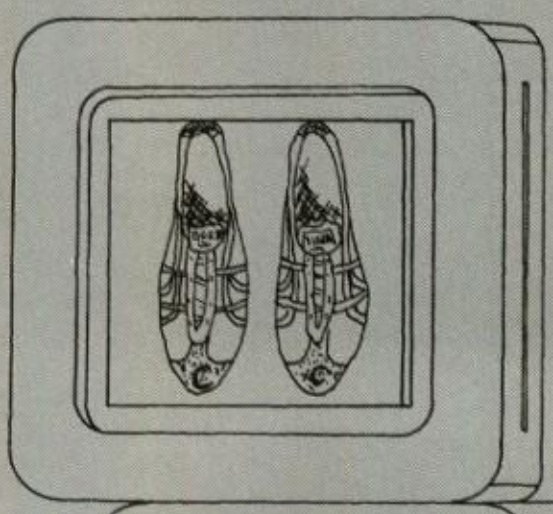
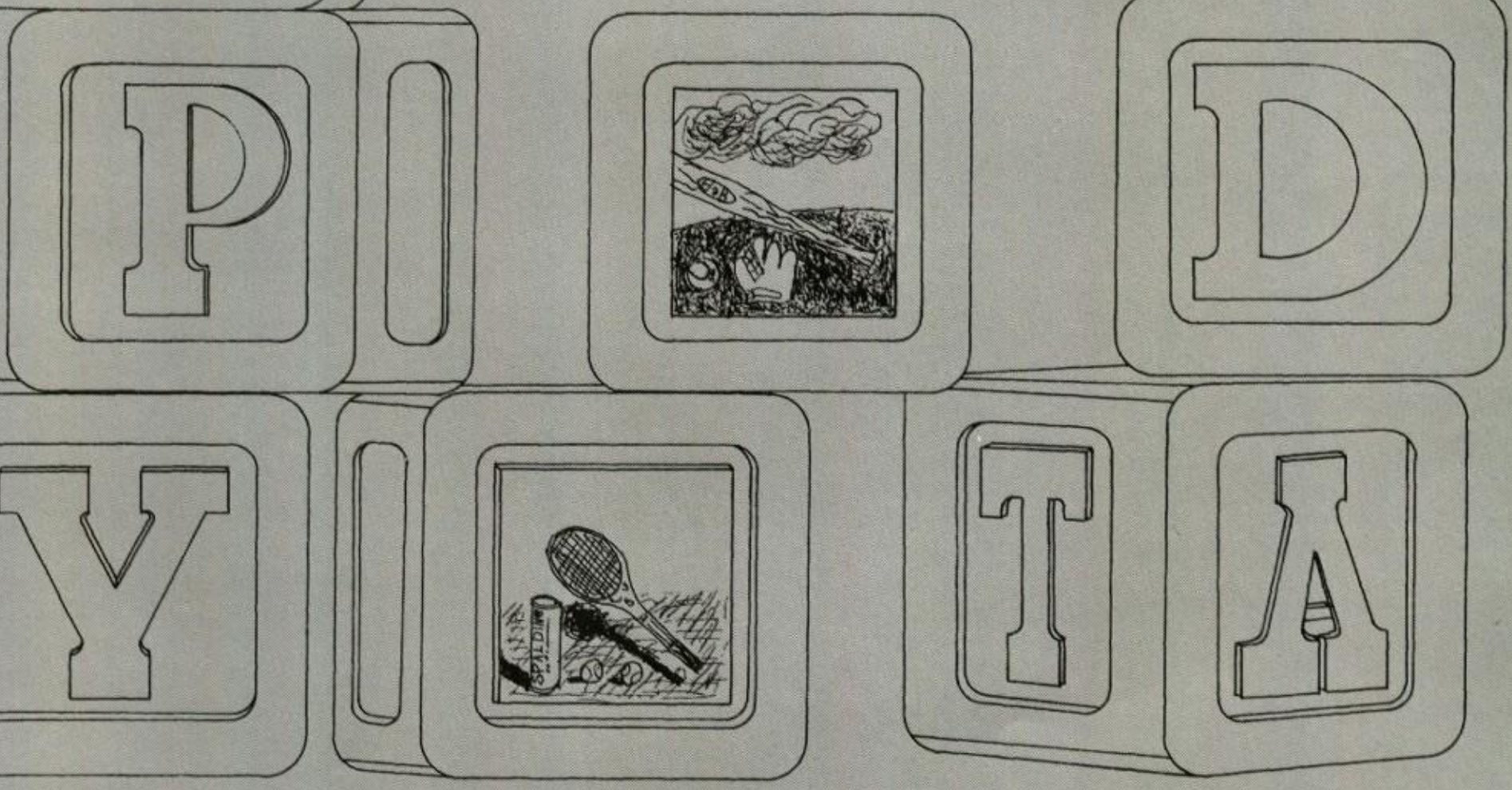
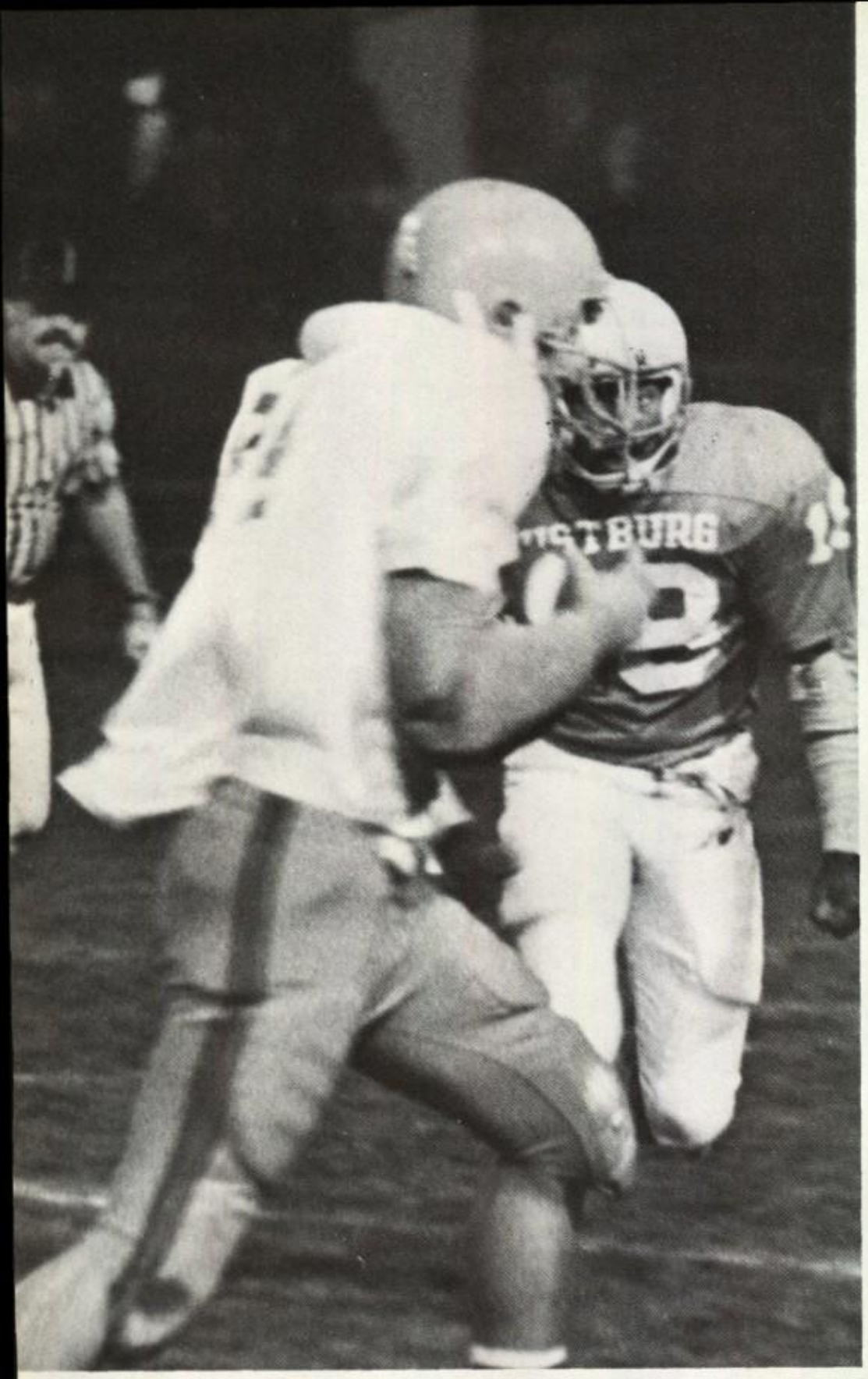






Dickie Burge catches a pass which results in a long gainer.

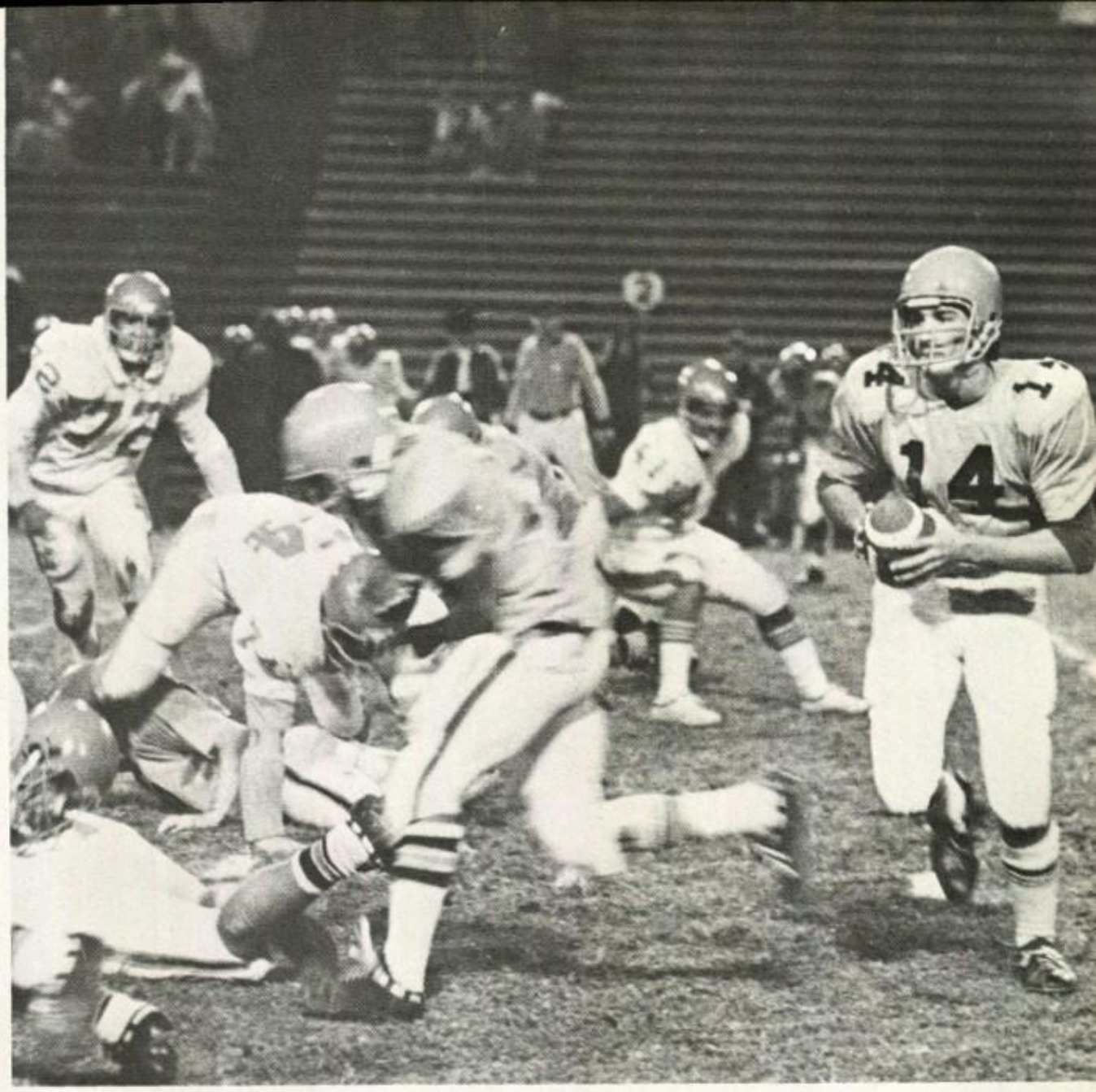
Big Orange

With win over Amherst, Coach Gilbert is rewarded with a victory hug.

"The will to win is not nearly as important as the will to prepare to win." Having this slogan as a daily locker room reminder helped encourage the varsity football team as it began the grind of preparation.

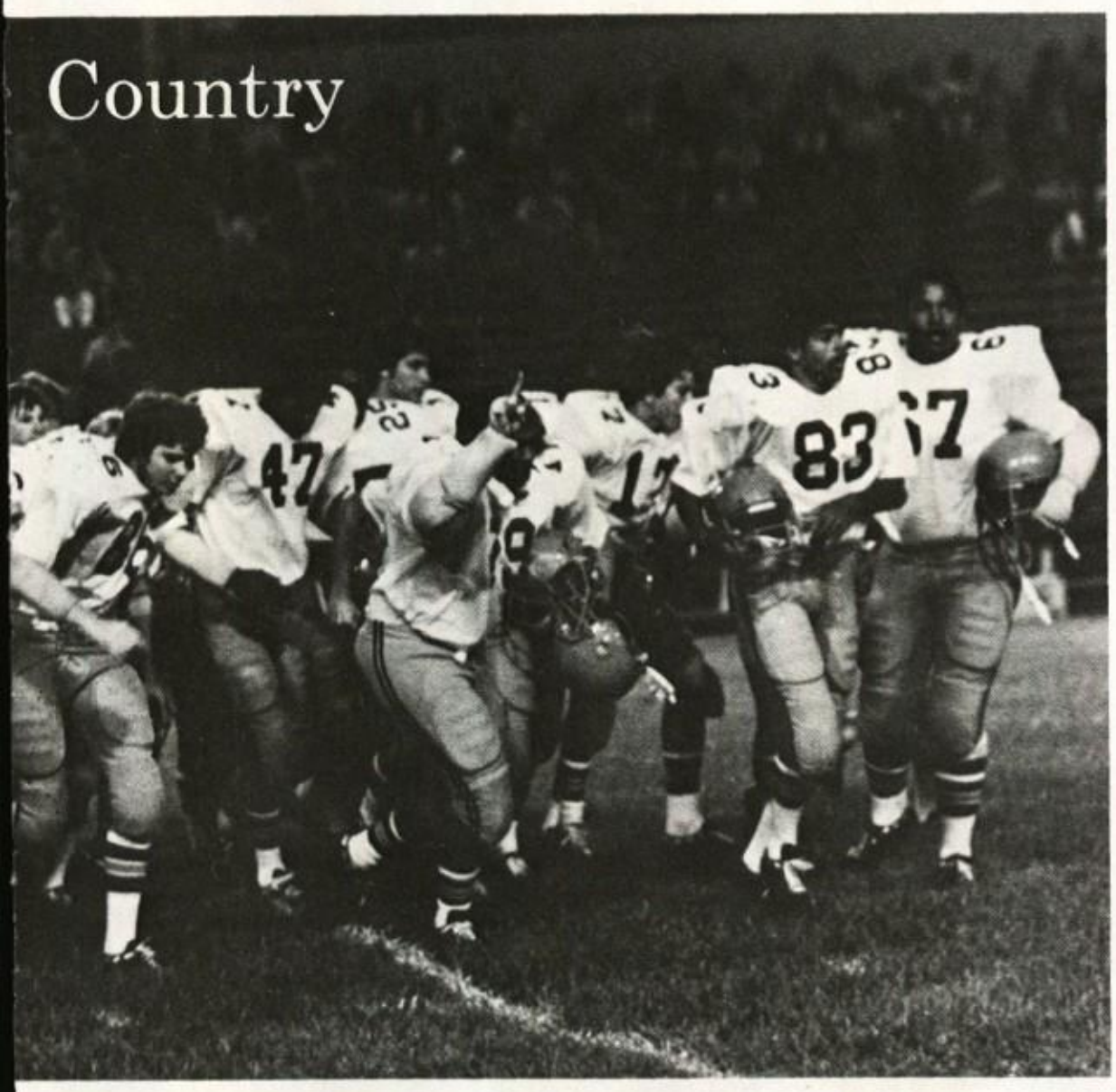
As with all teams in a new school, the immediate problem was to develop a sense of unity. Since many of the players came from different football programs, it was necessary for Head Coach Jim Green and Coaches Wally Gilbert, Roger Jones, and Rufus Knight to acquaint all the players with the style of football to be used in "Big Orange Country."

Even through sweltering August heat and twice-daily practice, it was soon obvious that this team had become filled with high hopes and enthusiasm. The team had, indeed, developed "the will to prepare to win."



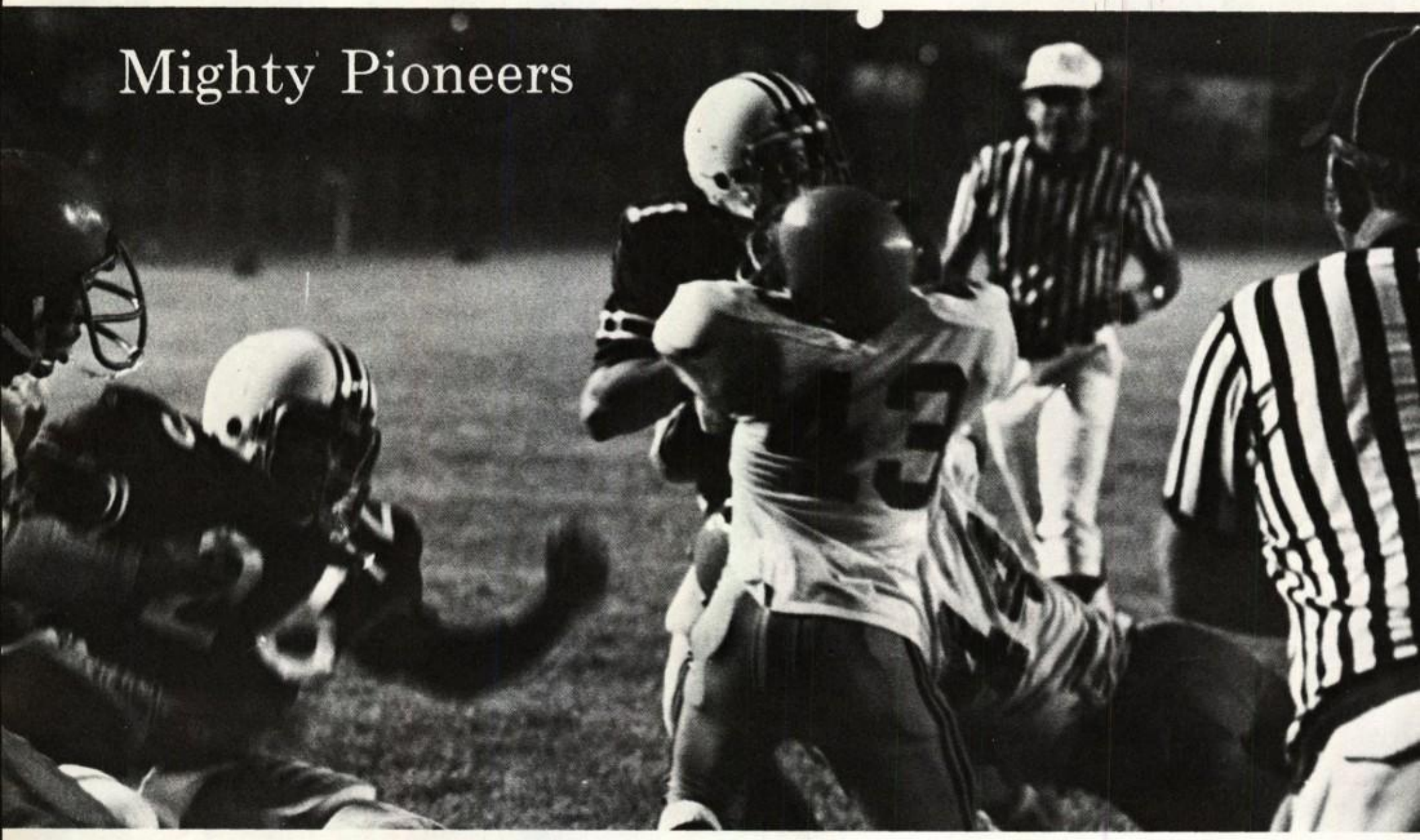
Quarterback David Blondino sweeps wide and looks for running room.

Country



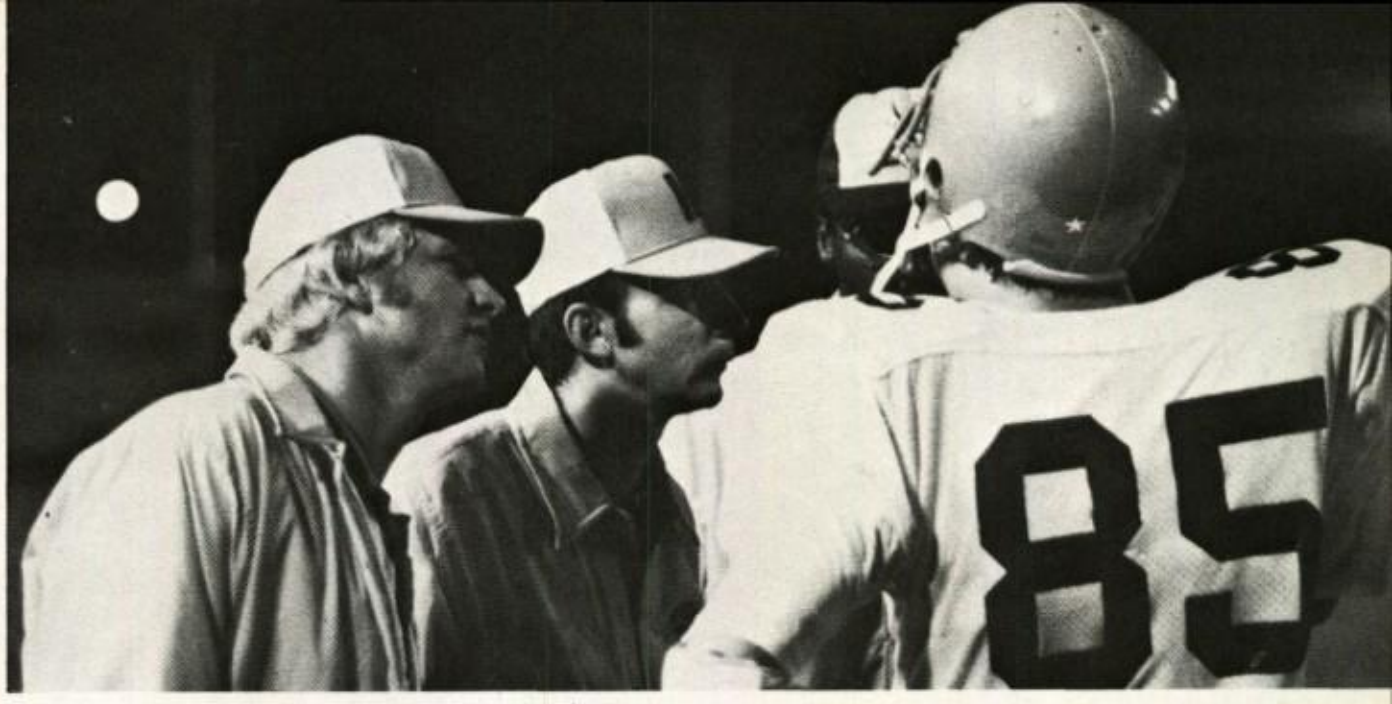
Victory in opener against Amherst sends the team's spirit soaring high.

Mighty Pioneers



Team defense is the key factor as Bill Spinner and Rick Callinder bring down an Amherst runner.

Varsity Football: FRONT ROW: J. Moseley, V. Cardwell, D. Knowles, F. Harvey, M. Seyffert, J. Pearce, M. Shelton, D. Horseley, R. Callinder, J. Glover. SECOND ROW: E. Dalton, K. Crawford, P. Thomas, B. Russ, R. Bybee, P. Donahue, L. Stamps, D. Davis, D. Megginson, B. Spinner, V. Evans. THIRD ROW: G. Early, L. McCray, J.W. Trent, O. Booker, L. Saunders, B. Tomlin, M. Slaughter, C. Mitchell, P. Hernandez, B. Burgess, R. Spencer. FOURTH ROW: D. Burge, R. Dean, D. Knight, R. Davis, L. Thomas, D. Blondino, M. Smith, T. Thomas, J. Pryor, D. Garnsey, F. Schwartz, R. Hawkins.



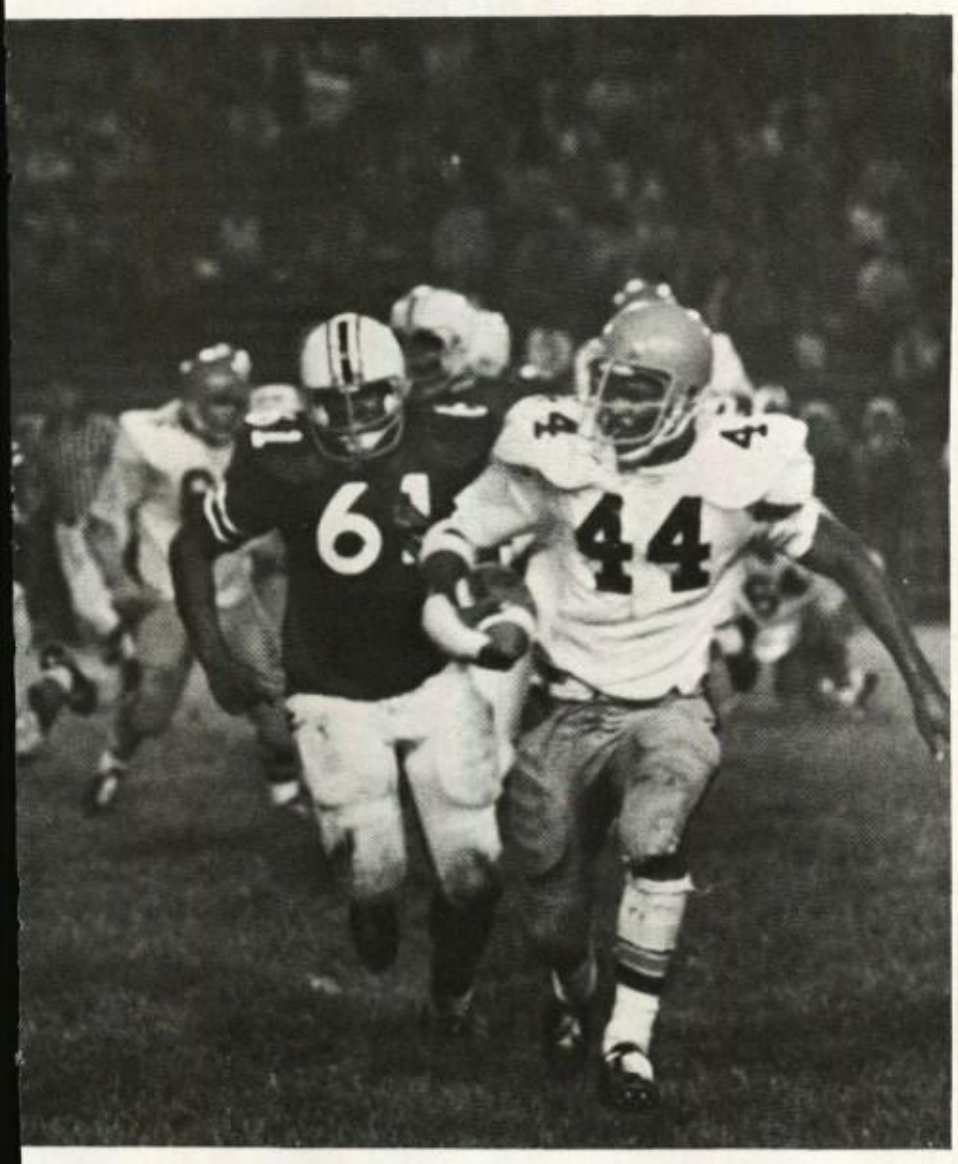
Coaches Green, Jones, and Knight discuss game plans with linebacker Dennis Knight.

Before the season began, everyone counted out the young Pioneers. Everyone, that is, but the team itself. The Pioneers hosted the Amherst Lancers in the season's opener and won! Still, they hadn't really proven themselves. The next week they hosted William Fleming, Roanoke Valley's powerhouse, and were picked to be sure losers. The Pioneers crushed many doubts that week by again winning 7-6 over the Colonels.

A long, dry spell followed, with the Pioneers losing games to powerful area teams. But their skills and drive were becoming increasingly more impressive. The losing streak ended six weeks after it began, with a convincing 29-8 win over Franklin County. The team lost to Halifax in the season's finale, but it had made many believers of the pre-season doubters.

VARSITY FOOTBALL

Heritage		Opponents
7	Amherst	6
7	William Fleming	6
0	Cave Springs	17
6	Albemarle	7
7	George Washington	35
6	E.C. Glass	28
14	Rustburg	20
6	Charlottesville	20
28	Franklin Co.	14
0	Halifax	20



Ricky Callinder scores TD against Amherst in season's opener.

Down is the only place to go as Ricky Dean and Rick Callinder hit their opponent hard.

Kicking 'N Punting

At the beginning of this year, Coach Noechel and Coach Lambdin formed the soccer team. With only five students at the first practice session, the team slowly built up a total of thirty junior varsity and varsity members. Although both the junior varsity and the varsity lost badly several times, there were some very close matches.

The Junior Varsity Football Team had a very fruitful season with ties against key teams. "Learning" was the team's theme for the season. The squad was composed predominantly of ninth graders with a few tenth grade members. Many of the squad will go on to play varsity football.

The opposition has a hard time stopping a J.V. running back.

JUNIOR VARSITY FOOTBALL

Heritage		Opponents
6	George Washington	18
0	Halifax	6
13	George Washington	13
7	Cave Spring	0
0	V.E.S.	14
6	E.C. Glass	6
18	Albemarle	12
6	Halifax	6
0	William Fleming	8

Junior Varsity Football Team: FRONT ROW: M. Davis, C. Brooks, J. Buckner, B. Moore, L. Lawhorne, R. Abbott, R. Brown, M. New. SECOND ROW: T. Hudson, C. Reid, R. Hayes, R. Hodges, J. Massie, S. Smith, C. Campbell, J. Perkins. THIRD ROW: R. Brown, D. Andrews, L. Johnson, G. Scott, C. Rucker, K. May, S. Preston, M. Robinson. FOURTH ROW: T. Rapp, J. Wilson, G. Whitted, D. Jones, J. Frazier, B. Robinson, S. Pannell, D. Beahm. FIFTH ROW: A. Ferguson, G. Brew, E. Robinson, G. Smith, D. Sherburne, J. Burton, T. Cole, B. Light, M. Garbee. SIXTH ROW: A. Williams, W. Wright, D. Withers, N. Ebo, C. Pinn, S. Wright, J. Eanes. LAST ROW: S. Fleshman, L. Johnson, A. Waller, Q. Mabry, S. Ferguson, M. Terry, G. Glover, K. Jefferson.

J.V. Soccer Team: FRONT ROW: D. Austin, T. Roark, S. Pearson, N. Boatright. SECOND ROW: Coach Noechel, P. Arthur, J. Wood, D. Seward, C. Johnson, K. Edwards. LAST ROW: T. Pham, T. Mayhew, G. Boatright, D. Hodges, D. Brown, G. Scruggs, Coach Lambdin.

Varsity Soccer Team; FRONT ROW: S. Stone, S. Rupert, A. Seward, S. Howard, D. Hughes, N. Bandujo. SECOND ROW: L. Nguyan, M. Jastrebsky, B. Sumpter, S. Sumpter, B. Stone, S. Galaher, R. Wade, Coach Lambdin. LAST ROW: Coach Noechel, T. Burks, T. Norvelle, P. Roark.

With a strong defensive play Dwayne Wilson clears the ball from the defense area.

Halfback Clinton Johnson passes the ball to the wing to initiate an attack on goal.

VARSITY SOCCER

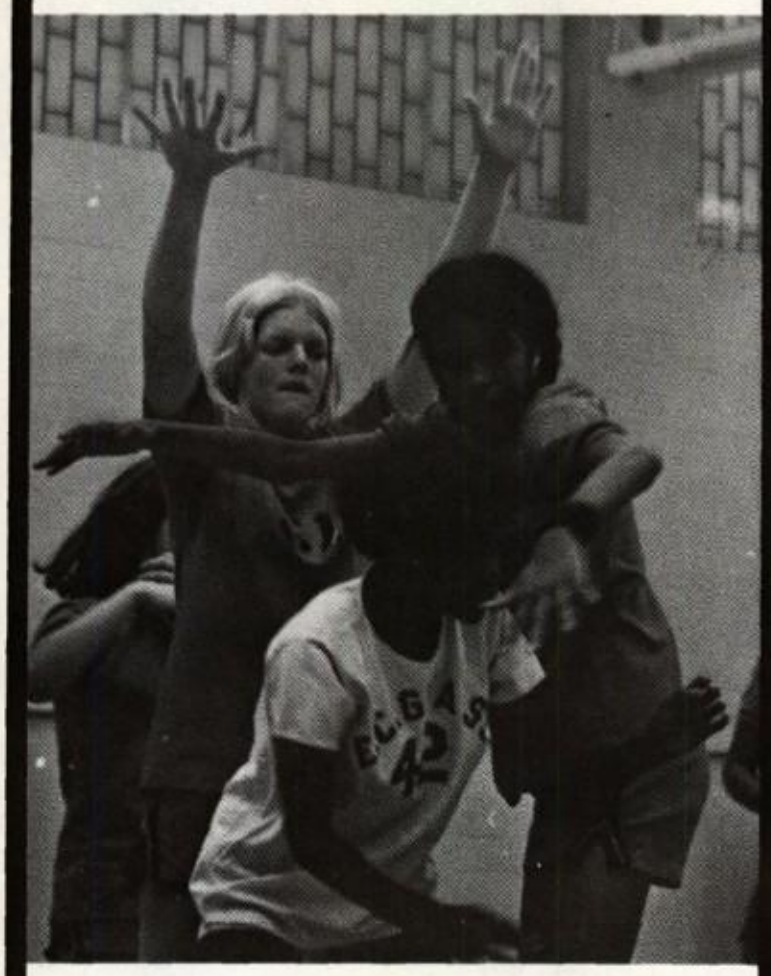
Heritage		Opponents
0	Holy Cross	12
0	Albemarle	9
2	Hargrave	4
0	Holy Cross	10
1	Albemarle	15
2	Hargrave	6
0	LCA	3
2	LCA	5
0	E.C. Glass	3

J.V. SOCCER

Heritage		Opponents
0	Holy Cross	7
0	Albemarle	5
1	Hargrave	0
0	Holy Cross	5
0	Albemarle	10
2	Hargrave	1
0	E.C. Glass	1

Girls Take

We've won! Our first Western District championship was clenched by the Girl's Varsity Basketball Team.



Pioneer guards, Pam Johnson and Wilma Early, prevent a Glass player from receiving a pass.

First Title

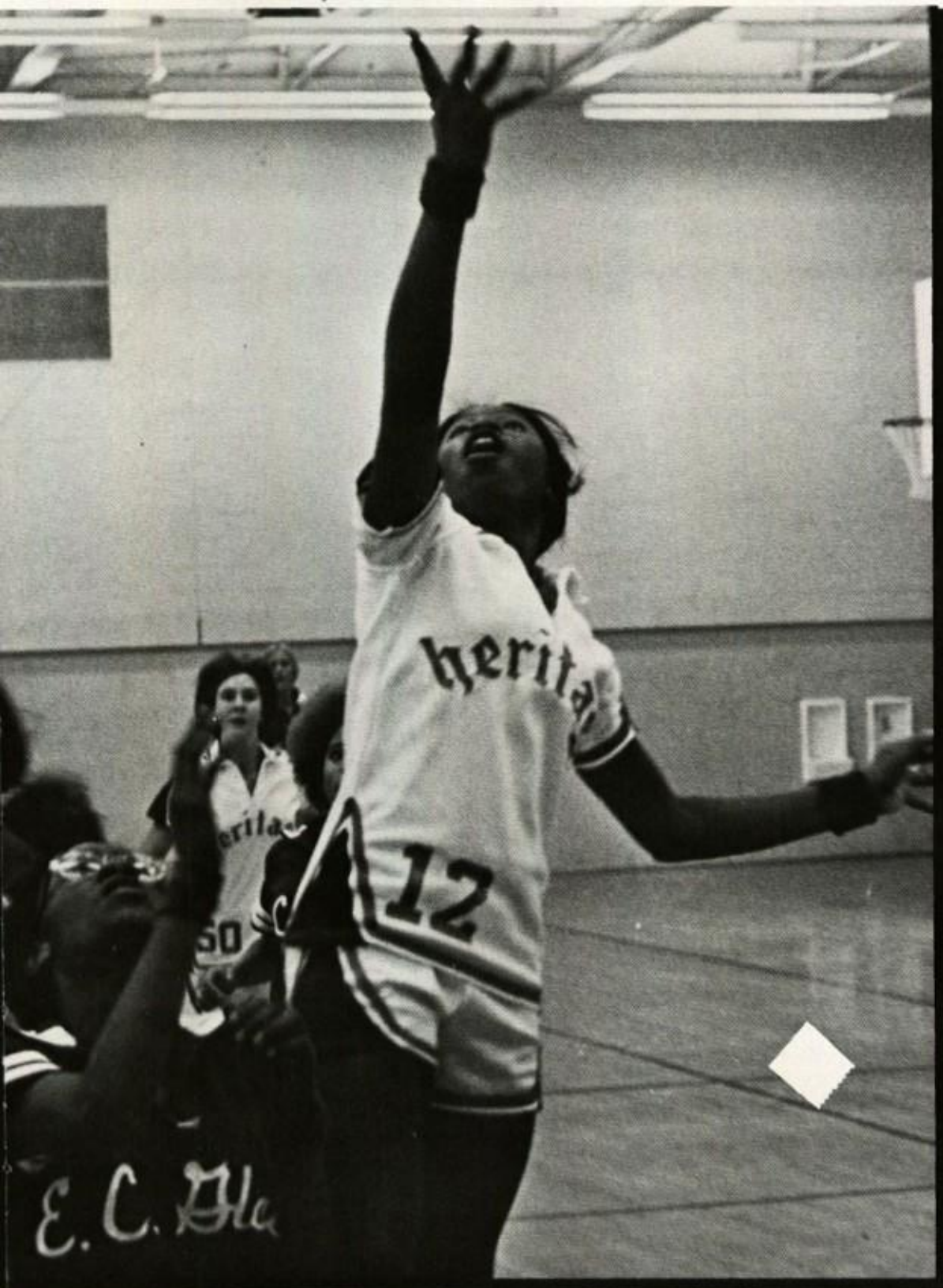
The team had a very good record for it's first year. During the 14-game regular season, they went 12-2 before going on to win two tourney games and the Western

District Team members from Heritage are Meredith White, Delois Moss, and Machelle Penn.

JUNIOR VARSITY BASKETBALL

Heritage		Opponents
18	Nelson	17
28	Nelson	42
26	E.C. Glass	11
27	Albemarle	42
23	George Washington	22
25	Charlottesville	42
30	Halifax	28
42	E.C. Glass	25
17	Albemarle	46
12	Charlottesville	18
39	Halifax	24

J.V. Basketball: KNEELING: V. Baker, K. Otey, T. Ware, S. Tanner, STANDING: W. Early, P. Johnson, J. Wynn, S. Brown, D. Forbes, Coach Rivers.



District title by defeating Albemarle 52-35. The team showed good offensive and defensive strategy throughout the season.

Several girls on the team averaged points in the double figures, among them co-captain Meredith White, who averaged 24 points per game.

The Junior Varsity Pioneers also came out ahead with a 7-5 record. They managed to surmount such obstacles as inexperienced players and scheduling practices around other activities.

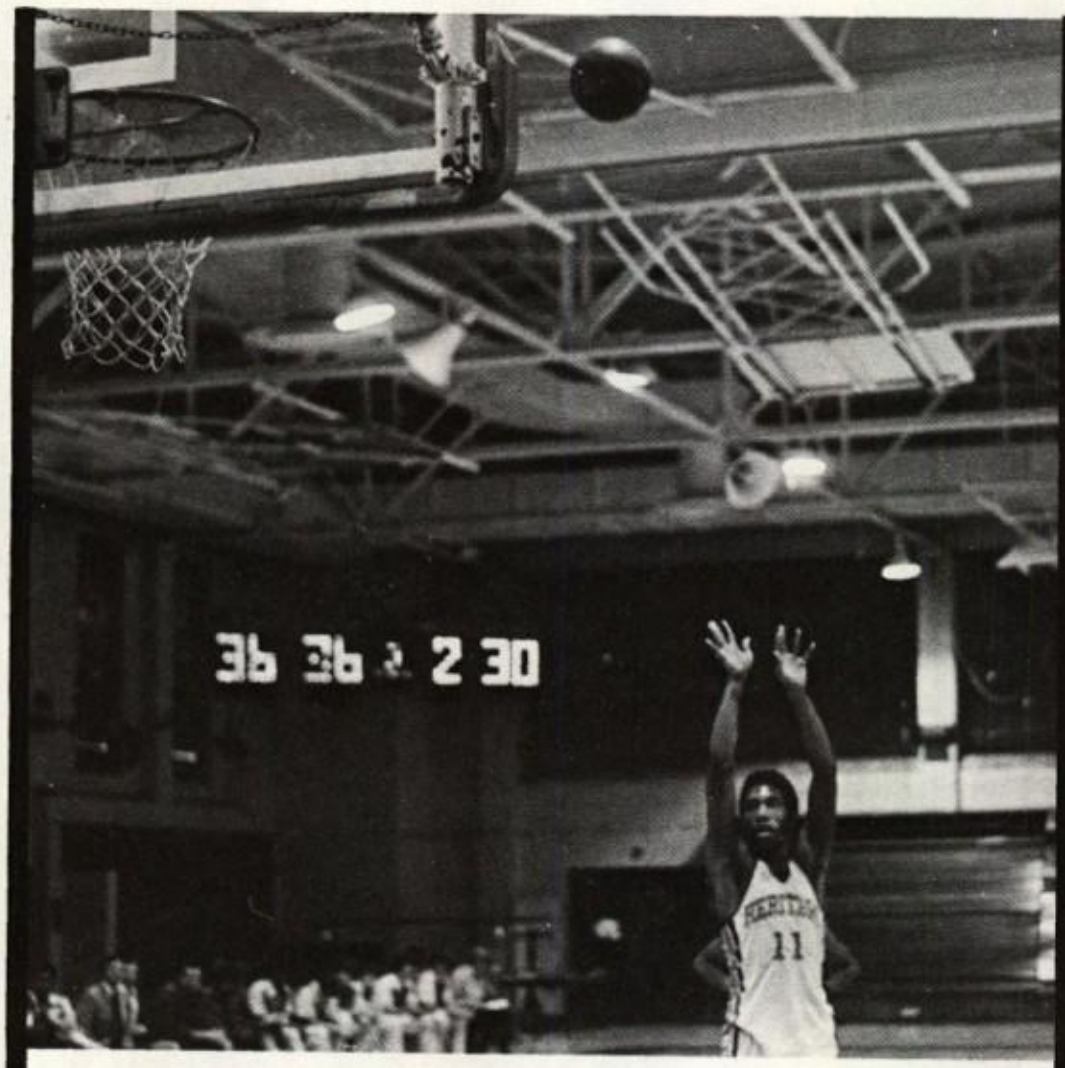
The J.V. girls had a great amount of spirit and also the ability to work well together. At every game the girls switched captains and every girl had a chance to play in the games.

Unable to stop Delois Moss, her Glass opponents look on as she scores another point for Heritage.

Varsity Basketball Team: SEATED: D. Moss. FIRST ROW: L. Cole, K. Otey, M. White, M. Penn, D. LaReau, D. Forbes, L. Cardwell. SECOND ROW: P. Johnson, J. Alexander, A. Penn, C. Moore, W. Early, K. Myers, V. Baker, Coach Overstreet.

VARSITY BASKETBALL

Heritage		Opponents
61	Patrick Henry	42
45	William Fleming	42
45	Nelson	35
55	E.C. Glass	22
67	Albemarle	69
87	George Washington	44
65	Charlottesville	38
61	Halifax	36
67	E.C. Glass	40
60	Albemarle	66
64	George Washington	28
41	Charlottesville	39
74	Halifax	35

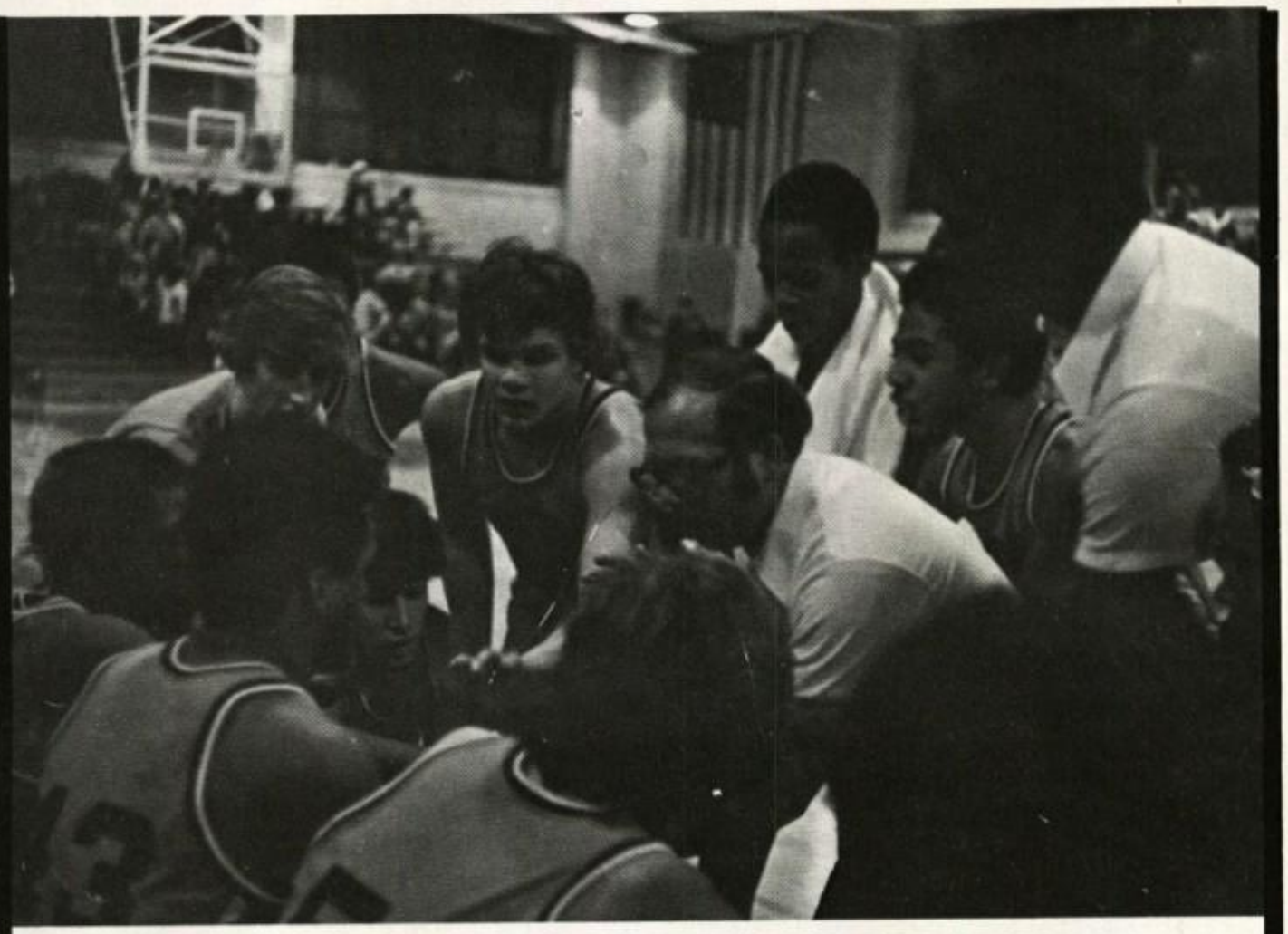


For the week of January 2, 1977, James McCray was named "area public school basketball player of the week," by the Lynchburg News sports staff.

McCray plays both defense and offense, but his super ability lies in scoring. During that week he scored 55 points in three games, leading the Pioneers to two victories.

Coach Hawley remarked, "Mac has been doing a super job for us all year."

After Richard Davis releases the ball, James McCray gets into position for the rebound.



Strategy on how to preserve a victory over E.C. Glass is the topic of discussion between Head Coach Hawley and team members during a time out in the game.

Pioneers Paving The Way

A pioneer is one who, despite obstacles, paves the way for others to follow. The Varsity Basketball Team followed the pioneer tradition, for they certainly had obstacles to overcome.

Much of their equipment was late in arriving: the practice uniforms came in December, while the game uniforms arrived only two days before the season's opener. They had to use the facilities of other schools for practice sessions because our gym was being used for other sports, as well as being smaller than regualtion size.

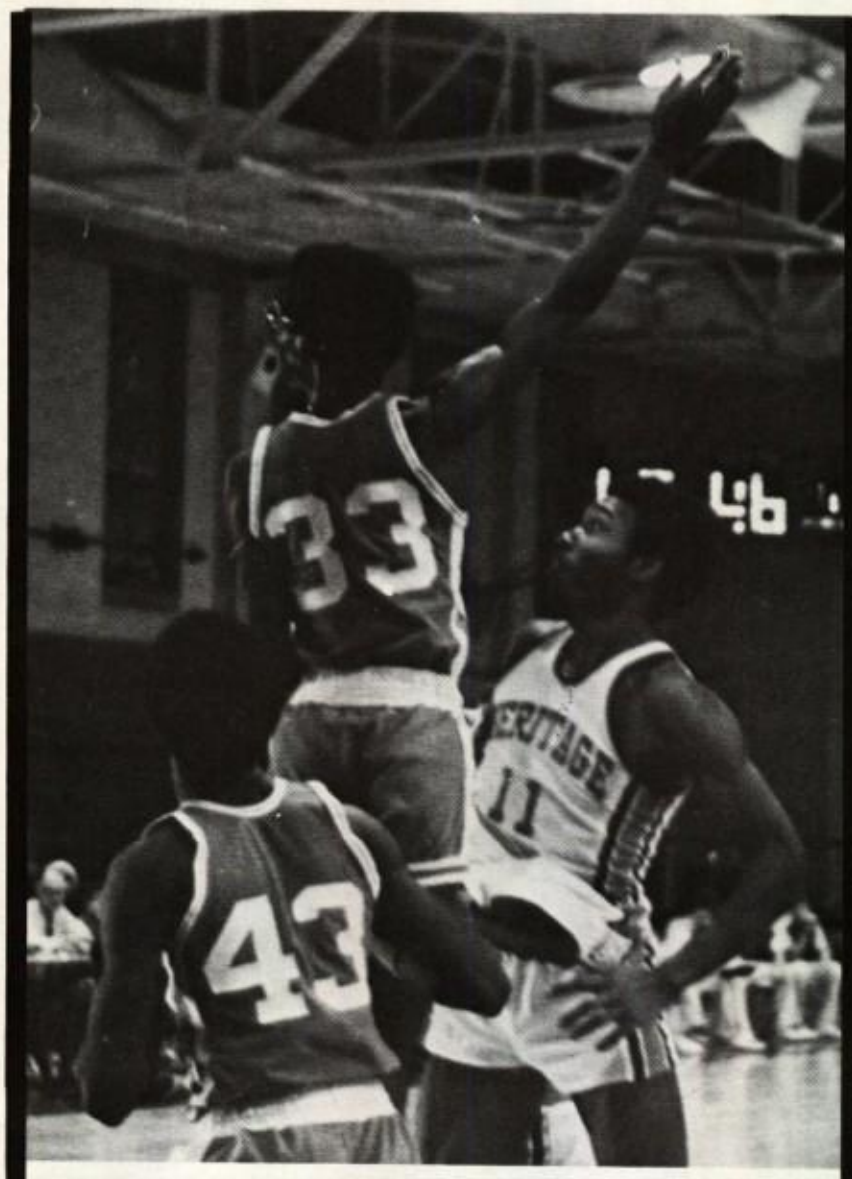
The severe winter curtailed their schedule, with the final third of the games being played in the afternoon and the last three games being cancelled.

The team was comprised of only one player with varsity experience, center James McCray. The rest of the squad were either JV or junior high veterans, having played on the Dunbar, Sandusky, or Brookville teams.

During the season the players were able to develop good defense and offense that was team-oriented. The season was highlighted by wins over the other teams in the city.

This 1976-1977 basketball team, despite many obstacles, set a foundation of teamwork that will enable the teams that follow to have successful seasons. They are Pioneers in the best tradition.

After a pass from Ricky Dean, Dalany Brown drives to the basket for a score. (Courtesy of Lynchburg News and Daily Advance.)



"Big Mac" gets in defensive position and is drawing the charge.

(Courtesy of Lynchburg News and Daily Advance.)

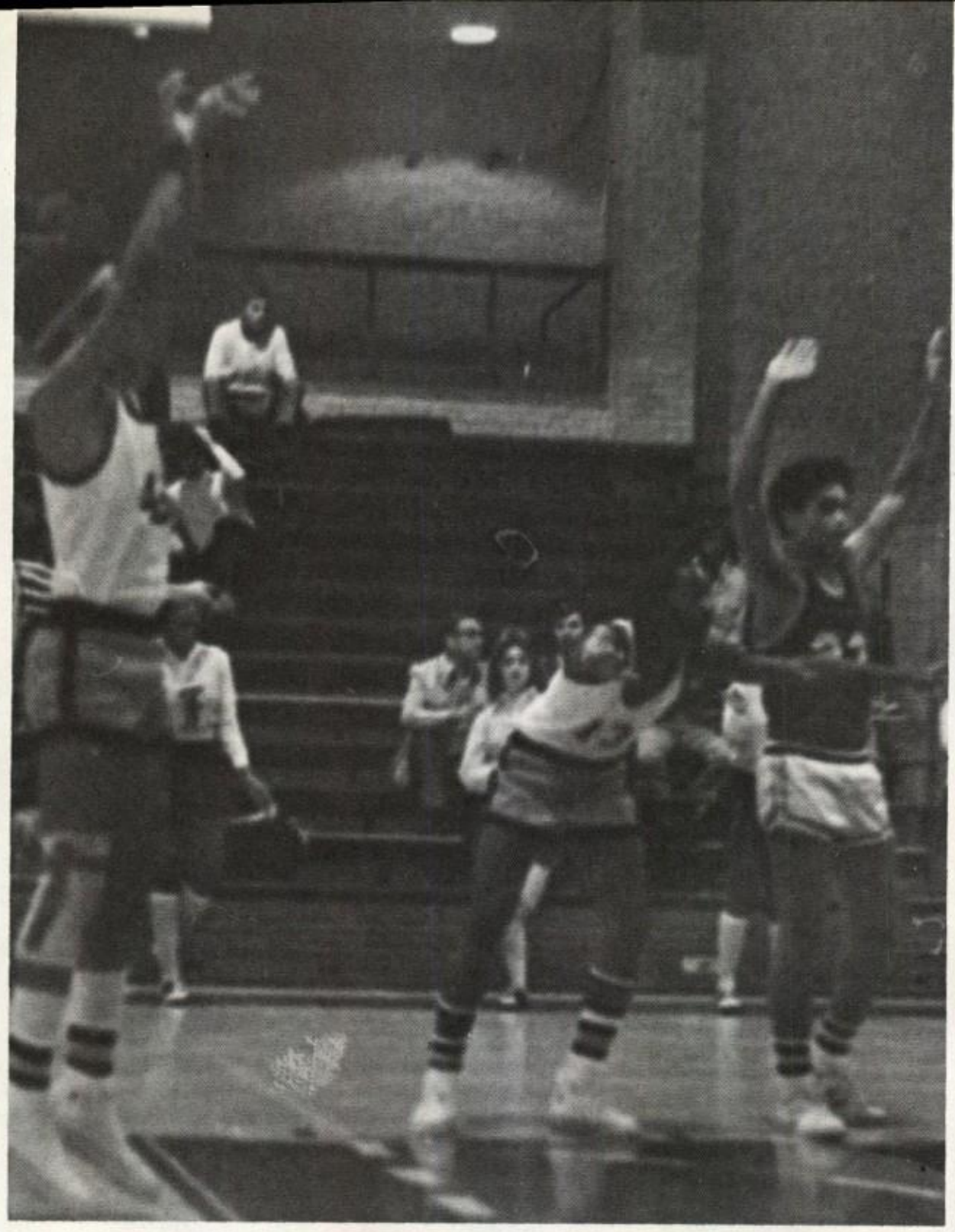
Near collision interferes with efforts of Dennis Knight, Sherman Morgan, and Glass opponent to get rebound.

Richard Davis penetrates Halifax's zone, while his opponent bends over backwards. (Courtesy of Lynchburg News and Daily Advance.)

Varsity Basketball: FRONT ROW: D. Knight, D. Jefferies, D. Proffitt, R. Davis, D. Brown, L. Jones. LAST ROW: T. Thomas, S. Morgan, R. Dean, R. Callinder, J. McCray, A. Ferguson, U. Wilson, D. Blondino.

BOYS VARSITY BASKETBALL

Heritage		Opponents
64	Brookville	57
44	William Fleming	65
47	Cave Spring	52
50	Cave Spring	69
48	Patrick Henry	65
66	Rustburg	74
56	William Fleming	71
63	Albemarle	76
57	Halifax	59
49	E.C. Glass	48
45	Patrick Henry	59
64	Holy Cross	60
65	Charlottesville	80
49	George Washington	81
64	E.C. Glass	48
49	Albemarle	72
70	Charlottesville	83
50	Halifax	52



Showing his form, Richard Hayes attempts a foul shot, while Larry Dabney gets into position to block out.

Up, Over, 'N Through

Throwing the ball into a hoop or hitting it over a net seemed easy and effortless, but the volleyball and J.V. basketball teams worked hard to make it look that way.

Grueling practices, sharing the gym, and having their schedule curtailed because of the energy crisis were part of the problems the two teams had to contend with. Despite these, both the volleyball and J.V. basketball teams had really good seasons.

J.V. basketball posted a 5-8 record, while the volleyball team had an overall record of 5-5.

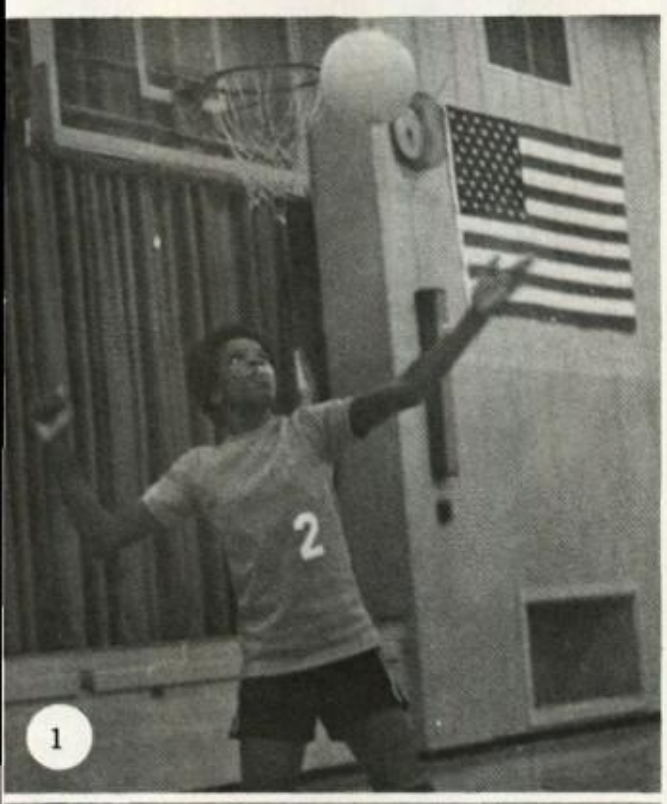
Happy moments for the basketball squad were defeating every central Virginia team played and being the first male team ever to defeat E.C. Glass in any sport. For the volleyball team, happiness was placing third in the District Tournament.

Coaches for the teams, Mr. Coleman and Mrs. Shaner, think that next year will be better because "the farther we go, the greater we get."

J.V. Basketball: FRONT ROW: B. Moore, W. Hogan, M. Sales, R. Hayes, G. Smith, D. Adams, L. Dabney. BACK ROW: T. Crowdy, A. Waller, L. Johnson, G. Nelson, F. Giles, D. Weaver, T. Blanks.

J.V. BASKETBALL

Heritage		Opponents
50	Brookville	33
59	William Fleming	50
41	Cave Springs	60
54	Cave Springs	60
32	Patrick Henry	60
39	Rustburg	31
51	William Fleming	55
45	Albemarle	56
35	E.C. Glass	31
46	Patrick Henry	52
56	Holy Cross	32
54	Charlottesville	62
35	E.C. Glass	44



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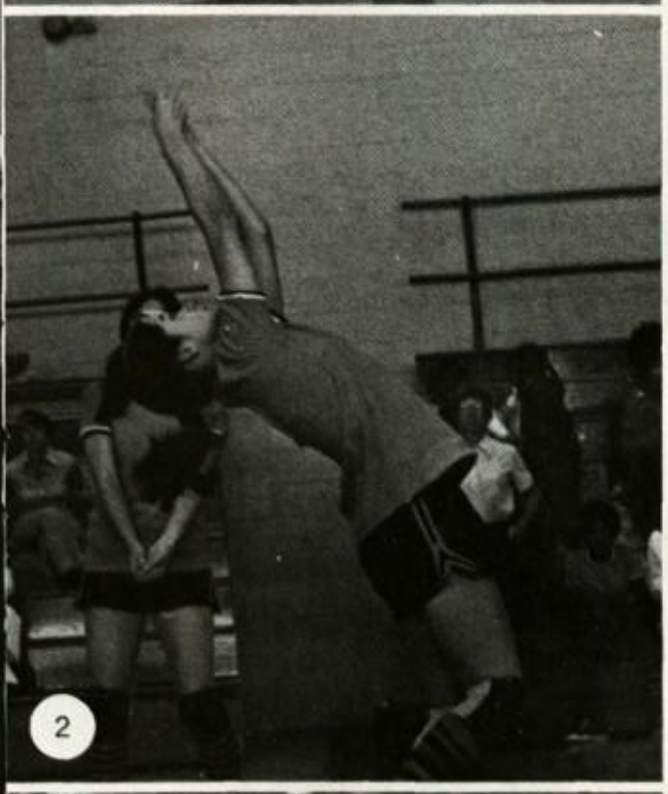

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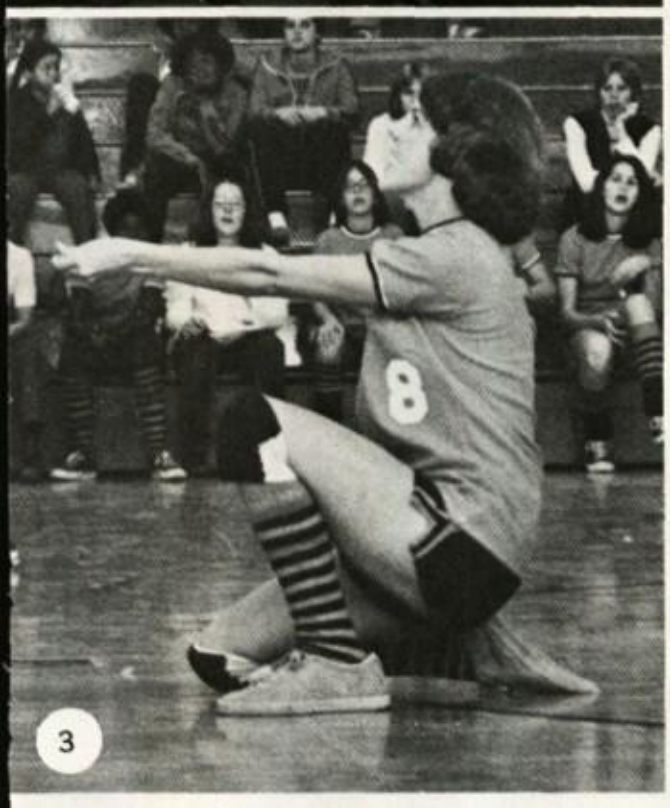

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Volleyball

Heritage		Opponents
5	E.C. Glass	15
9		15
8	Albemarle	15
5		15
15	George Washington	12
4		15
11	Halifax	15
15		16
11	E.C. Glass	15
9		15
7	Albemarle	15
15		9
15	George Washington	13
15		4
15	Charlottesville	10
12		15
15	Charlottesville	3
15		9
15	Halifax	6
15		3
5	Albemarle	15
15	Charlottesville	10
12		15

Volleyball Team: FRONT ROW: M. Williams, K. Napier. SECOND ROW: T. Bittle, B. Bryan, J., Anderson, L. Mason, A. Waller, S. Anderson, S. McFaden. LAST ROW: Mrs. Shaner, J. Elium, B. Moss, D. Powell, G. Luth, D. Ware.

1. With strong serving technique, Brenda Moss opens game against Halifax.

2. Making an all-out effort, Laurie Mason sends the ball flying over the net.

3. Still in position after a good save, Jo Elium watches her teammates score.

Twisting, Twirling 'N Tumbling

Wrestling is a "hard-hitting" sport and the Pioneers on the team are well aware of it.

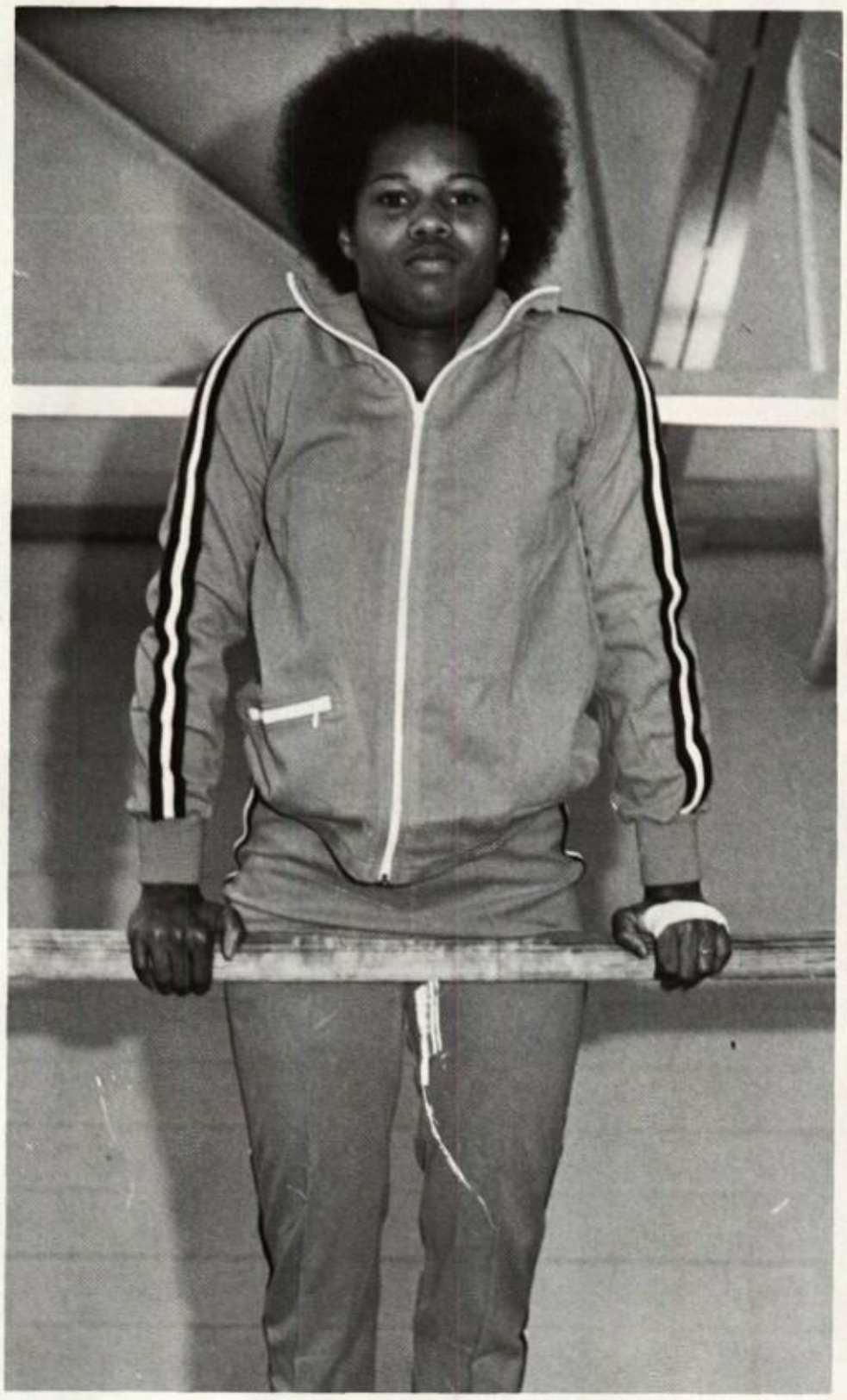
The season was one of major accomplishments. The team's overall record was 2-11, but only a lack of experience prevented the team from having a highly successful season. A few of the matches were lost by close scores.

Many individuals had good records. The high point of the season came when ten wrestlers placed in the Western District Tournament and qualified for Regional competition.

Another sport requiring coordination and muscle control is gymnastics.

Gymnastics demands not only the ability to survive the vigorous training, but a creative talent as well. Originality is the key note in routines performed at meets. The Pioneer gymnasts must have had a lively imagination, for they finished their season with a 4-4 record.

There were high points as well as disappointments for the team. Two team members, Lois Alexander and Sherri Wimmer, qualified for the Regional meet, but on the not-so-bright side star gymnast Martha Williams was injured at one meet and had to be scratched from the Regionals. But still the team has taken a giant leap into action.



Gymnast Lois Alexander works on improving her skills and agility on the uneven parallel bars.

Gymnastics Team; FRONT ROW: S. Wimmer, L. Maynard, C. McQuarry, C. Hodnett, M. Williams.

GYMNASTICS

Heritage		Opponents
124.50	Albemarle	132.20
124.50	Halifax	111.70
124.50	E.C. Glass	145.70
125.80	Pulaski	153.00
125.80	Franklin County	97.80
132.50	William Fleming	94.80
138.00	E.C. Glass	150.00

1 While executing a cradle, John Pryor gets into position to pin his opponent.

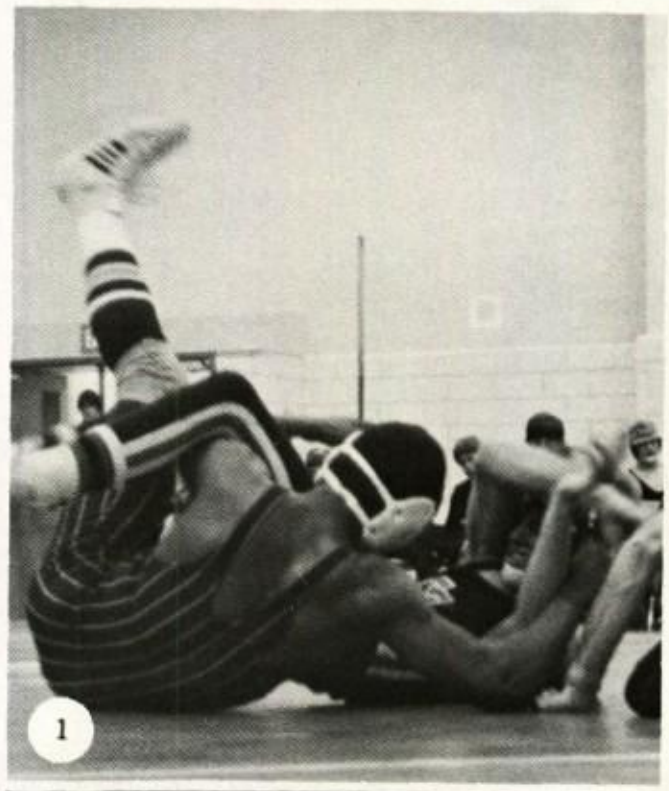
2 Reflected anguish on the face of Greg Brew's Glass opponent proves the effectiveness of the pinning combination, "Southern Cross," while the referee counts down.

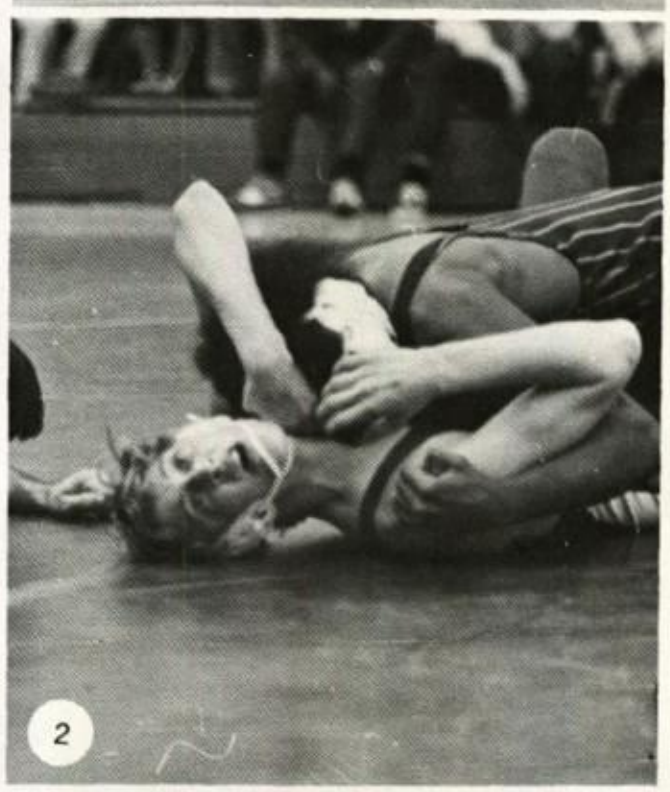
3 Victory is awarded to John Pryor while his Glass opponent walks dejectedly away from the mats.

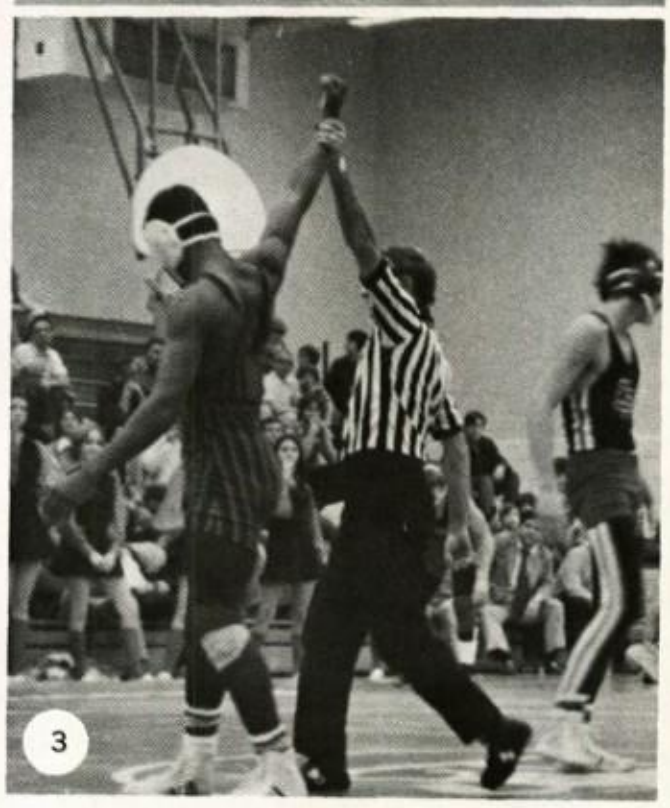
Varsity Wrestling: FIRST ROW: R. Breeding, I. Napier, J. Sowder, W. Frazier, Q. Mabry, C. Ferguson, J. Buckner, G. Brew, R. Brown, G. Scott, F. Schwartz, J. Pryor. SECOND ROW: Coach Storm, M. Terry, A. Tucker, S. Gallaher, S. Pannel, B. Russ, T. Norvelle, J. Massie, D. Hodges, R. Wright, A. Smith, J. Gloudemans, Coach Thomas.

WRESTLING

Heritage		Opponents
12	Cave Spring	44
9	William Fleming	40
28	Halifax	32
29	Chatham	38
26	York	29
15	Brookville	38
12	E.C. Glass	50
9	Patrick Henry	51
9	Charlottesville	47
16	Amherst	48
51	George Washington	18
30	Liberty	29
9	Northside	50
28	Pulaski	31







INDOOR TRACK

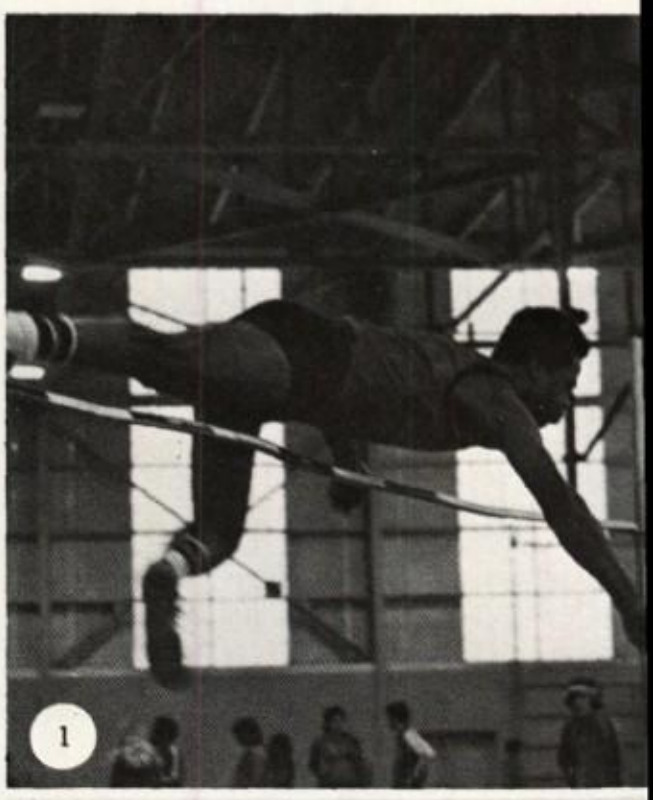
Heritage		Opponents
58	Brookville	60
66	Patrick Henry	52
86	Halifax	32
29	E.C. Glass	89

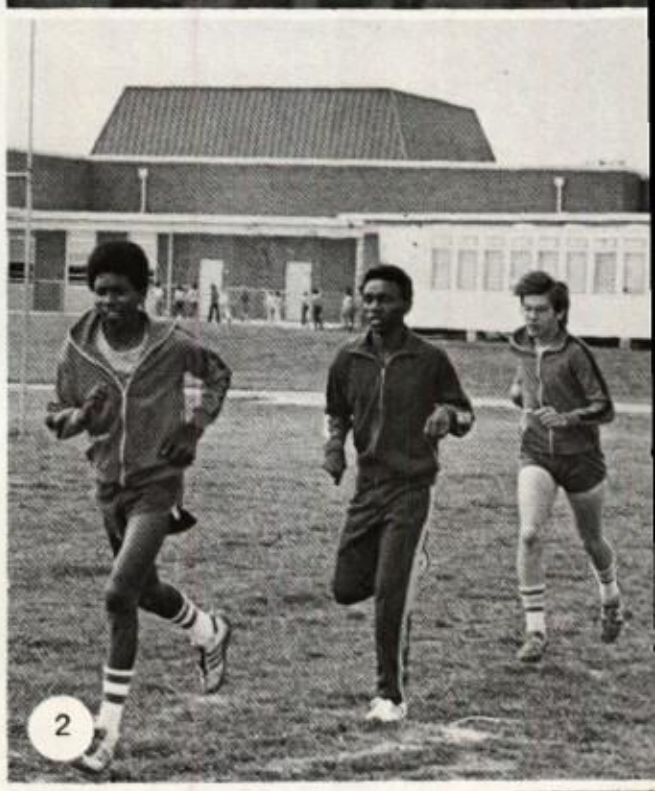
CROSS COUNTRY

Heritage		Opponents
15	Albemarle	50
22	Nelson	23
26	Liberty	30
18	Brookville	40
45	Charlottesville	40
18	Halifax	39
15	Glass	45
15	V.E.S.	47

Cross Country Team

Indoor Track Team





46/Sports

Rackets N' Runners

Our first indoor track team finished a successful season with a 2-2 dual meet record. James Hall became our first district champion with wins in both the long jump and triple jump.

The Junior Varsity Team showed signs of things to come by winning the area championship. Heritage ran away from a strong field of competition.

The cross country team suffered many losses, but gained much in experience. The co-captains of the squad were Edwin Hull and Tim Elliott who have the sophomore and freshman records for the team, while Dale Glasgow has the junior record. Kevin Jones was a district gold winner.

The Girl's Tennis Team finished its year with a 3-10 overall record. Consisting of seven juniors and five sophomores, the initial season was packed with determination, enthusiasm, and cooperation. Awards were given to Tracy Sublett, Most Valuable; Martha Tucker, Most Determined; and Debbie Ware, Most Improved.

What a jump! Rick Callinder tries to improve his previous jump of 5'8".

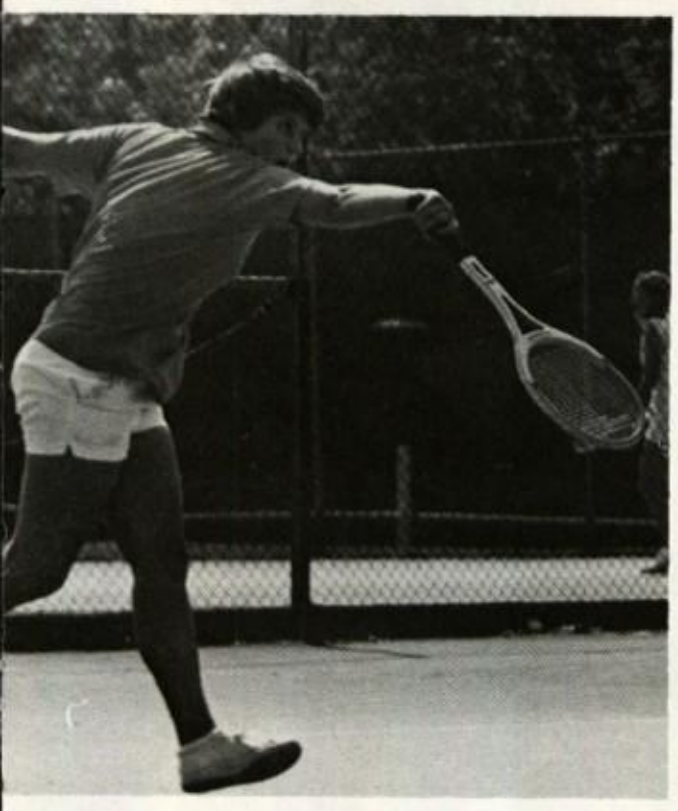
Pacing themselves, Doug Claxton, Ed Hull, and Glenn Cooper prepare for a meet.

Pole-vaulter Andy Williams makes a good jump as he clears 9'.

VARSITY TENNIS

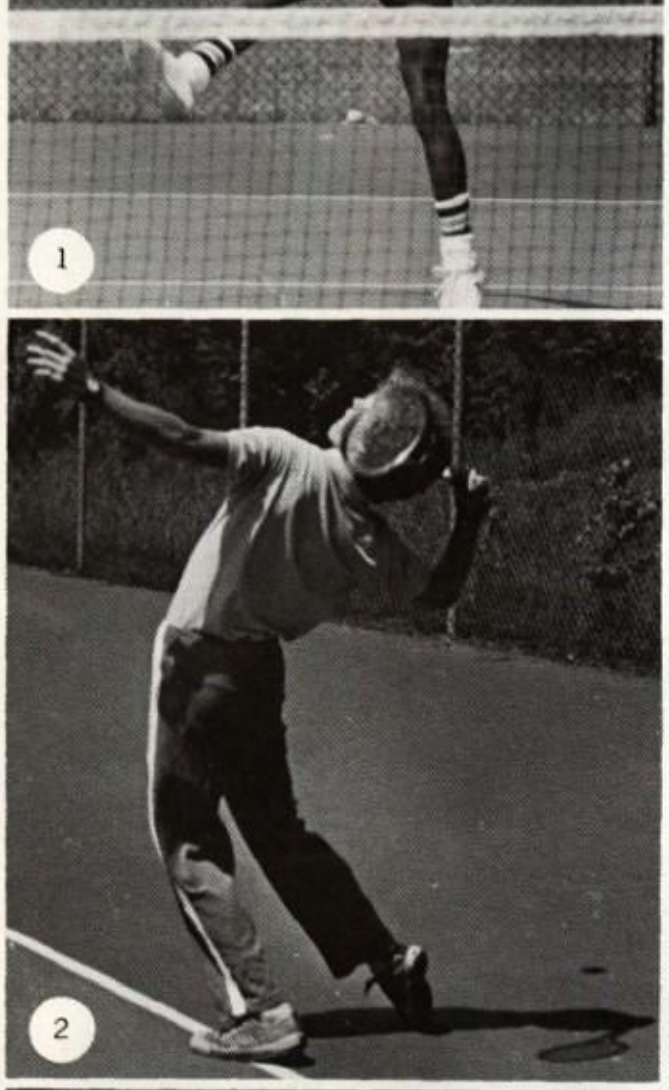
Heritage		Opponents
0	Patrick Henry	9
0	George Washington	9
0	E.C. Glass	8
0	George Washington	9
7	William Fleming	2
1	Charlottesville	8
5	Halifax	4
0	Albemarle	9
0	Albemarle	9
0	E.C. Glass	9
2	Charlottesville	7
5	Halifax	4
2	Seven Hills	7

Making a good return, Jeri Vosburgh, defeats her Seven Hills opponent.

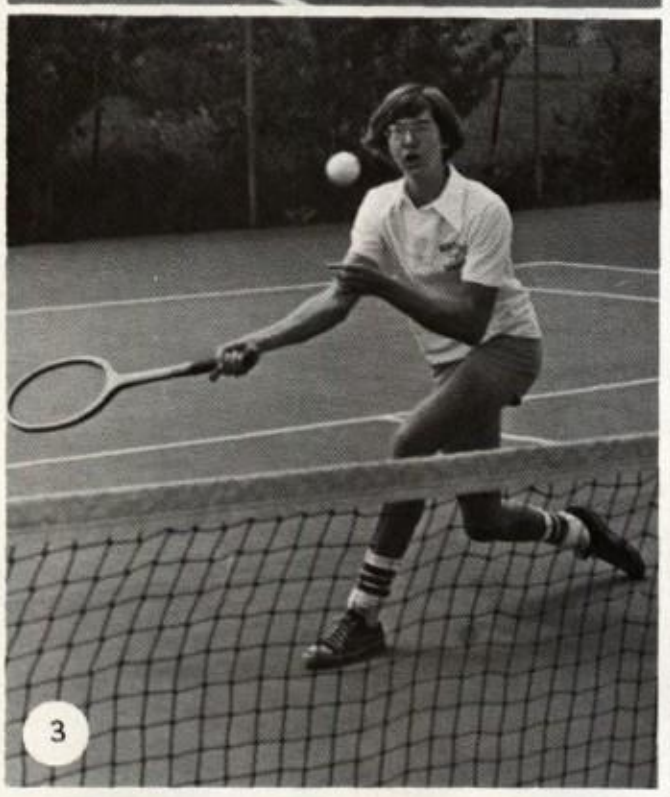


With determination, Wendy Kaminski sends a good backhand across the net.

1 Reachin' for victory is Kent Lovelace, Varsity Tennis Team member.



2 Donny Thomas gets ready to serve his opponent something he won't forget.



3 In position for a cross court return, David Seamon hopes for set point.

VARSITY TENNIS

Heritage		Opponents
4	Rustburg	5
3	Patrick Henry	6
5	Rustburg	4
1	George Washington	8
0	Albemarle	6
0	Liberty	9
0	E.C. Glass	9
0	George Washington	9
2	William Fleming	7
0	Charlottesville	9
4	Halifax	5
0	Albemarle	9
0	E.C. Glass	9
0	Charlottesville	9
5	Halifax	4

Some Real Swingers

What could possibly be so difficult about going out to a cow pasture, hitting a little white ball with a funny shaped "club" and chasing it until it goes into the nearest hole?

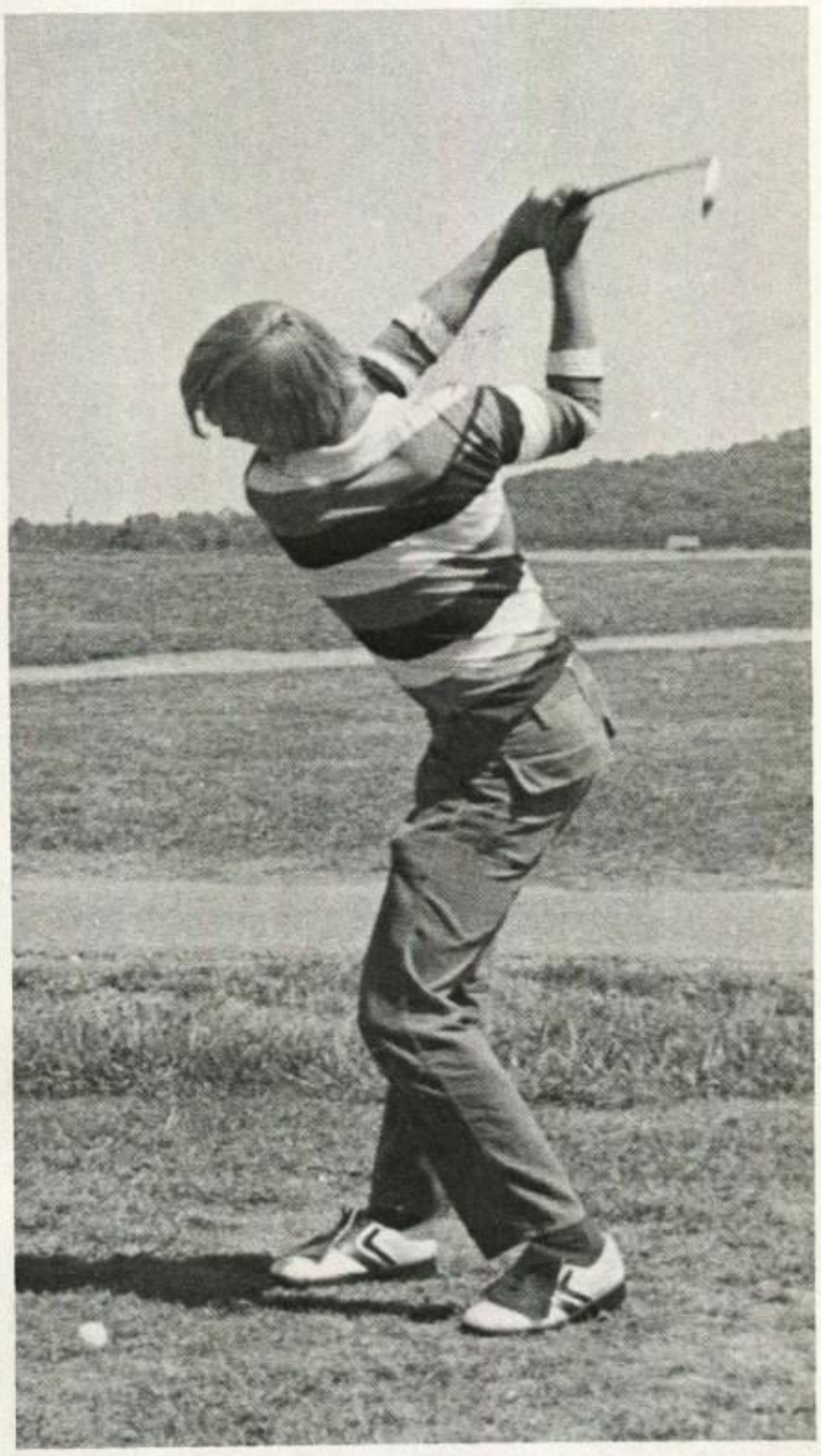
Varsity Tennis: FRONT ROW: M. Talley, K. Lovelace, D. Diehl, G. Elder, D. Thomas, W. Clark. LAST ROW: D. Seamon, N. Boatright, S. Ferguson, Coach Storm.

It's not as easy as it looks. Having no players with varsity experience and only three who belong to a local course, the Pioneer linksters took some lumps playing in the tough Western district. With the positive attitude and determination they displayed, the Golf Team should be more competitive next year.

Another sport that is not what it appears is tennis. Anyone can hit a ball over a net. Right? Wrong! It takes good coordination and an eagle eye.

The Boy's Tennis Team finished it's season with a 2-13 record. They posted victories over area rival Rustburg and district adversary Halifax. Experience, combined with the return of all the "net squad," should make next season a highly productive one.

Varsity Golf: FRONT ROW: K. VanLiere, D. Gilliam, C. Smith, W. Belden, T. Mayhew, D. Brown, J. Jordan.

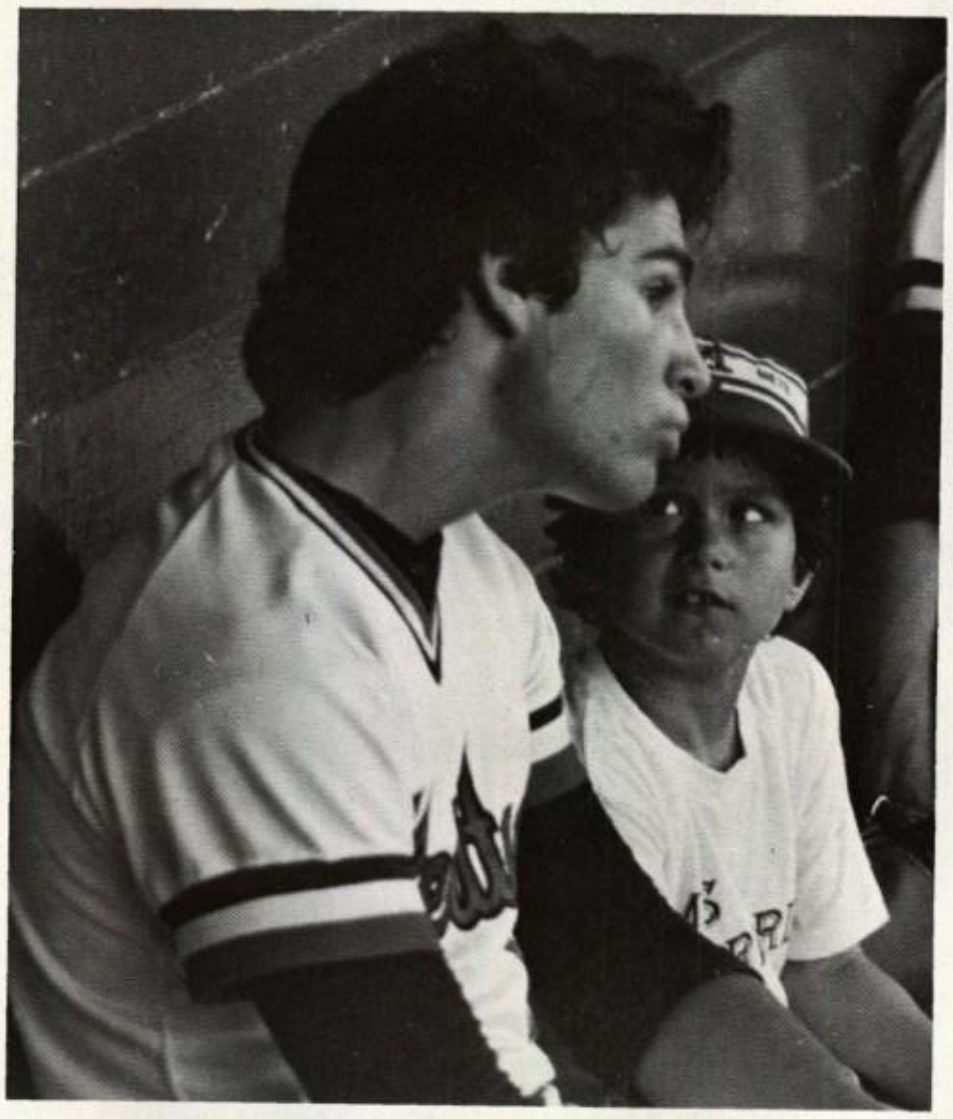


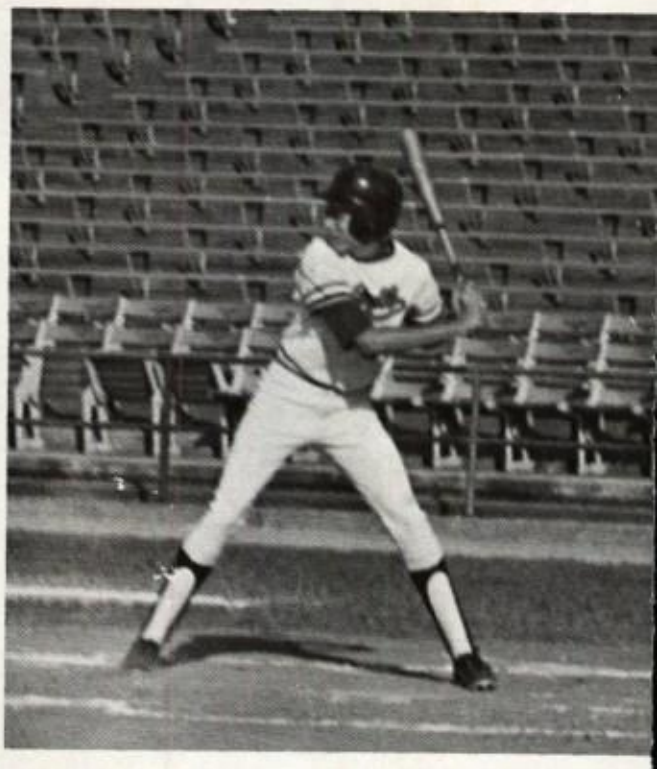
Wayne Belden, with a Jack Nicklaus swing, makes a long iron shot in match against VES.

VARSITY GOLF

Heritage		Opponents
192	Rustburg	174
195	V.E.S.	145
424	E.C. Glass	326
394	George Washington	313
404	Woodberry Forest	308
385	Albemarle	318
386	Charlottesville	318
391	V.E.S.	310
392	Halifax	352

Third baseman Dennis Knight prepares to cut off a play at home plate.





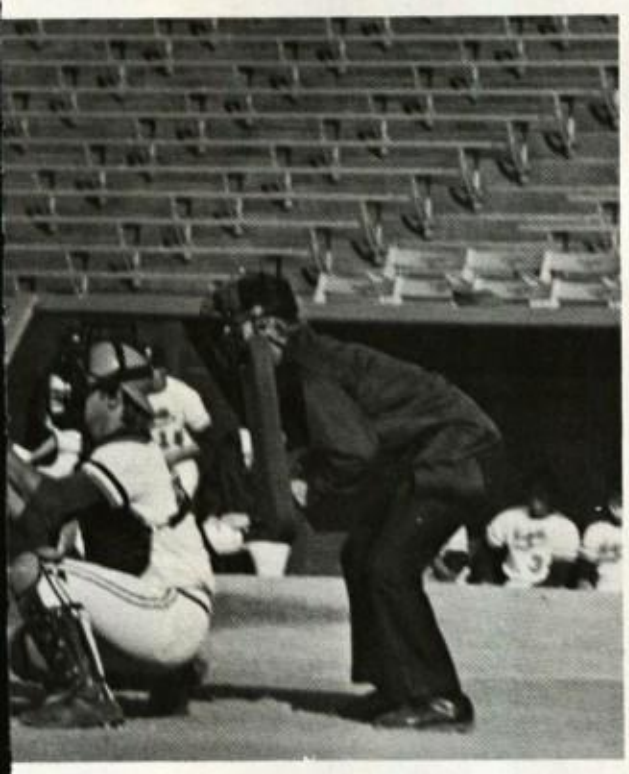
up! Dickie Burge waits for the pitch.

Natthew Acres dreams of the day he'll play varsity baseball as he admires star pitcher David Blondino.

BASEBALL

High hopes for the Varsity Baseball Team became expectations after a series of wins during the opening of the season. The team won their first seven game. Some of these were very impressive, as they won against state semifinalists, Franklin County and George Washington.

After their first loss to Albermarle, the Pioneers came back to win both games of a doubleheader against Cave Springs. The team went on to win 2 more games, then to lose 2 games. After the losses, they kept on going, and came up with 3 more wins.



Scoring another run for Heritage, Dickie Burge adds to the winning score.

You're Out! Leo Thomas throws his opponent out at first base.

Batters Up

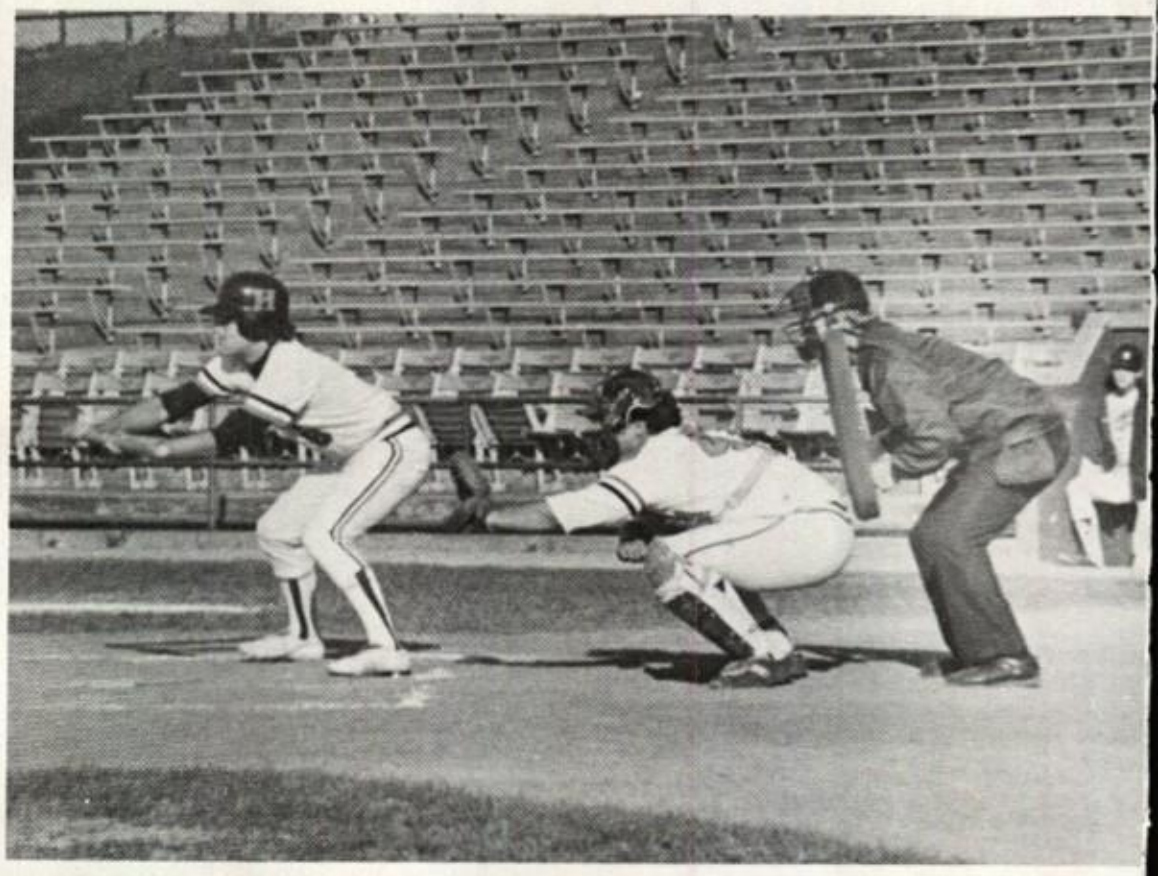
Varsity baseball provided the most excitment of all the spring sports. Tied for first place in the Western District with only one game left in the season, we lost to Halifax in that final game, and found ourselves in a three-way tie for second place. Unluckily, Heritage drew a bye and was defeated when we again had to play Halifax.

The team finished the season with a highly respectable 14-6 overall record and a 6-4 Western District record.

Key players were David Blondino and Dennis Knight. David compiled an 8-2 pitching record; Dennis had a batting average of .417 and received the Most Valuable Player Award.

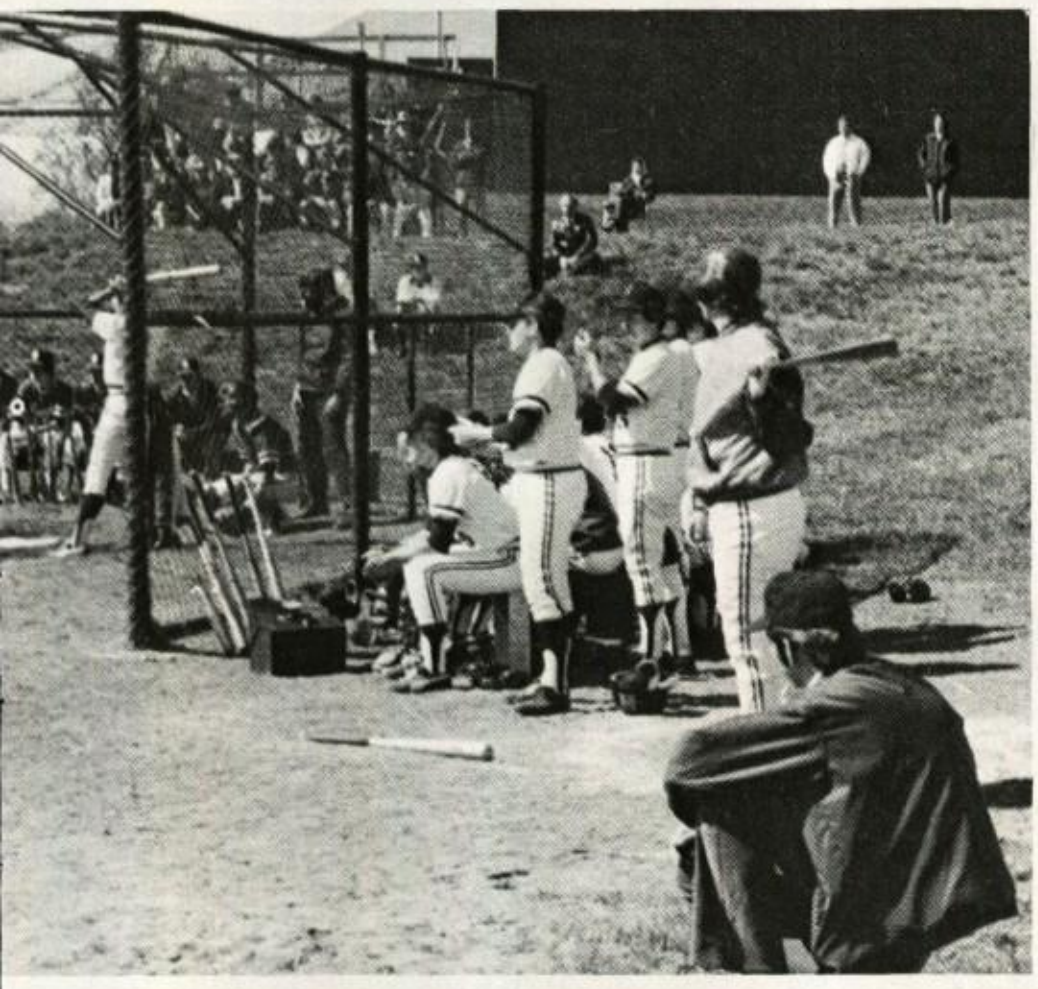
After such a great first year showing, the team plans to be Western District champs next year.

Coach Booker discusses batting strategy with outfielder Mark Shelton.



Designated hitter Brent Moore lays down bunt in post-season play off game.

Pioneers switch innings in pre-season practice game.



VARSITY BASEBALL

Heritage		Opponents
7	Brookville	0
5	Franklin County	4
12	Patrick Henry	3
9	Patrick Henry	3
2	Albemarle	7
13	Cave Spring	11
2	Cave Spring	1
11	Rustburg	7
9	E.C. Glass	4
0	George Washington	5
6	Charlottesville	5
6	Amherst	8
9	Halifax	11
11	Albemarle	9
8	E.C. Glass	1
8	Charlottesville	7
0	Halifax	12
17	William Fleming	5
3	Halifax	5

Intent on the game, team members look on as a fellow teammate goes to bat.

Varsity Baseball: FRONT ROW: E. Dalton, D. Knight, L. Thomas, D. Burge, P. Jacobs, D. Knowles. SECOND ROW: D. Garnsey, K. Yates, B. Murray, S. Howard, K. Dooley, D. Proffitt. THIRD ROW: P. Roark, M. Shuler, D. Blondino, M. Shelton, P. Thomas, T. Hamilton. LAST ROW: Coach Booker, B. Moore, W. Hogan.

Pole-vaulter Ken Elliot barely misses in an attempt to set the new school record.

Around and around he goes! Chuck Mitchell winds up prior to throwing the discus.

James Hall is on his way to making a record long jump.

Individuals Key Track Season

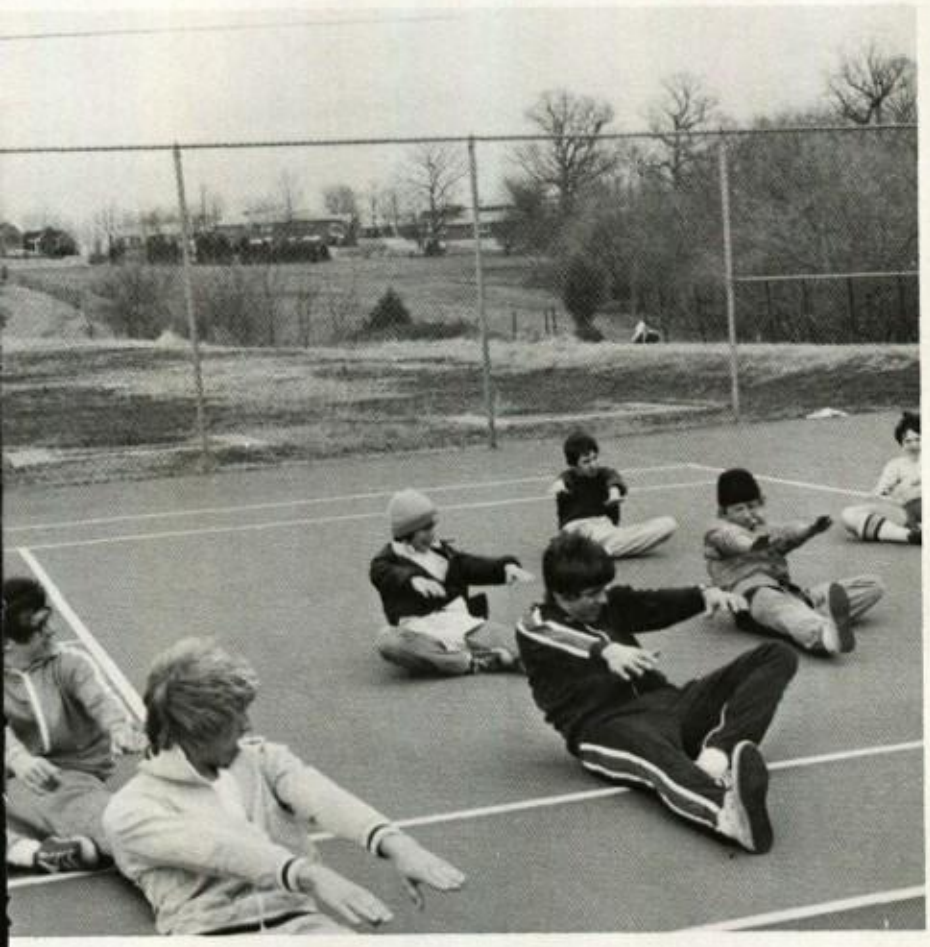
Outstanding individual performances were the key to the outdoor track season. The team as a whole didn't do too well against their tough opponents, but as individuals they set many records.

There were many performers who did exceptional jobs in their fields. Among these were Lee Saunders, shot put; Rickey Callinder, long jump; Doug Claxton, 100, 220, and other relays; and Ken Elliot, pole vaulting. These, along with everyone else on the team, should be commended for their efforts both as a member of the team and as an individual.

The Junior Varsity Outdoor Track Team had a better season, climaxed by the winning of the Western District Junior Varsity Championship.

OUTDOOR TRACK

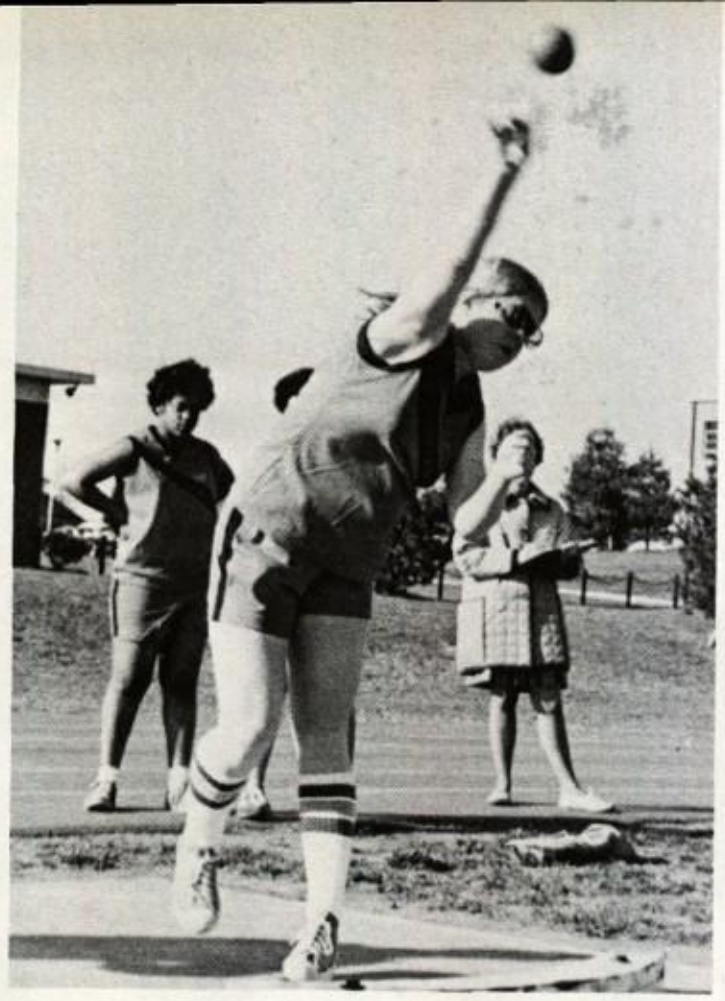
Heritage		Opponents
64	Altavista	59
34	Albemarle	96
39	Danville	92
47	Halifax	78
36	E.C. Glass	98
40	Charlottesville	91



Outdoor Track: FRONT ROW: C. Mitchell, L. Knowles, L. Saunders, S. Davis, D. Claxton, D. Knowles, M. Slaughter, D. Brown, G. Cooper, J. Hall. SECOND ROW: L. Abbitt, R. Kyle, A. Wright, G. Cheatam, L. Jones, F. Giles, D. Horseley, S. Martin, D. Hughes, V. Cardwell. THIRD ROW: A. Williams, M. Davis, S. Sumpter, C. Campbell, B. Light, S. Stone, T. Burks, E. Hull, K. Elliott. FOURTH ROW: S. Reid, K. Thoren, J. Moseley, S. Rupert, N. Bandujo, T. Hamilton, C. Shaw, J. Pryor. LAST ROW: D. Lindsey, T. Miller, R. Callinder, J. Glover, A. Ferguson, B. Parrish, D. Alesander, D. Weaver.

Strain is evident in Steve Davis's face as he strives for a fantastic jump.

Hard work is the only way to keep in shape. These track members work on limbering exercises.



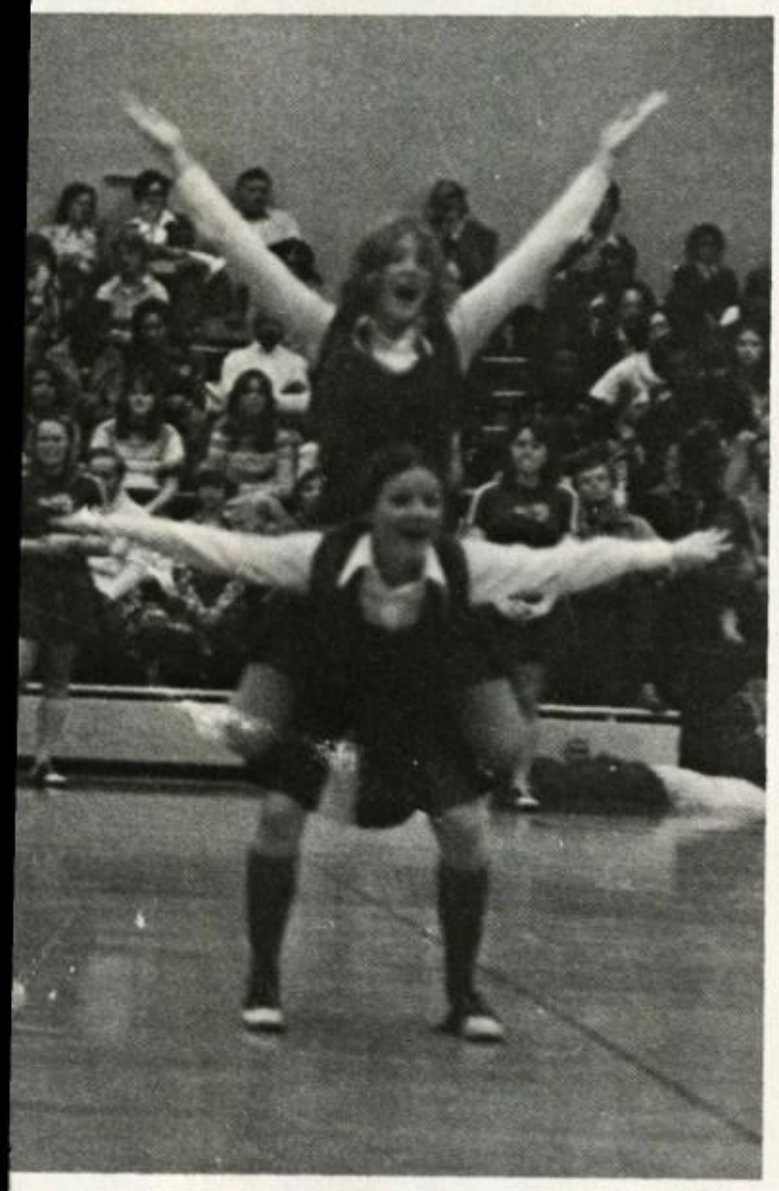
What a throw! With great form Kim Napier heaves the shot put against E.C. Glass.

Making her longest jump of the year, Annette Penn jumps 13'9".

Girls Varsity Track: FRONT ROW: M. Hilber, M. Williams, J. Huiner, C. Staples, L. Alexander, D. Moss, J. Elium, K. Napier, V. Baker, P. Forbes. SECOND ROW: K. Haun, L. Newcomb, R. Davis, J. Wynn, K. Kobert, V. Penn, D. LaReau, B. Hansen. LAST ROW: A. Penn, D. Cole, L. Maness, K. Myers, M. White, J. Wynn.

Girls Varsity Track Team

Heritage		Opponents
51	Rustburg	59
60	Liberty	50
76	George Washington	33
49	William Fleming	61
51	Charlottesville	59
67	Jefferson Forest	43
47	Halifax	59
23	Albemarle	87
39	E.C. Glass	71
76	Brookville	34



With plenty of enthusiam, Donna Cole and Annette Logwood cheer the Pioneer basketball team on to victory.

Cheering 'Em On To Victory

Ready to go and eager to win! As the season opened it looked promising, and remained so, for the Girl's Varsity Track Team.

All four relay teams qualified for the regionals after competing in the Western District Track Meet on May 6. Delois Moss qualified in four events, holding a record first place time in the 80 yard low hurdles. Regionals held in Charlottesville on Friday, May 13, proved to be a lucky day for the squad, as well as for Delois Moss individually. She again broke a record in the 80 yard low hurdles to take second place and qualify for state, as did Lois Alexander.

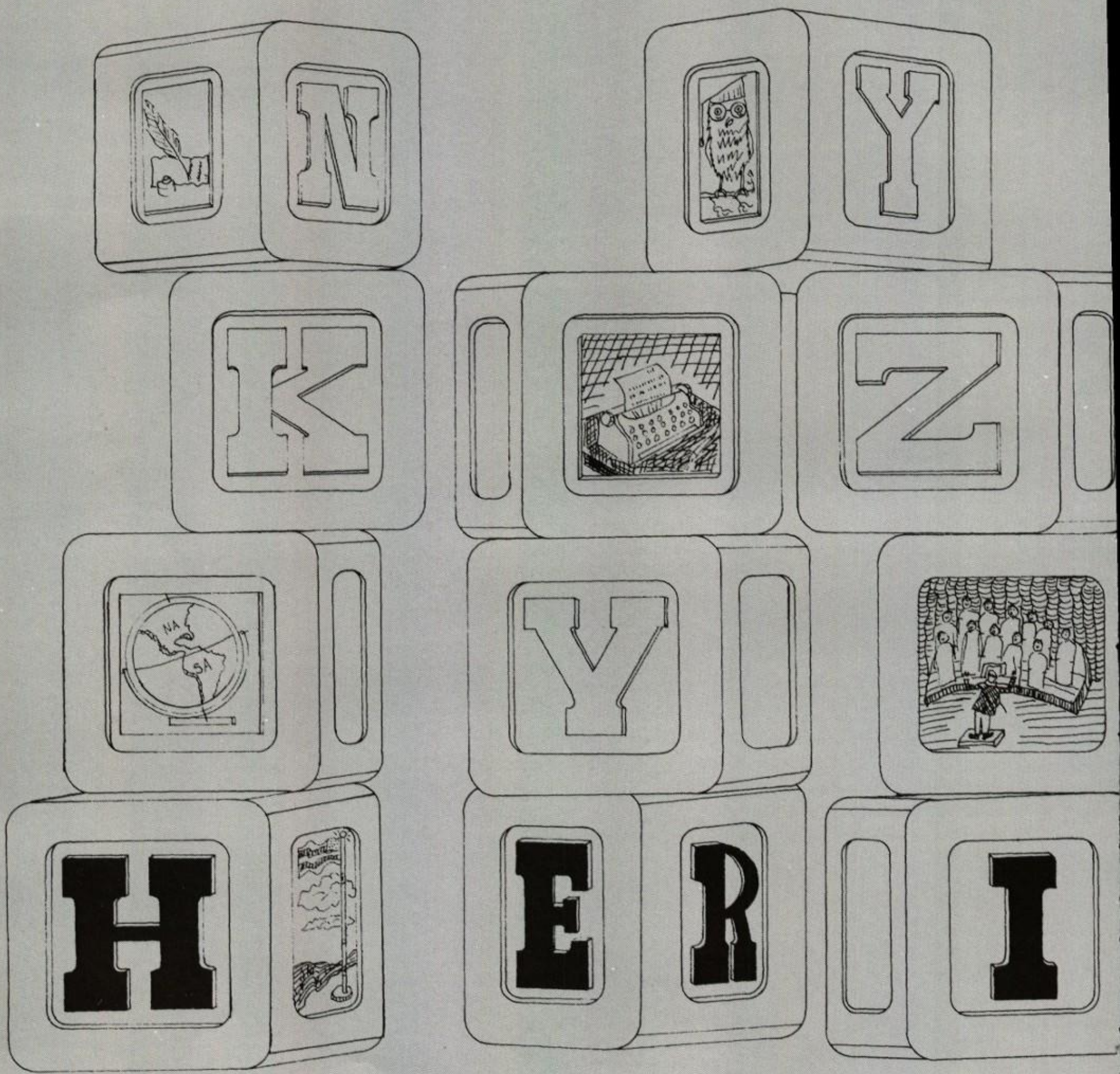
Cheerleading! But that's not where the Varsity Cheerleaders' jobs ended. They had many important things to do, including chosing their uniforms. The problems came when they needed money, and even more importantly, cheers.

To raise money for their uniforms, they had bake sales, and sold ads and spirit badges. To learn cheers they got ideas from camp and friends and elaborated on old ones.

In addition to cheering at all varsity football and basketball games, the squad won first place in a competition at Jefferson Forest High School for the best cheer leading squad.

JV Cheerleaders: Cheri Hughes, Tajuana Williams, Angie Penn, Lauren Smoot, Laura Singleton.

Varsity Cheerleaders: FRONT ROW: Cindy Hamler, Beth Smoot, Lynda Brooks, Angie Blondino, Donna Cole. LAST ROW: Mallory Powell, Susan Elliot, Diana Short, Arnetha Smith, Annette Logwood, Vin Johnson.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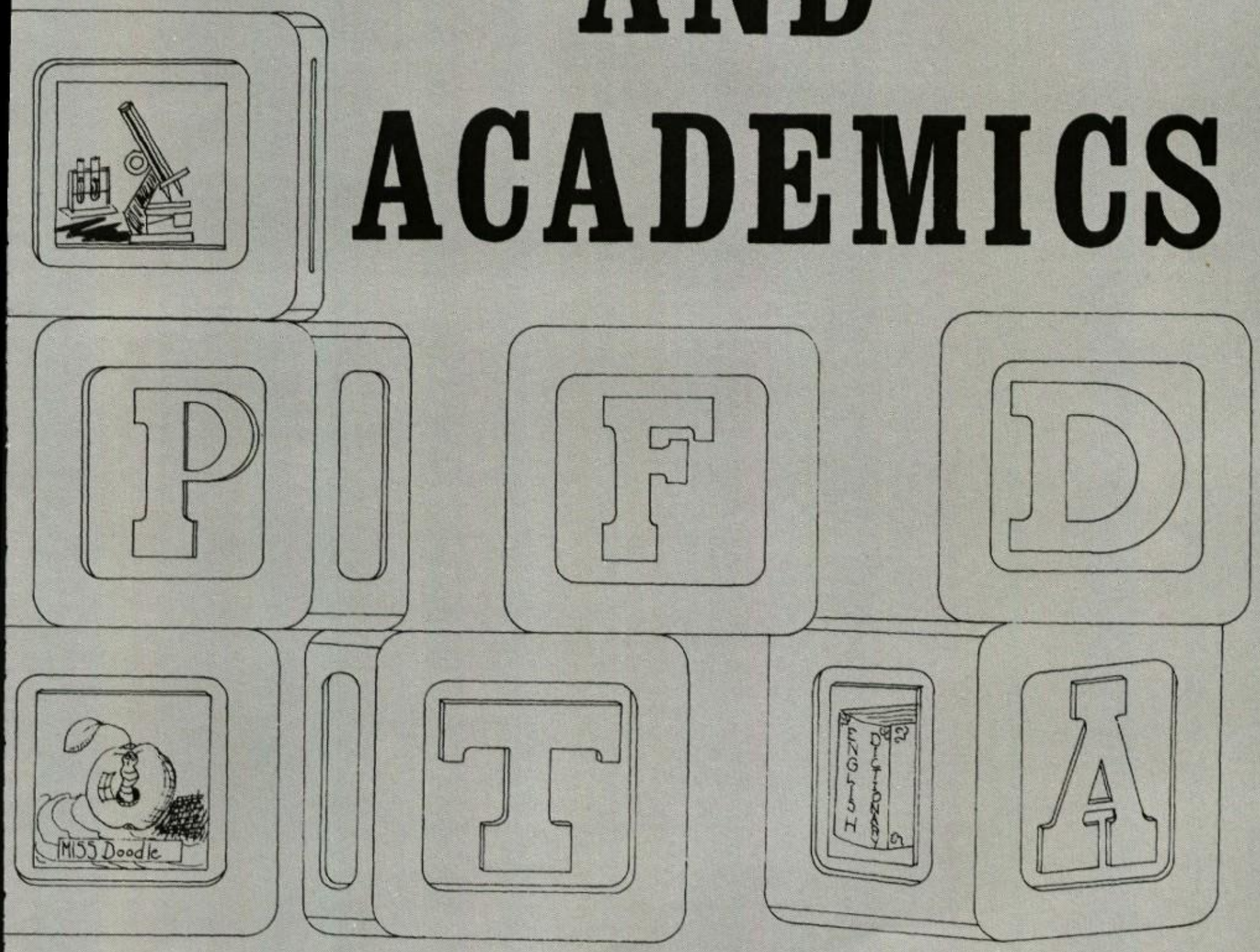
ORGANIZATIONS AND ACADEMICS



New Horizons Helping Hands

Service and action are common goals of SCA, Pep Club, and AFS. We had an active SCA officers that cared and were willing to give their all. Those officers were Susan Smith, President; Annette Logwood, Secretary; Dickie Burge, School Board Representative; Bruce Light, Vice-President; Rudy Beverly, Treasurer; TaJuanna Anderson, Second Vice-President; and Linda Nixon, Reporter.

The SCA sponsored many service projects during the year, including collecting food for the needy pe of Lynchburg, helping in the Spe Olympics, and collecting money from smoking and non-smoking s dents toward cancer research.

But, the S.C.A. wasn't the only active club. The Pep Club was bu too. They carried out their job encouraging team spirit. Like a seperate set of cheerleaders, the made posters for games, had spec cheering sections at pep rallies, bought sweat shirts for the club members.

SCA: FRONT ROW: Dickie Burge, Annette Logwood, Susan Smith, Linda Nixon, Bruce Light. SECOND ROW: Sherell Smith, Ruth Mae David, Cindy Hodnett, Jan Anderson, Pam Padgett. THIRD ROW: Shelva Mil Martha Williams, Tonya Stewart. LAST ROW: Mary Sumpter, Nadine Carr, Ken Yates.

SCA: FRONT ROW: Vernnese Spencer, Dorothy Johnson, Anita Saunders, Chris Eggleston, Pat Arthur, Pam Drewry. SECOND ROW: Lynda Brooks, Zebie Jennings, Robin Hamlett, Sam Sumpter, Ginger L LAST ROW: Sheri Schaffer, Langston Walker, Lisa Maness, Lee Saunders, Jod Ackley, Mr. Storm.

Another organization emphasizing service is the American Field Service. A national organization that sends qualifying students to live with "new families" in other countries, it also brings students to the US.

We had an exchange student, Bodil Hansen, from Denmark, who spent the year at Heritage. This summer Debbie Jo Hedges will go to Turkey to live and study.

Having worked this year through the Glass AFS, a Heritage chapter is now formed.

AFS exchange student Bodil Hansen from Denmark gave us a glimpse of another country and way of life.

AFS Officers: David Profitt, Machelle Penn, Debbie Jo Hedges, David Rupert.

Pep Club: FRONT ROW: Andrea Waller, Raye Hawkins, Kim Mitchell, Susan Kee. SECOND ROW: Tammy Merchent, Anita Saunders, Tajuana Williams, Zebie Jennings, Verna Henry, Dorothy Johnson. LAST ROW: Ginger Luth, Cornel Campbell, Ojetta Robinson, Josephine Wynn, Shelva Miller, Cegies Lewis.

Service Brings Rewards

Heritage joined the more than 22,000 high schools across the country that have become affiliated with the National Honor Society since its founding in 1919. Those juniors inducted as charter members were judged by the faculty and the NHS Council to possess the qualities required for membership: scholarship, leadership, character, and service

Officers elected at the first meeti were David Rupert, president; Machelle Penn, vice-president; Martha Tucker, secretary; and Wayne Belden, treasurer. A committee was appointed to recommen criteria for evaluating current and prospective members in the areas of service and leadership.

Service was also a key to membe ship in SODA, a unique and chal

Girls State Representatives: Laurie Mason, Robin Hamlett, Martha Smith, and Carol Davis.

SODA Members: FRONT ROW: Jeanette Hilber, Carole Davis, Edna Bryant. LAST ROW: Kent Lovelace, Aflueno Ebo.

nging program. Seven students ere involved, each fulfilling the ole of teacher for one hour every hursday at Bass Elementary chool.

laced in charge of a select group f fifth graders, SODA members repared and presented lessons ealing with a variety of topics, anging from concepts of self-dentity to the use and misuse of rugs. To prepare the high school tudents for their assignment, an extensive training session was held early in September.

While the Bass Elementary students have learned much from their SODA instructors, the instructors report that they probably have received the greatest benefits from the program. They have learned the meaning of patience and universal acceptance and have been forced through experience to understand the complex problems of being both student and teacher.

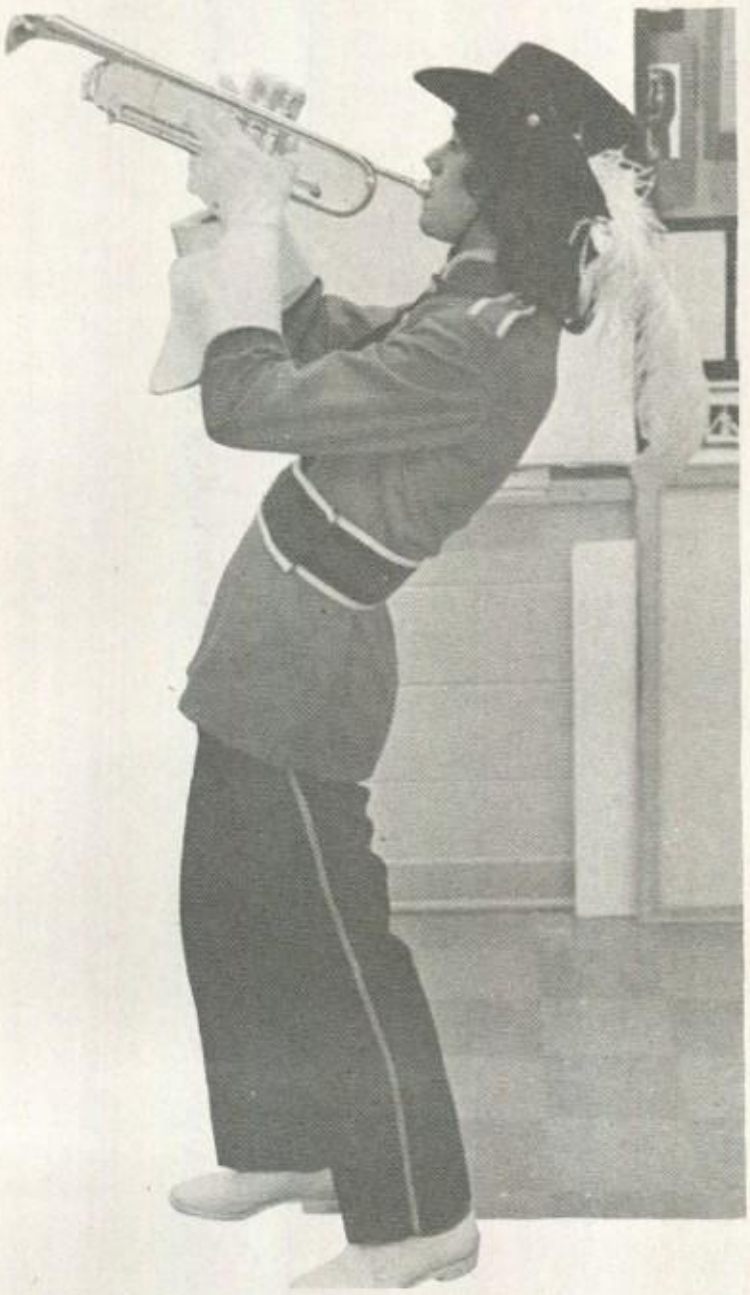
Boys' State Representatives: FRONT ROW: Kenny Yeates, Leo Thomas, Wayne Beldon. SECOND ROW: Danny Diehl, Dave Rupert, Lee Saunders.

Members of the Heritage Chapter of the National Honor Society: Sidney Allen, Jan Anderson, Holly Armstrong, Wayne Belden, Keith Bennett, Terri Bittle, Jane Blanks, David Blondino, David Brown, Marsha Burnette, Joel Campbell, Ruth Cheu, Doug Claxton, Randy Cofflin, Glenn Cooper, Carole Davis, Debbie Dickerson, Danny Diehl, Pam Dodd, Pam Drewry, Jo Elium, Susan Elliott, Susan Glass, Robin Hamlett, Bodil Hansen, Debbie Hedges, Kathleen Herndon, Steve Howard, Loretta Jakobowski, Lori Jessee, Chris Johnson, Kathy Maddox, Laurie Mason, Trudy Matthews, Eddie Mayhew, Linda Maynard, Cindy McQuarry, Kathy Parsonage, Machelle Penn, Debbie Powell, David Proffitt, Robert Richardson, Guy Rinehard, Phillip Roach, Anita Rodgers, David Rupert, Bill Russ, Lee Saunders, Rosetta Scott, Mark Shuler, Martha Smith, Susan Smith, James Sowder, Vernnese Spencer, Sandra Steuart, Whitney Summers, Dennis Thaxton, Leo Thomas, Martha Tucker, Deborah Ware, Meredith White, Kenny Yates.

Gentlemen, Start Your Engines

1. Open the door and get in—Get aboard for a ride through Heritage's art and gym departments.
2. Reset your mirrors and fasten your safety belts—You have to be prepared with the necessary materials. Got a gym suit? How about a sketch pad?
3. Turn on the ignition—Be ready to take gym and driver's ed alternatingly every other day and to be artistic every day.
4. Give it gas—We're off! Football, basketball, paintings, mosaics. Unbelieveable shapes materializing out of clay. Twice a year—the 600! Tests in every subject. For extra credit one can design a city, build a car, or find the cure for a new disease. Easy courses? Maybe they're not so simple, but they add a lot of life to Heritage.

the ARTS



ABOVE: Jazz Band performs for guests attending Achievement Night.

LEFT: Art showcase, maintained by Mrs. Thompson and Mrs. Caldwell, provides a constant source of interest.

Extra-curricular experiences in the visual arts was the object of the Art Club. Members tried their hands at fabric painting, silk screen printing, ceramics, and rug hooking.

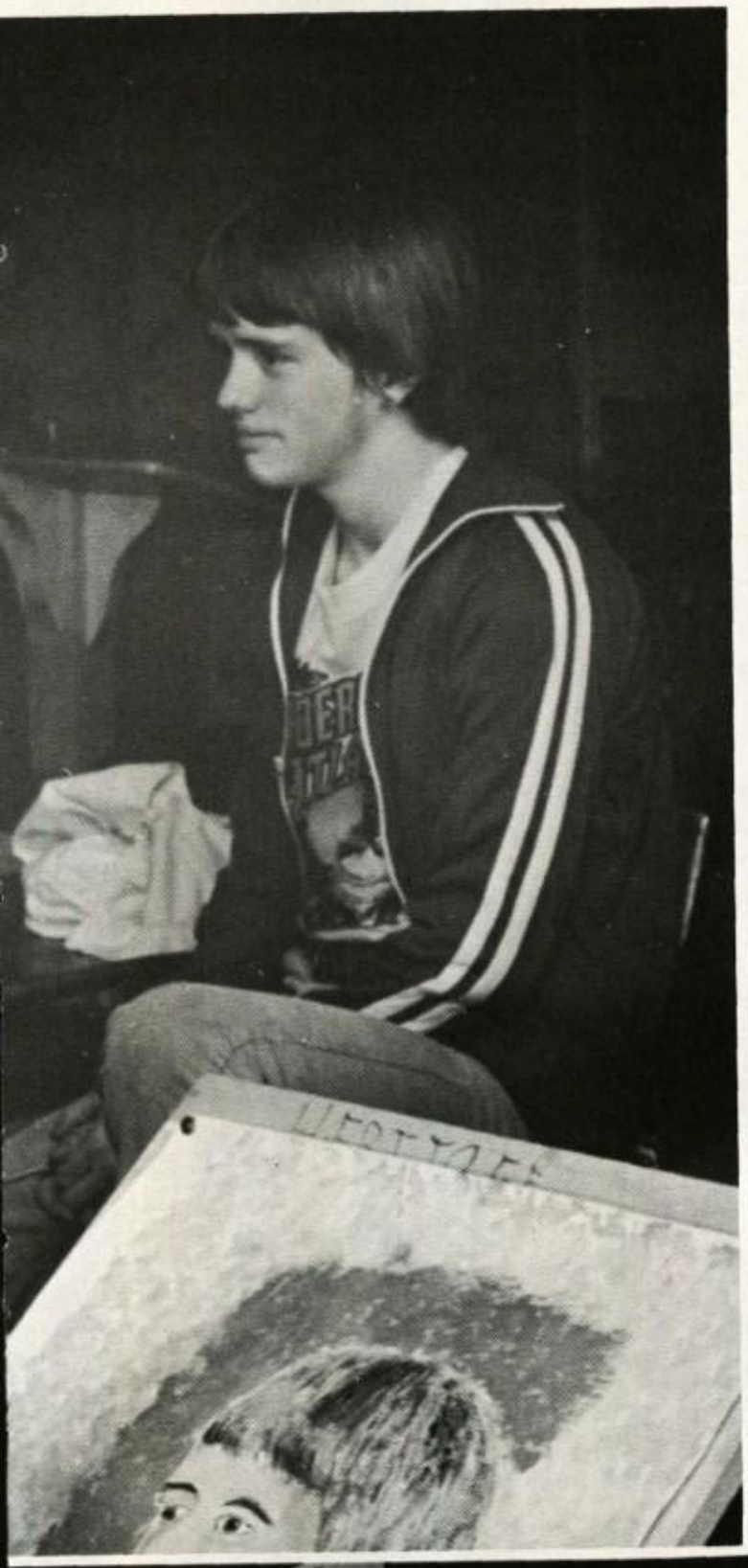
A mascot contest was used to determine our Pioneer emblem, a project co-sponsored with the S.C.A. Several school and community exhibits were organized by the club, in addition to selected one-person exhibits at the school administration building by student artists Dale Glasgow, Meredith White, and Joan Huiner.

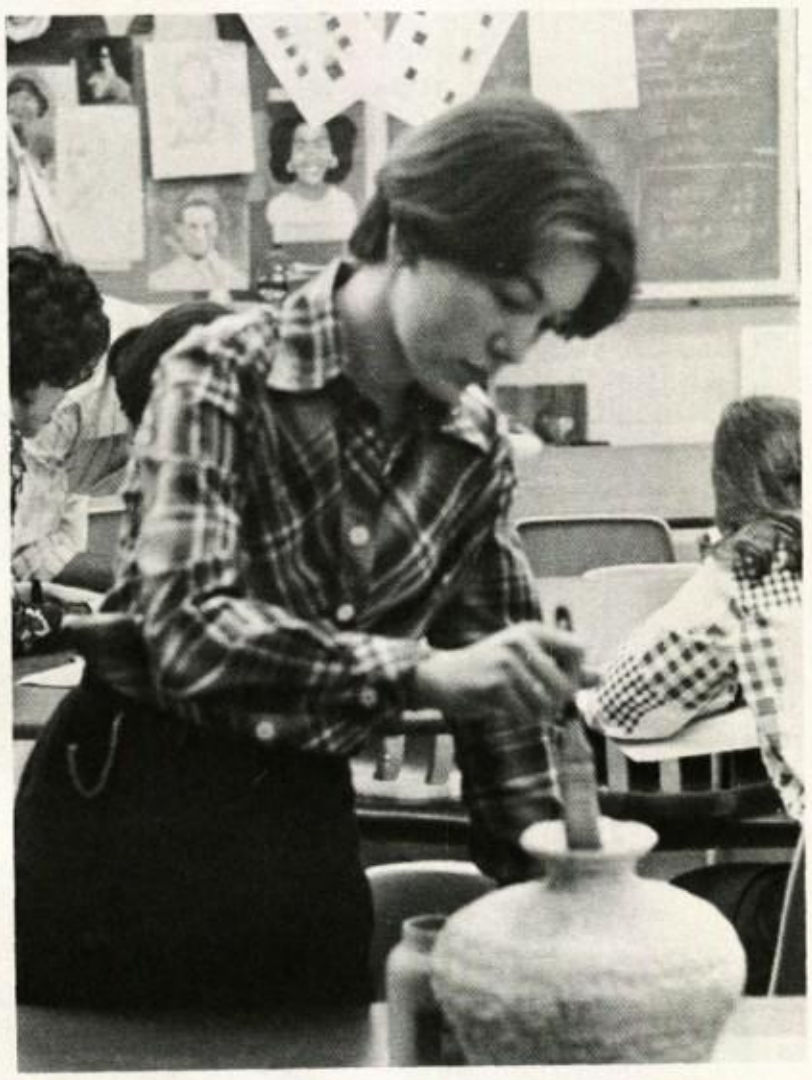
Another honor went to Art Club LEGACY reporter, Jane Blanks, who was selected to attend THREE DAYS IN MARCH, a cultural arts program sponsored by the Virginia Museum. The alternate, Kathy Parsonage, received a set of oil paints from the club.

Art Club officers were Joan Huiner, President; Alberta Ford, Vice-President; Rosetta Scott, Secretary; Kim Warrick, Treasurer; and Jane Blanks and Cynthia Cash were Publications Reporters.

Activity in the speech room is centered on Keith Crews as he practices for a debate.

Art Club: FRONT ROW: Mrs. Caldwell, Laura Overstreet, Rosetta Scott, Dorinda Daniels, Carol Thibodeau, UnChu Mayo, Jane Blanks, Joan Huiner, Cindy Cash, Brenda Byrd, Cathy Simmons, Mrs. Thompson. LAST ROW: Alberta Ford, Fran Cox, Chip Penn, Dave Knowles, Paul Kee, Rod Anderson, Robin Reed, Kay Blunt, Teresa Johnson.





Art Club president Joan Huiner puts the finishing touches on a pottery urn.

Student artist Jane Blanks captures likeness of Kevin Jones in an oil painting.

Creating a clay bust, Tammy Merchant displays her skills at sculpturing

Artists, Writers N'Speakers

Journalists, writers, and speakers—this is your department! Whether you're interested in competition or just expressing your views, you'll get your chance.

Join forensics—and experience competition. It's an extra-curricular activity in which our school competes against other high schools throughout Virginia. Is your specialty reading? poetry? essay? The forensics team scored well and won for entries on all levels of competition.

If you take journalism, you'll find yourself writing for the school newspaper. Since the PIONEER POST is a monthly publication, there are frequent short-term deadlines and the excitement that accompanies them.

However, if long-term publications appeal more to you, get in the publications class. The LEGACY, our yearbook, opens many fields to the eager learner. Involving planning, drawing, layouts, photography, and writing, it keeps staff members interested and ready to learn all year.

Forensics Award Winners: FRONT ROW: Gwen Hale, Chris Johnson, Linda Nixon. BACK ROW: Kevin Lovelace, Ginger Luth, Jerry Glover, Andy Seward.

Forensics: FRONT ROW: Melanie Torrance, Leo Thomas, Kim Scott, Debbie Jo Hedges, SECOND ROW: Chris Johnson, Tammy Bryant, Kit Jones, Linda Nixon, Annette Logwood, Gwen Hale, Patty Scott. BACK ROW: Elmer Johnson, Keith Toler, David Rupert, Andy Seward, Jerry Glover, Mrs. Currence.

Knowing that forensics will be fun, Chris Johnson and Tammy Bryant are among the first to sign up.

Legacy Staff: SITTING: Peyton Williams, Greg Gunter, Keith Crews. SECOND ROW: Vickie Crance, Lynne Shirey, Tammy Merchant, Laura Bunch, Lynda Brooks, Pam Hylton, Lynne Kopp, Anita Rogers. BACK ROW: Moe Sales, Mrs. Wilson, Robin Butler, Kathy Hatcher, Kit Jones.

Pioneer Post Staff: FRONT ROW: Robin Hamlett, David Carwile, Wendy Layne, Terri Bittle, Jeana Johnson, Carlton Hill, Cynthia Hamler, Kim Napier. SECOND ROW: Jerry Glover, Harry Mitchell, Eddie Mayhew, Lynnette Summers, Ojetta Robertson, Mary Alcorn, Cindy Butt, Bridgett Mann, Maureen Clark.

Singin' Out

With a fantastic director like Mr. Carl Harris, how could the Heritage choir go wrong? After attending any of their concerts, one knew that what he had just seen was no "amateur night" event.

Obviously, not only we Pioneers, but also members of the community, enjoy the talents of our choir. Throughout the year they appeared at many banquets, benefits, and concerts.

Early in May, they were invited to t Washington Cathedral for a Sunda morning of sacred music. After a 5:0 a.m. departure on three chartered busses, they arrived in Washington in time to rehearse. During the performance, their 65 voices sounded li 650 as they echoed throughout the huge sanctuary.

It was a promising year for the choir With a lot of hard work and a little extra effort, the choir became estab lished as a source of pride.

"The Days Back When" was the theme song of the barber shop quartet, performed by Leo Thomas, Jerry Glover, Andy Seward, and Gary Young.

Little Miss Muffet—In Opera? Tammy Bryant, Cara Marshall, Stacey Inge, Shelia Austin, Vinzetta Johnson, Robin Hamlett, Leslie Cole, and Diana Short sing their hearts out.

Choir: SOPRANO: J. Burks, W. Calloway, D. Cole, L. Cole, S. Davis, P. Dodd, P. Drewery, J. Elium, L. Ellison, S. Fainter, L. Ferguson, G. Hale, V. Johnson, P. Jones, T. Matthews, A. Mays, C. Moore, P. Moore, C. McQuarry, P. Scott, N. Simmons, B. Smoot, M. Torrence, D. Turner, P. White, E. Williams. ALTO: J. Anderson, S. Austin, S. Briscoe, T. Bryant, S. Carwile, D. Culpepper, B. Figg, J. Garrett, O. Gills, P. Hawkins, S. Inge, C. Johnson, C. Marshall, Y. Marshall, K. Morris, M. Napier, E. Plunket, B. Poindexter, S. Pressley, R. Rose, K. Scott, D. Short, M. Smith, S. Smith, D. Tyler, D. Waller, S. Weaver. BASS: D. Billingsly, O. Booker, R. Burns, K. Canada, C. Dement, B. Garra, L. Thomas, J.W. Trent, L. Walker, K. Wood. TENOR: J. Glover, M. Harris, A. Seward, G. Young.

Choir Officers: FRONT ROW: Pam Drewery, Vinzetta Johnson, Odette Gills. LAST ROW: Diana Short, Leo Thomas, Andy Seward, Leslie Cole, Nicholet Simmons.

Is the river rising? Cindy McQuarry, Donna Cole, Trudy Matthews, Cara Marshall, Leslie Cole, Jo Elium, and Pam Drewery seem to think so as they perform in the Heritage Choirantics.

All Regional Chorus: FRONT ROW: Donna Cole, Gwen Hale, Diana Short, Ellen Plunkett. BACK ROW: Andy Seward, Jerry Glover, Leo Thomas, Gary Young.

Marching Pioneers

Each experience of the first marching season became a memorable occasion. The band marched for the first time in their new, modern uniforms, adorned with Aussie hat and Cavalier plum, in the Lynchburg Classic on October 9.

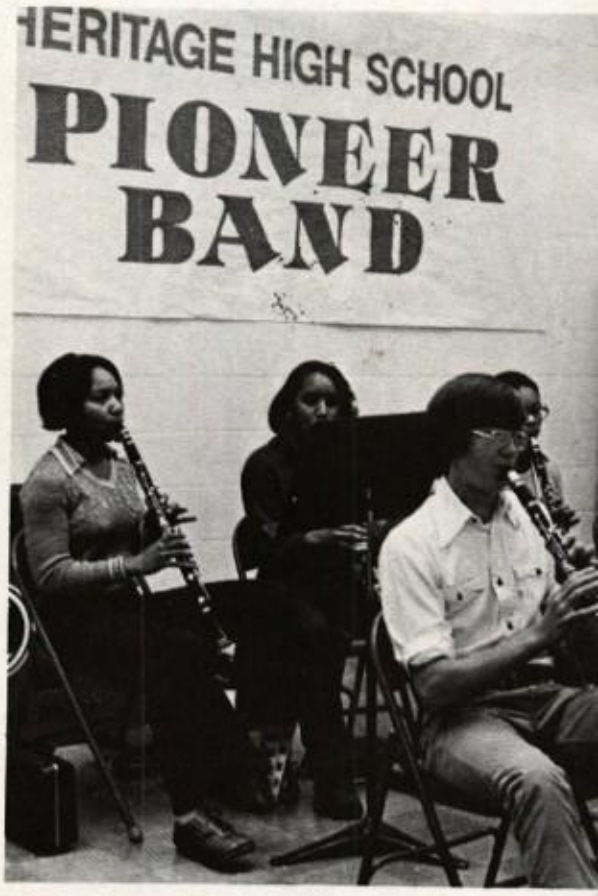
The band traveled to Chesapeake for the Tidewater Marching Band Contest on October 16, where twenty-seven bands from Virginia and North Carolina competed.

When the preliminary contest was over, Heritage had made the cut, selected as one of the five finalists. The finals over, the Marching Pioneers had scored an amazing triumph. The band finished second overall, beating many established competitive bands.

We made first in Color Guard, second in Rifles, and Drum Majors Linda Maynard and Cegies Lewis were selected outstanding Drum Majors. Some accomplishment for a six-weeks old band!

On November 6 the band traveled to the University of Richmond for another contest. What a day for the Pioneers! Of the twenty-seven bands in competition, we captured all first places! Best band, best flags, best rifles, outstanding drum majors. It was a great and exciting start of many years to come.

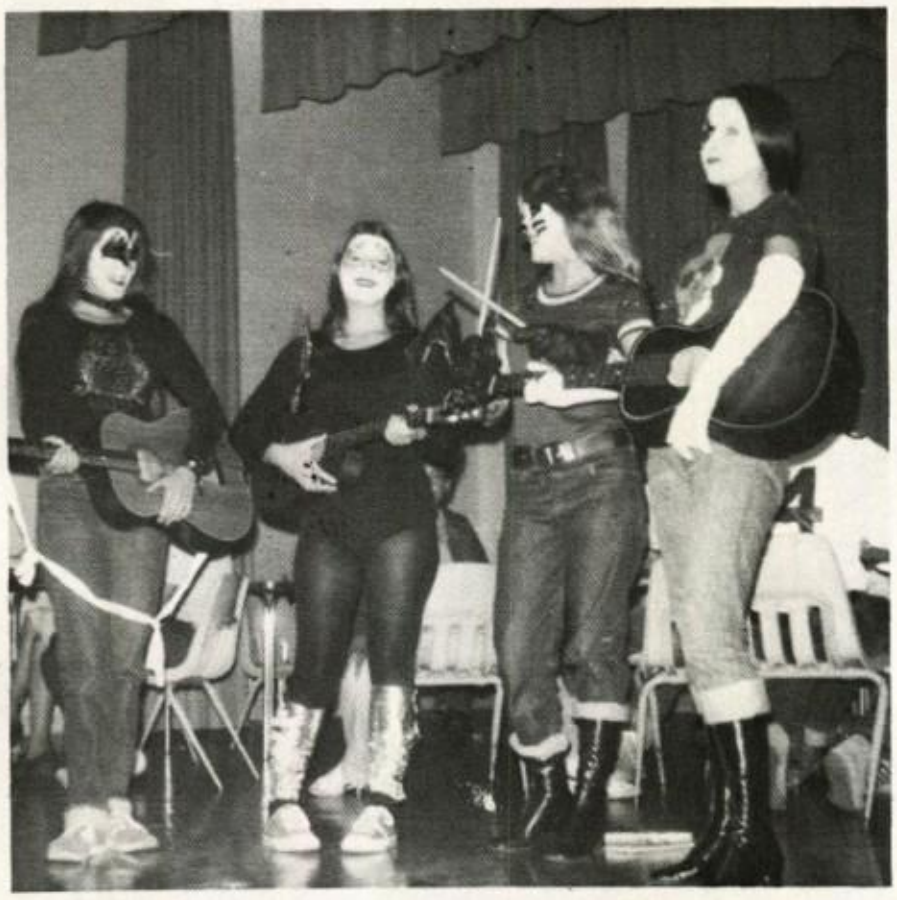
Band students practice their music for upco concerts.



The Pioneer Marching Band performs during half-time show at the E.C. Glass vs. Heritage.

Students stay hard at work getting it all together in band classes.

As Brenda Howard now knows, band initiation brings alive the imaginations of senior members.



The rock group KISS, as portrayed by Mary Slusher, Sandra Stewart, Tracy Sublett and Sheila Austin.

Our rifle corps shows exquisite form during a half-time show.

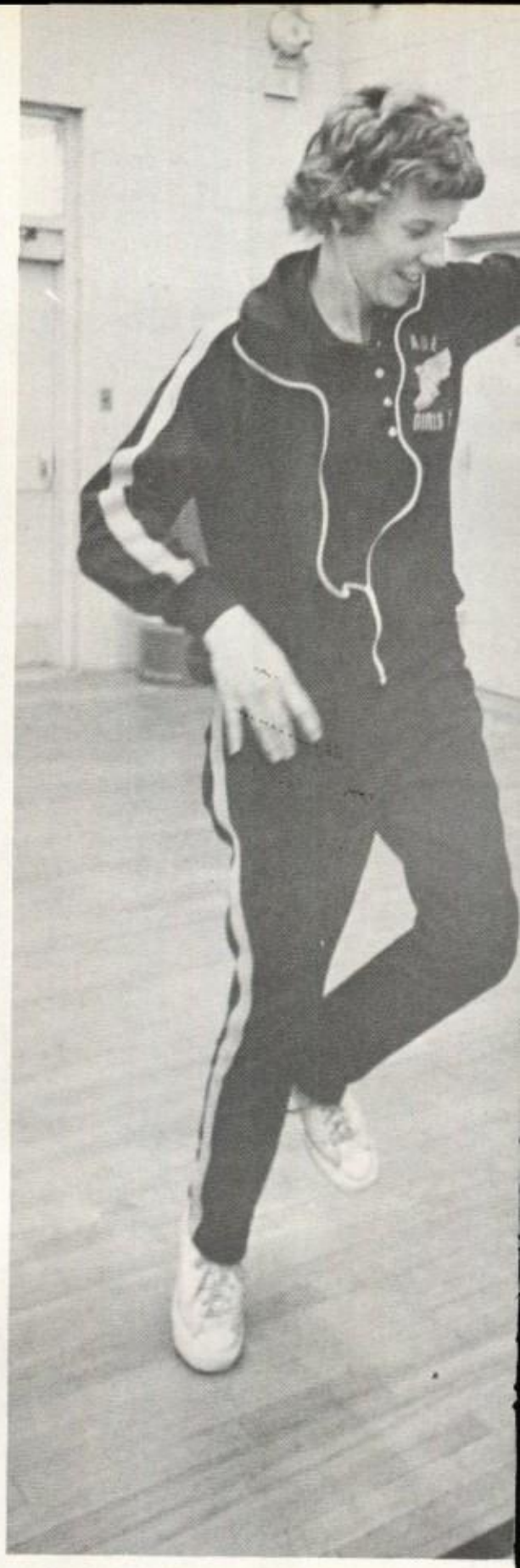
Students Steer Toward Health

After organizing it's members, the Varsity Club started it's first year with the election of officers. These were Lee Saunders, President; Machelle Penn, Vice President; Jo Elium, Secretary; Vinzetta Johnson, Treasurer; Meredith White, historian; and Oscar Booker, Sergeant-at-arms.

Some club activities were the establishing of a Constitution, selling stocking hats, and donating a marquee to the new Heritage High School. Several dances were also given by the Varsity Club.

Gym and health classes also played a large part in every student's school year. Lacrosse, basketball, tennis and even folk dancing were taught.

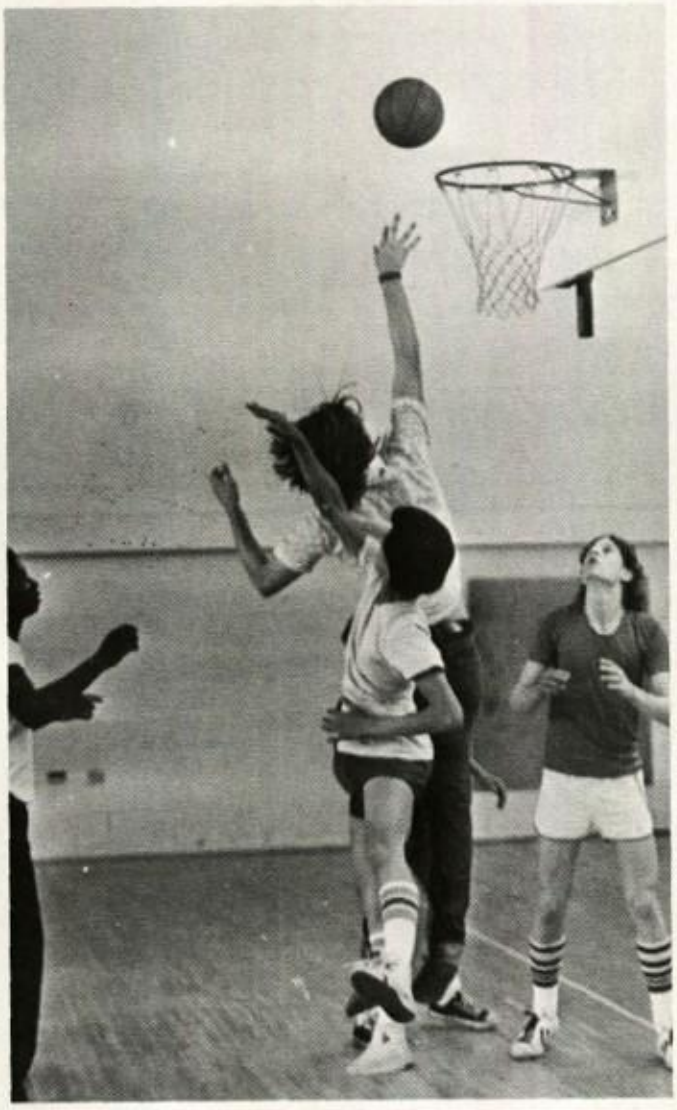
Athletes and health are synonymous, and at Heritage they were both steered toward success.

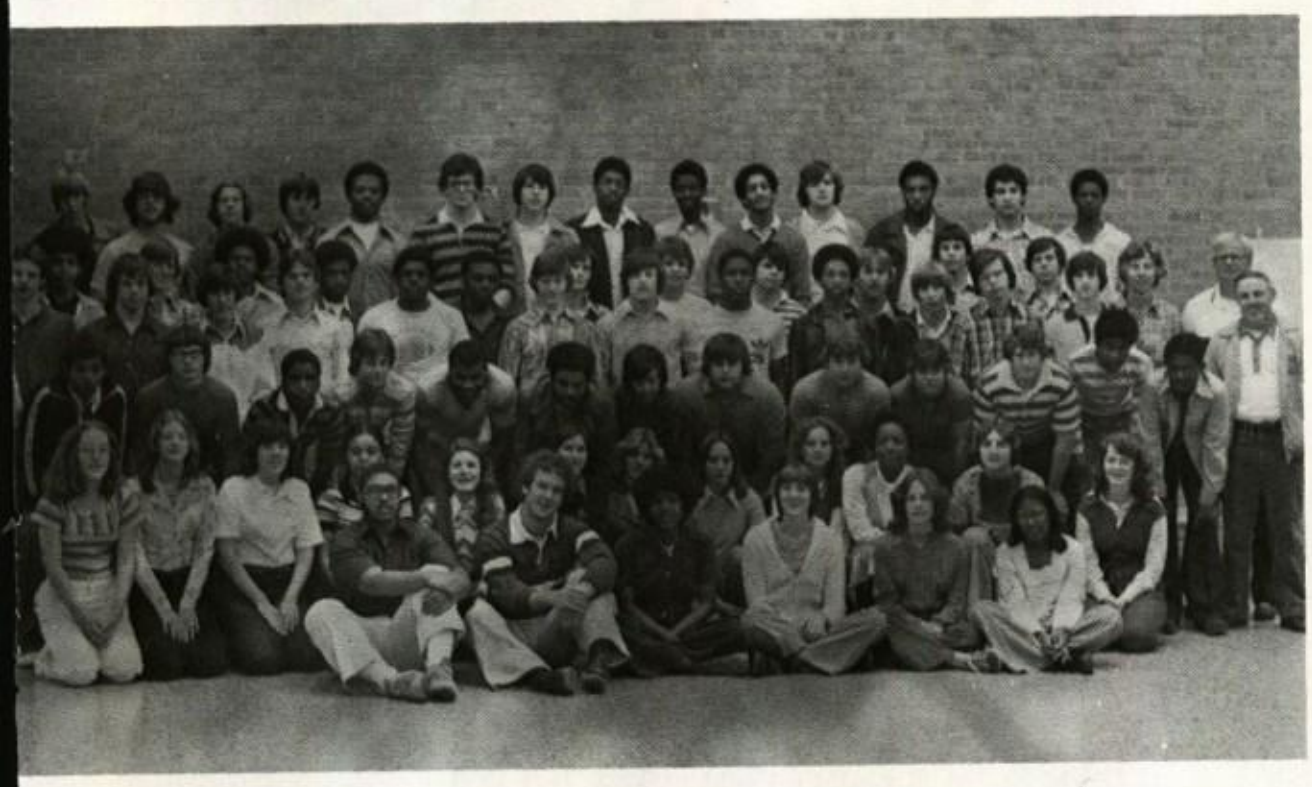


As part of behind-the-wheel training, Mr. Canody explains how the engine works to Judy Clements and John Erwin.

Folk dancing is part of girls' gym classes. Mrs. Overstreet and Anette Penn dance to one of the favorites, "Cottoneyed Joe."

Classical ballet seems "just like flying" to Wilma Early, Patricia Gibbons, and Wanda Horsley.





Boys' gym classes often center on the favorite—playing basketball. Here students prove once again that tall conquers short.

Varsity Club: FRONT ROW: Oscar Booker, Lee Saunders, Machelle Penn, Meredith White, Jo Elium, Vinzetta Johnson, SECOND ROW: Terri Bittle, Donna Cole, Debbie Ware, Mallory Powell, Annette Logwood Martha Williams, Sherrie Wimmer, Sharon Elliot, Diana Short, Andrea Waller, Dawn LaReau, Angie Blondino, THIRD ROW: Chuck Mitchell, Carlton Ferguson, Bill Russ, Quentin Mabry, Andy Williams, Bill Spinner, Donald Horsely, Nicky Bandujo, Danny Garnsey, Pat Donahue, Kelly Crawford, Fred Schwartz, Edwin Hull, Charles Shaw, Coach Gilbert, FOURTH ROW: Dale Glasgow, Steve Stone, Sam Sumpter, Duane Hughes, Mike Slaughter, Ken Elliot, Leo Thomas, George Scott, Dalaney Brown, Glen Cooper, Mark Shelton, Ms. Overstreet Coach Green. FIFTH ROW: Tom Norvelle, Ralph Spencer, Tim Elliot, James Hall, Pervis Thomas, Doug Claxton, David Knowles, Dennis Knight, Pat Hernandez, Dickie Burge, Doug Knowles, Steve Howard, LAST ROW: Tim Burks, Clay Page, Steve Rupert, Phillip Roark, Rickey Callinder, Brian Tomlin, Andy Seward, John Pryor, Victor Cardwell, Ricky Dean, James McCray, David Blondino, Jerome Mosely.

Melting Pot Of Languages

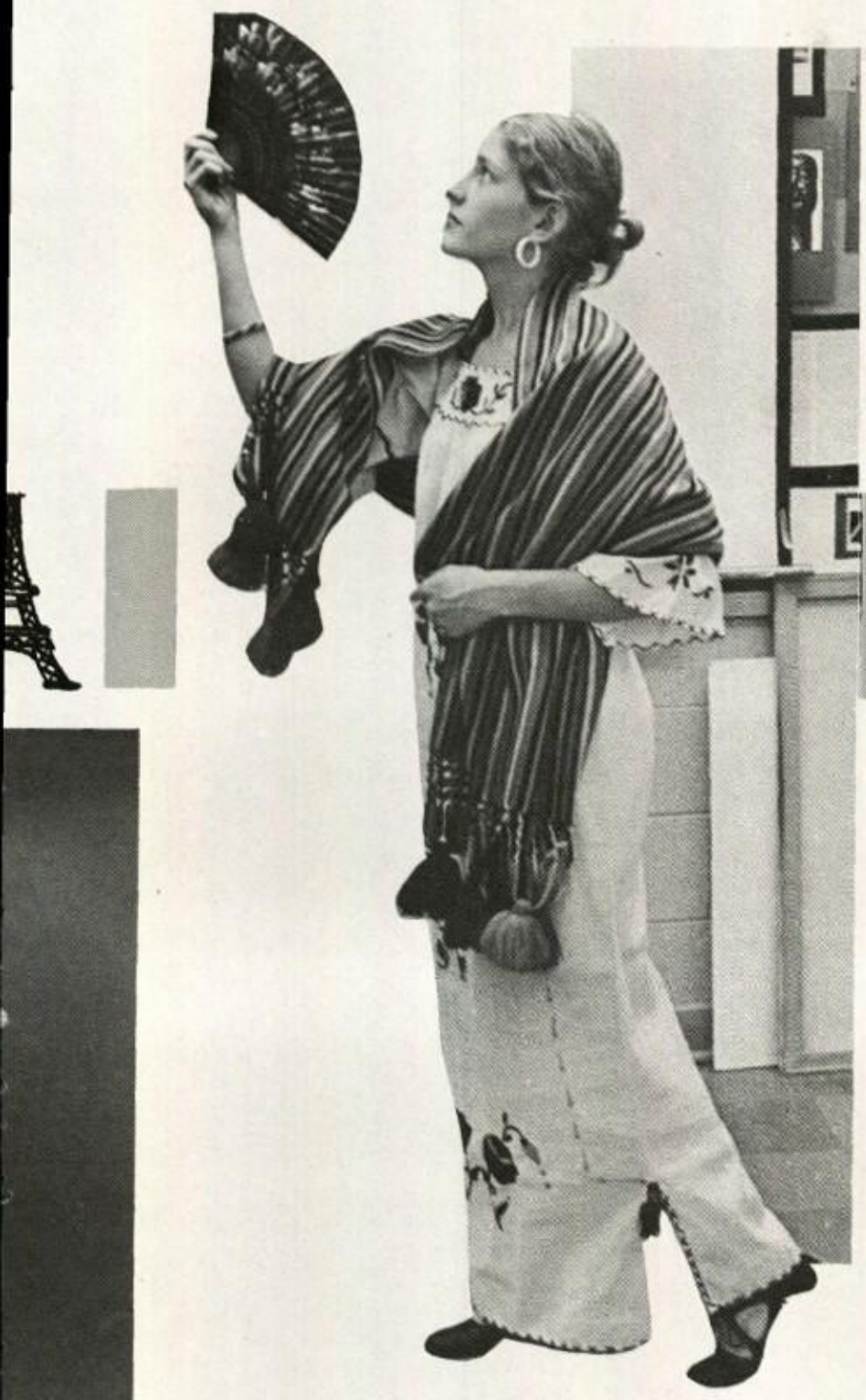
Lingua Latina—fundimenta multarum linguarum—erat lingua Romae cujus cultus et historia, cujus administratio atque architectura, cujus litterae et philosophia apparent in verbo vitaque Americana hodie.

Ohne Deutsch gube es kein English, wie wio es kimmer. Unsere Muttersprache fuhrt auf fruhere germanische Sprachen zuruck.

La influencia del espanol se nota en
muchos nombres do costa a costa, d
San Francisco a Virginia aun en Pit
man Plaza.

Depuis la comquete des Normands
francais a joue un role dans la forma
tion des mots anglais. De nos jour
l'influence est le contraire. Il y a
plus en plus des mots anglais dans l
langue francaise. On l'appelle
"FRANGLAIS."

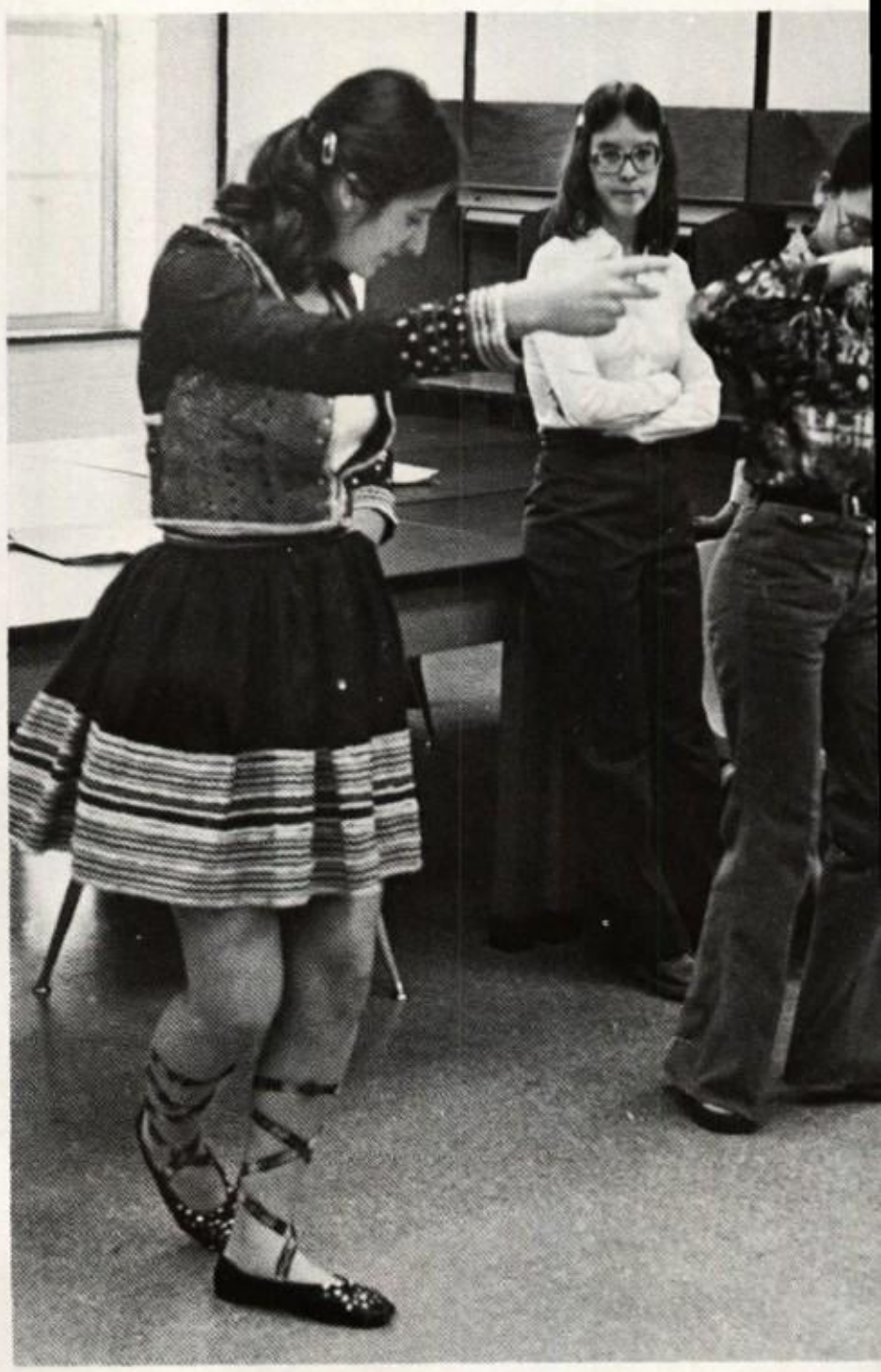
the LANGUAGES



After designing and building a model stage for literature class, Dean Nash displays it for achievement night.

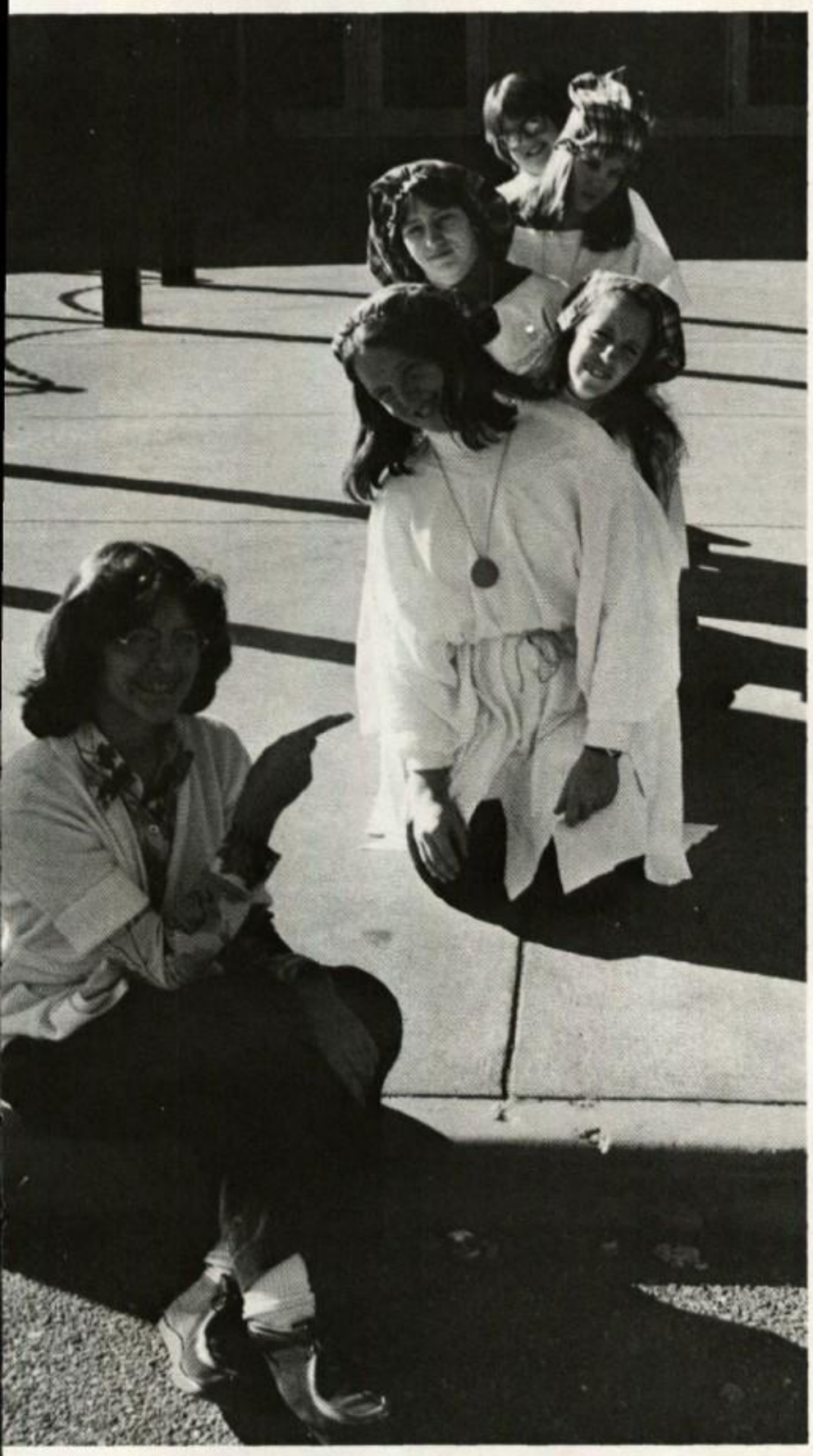
Club members prepare Spanish recipes proving their culinary talents.

Mexican food is sampled by Mrs. Peniche, Dorothy Johnson, and Kyle Spencer.



Guest Maria "Charo" Stanovich teaches Kyle Spencer and Jan Anderson a Peruvian dance.

Spanish Club: FRONT ROW: Sharon Carter, Jo Elium, Martha Robertson, Jan Anderson, Cathy Marshall, Debbie Jo Hedges, Mr. Lair. LAST ROW: Kelly Crawford, Mike Mitchell, Randy Roach, Eddie Mayhew, Sydney Allen, David Blondino, David Billingsley, Kevin Canada.



It's Not All Verbs

Something fun was always going on in the Spanish Club. After organizing, members started the year off right with a taco party which was followed with a Christmas fiesta, complete with a pinata.

In March Charo Stanovich, Glass' AFS student from Peru, spoke and demonstrated and instructed in Peruvian folk dances.

Another major event was the making of a table cloth, each square of which is embroidered with the likness of an Aztec god. It will be a lasting momento of the Spanish Club's first year.

The Cercle Francais was keeping busy, too. There were bake sales, a Christmas banquet, pizzas at the Pizza Inn, and initiation of first year members.

During spring break Mrs. Frank, club sponsor, accompanied several of the members to France. They returned more excited than ever about learning the language and understanding the culture of that land.

French Club initiation was rough, but fun. President Jennifer Hylton commands initiates Amy White, Vickie Crance, Cathy Staples, Suzanne Isley, and Annette Hodge.

French Club: FRONT ROW: Cheryl Harris, Rudolph Beverly, Joan Huiner, Angela Woodson, Nadine Carr, Lynne Shirey, Loretta Jacobowski, Carol Davis, Debbie Jo Hedges. SECOND ROW: Celia Falls, Cindy Falls, Susan Smith, George McCormick, Jenny Hylton, Wendy Kaminski, Mary Sumpter, Suzanne Isley, Cara Marshall. LAST ROW: Greg Brew, Mrs. Frank, Annette Hodge, Lisa Ballowe, Jane Blanks, Trudy Matthews, Terry Smith, Elmer Johnson, Bodil Hanson, Pam Dodd, Cindy McQuarry.

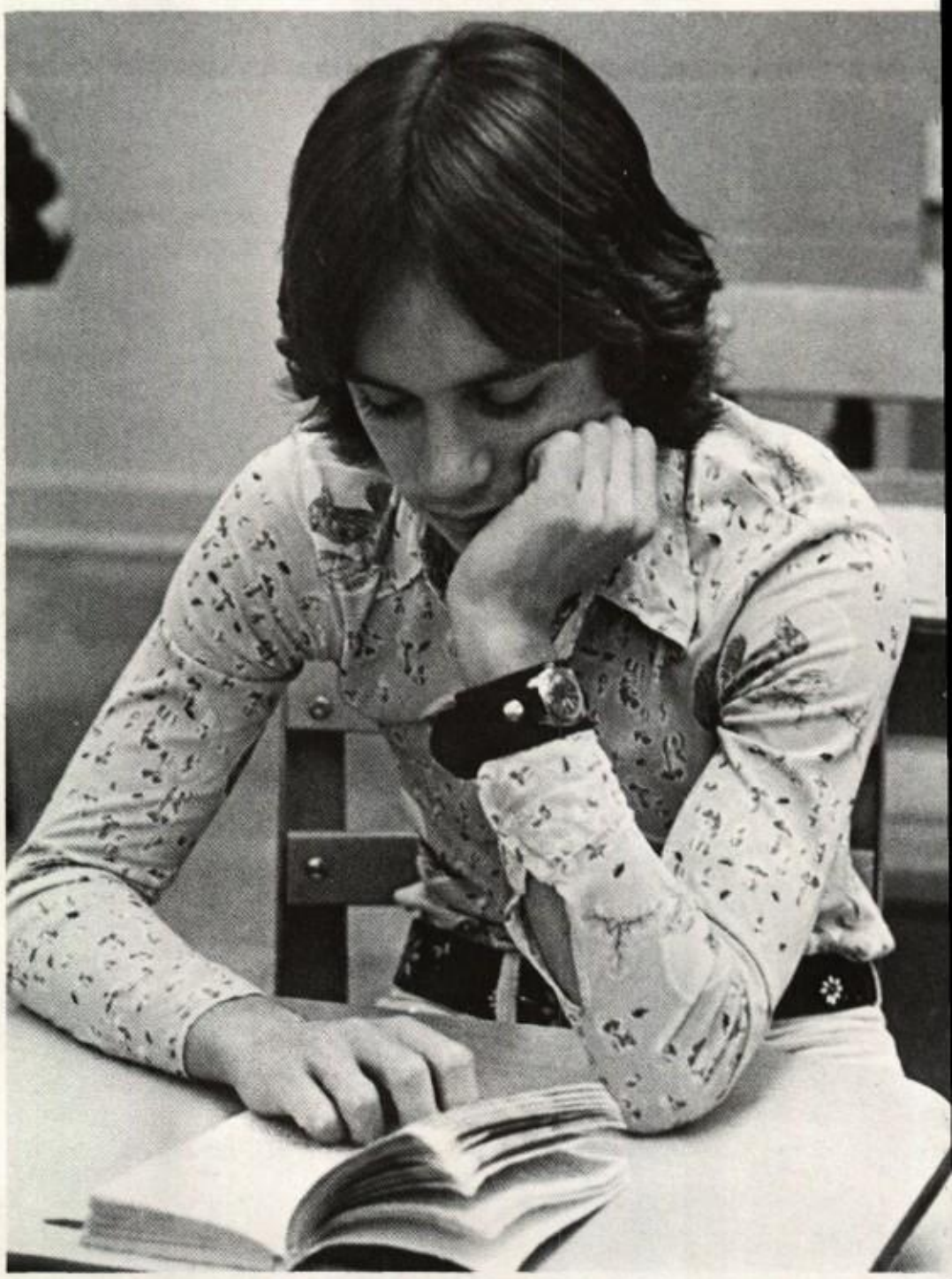
Readin', Writin', And Conjugatin'

German Club activities began with an enthusiastic group of students. The first thing on their agenda was attending a German Advent Service at Holy Trinity Lutheran Church.

Students learned the German carols that would be sung during the service, which also included the reading of the Weihnachts Geschichte (Christmas Story).

The Latin Club had an interesting and busy year. Activities included attending a workshop in Norfolk, the re-enactments of the assassination of Juluis Caesar and a Roman funeral, and a banquet following the initiation of Latin I students.

The banquet, with upper-class students dressed as gods and goddesses of Mt. Olympus, featured entertainment of music, gymnastics, and Beledi dancing.



Literature is an important part of academics to Dennis Self.

GERMAN CLUB: FRONT ROW: Wendy Powers, Lisa Stauber, Katrina McGraw, June Schaefer, Claudia McDaniel, Greg Elder, George Boatright, Kenny Yates, John Tucker. LEFT BACK ROW: Lynne Kopp, Kim Scott, Lisa Maness, Leo Thomas, Lee Saunders. RIGHT BACK ROW: Mark Seward, Greg Pfeifer, Fred Schwartz, Andy Seward, Charles Allen.

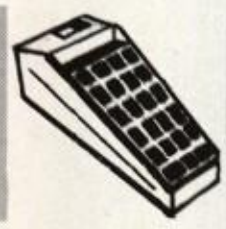
Heritage's newest sport—Belly Dancing!

Preparing for the Latin Club wedding; Keith Toler, Mike Abrams, Mallory Powell, Mary Alcorn, and Cheri Hughes don't seem to be getting "cold feet" at all.

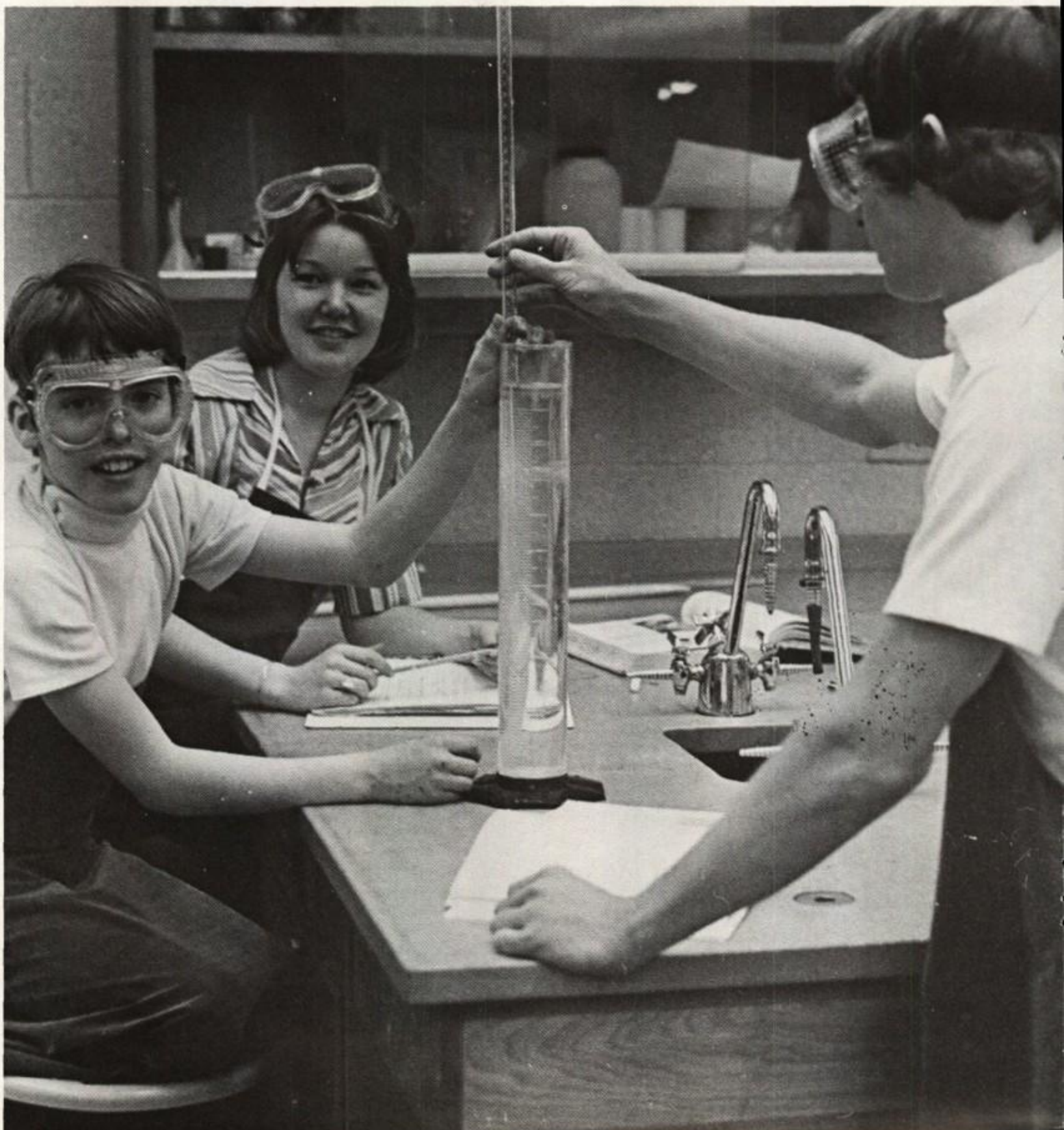
atin Club: FRONT ROW: Carol Svitek, Don-a Rodgers, Susan Torrence, Natalie Wood, eborah Webb, Martha Williams, Lisa Watson, obin Reed, Cathy Tomlin, Elaine Thoren, athryn Unruh. SECOND ROW: Patricia cott, Valerie Lee, Connie Brown, Robin Snow, Pat Donahue, Ginger Luth, Suzanne Wright, Gwen Hale, Tammy MacKinney, Donna Howard, Beckie Thomas. ROW THREE: Marcia Patterson, Mike Abrams, Mary Alcorn, Barbara Smith, Robin Quick, Kim Kobert, David Brown, Ellen Tomlin, Linda Nixon, Cheri Hughes, Tony Mayhen. LAST ROW: Bodil Hansen, Afuluenu Ebo, Kurt Thoren, Glen Cooper, Lisa Epperson, Keith Toler, Bruce Light, Frank Harvey, Steven Rupert, O.J. Robinson.

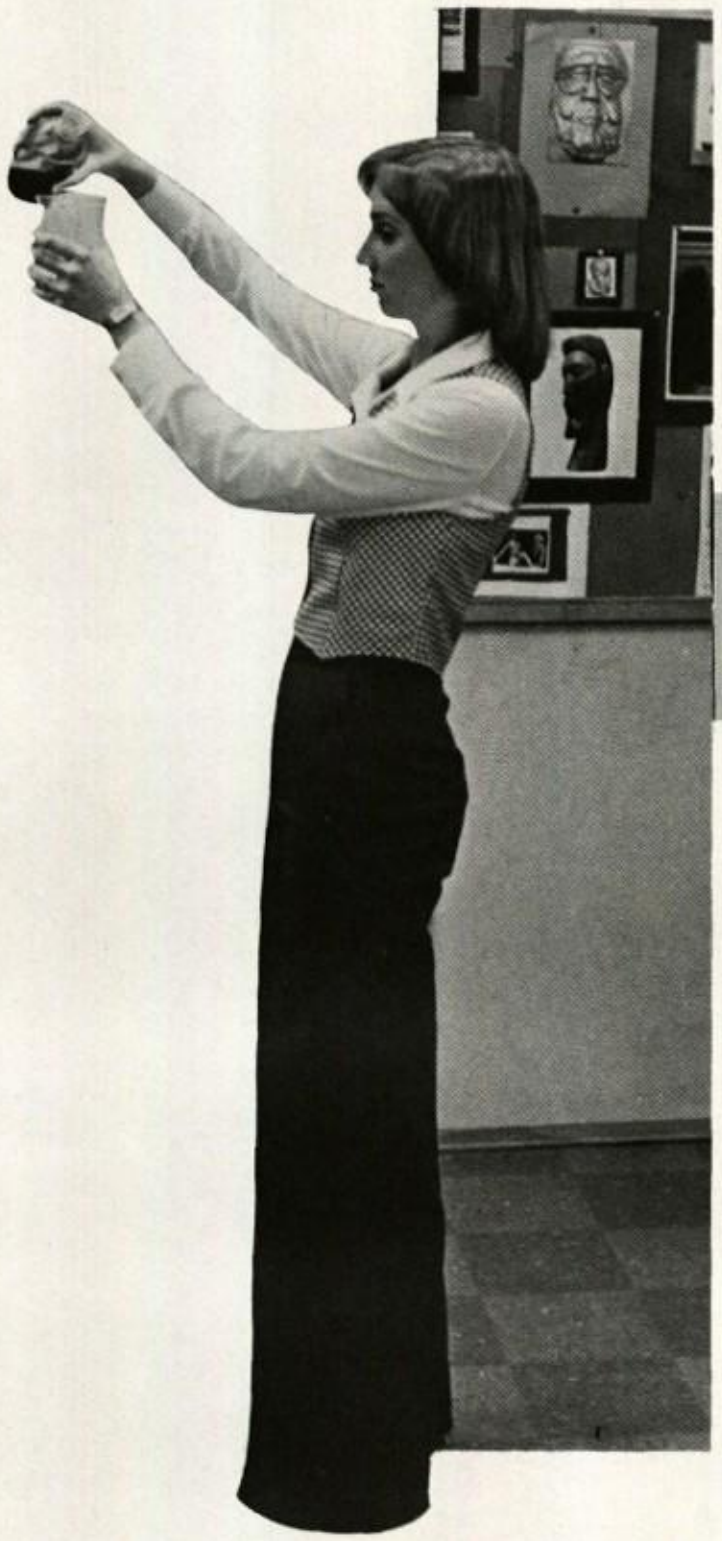
Researching The Sciences

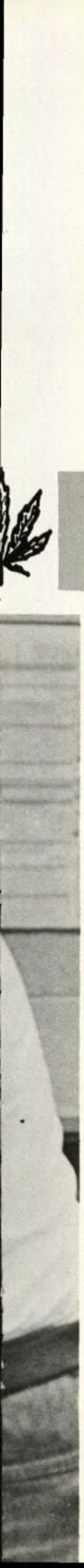
PURPOSE: To learn about numbers, formulas, and dates.
MATERIALS: Students eager for learning, teachers equipped to teach, and administrators prepared to make everything run smoothly.
PROCEDURE: Place the students in their respective classes, and provide them with a good instructor 50 minutes to teach, answer questions, give tests, and assign homework.
OBSERVATIONS: Sometimes individuals became perplexed, but the instructor soon straightened them out. The students didn't like homework or tests, but they endured them. Finding the difference between X and Y, getting dates, places, and people matched up, and dissecting small animals seemed to create the largest problems.
CONCLUSION: The classes learned many new things in a year's time.



the SCIENCES





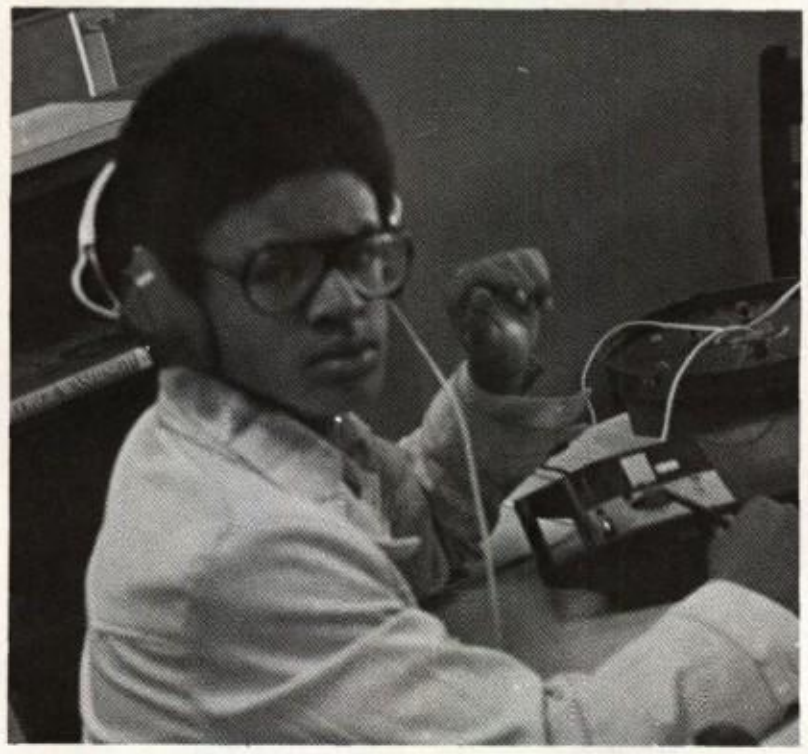


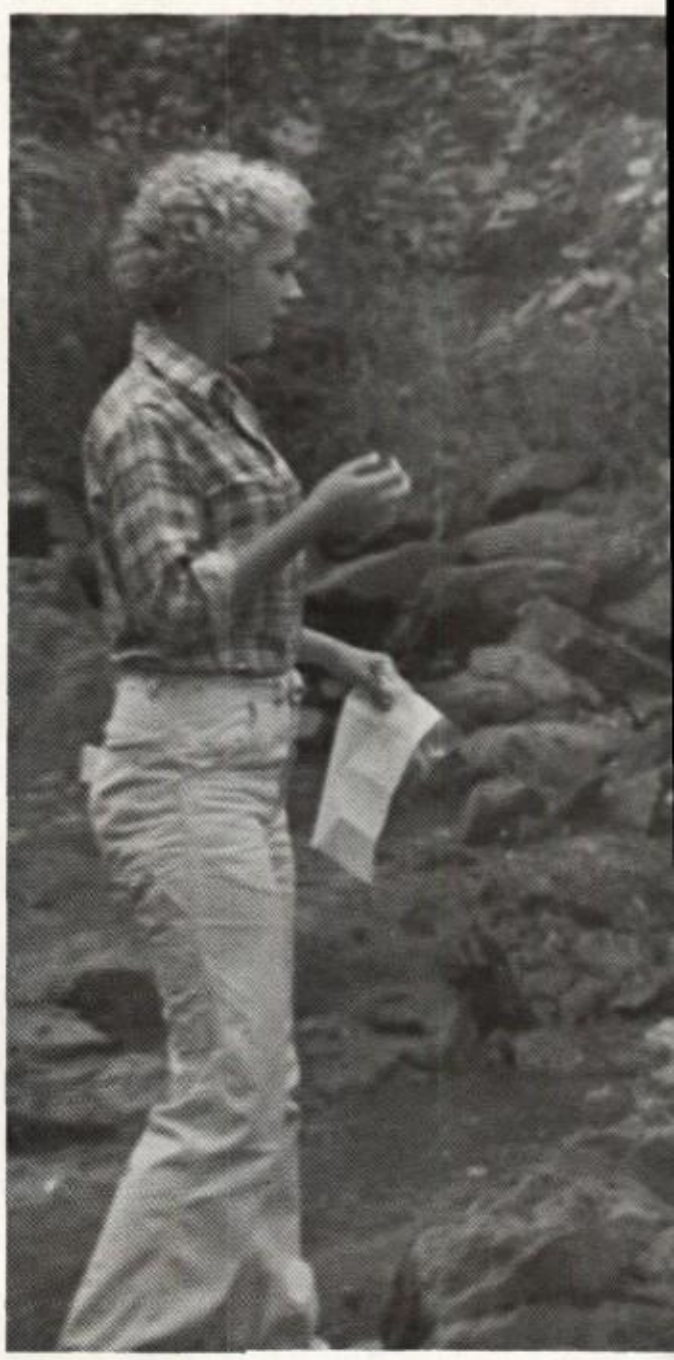
ABOVE: Mad scientists Paul McKee, Beth Smoot, and Bill Russ carefully measure liquids.

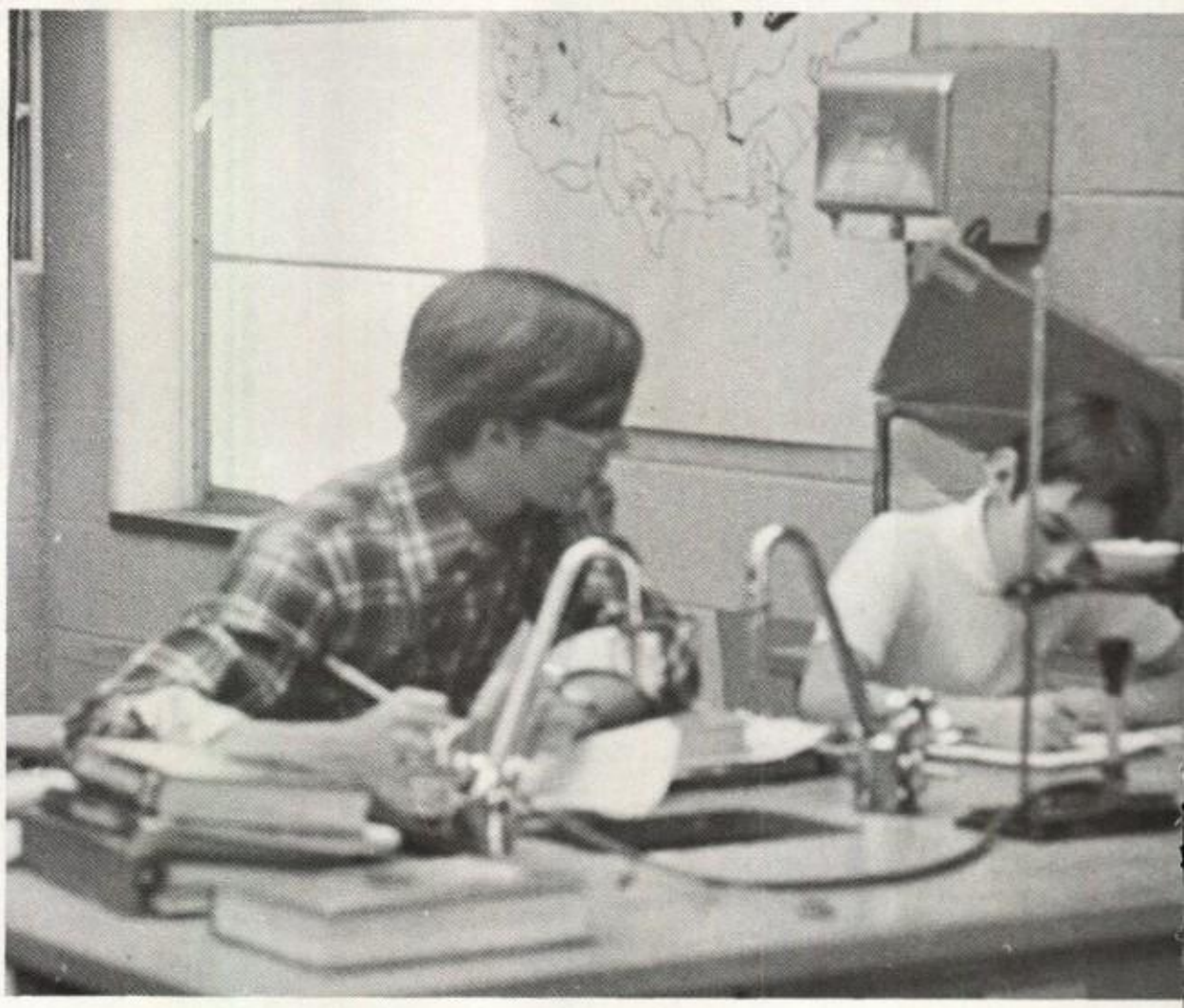
LEFT: History students portray Germany during Hitler's reign.

Searching for something "so ugly it's beautiful" are biology students Teresa Hunsaker, Margo Yuorris, and David Rowland.

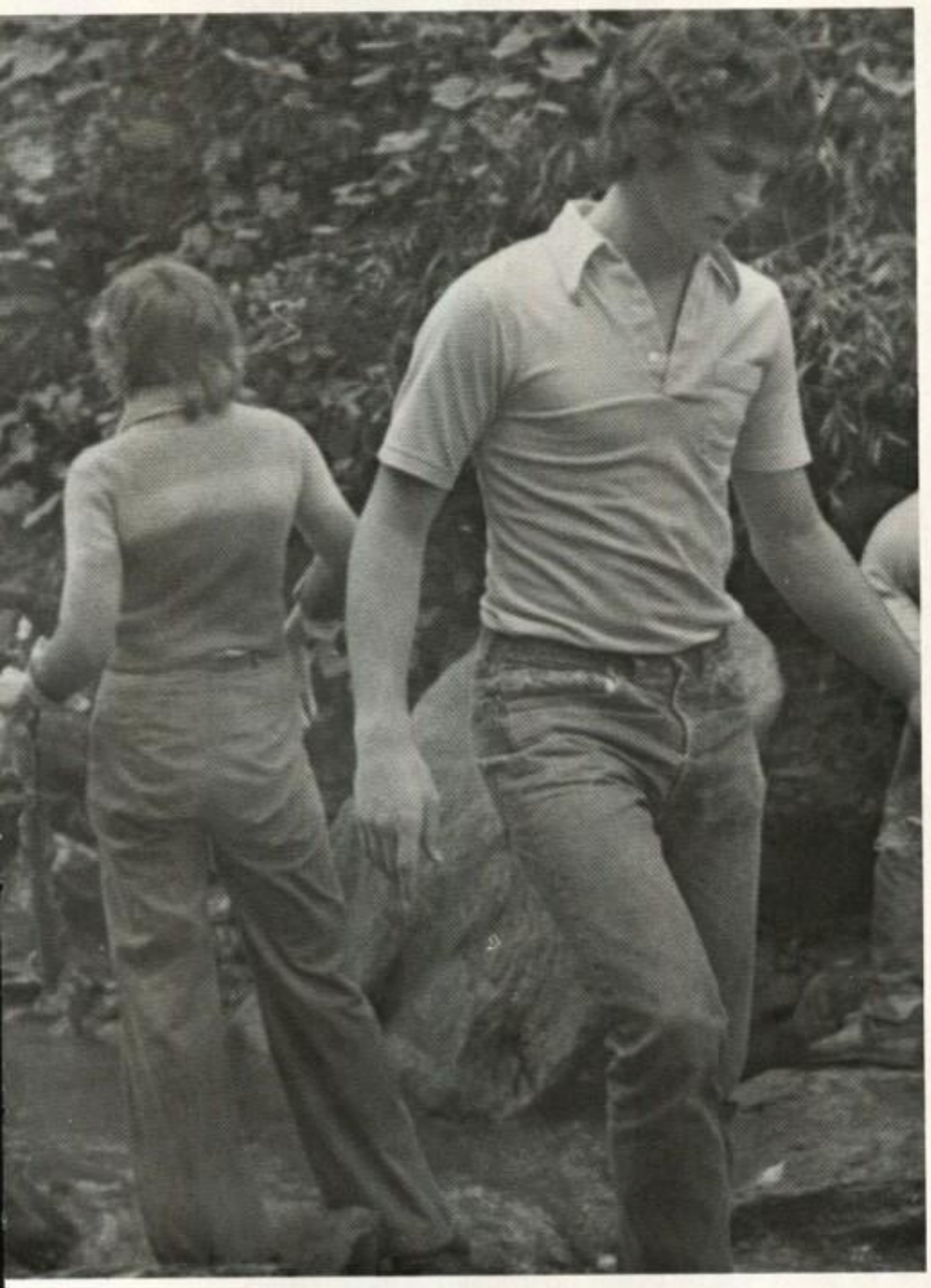
Listening to biology tape occupies Richard Hayes during library research period.







Intent on results, lab partners, Jerry Smith and Paul McKee compare notes.



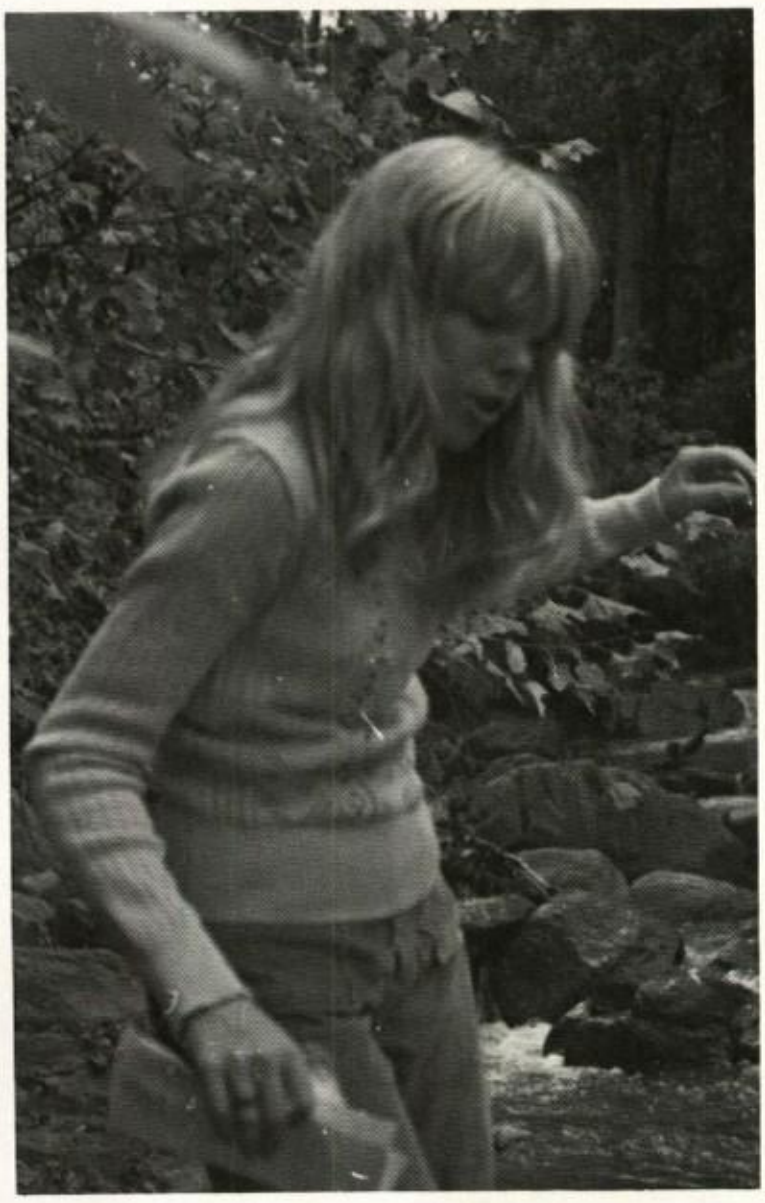
World Of Mystery

Walk into the world of science! An interesting and complex topic, science deals with everything from sea life to the digestive system of a frog. Science is the course where you'll find answers to the who, what, and why questions.

General Science classes let you explore the earth, its atmosphere, and the things on the earth, living and non-living. You may end up underground, testing rock samples, or in a planetorium, studying the night skies.

Biology deals with life in all shapes and forms. What is life? This is not a very simple question, but after a course in biology you have an idea of what life does and provides for every living organism.

Preserved "things" occupies Jeff Brandenburg's attention in biology lab.



Search for aquatic life is goal of biology student Debbie Watson.

A Matter Of Energy

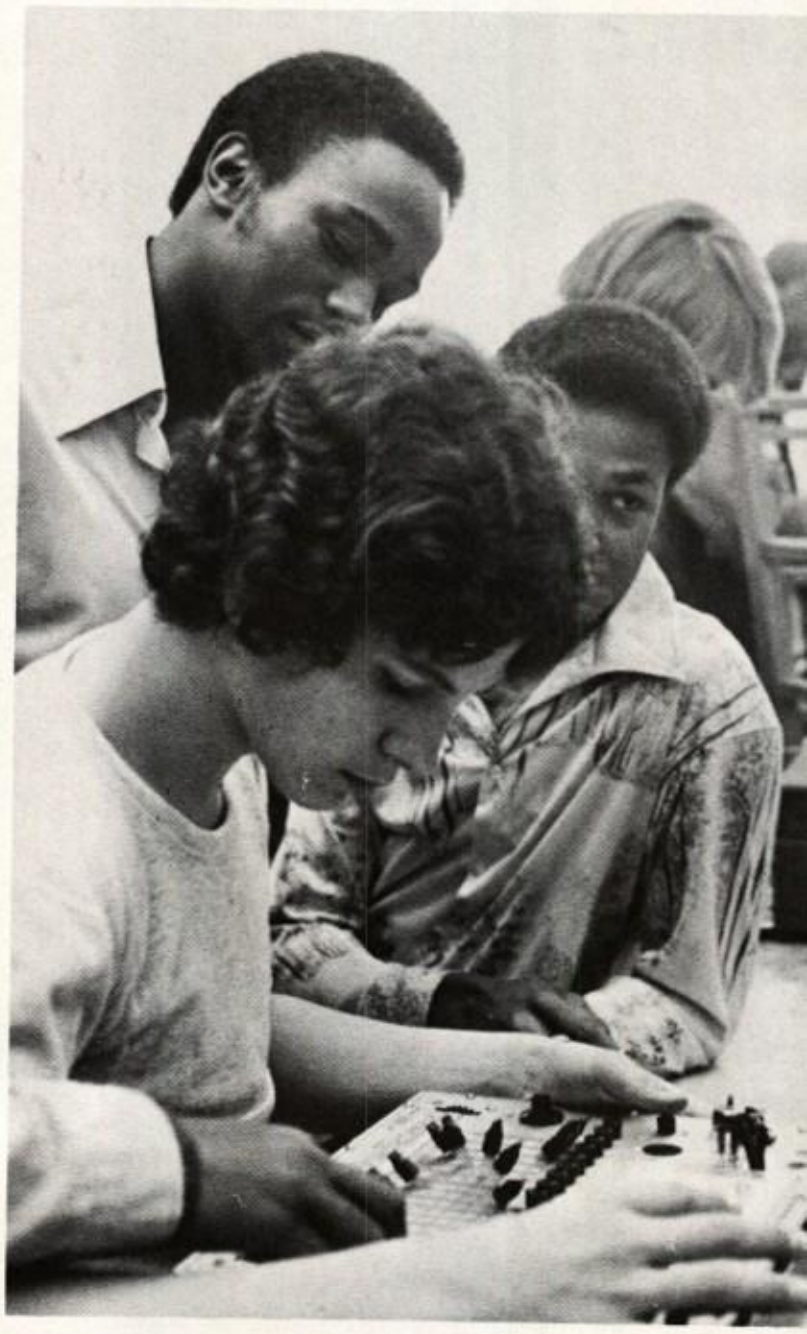
Chemistry gives us a picture of the earth as a gold mine of resources. The one hundred-odd natural elements are an important key to what the earth holds in store. We can explore the available resources and make them come alive.

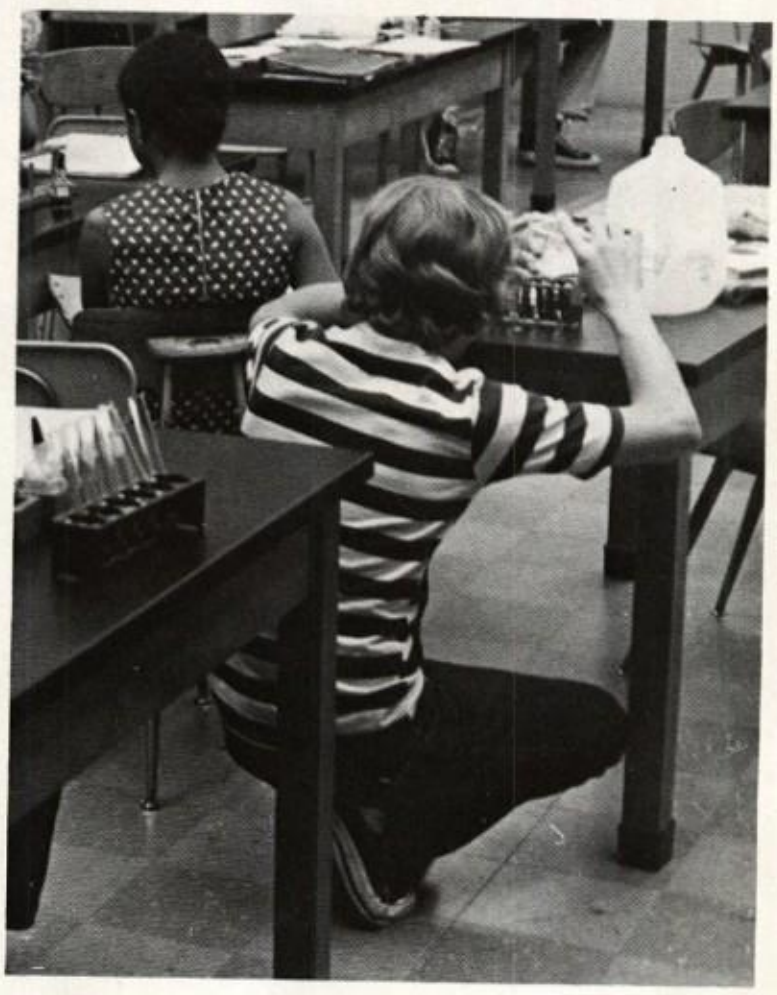
The laws of nature introduce themselves in physics classes. Here we learn of the force of gravity—why we're stationary on the earth and not floating around in space somewhere.

In the math classes we will find proofs, calculations, and many weird methods of doing simple problems, only to find we're being introduced to trig and calculus.

If we happen to pass through the science or math departments, we should join a class and ask the questions and learn the formulas that will lead us to higher learning.

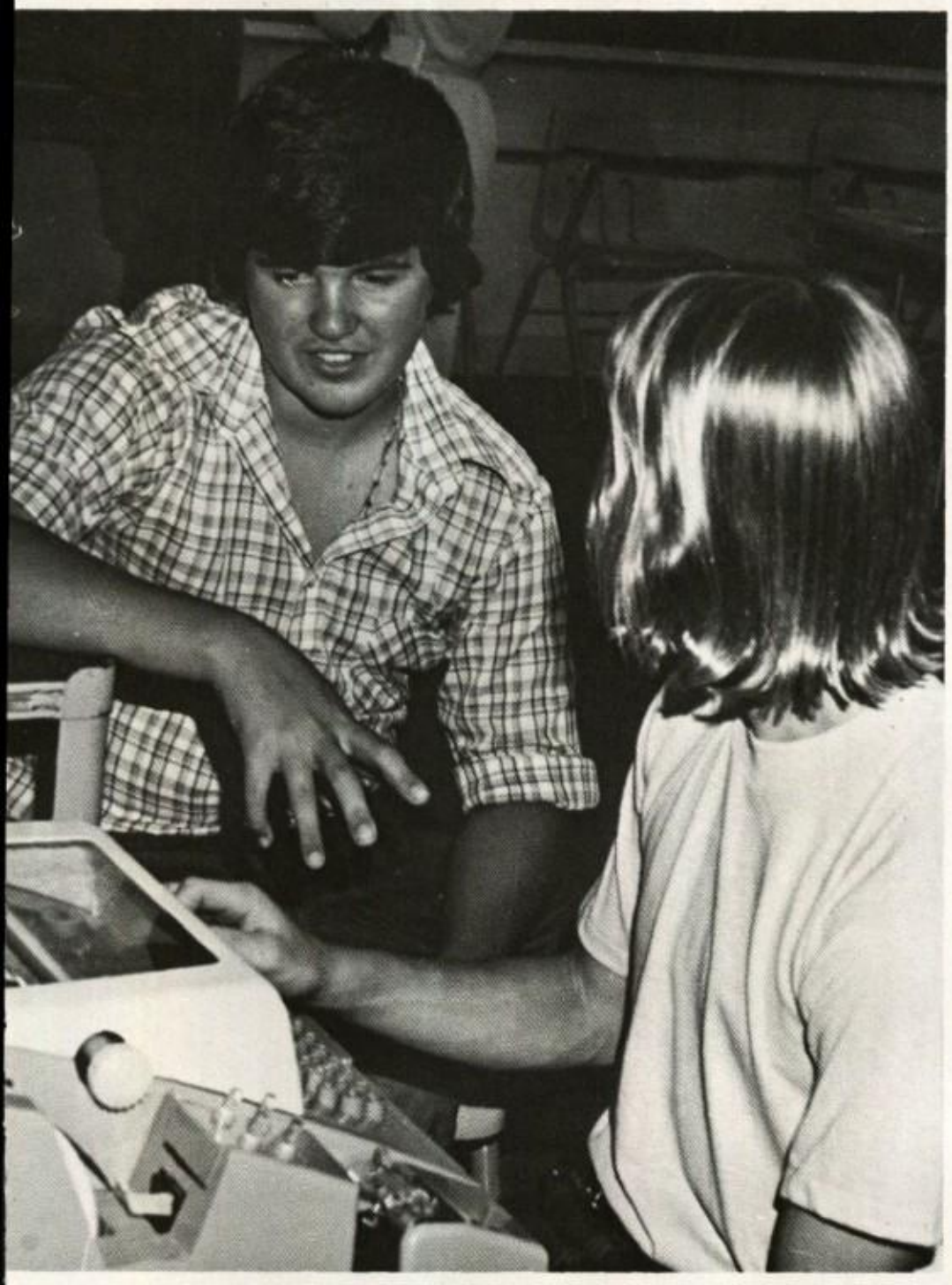
Electronic students Richard Davis, Frank Ma-Haffey and Walter McCray operate a vacuum tube tester.



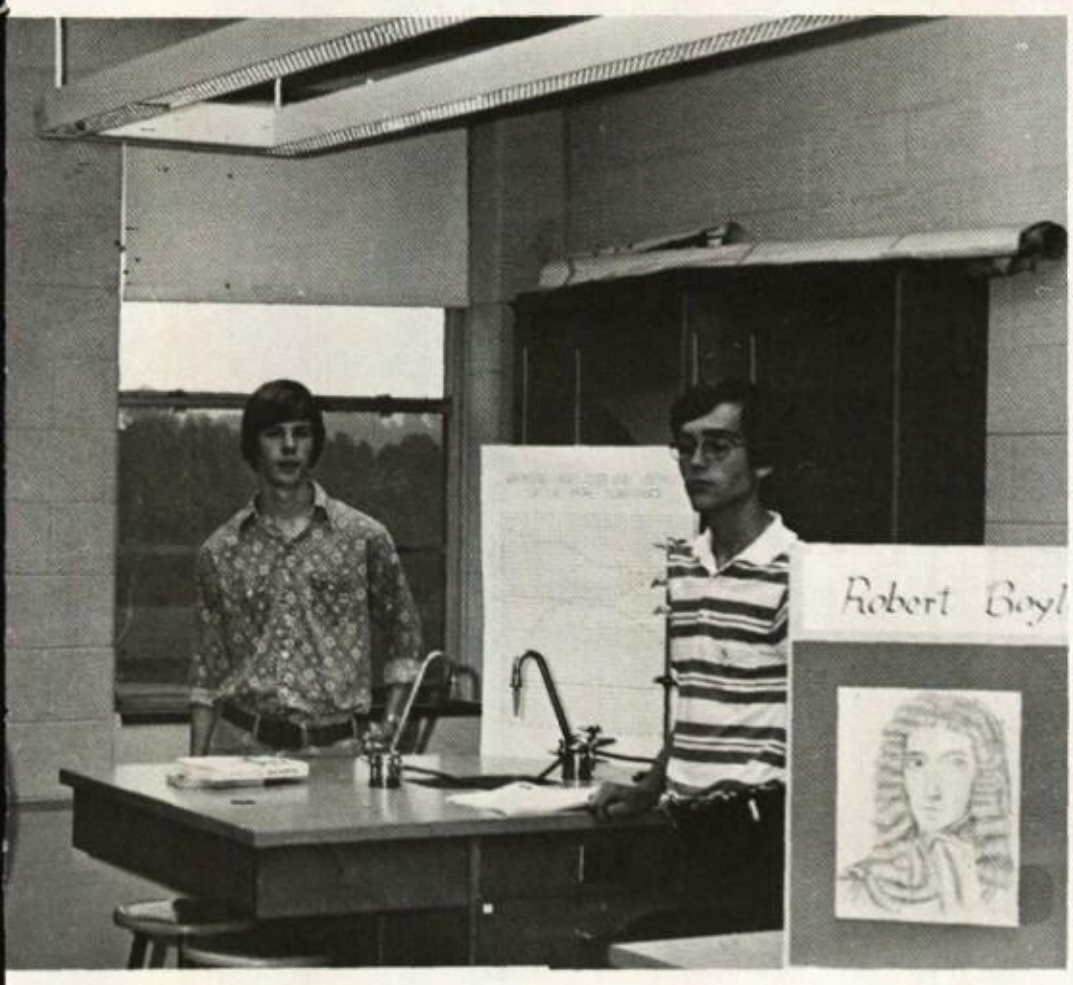


Concentrating on his chemicals, Richie Wade mixes a solution.

Ready to explain their projects on Achievement Night are Victor Evans, Kurt Thoren and David Brown.



Computer science proves to be fun as demonstrated by Kent Campbell and Tom Tucker.



Achievement Night—and Mrs. Farmer and Mrs. Early are ready to visit with parents or enjoy activities.

History students are strong supporters of Carter as they discuss the upcoming presidential election.

Past Memories Future Hopes

Not only was it a club, but it was an experience, as any member of the History Club can verify. They were always doing something new and exciting.

A series of guest speakers introduced the members to various histories and cultures, making them come alive.

The highlight event of the year was a field trip to the National Gallery of Art in Washington. There, on tour for the first time, was part of the famous collection of King Tut's treasures. Displays of statues, furniture, tools and jewelry preceded the climax—King Tut's gold funeral mask.

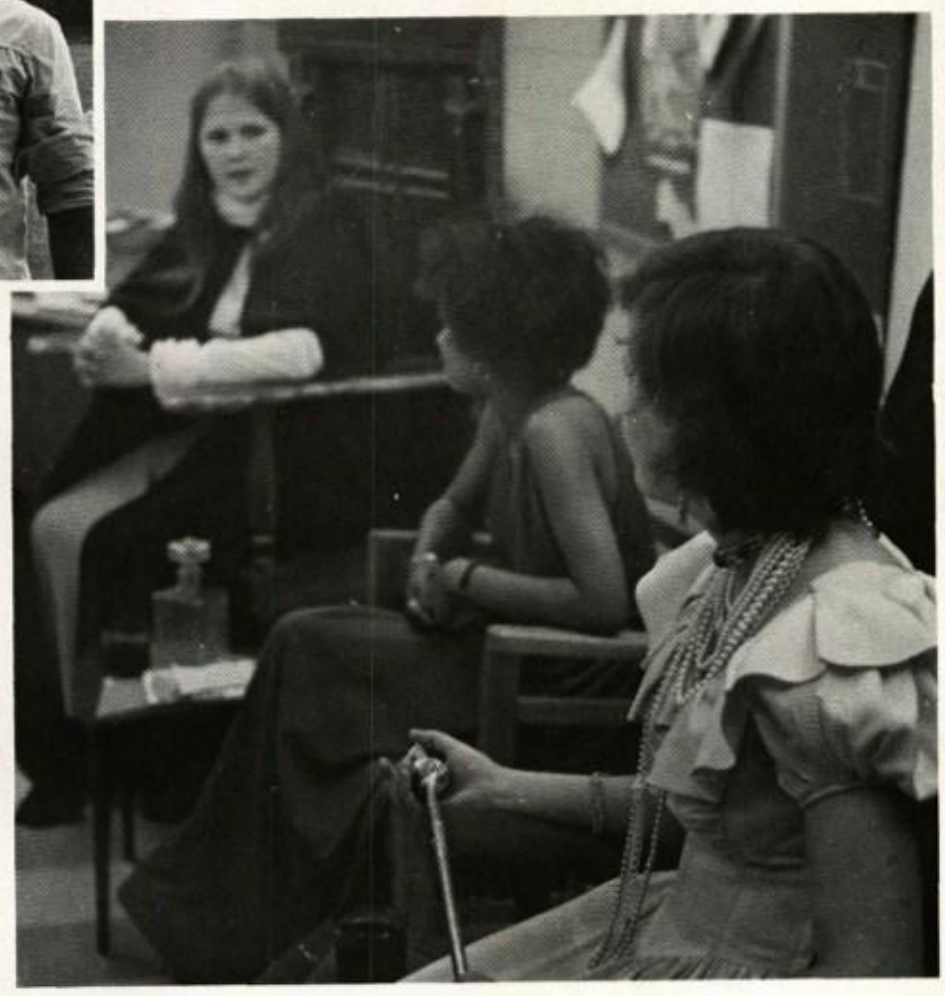
Members expect the History Club to remain one of the school's most interesting, but this year will be hard to top.

Dressed in costumes of the 1890's, Dalany Brown and Ruth Davis bring the "good old days" a little closer.

Members of the U.S. and Va. History Club pose in front of Thomas Jefferson's home.

Lauren Smoot and Cleopatra (Carol Thirbodeau) relax Egyptian style.

Insults and heated words fly between Val Mahaffey (Queen Mary) and Tammy McKinney (Elizabeth I) on Achievement Night.



History Club: SITTING: Keith Edwards, Becky Brown, Paula Smith, Donna White, Jo Elium, Cheree Shipley. KNEELING: David Carwile, Robin Snow, Laura Singleton, Martha Williams, Sherry Cheatham, Suzanne Newman, Lauren Smoot, Bodil Hansen, Teresa Johnson. LAST ROW: Lisa Ballowe, Stacy Carwile, Valerie Stokes, Lisa Mackzum, Debbie Deming, Tammy McKinney, Pam Dodd, David Billingsley, Carol Thibodeau, Dorinda Daniels, Mr. Davis.

Bring Out The Mixing Bowls

Begin by getting all the ingredients together. Place interested students in their respective classes. Into the Home Ec. department spread sewing, cooking, and decorating abilities evenly among the students. Train the students in the ICT program to learn their tasks and to carry them out to the best of their abilities. Mix these together, and add some learning about possible vocations in each area. Spread the students in DECA throughout the city after their morning classes so that they can go on to a part-time job and learn about business. Add the shop and ROTC classes, and instill in them leadership, and precise judgements. Mix all of the ingredients, with the help of teachers and counselors, each student will chose the right vocation.

the VOCATIONS

LEFT: Smoothing an anvil on the milling machine is Brad Morrison.

Learning the steps in dressmaking is just one of many activities in Home Economics.

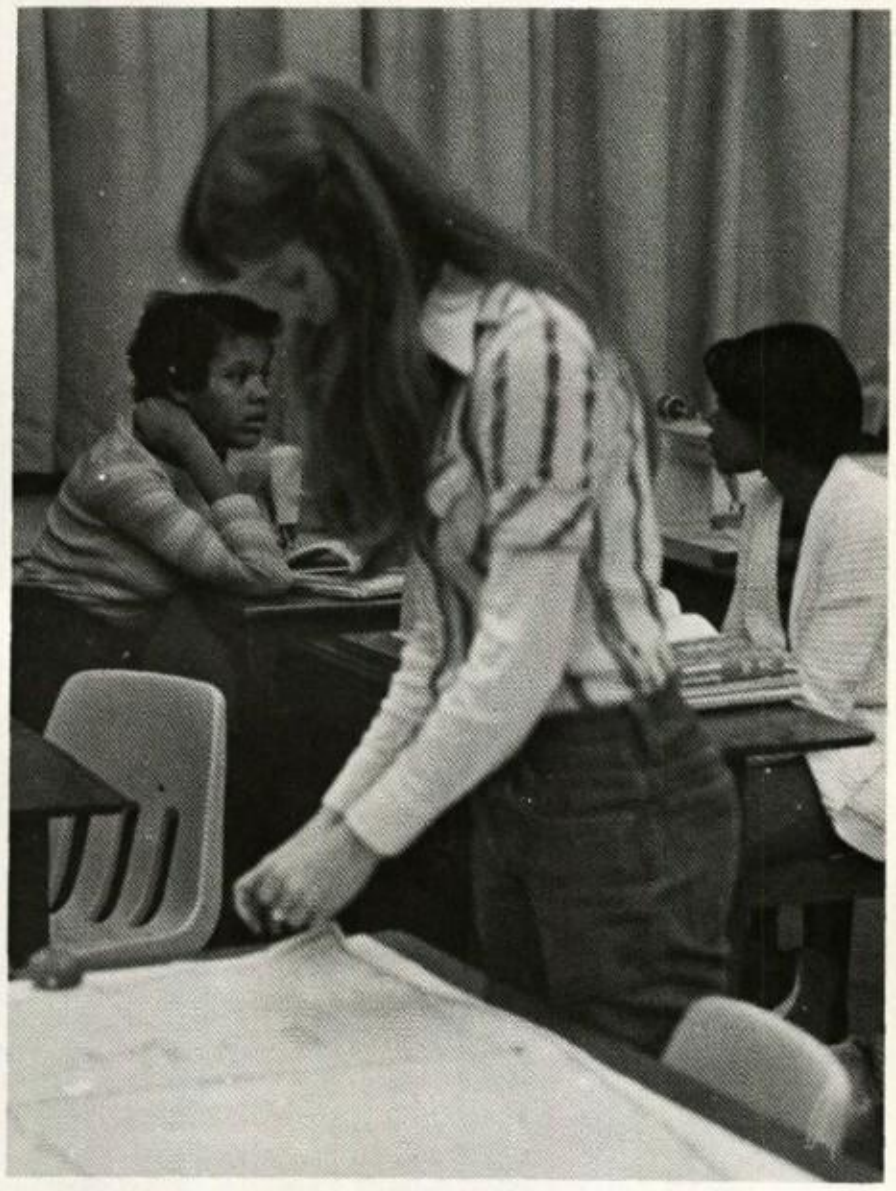
Looking Forward To The Future

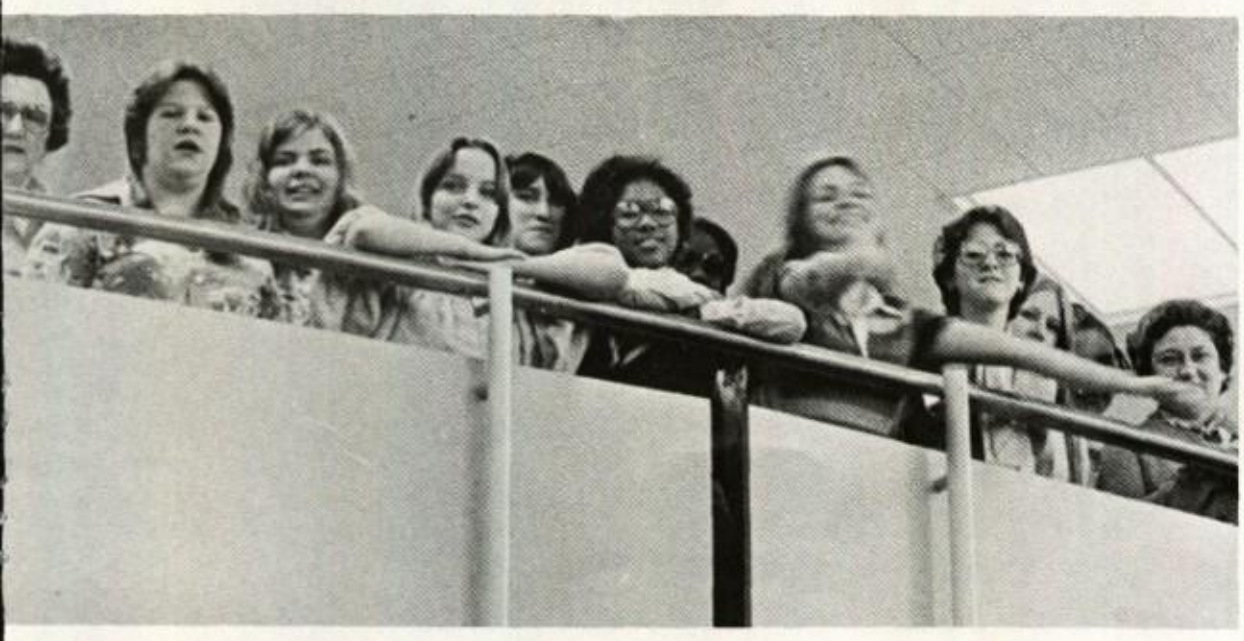
Need a part-time job? DECA and ICT will help you find one. If you join one of these programs, you'll have a special three-course schedule. After the three morning classes, you'll go on to a job. But what if you don't have a job? The school helps you out there. Teachers help find jobs for students, so everyone does have a job to go to after school.

Home Economics and Fashions classes are for the homemakers and glamour girls. The courses include sewing, cooking, and modeling. And the products are astonishing! Students end up with cakes, meals, dresses and jeans. The best thing about the courses are that the students can say "I did it!"

ICT: FRONT ROW: Chris Wood, Scott Mooreland, T. Coleman, Sue Tuggle, Tina Austin, Joel Campbell. BACK ROW: Mr. Dozier, T. Coleman, Mike Godsey, Kent Carr, Crystal Johnson, Cynthia Hamler.

DECA: SITTING: Joy Jones, Sandra, Randy Carrington, Elaine Ferguson, Janet Markham, Stanley Williams, Mark Daniels, KNEELING: Alberta Ford, Wanda Horsely, George McCormick, Diana Short, Evett Evans, Pam Hylton, Cindy Hodnett, Mrs. Hatcher, Donna Snydor, Dennis Stewart, Jeff Porter. STANDING: Ann Dearing, Denise Bosiger, Tina Clark, Sharon Sweeney, Linda Jones, Elsie Johnson, Janet Hudson, Annette Wynn, Judy Hughes, Ricky Moore, Lloyd Johnson, George Mack, Ricky Tanner.

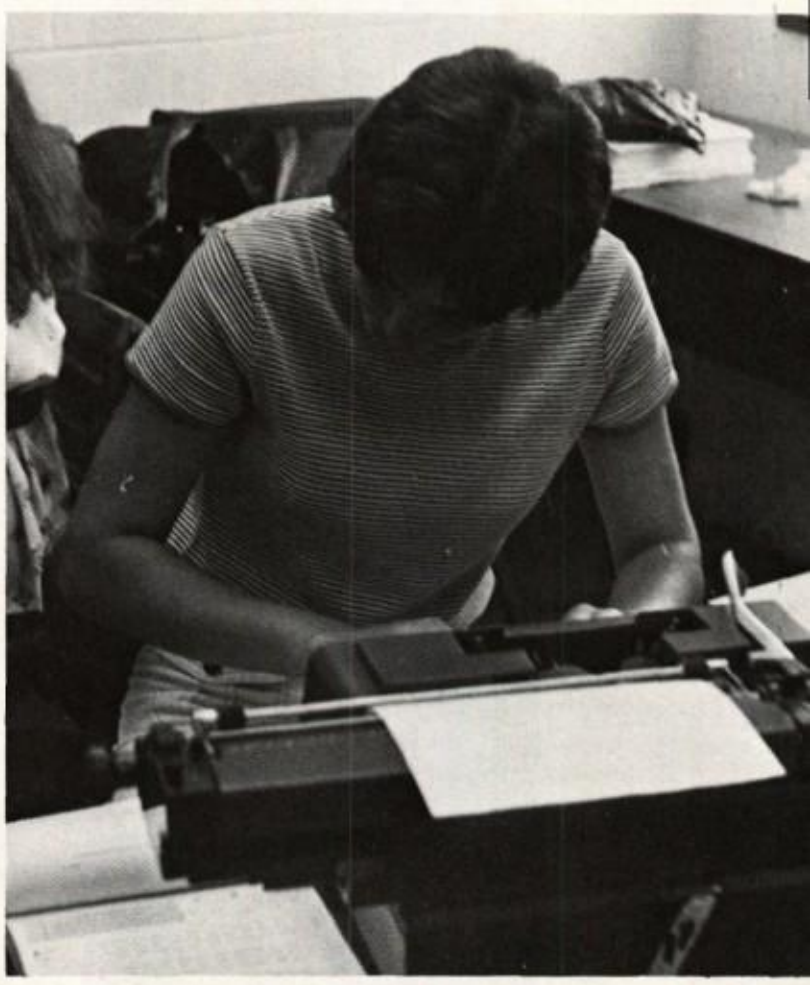




Various fashions are displayed by Sharon Sweeney and Diana Short.

Precise measurements guide Della Catlett in laying out patterns.

FHA: Mrs. Hill, Melody Godsey, Natalie Wood, Brenda Ferguson, Melanie Torrence, Carole Davis, Vickie Smith, Beth Padgett, Celia Falls, Karen Guill, Tonya Stewart, Mrs. Feagans.



Busy as a Bee, Dawn LaReau works intensley to finish speed drill before end of class.

FBLA Regional Conference Winners: FRONT ROW: 1st ROW: Alice Russ, Sharon Carter, Jackie Smith, Evette Dickerson, Susan Smith, Sherri Wimmer. 2nd: Mary Sumpter, Robin Brown, Deborah Ware, Duane Wilson, Mike Abrams.

FBLA Award Winners: SEATED: Susan Smith, Sherrie Wimmer, Evette Dickerson. TOP: Debbie Ware, Duane Wilson.

FBLA: SITTING: Linda Carwile, Julie Shenault, Sandy Stewart, Duane Wilson, Jenny Hylton. KNEELING: Carl Held, Lori Jessee, Debra White, Brenda Markham, Sherrie Wimmer, Sharon Carter, Donna Waller, Melonie Torrence, Rosetta Scott, Cynthia Hamler, Evette Dickerson, Shawn Spencer. THIRD ROW: Mike Abrams, Kathy Hatcher, Tammy Bryant, Zebia Jennings, Kathern Smith, Susan Smith, Robin Matts, Kathy Carey, Kathy Maddox, Sonya Franklin, Terry, Lisa Drinkard, Maureen Clark, Andrea Waller. FOURTH ROW: Wayne Beldon, David Rupert, Frank Harvey, Paul Glasgow, Debbie Hager, Lisa Epperson, Donna Ramsey, Cindy Claybrook, O.J. Robertson, Ellen Tomlin, Jeff Copes.

Leadership Plus

Many students choose careers dealing in business. The Future Business Leaders of America (FBLA) were very much involved in these careers. They were active in competitions throughout the year, in which many of them placed. They competed for titles in areas such as office procedures, designing and constructing bulletin boards and exhibits, and spelling. In the spelling competition, they had lists of 100 not-so-easy words, that they were tested on. The results were sent in and recorded according to how everyone else in the state did.

ROTC is another aspect of leadership. Students learn discipline, and earn status in addition to the abilities they achieve while in the organization. It prepares them to go into the service if, when they finish school, they decide that's what they want to do.

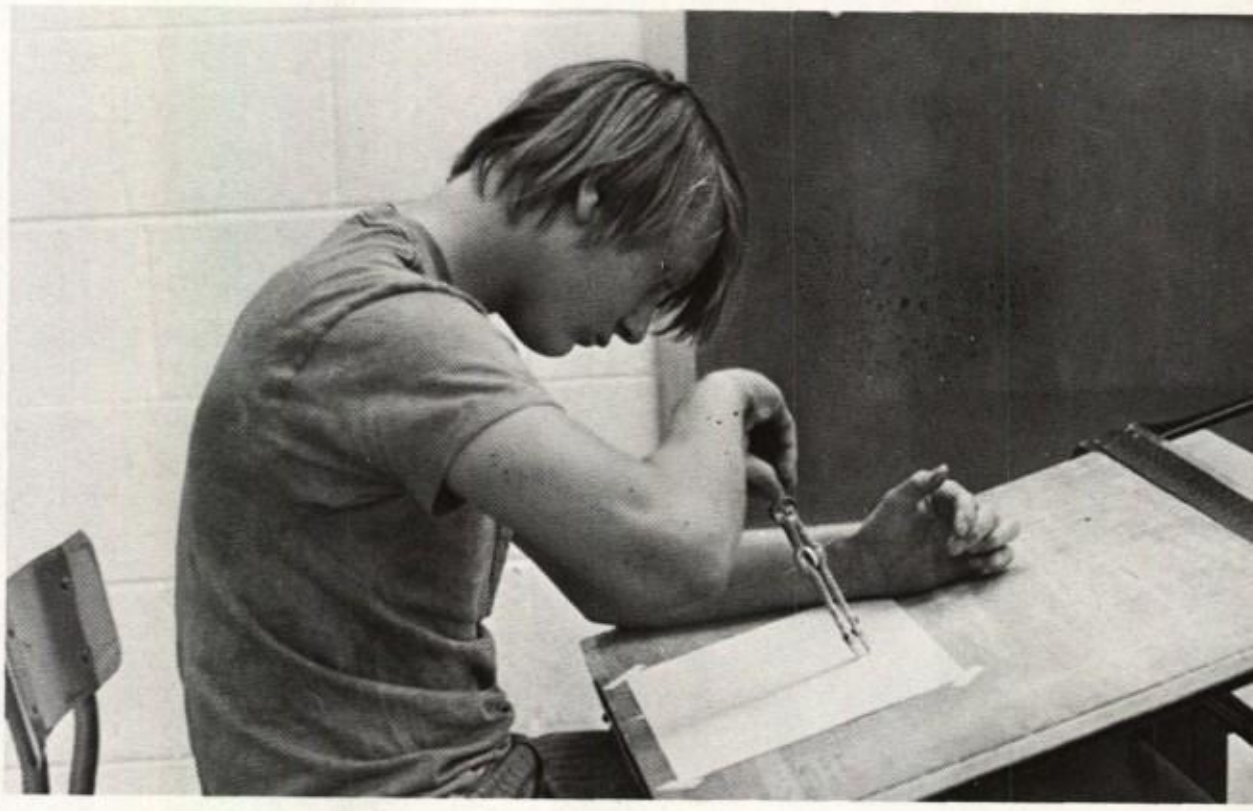
We also have business courses that include typing, shorthand, general business, and bookkeeping. These courses teach students the basics of business and how to carry these basics out. They are also good career guidelines.

If business is where your interests lie, then head for that department. Heritage had many business students, and all of them learned skills needed in the world of business.

Second place winners of the Fancy Tricks Club consist of Jay Williams, Melvin Pollard, Roger Hamner, and Chipper Shirly.

Cadets in ROTC drill team show form during marching drill.

ROTC: FRONT ROW: Ronnie Kyle, Jerome Mosley, Betty Poindexter, Chipper Shirly, Steve Davis, Baby Stokes. SECOND ROW: Gary Early, John Pryor, Doug Claxton, Charles Allen. THIRD ROW: Tim Burks, Dwane Evans, Roger Hamner. BACK ROW: David Sutton, J.W. Trent.

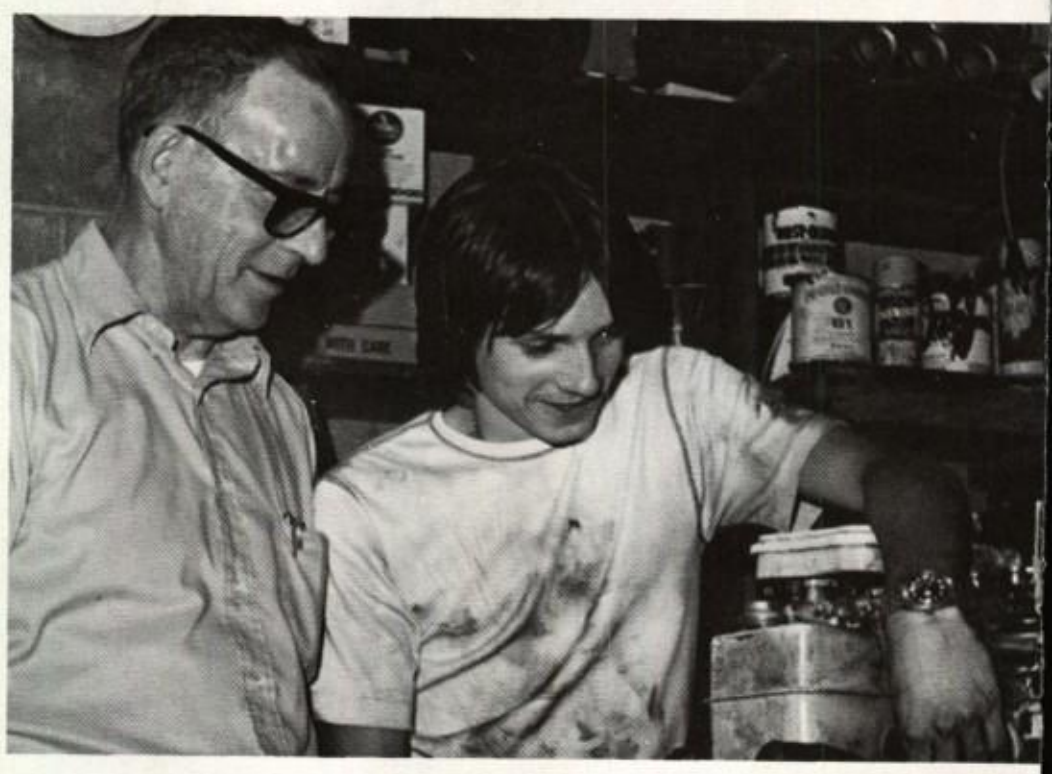


Concentration and a steady hand are needed by Eddie Stone in mechanical drawing.

Students Anthony Smith, Richard Davis, and Dennis Pennigus seem to be mystified by the complicated mechanism of a T.V.

Mr. Summers takes a break from his regular duties to help a student.

On the job training for Kent Carr is valuable as Jim Hicks of H&H Rentals prepares him for a future job.



Repairing a radio is a delicate job, but Jeff Viar never doubts the results.

Mechanical Wizards

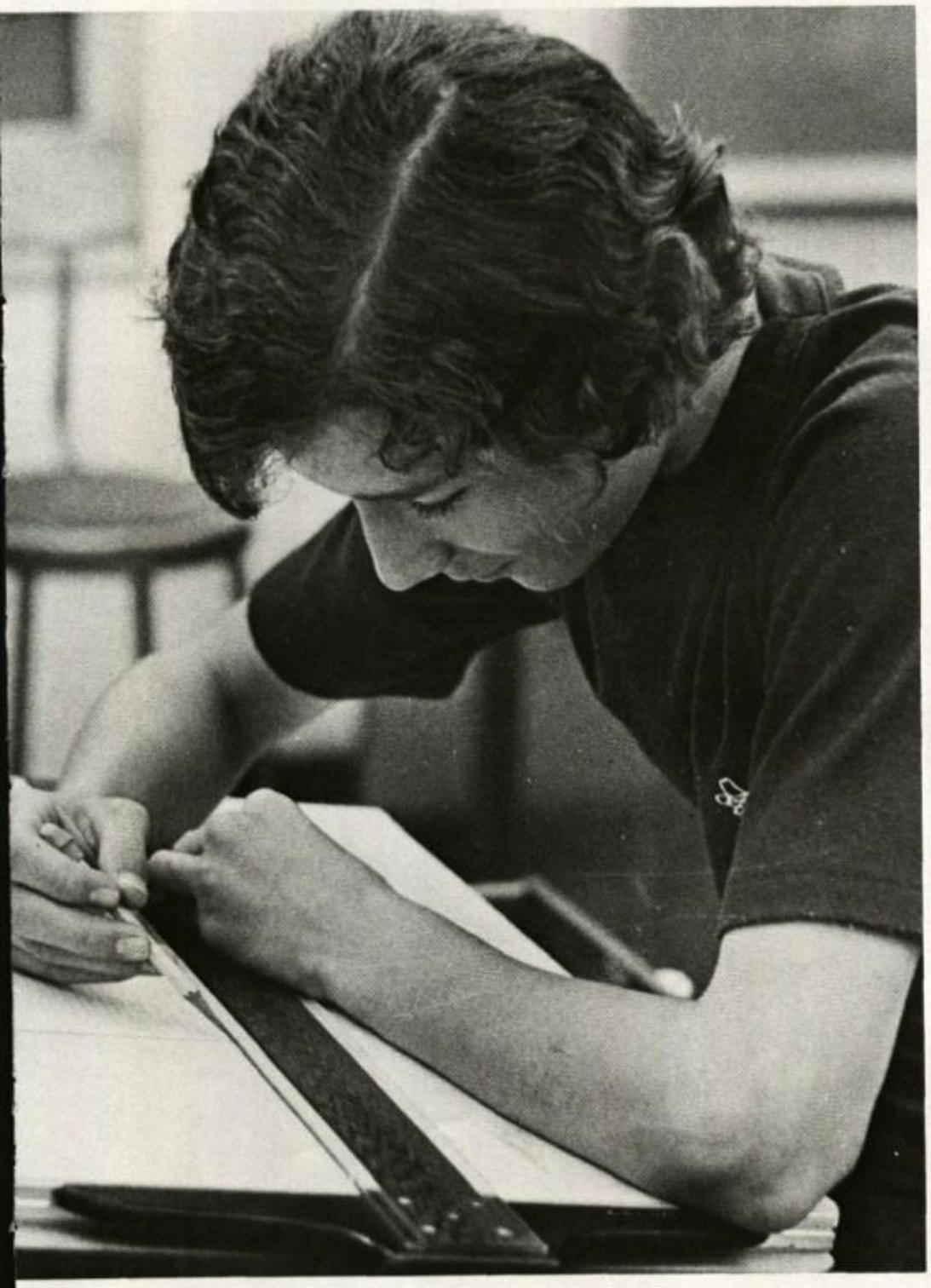
Courses that require precise measurements can sometimes be very tedious. But many students enroll in industrial arts classes so they can learn these skills.

Things that are accurately done usually come out right is what most students learn soon after entering the program. Measurements must be precise, lines straight, and wires uncrossed.

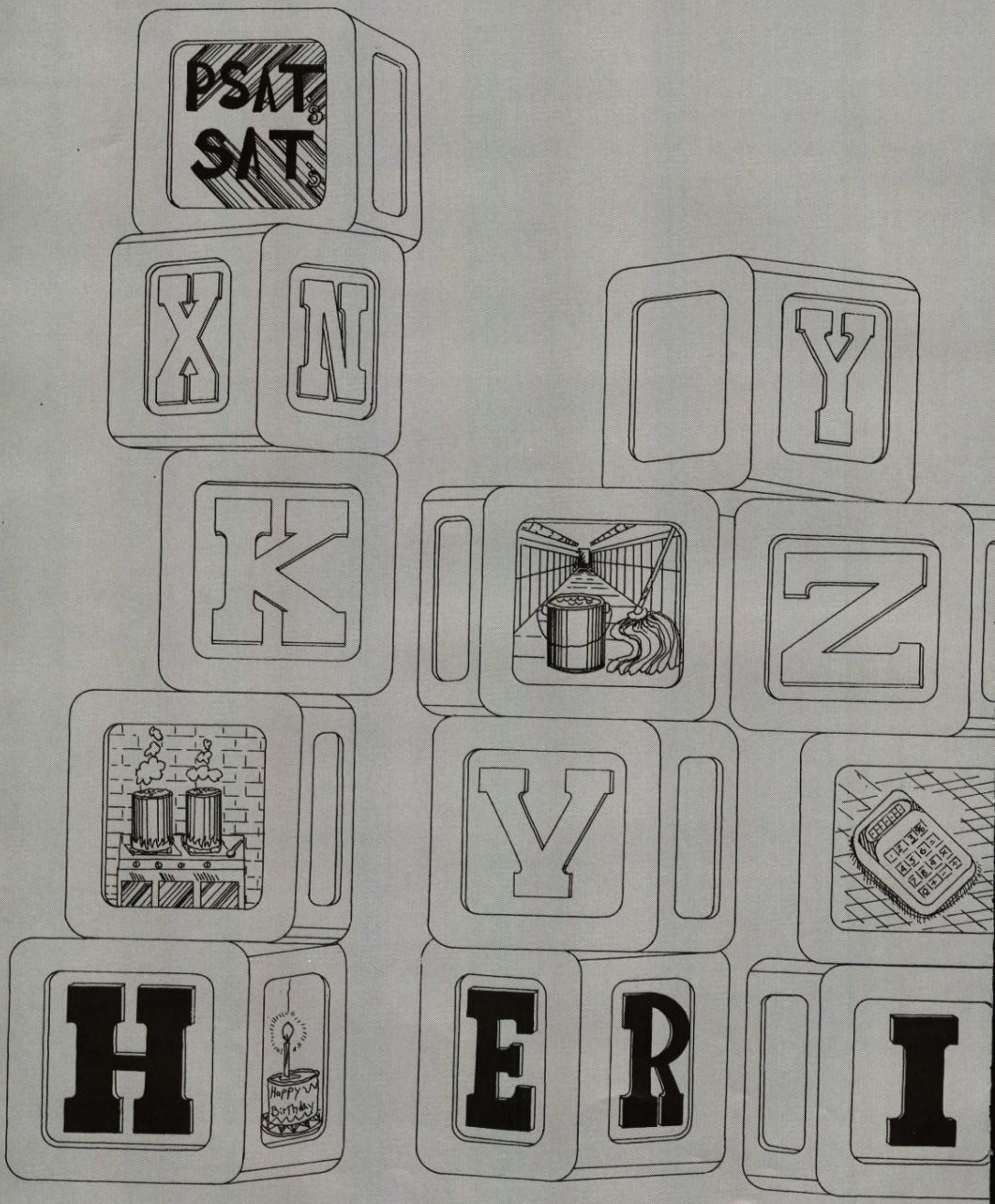
Students learn how to operate many machines. In addition, by the time the course is finished, they can also put many of these machines together, tear them apart, or simply fix a broken mechanism.

An extra plus that these courses make available to students are job opportunities. On-the-job training is required for much of this type of work, and jobs of this sort are usually long-termed and promising.

There's no limit to the number of things a student learns in these courses. If you have imagination and want to put it to good use, join the industrial arts program.



Keeping things straight in mechanical drawing is easy for Billy Coleman.


PSAT's
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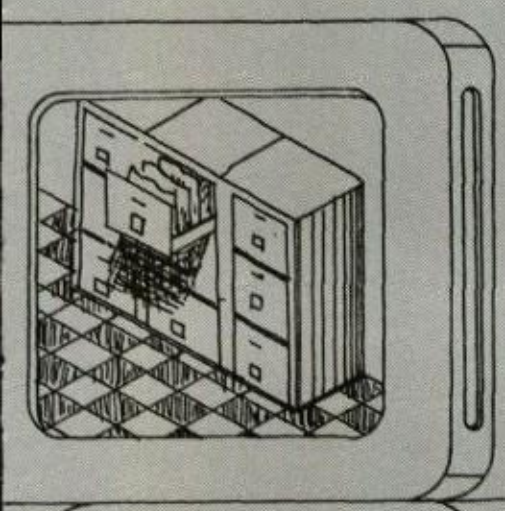
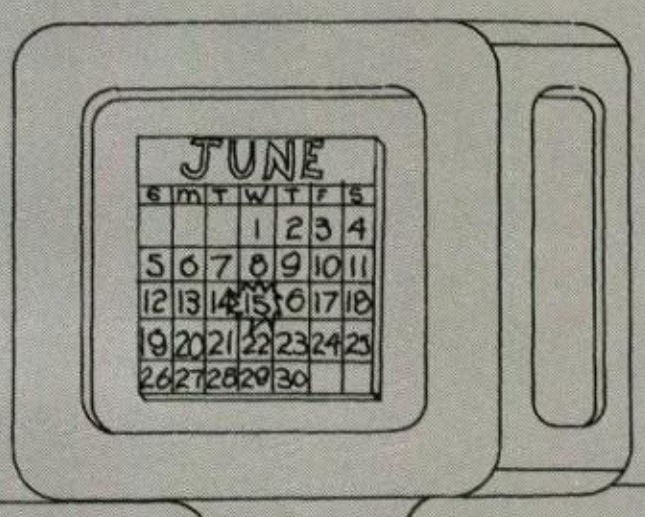
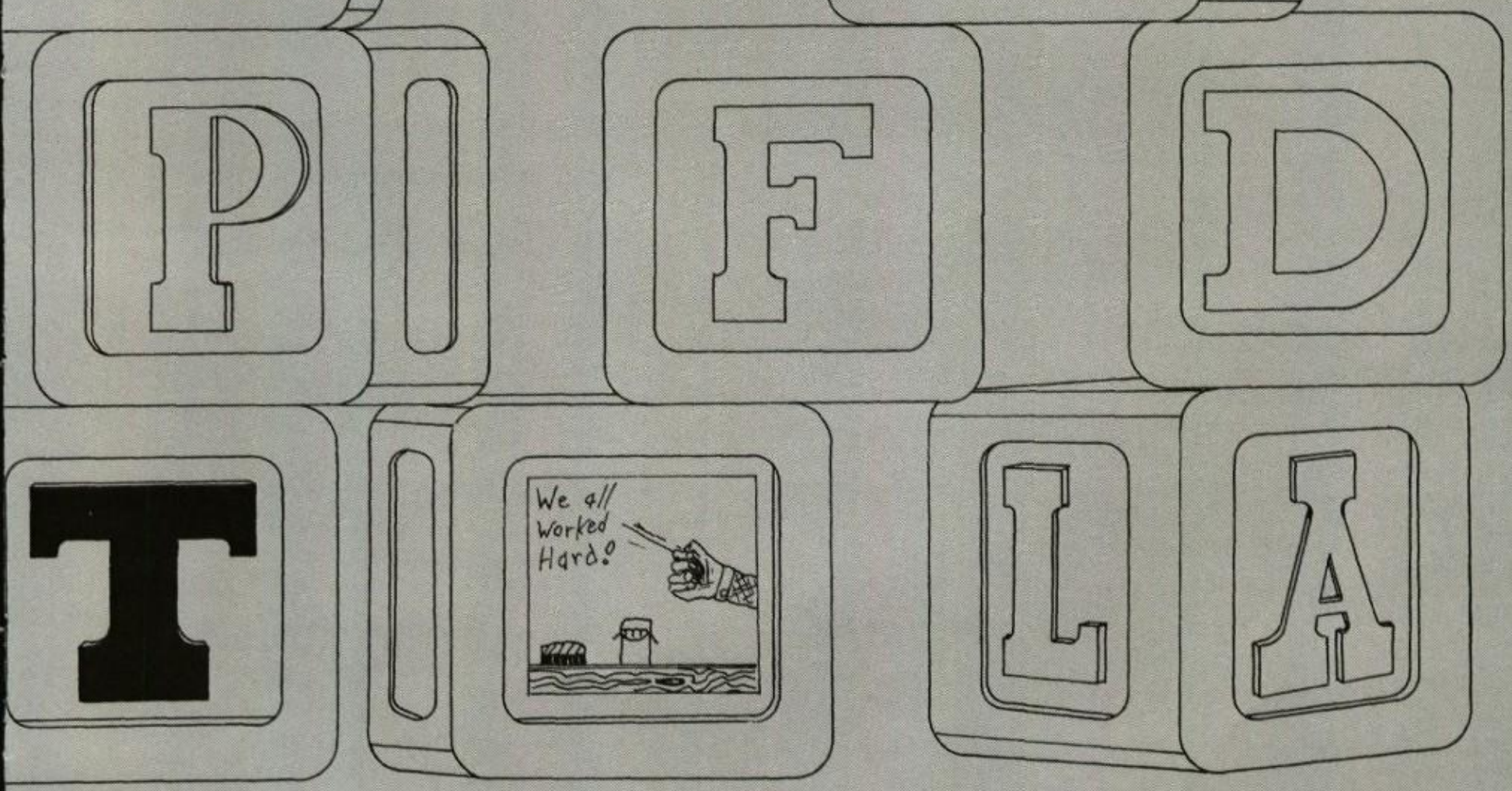
CLASS/FACULTY



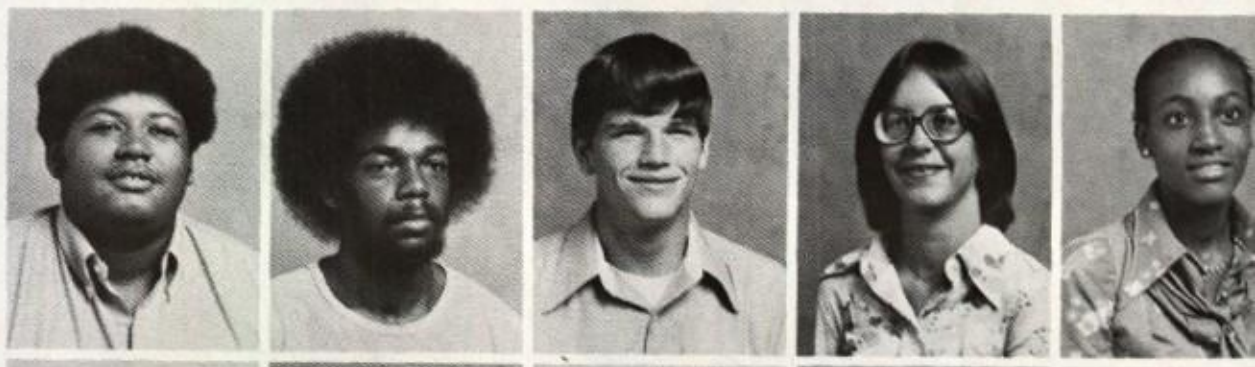




JUNIORS

Fighting for that extra yard, Dennis Megginson (22) takes Glassmen with him.

Larry Abbitt
Clarence Allen
Sidney Allen
Jan Anderson
Roberta Andrews



Michael Anthony
Holly Armstrong
Nadine Atkinson
Sheila Austin
Glenda Banks

Wayne Belden
Sherry Bell
Terri Bittle
Brent Blankenship
Jane Blanks

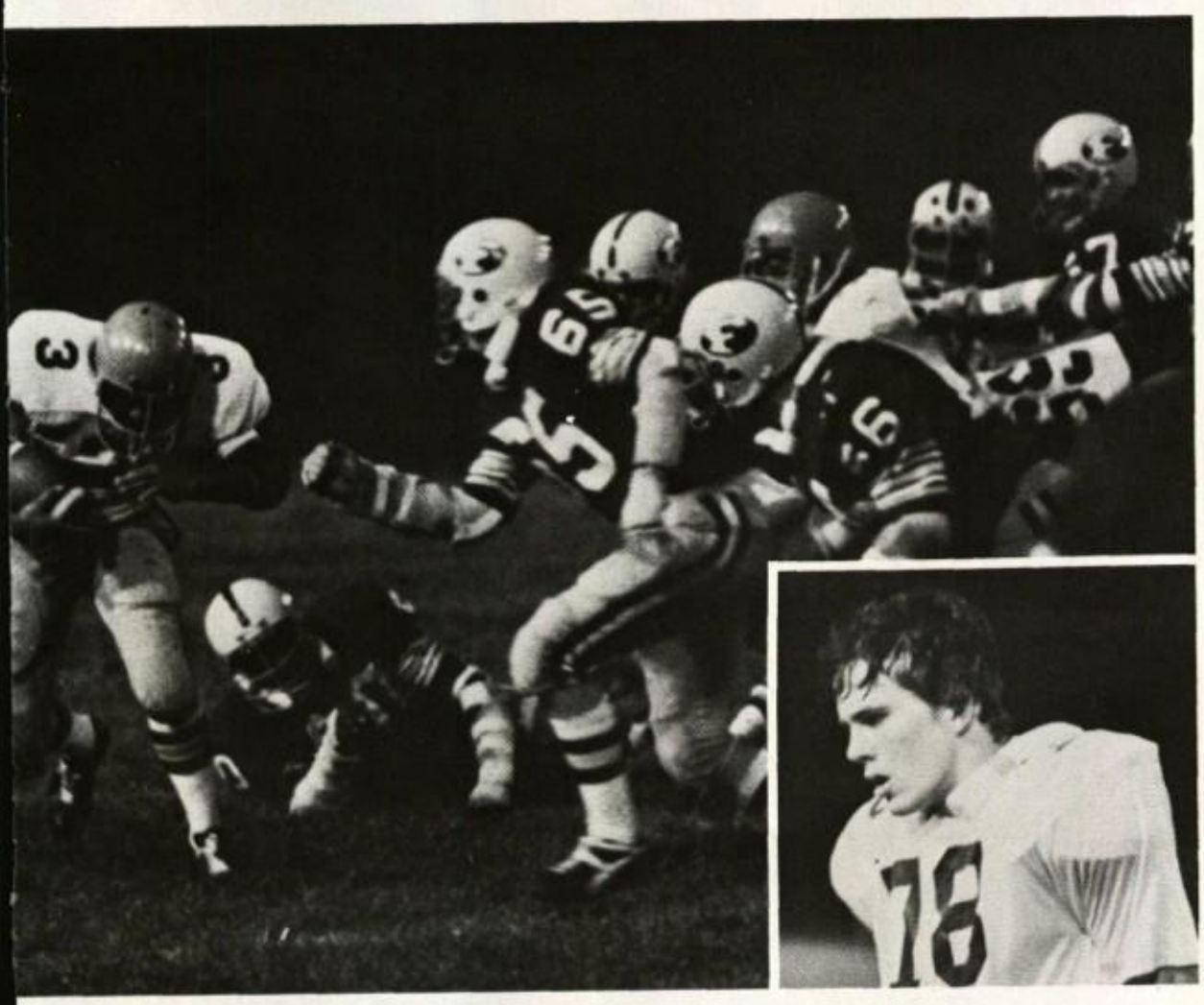
David Blondino
George Boatright
Oscar Booker
Sophia Bradley
Lynda Brooks

Peggy Brooks
Sherrill Brooks
David Brown
Dalany Brown
Sheryl Brown

Bill Bruffy
Edna Bryant
Tami Bryant
Dickie Burge
Bill Burgess

Ricky Burkholder
Marsha Burnette
Ricky Burns
Robin Butler
Cindy Butt

Kathie Carey
Irma Carter
Joey Carter
Linda Carwile
Julie Chenault



Fullback Donald Horsley (3) tries to escape charge of William Fleming line.

Shavin' Heads

"I don't plan on shaving my head," remarks Brian Tomlin. Brian, a 6'3" 205 pound junior, was speaking about an agreement among some of the players on the varsity football team to shave their heads if the team doesn't beat E.C. Glass next year.

Brian, a defensive and offensive tackle, started playing almost as soon as he could read and write. He also runs outdoor track and throws the shotput for indoor track.

"I think we are going to win the district in football next year," says Brian. "Having seniors will really make a difference."

Psyched Up

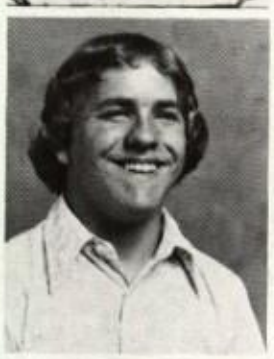
Pep rallies are designed to arouse school spirit and psyche up the students as well as the players. The Amherst vs. Heritage pep rally must have been a success because we went on to win that big opening game 7-6.

A second pep rally, preceding the Glass game, was highlighted by Mr. Moorman's "late Saturday night" routine. Even though the team was overpowered that night, the enthusiasm and Heritage spirit made the pep rally fun for all.

Teammates Dennis Megginson and Bill Spinner offer their version of "Moon Pies and Grapes" at pep rally.

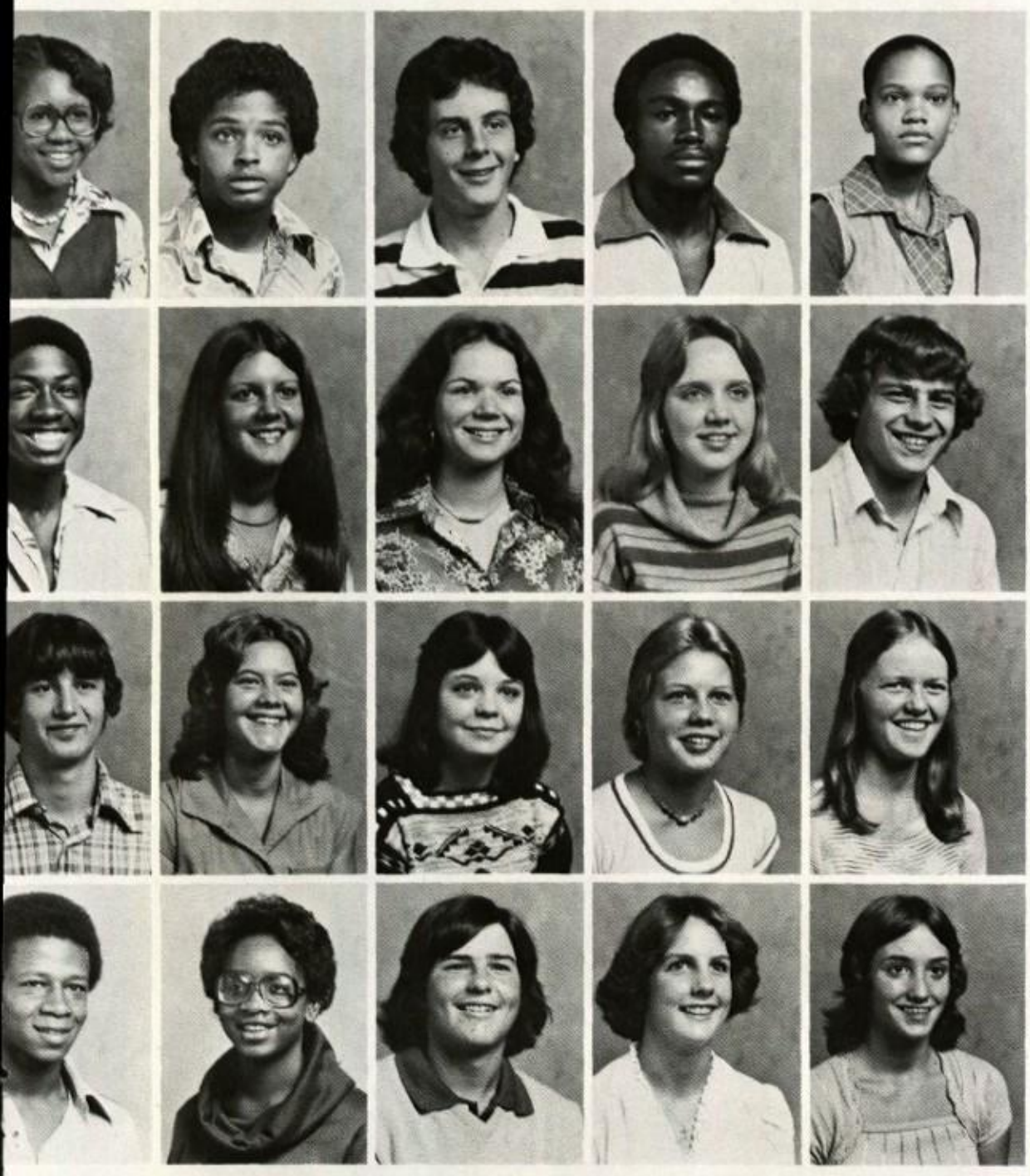
Ruth Cheu
Maureen Clark
Wayne Clark
Doug Claxton

Darren Claybrook
Dwayne Clements
Randy Cofflin
Leslie Cole



T.B. Coleman
Tom Coleman
Glenn Cooper
Kelly Crawford

Keith Crews
Randy Cunningham
Ernie Dalton
Charles Davidson

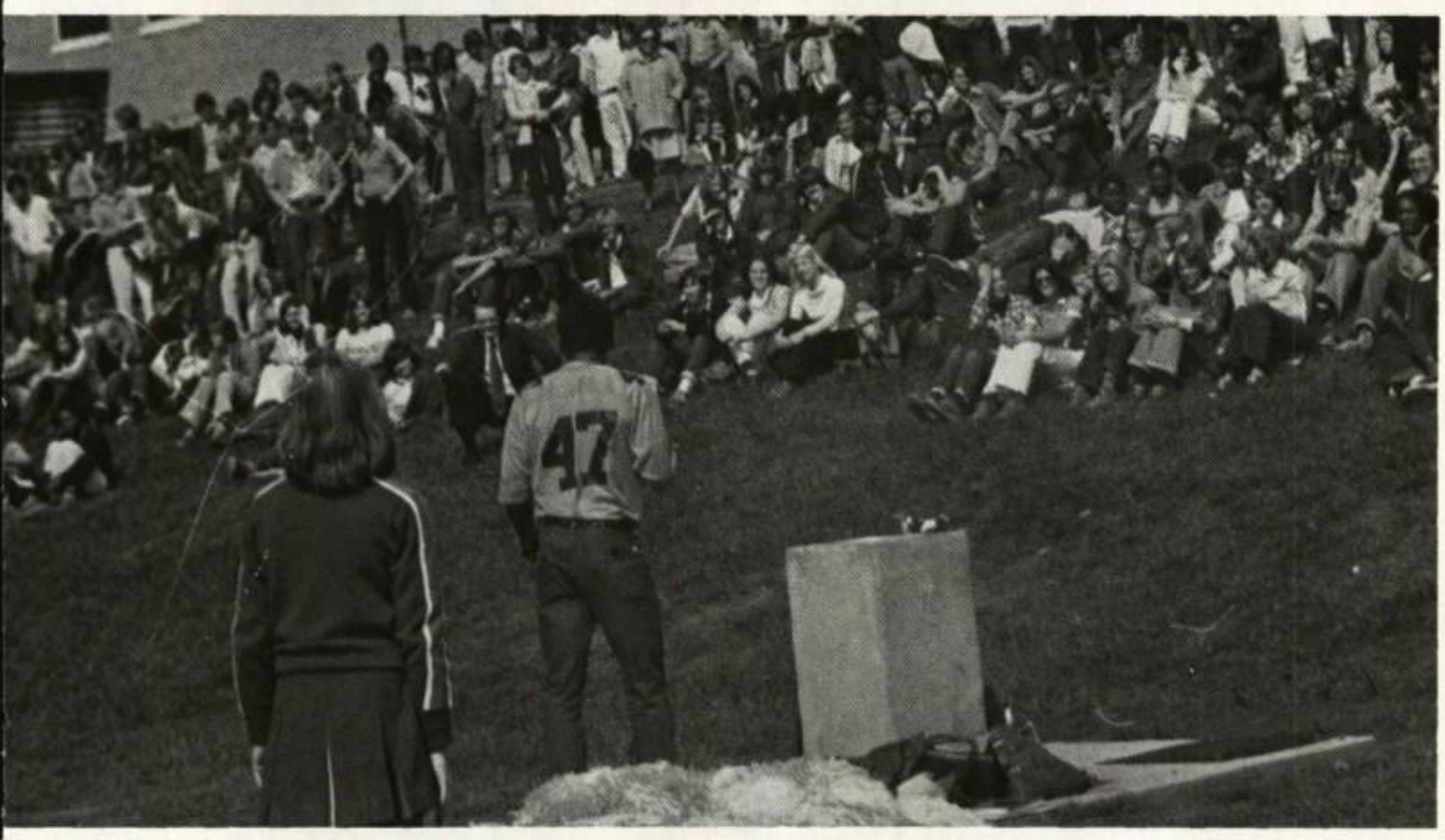


Carole Davis
Donald Davis
Mark Davis
Richard Davis
Ruth Davis

Steven Davis
Debbie Dickerson
Janice Dinkins
Pam Dodd
Pat Donahue

Kenney Dooley
Pam Drewry
Sandy Duncan
Tammy Duval
Sandra Dye

Trevik Edwards
Afuluena Ebo
Greg Elder
Jo Elium
Susan Elliott



Cheerleader Donna Cole and running back John Pryor encourage cheering at outdoor pep rally.

Sharon Emmett
Evette Evans
Kenneth Evans
Victor Evans
Elaine Ferguson

Mazie Fleming
Alberta Ford
Diane Foster
Sonya Franklin
Steven Franklin

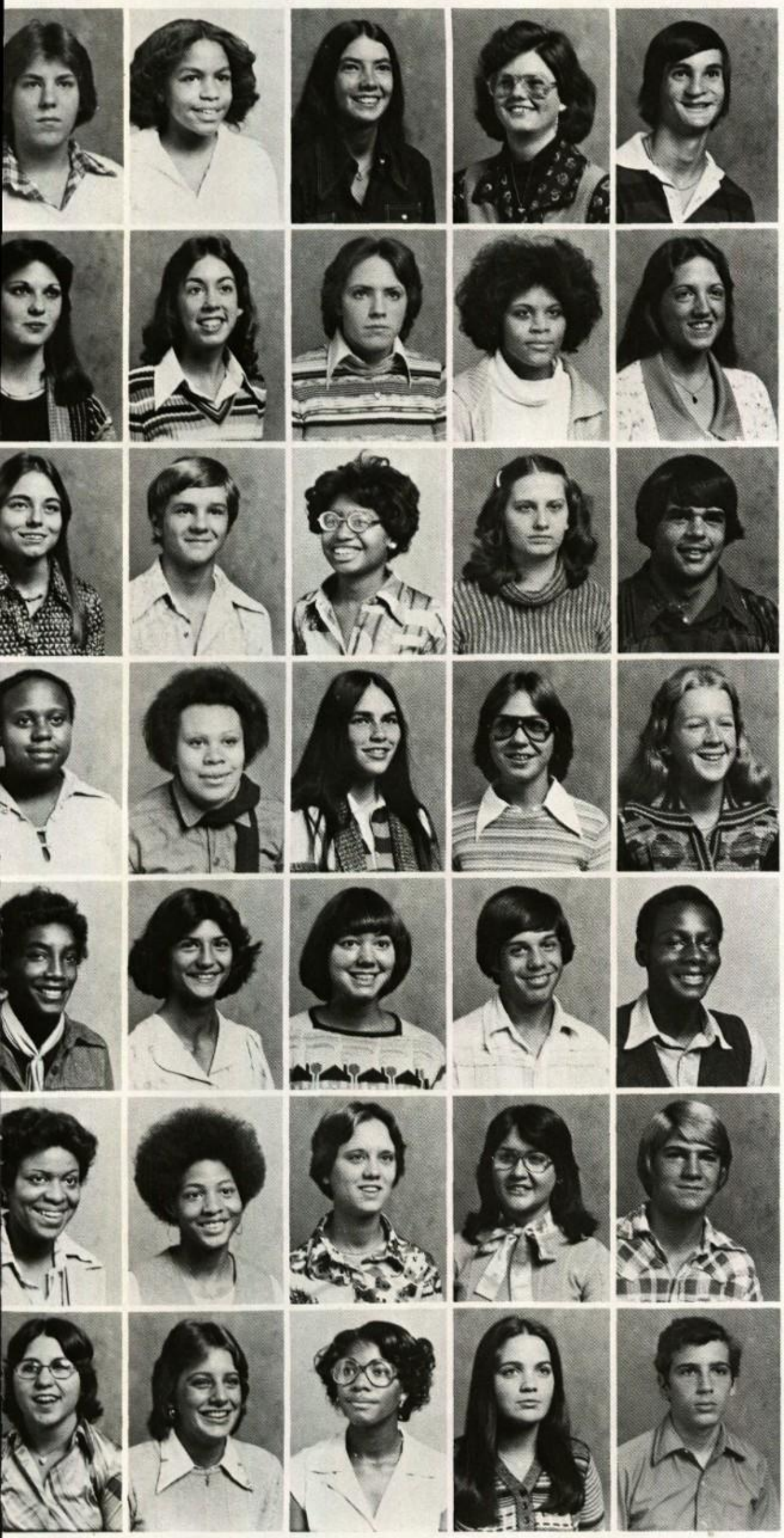
Vickie Franklin
Vickie Frazier
Angela Garrison
Dale Glasgow
Susan Glass

Melody Godsey
Tracy Greer
Tony Grigsby
James Hall
Otis Hall

Piecing It Together For A Heritage

Fifth-six squares—all different and each telling its own story. Combined, the squares are a quilt made by Mrs. Thompson's Art I classes. It served two main functions. First, it was a unit study on shape and space for which each student designed his own square. Second, the quilt will be a lasting reminder of the people and the events of the first year of Heritage High School.

Art student Cathy Parsonage and Mrs. Thompson arrange completed "Heritage Quilt" for exhibit in art showcase.



Sammy Hall
Cynthia Hamler
Robin Hamlett
Bodil Hansen
Kelly Harrell

Sheryl Harris
Dana Harvey
Kathy Hatcher
Norma Hawkins
Debbie Jo Hedges

Melissa Hedrick
Carl Held
Verna Henry
Kathleen Herndon
Pat Hernandez

Jeanette Hilber
Marion Hilber
Kim Hodges
Cindy Hodnett
Kelly Hollifield

Gwen Horsley
Tina Houliares
Brenda Howard
Steve Howard
Joseph Hubbard

Janet Hudson
Judy Hughes
JoAnn Hurt
Pam Hylton
Poncho Jacobs

Loretta Jacobowski
Wendy Jeffries
Sheena Jennings
Lori Jessee
Chris Johnson

Picasso Rival

"Artist needed!" Dale Glasgow came to the rescue when that call for help was made. Dale, a junior, became the LEGACY staff artist. Although he worked with all sections of the yearbook, his special contribution was the division pages.

The detail included in these drawings took several hundred hours of work time, and Dale's training in both art and mechanical drawing were needed for their execution.

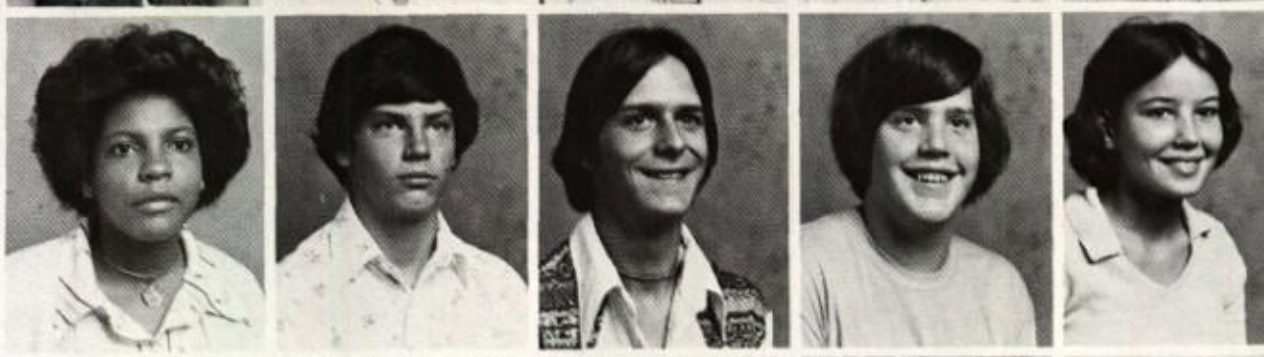
A former track and cross country team member at Brookville, Dale has turned in his spare time to riding rather than running. After hours he now likes to ride his motorcycle or his Tennessee walker, Stockings.

Dale's future plans include a career in commerical art with preparation at either Virginia Commonwealth or Atlanta Art Institute.

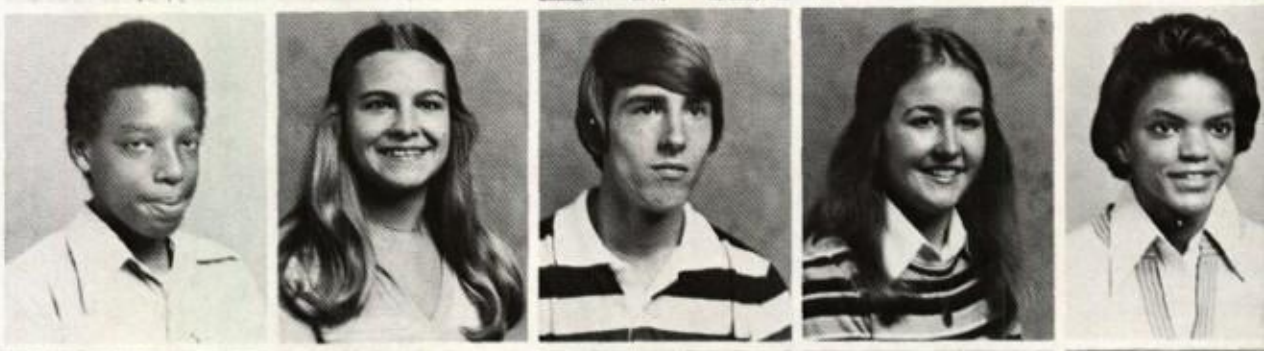
Crystal Johnson
Elmer Johnson
Jeana Johnson
Lee Johnson
Suzanne Johnson

Vinzetta Johnson
Clarence Jones
Linda Jones
Steve Jones
Paul Kee

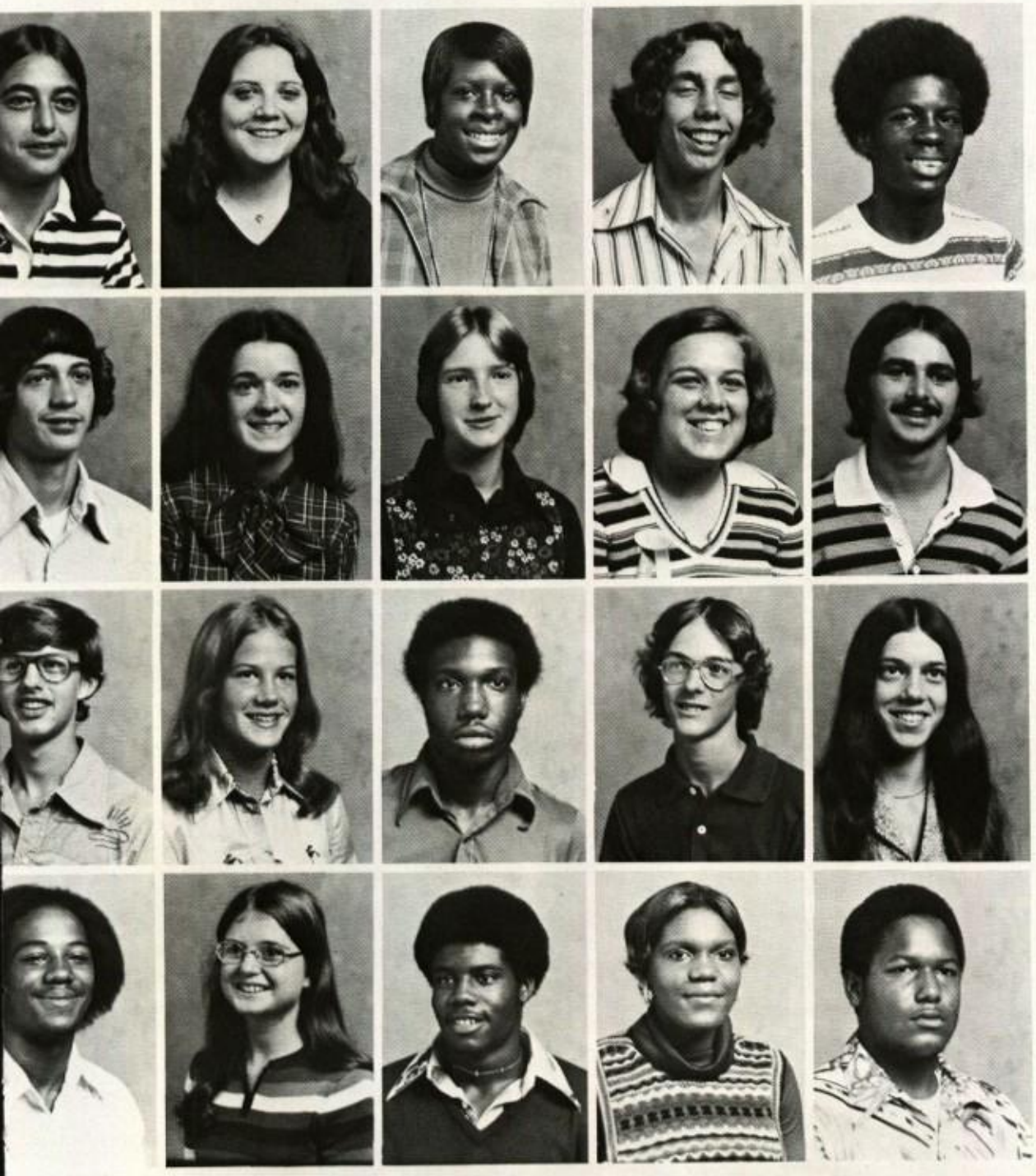
Susan Kee
Chip Knott
David Knowles
Lee Knowles
Cindy Langford



Theodore Langhorne
Mary Lynne Langley
John LaPrade
Pam Layne
Marilyn Lee



Annette Logwood
Kent Lovelace
Judy Loving
Steve Lynch
Kathy Maddox

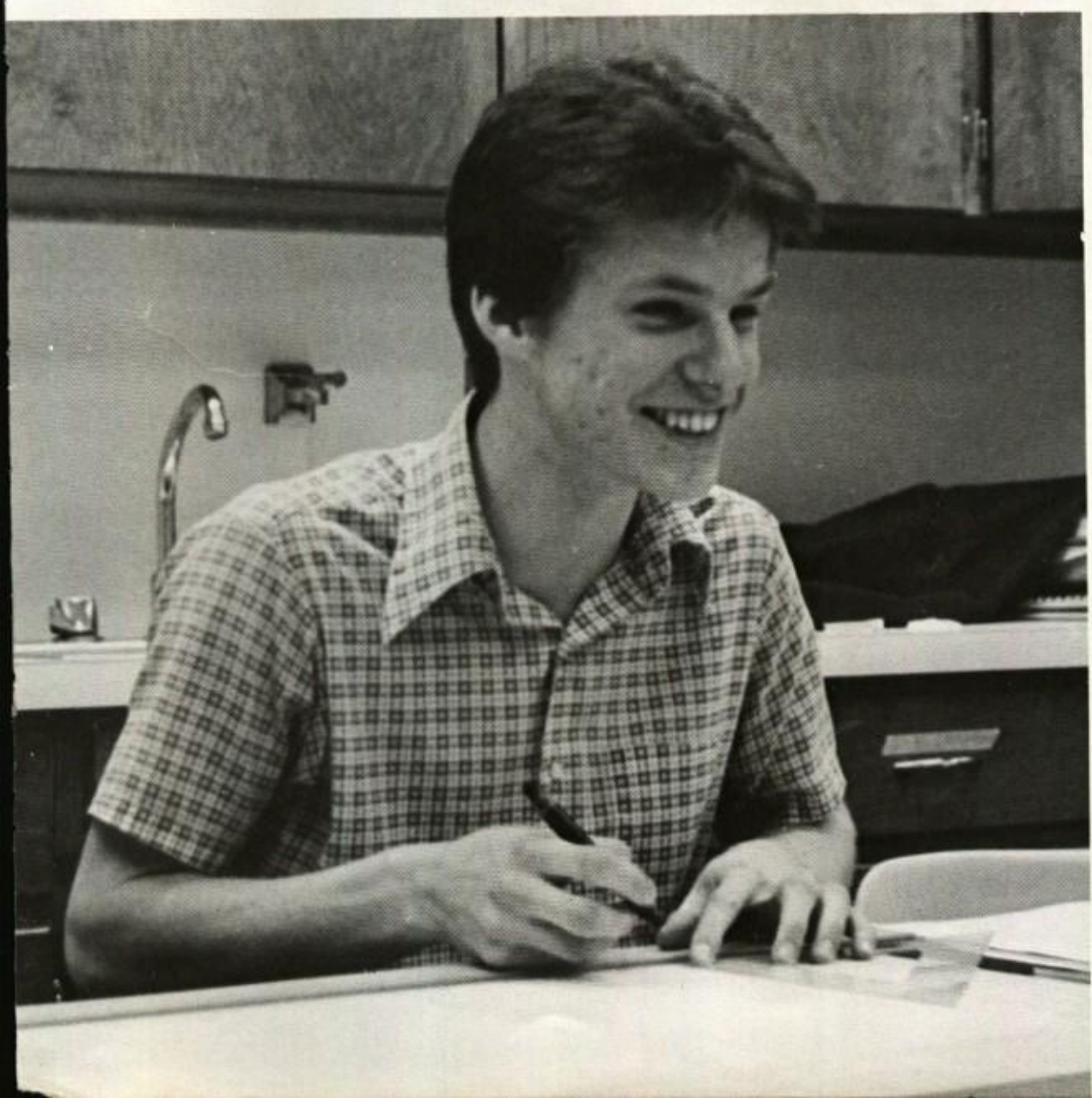


Roger Maner
Kathy Marshall
Sharon Marshall
Forrest Martin
Joseph Martin

Steve Martin
Laurie Mason
Trudy Matthews
Ann May
Jimmy May

George Mayhew
Linda Maynard
James McCray
Wayne McFaden
Cindy McQuarry

Dennis Megginson
Tammy Merchent
Norman Miller
Shelva Miller
Harry Mitchell



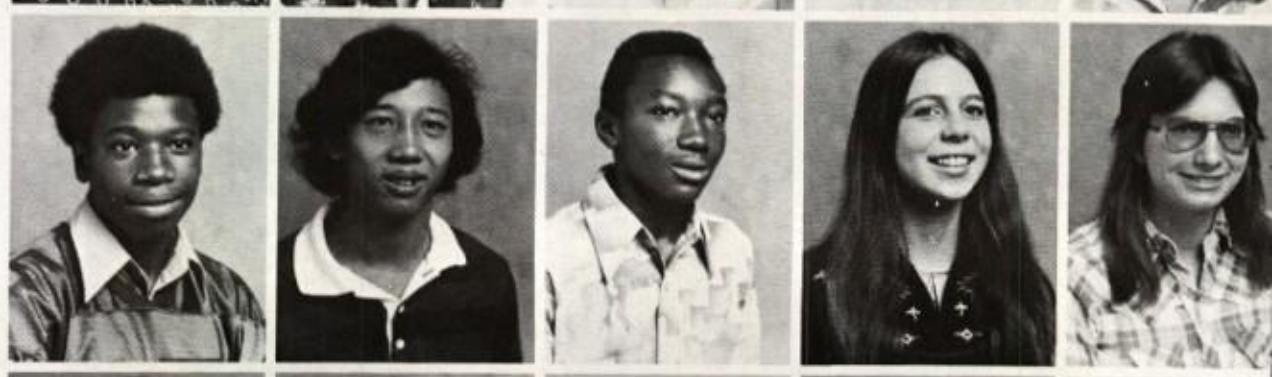
Drawing boards, angles, and t-squares are all used by Dale Glasgow for his work on the LEGACY division pages.

Kathy Mitchell
Mike Mitchell
Janet Moore
Sherman Morgan
Charlene Morton

Brian Murray
Kim Napier
Linda Newcomb
Buddy Newman
Glee Nowlin

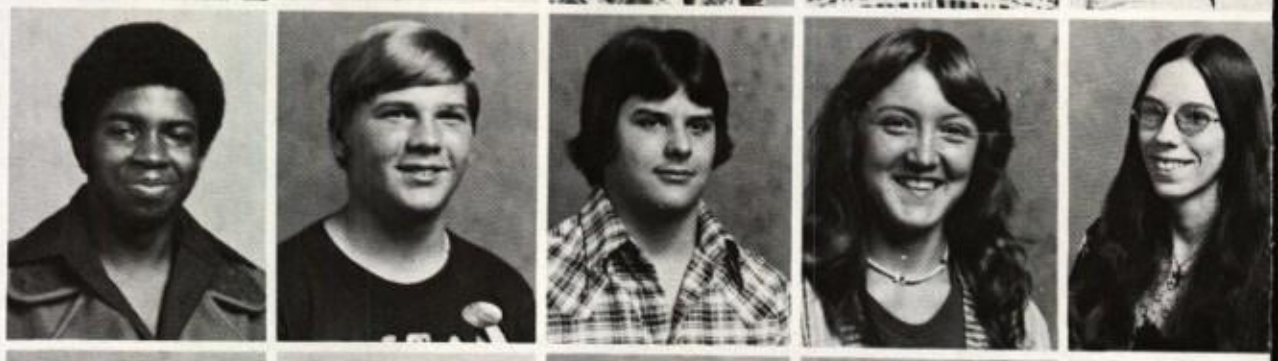
Jerry Nutter
Dennis Oliver
Kathy Parsonage
Mark Paulette
Machelle Penn

Thomas Pervis
Tu Pham
Melvin Pollard
Cheryl Powell
Debbie Powell

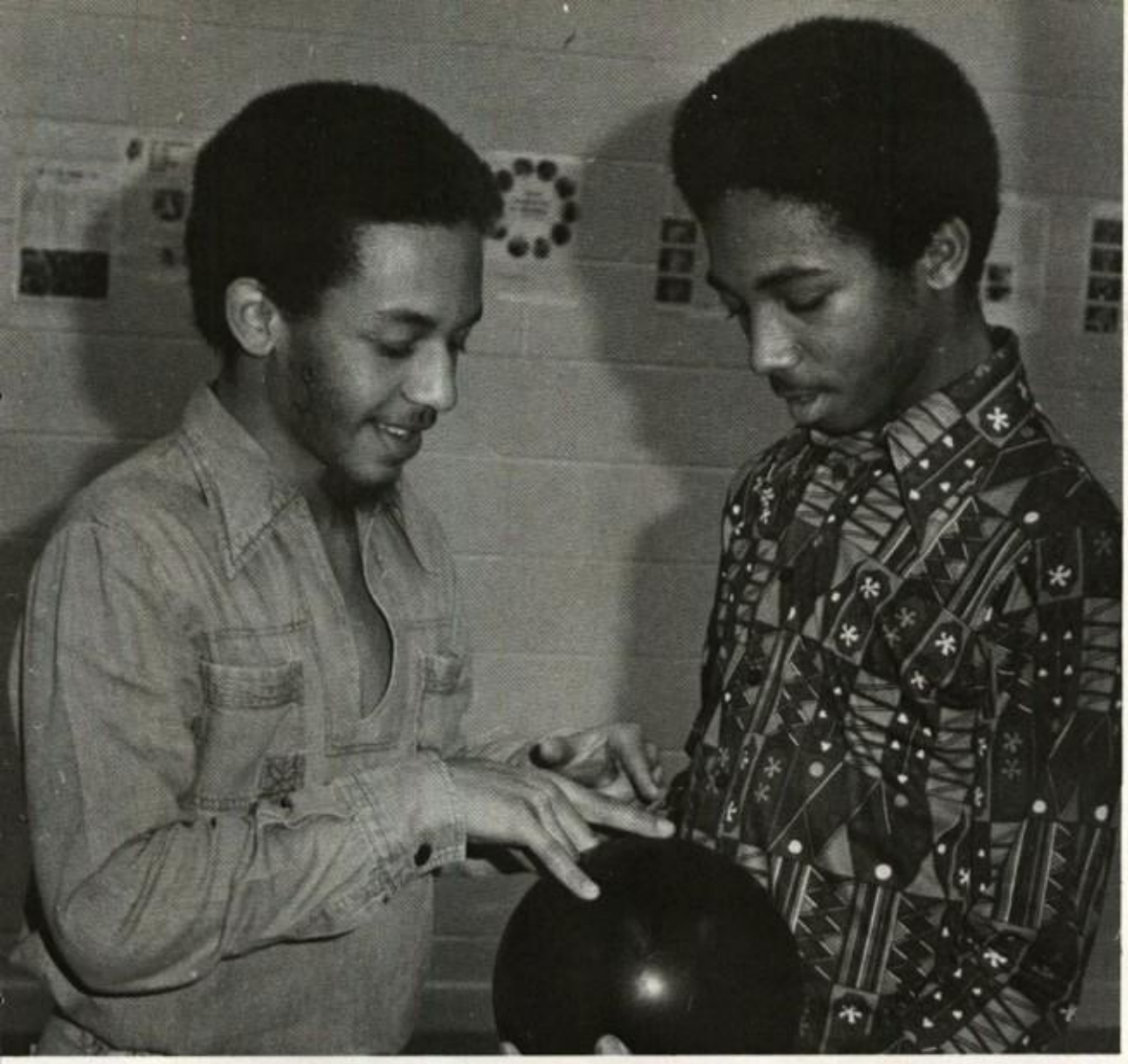


Phil Powell
Wayne Proco
David Proffit
Chip Rapp
Ellen Reed

Danny Reeves
Bill Richardson
Chris Rinehart
Roxanne Rivers
Karen Roach



Randy Roach
Grover Robertson
Lucy Jo Robertson
Martha Robertson
David Robertson

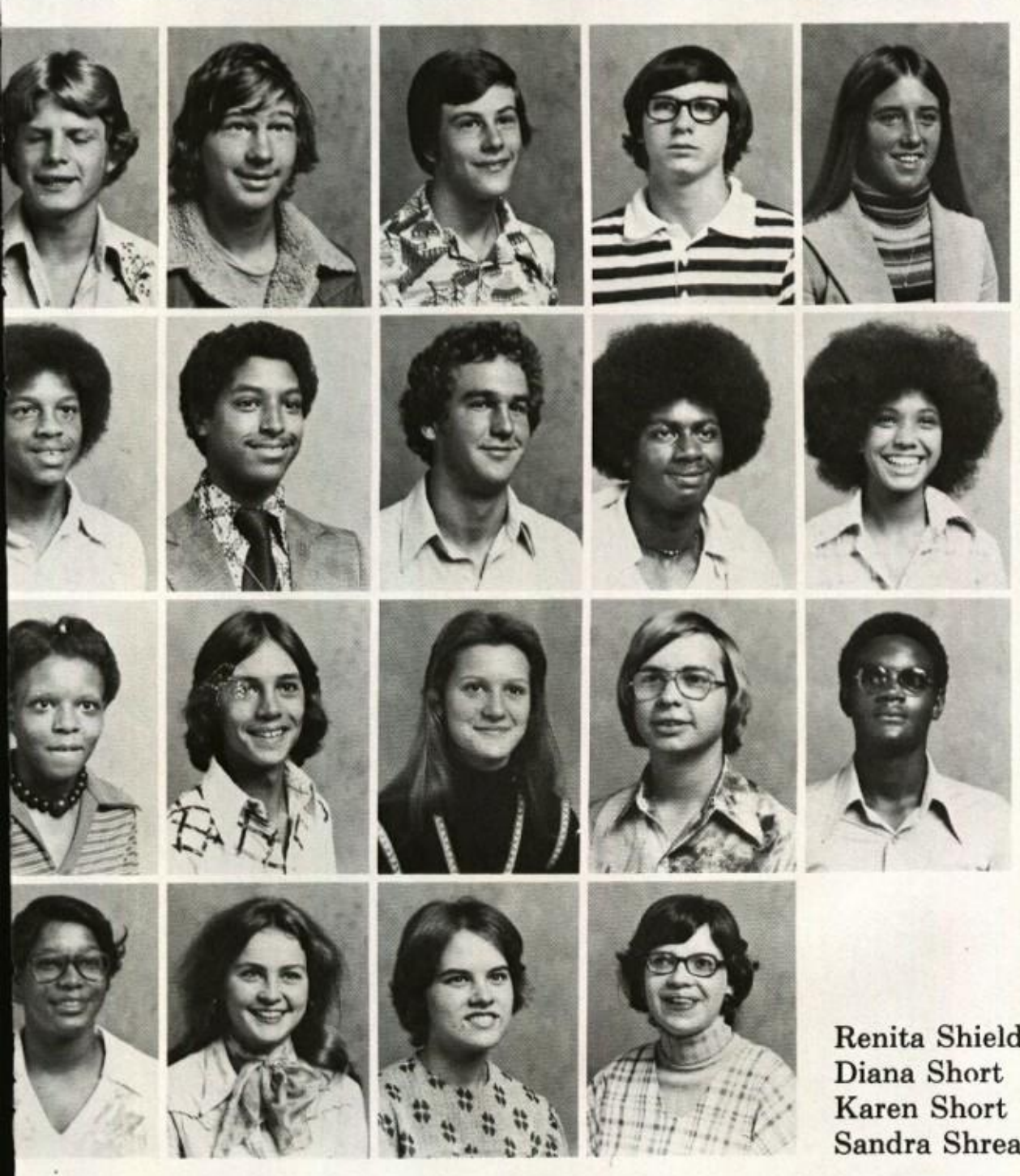


Bowl'em Over

Trophies! Dalany Brown and Victor Evans have each been awarded seven bowling trophies by participating in various tournaments. Last year Vic and Dalany rated fifth in doubles in the American Junior Bowling Tournament at Christiansburg.

Both Vic and Dalany think this will probably be their last year of competitive bowling. Vic plans to devote more time to academics, and Dalany will spend his extra time in the sports field. Both will remember the fun of their successful bowling experiences.

Champions Victor Evans and Dalany Brown test the finger sizes of a bowling ball prior to a match.



Tom Robinson
David Rumsmoke
David Rupert
Bill Russ
Karen Russell

Jarvis Sales
Robert Sandifer
Lee Saunders
Ralph Saunders
Rosetta Scott

Sandra Scott
Dennis Self
Brenda Shaner
Jim Sharp
Lawrence Shearer

Renita Shields
Diana Short
Karen Short
Sandra Shreaves

Globetrotter

Living in a foreign country is a dream that won't come true for most of us. However Afuluena Ebo, or "Ebo" as she is usually called, was lucky enough to spend her first six years in Nigeria.

Her mother, a Lynchburger, met Afuluena's father, a Nigerian, at New York University where they were students. After being married in a traditional American wedding, they moved to Nigeria, where they were then remarried in a native Nigerian ceremony.

"Ebo" remembers how her daily activities differed from the American ways of life. For example, she wore uniforms to school instead of the casual dress she is now accustomed to.

After a quick locker visit, Afuluena Ebo is ready for her next class.

Mark Shuler

Nicole Simmons

Mike Slaughter

Mary Slusher

Chris Smith

Jackie Smith

Jerry Smith

Kenny Smith

Martha Smith

Micheal Smith

Susan Smith

Beth Smoot

Jimmy Sowder

Vernnese Spencer

Bill Spinner

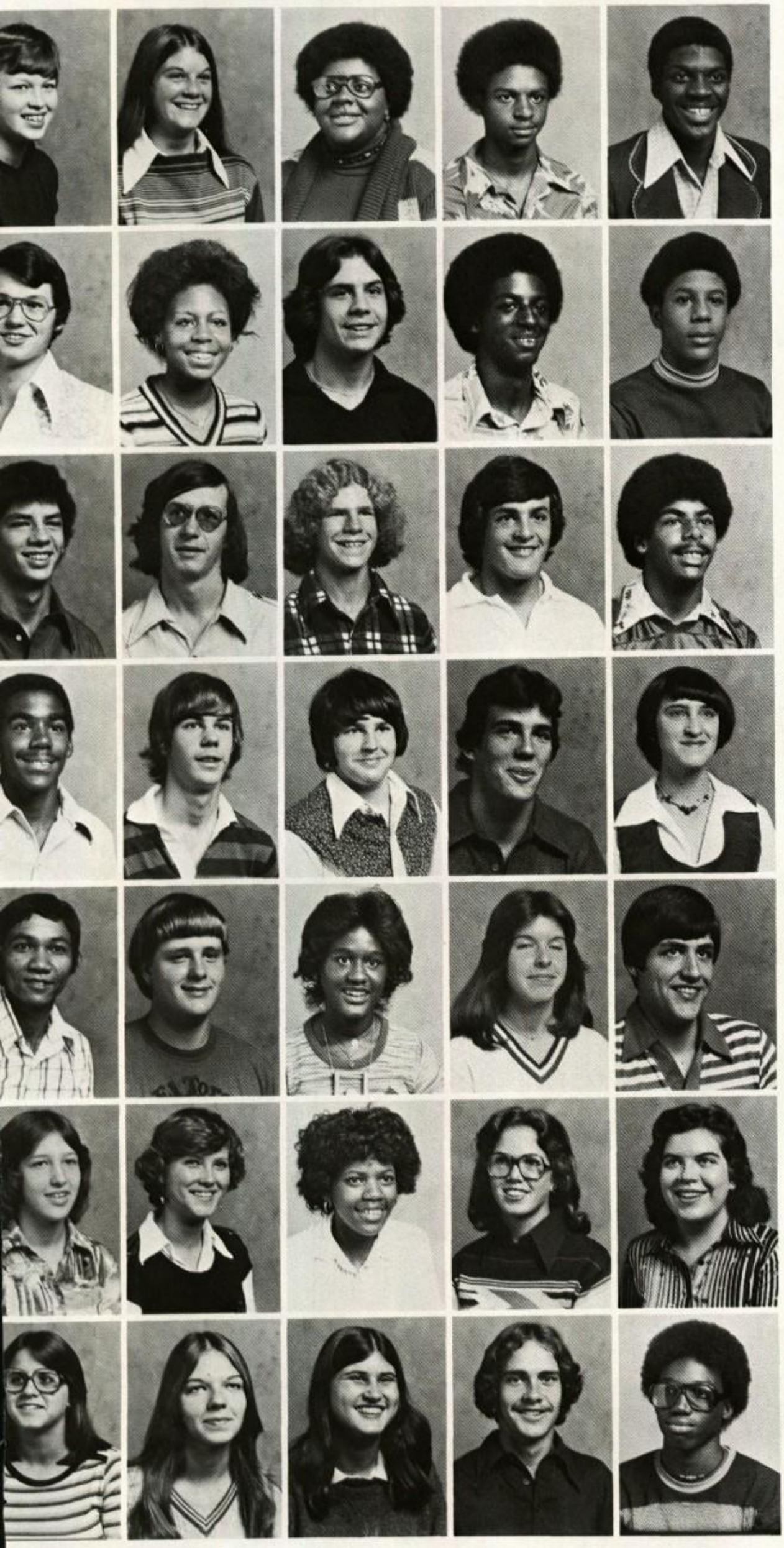
James Spinner

Debbie Sprinkle

Buck Spruce

Lucky Stamps

Marie Staton



Lisa Stauber
Sandra Steuart
Gwen Stevens
Mark Stewart
Baby Stokes

Whitney Summers
Sharon Sweeney
Mark Talley
Eric Tanner
Chris Taylor

Ronnie Templeton
Dennis Thaxton
Donnie Thomas
Leo Thomas
Timmy Thomas

Tony Thomas
Kurt Thoren
Terry Thornsbury
Brian Tomlin
Melanie Torrence

Hung Tran
J.W. Trent
Adrea Tucker
Martha Tucker
Terrell Tucker

Theresa Tucker
Sue Tuggle
Deborah Turner
Teresa Tweedy
Deborah Tyler

Kathy Tyree
Kay Van Treese
Jeri Vosburgh
Mark Wade
Tony Wade

Top Honors

Two of the highest academic awards given to juniors are the opportunities to attend the Governor's School for the Gifted and the Presidential Classroom programs.

Randy Roach and .David Proffitt were selected as Heritage's representatives to the former, involving study at Mary Baldwin from June 17 to July 14.

David was also chosen for the Presidential Classroom, held in Washington in March. Participation in seminars and discussions led to a better understanding of the federal government.

David Proffitt and Randy Roach share important school award.

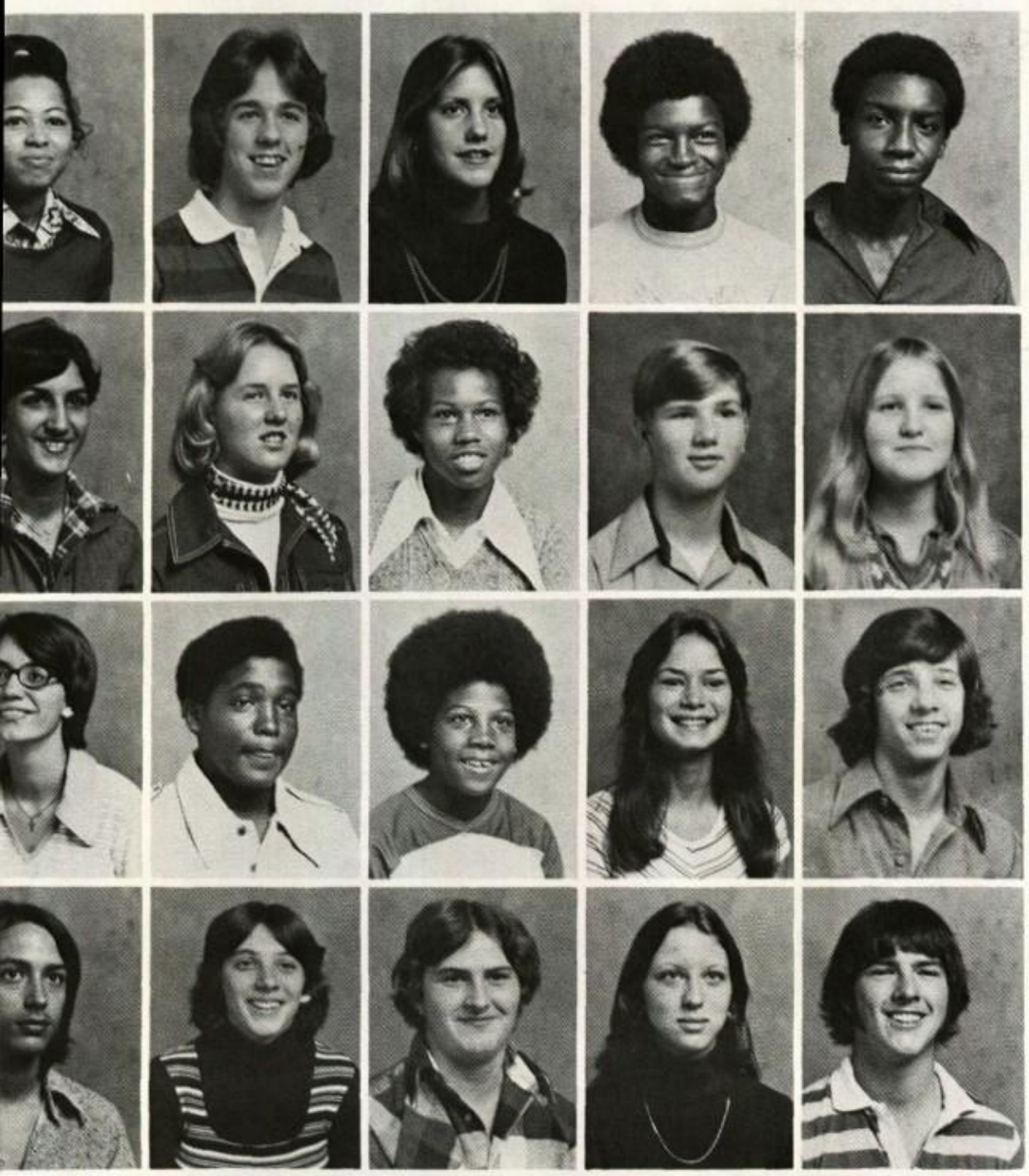
Wanda Wade
Mary Wagner
Debbie Ware
Karen Ware
Cheryl Weed

Meredith White
Sandra Whitted
James Williams
Steve Williams
Terri Williams

Josephine Wilson
Sherrie Wimmer
Wayne Wood
Angie Woody
Greg Wright

Ricky Wright
Annette Wynn
Kenneth Yates

SOPHOMORES



Toni Abbitt
Mike Abrams
Jody Ackley
David Adams
Ronald Adams

Renee Albert
Mary Alcorn
Lois Alexander
Charles Allen
Mary Almond

Sherri Anderson
Donald Andrews
Franklin Anthony
Jenny Armstrong
Michael Asby

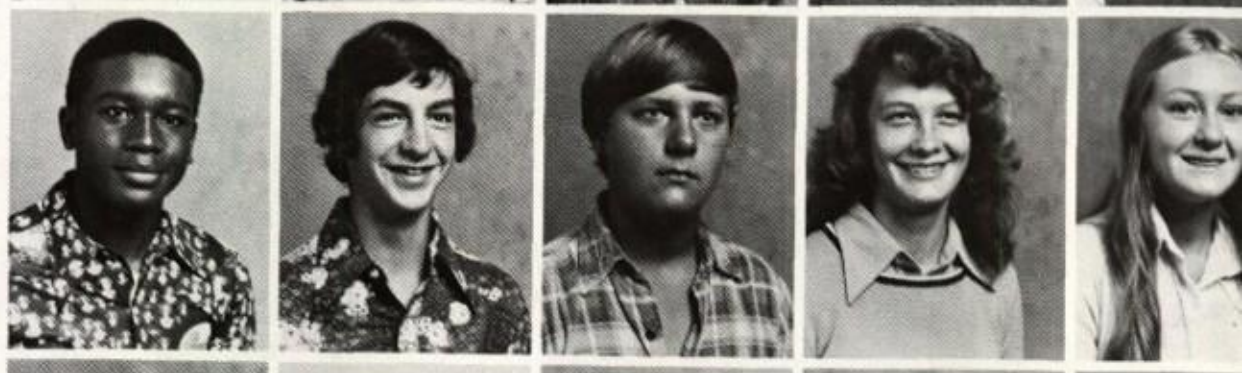
Curtis Ayers
Virginia Baker
David Baldree
Lisa Ballowe
Tony Barbour

Elizabeth Barksdale

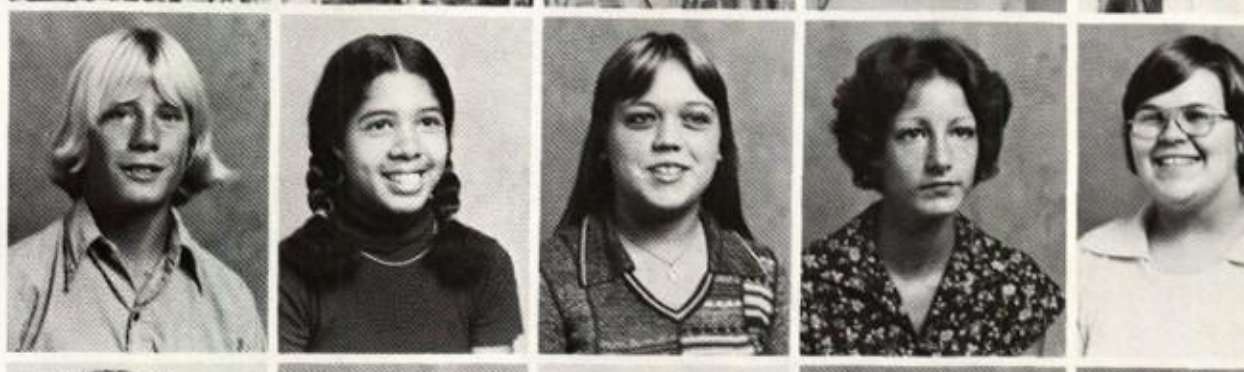
With typical sophomore enthusiasm, Andrea Waller and Dawn Lareau give moral support to members of the girl's basketball team.

Dale Barnette
Martha Beale
Cheryl Beasley
Terry Bell
Deitra Beverly

Rudolph Beverly
David Billingsley
Dennis Bise
Angie Blondino
Kay Blunt



Neil Boatright
Connie Booker
Denise Bosiger
Lisa Bouton
Dee Dee Bowen



Delisa Bowling
Marina Bowman
David Boyd
Donnie Boyd
Donna Bradley

Daily practice is part of Donna Cole's job as choir accompanist.

Mark Bradshaw
Robert Breeding
Greg Brew
Lloyd Brew
David Brooks

Tina Brooks
Becky Brown
Robin Brown
Sharon Brown
Tonia Brown

Becky Bryan
Ann Bullock
Laura Bunch
Janet Burks
Tim Burks

Timmy Burks
Christie Burton
Wilbur Burton
Brenda Byrd
Tina Callahan

Carlos Calloway
Ricky Callinder
Cedric Calloway
Kent Campbell
Kevin Canada

Choir Members Accompany Group

Being able to play accompaniment and all parts; being at all rehearsals and performances—these are the taxing requirements of the chorus pianists. Pam Dodd, first accompanist, Donna Cole, Ellen Plunkett, Susan Fainter, and Leslie Cole all are qualified for this job with the Heritage Chorus.

Donna sings with the choir and dances in the chorus group, the New Heritage Singers. From a musical family, she was a soprano representative in All-Regional Chorus. She is also involved in other school activities such as Varsity Cheerleading and outdoor track. You never know what Donna will be into next!

Lillian Cardwell
Victor Cardwell
Nadine Carr
Randy Carrington
Sharon Carter

David Carwile
Stacy Carwile
Wendall Carwile
Cynthia Cash
Mike Cassidy

Gerald Cheatham
Kevin Chenault
Stephanie Clark
Tina Clark
Clarissa Clarke

Cindy Claybrook
Judy Clement
Roger Clements
Glenn Cobbs
Lynn Cofflin

Donna Cole
Jeff Coleman
Marty Coleman
Patrick Conner
Teresa Cooper

Jeff Copes
Donna Cougill
Michael Cox
Vickie Crance

Mary Crandall
Donna Crist
Breck Crowell
Lesa Cyrus
Lawrence Dabney

Becky Dale
Mark Daniel
Joey Davis
Kevin Davis
Leslie Davis

Track star Cathy Staples demonstrates the long jump, one of her specialities.

MAKIN' TRACKS

An interest in running began for Cathy Staples with the Presidential Program in elementary school. A varsity member of the girl's track team at Glass in '75-'76, her favorite events are the 440-relay and the long jump.

"I enjoy running," remarks Cathy. "It is very worthwhile and rewarding, as well as a great way to keep in shape. I look forward to better track facilities next year at the new school."

Mrs. Overstreet, her gym teacher and track coach, says that Cathy is an outstanding student in all ways. She maintains a high academic standing, she has enthusiasm, and she is well-liked by her classmates and teammates.

Cathy started running during indoor season and has been one of the most dedicated participants on the squad. She works hard, both physically and mentally, and always seems to enjoy practicing either with the squad or on her own. She is frequently seen walking or jogging the two miles from the school to her home.

Lynne Davis
Martin Davis
Mike Davis
Robin Davis
Sandra Davis

Thomas Davis
Cindy Day
Ricky Dean
Shirl Dean
Ann Dearing

David Doss
Randy Driskill

Gary Early
Wilma Early

Pam Edwards
Chris Eggleston

FOR THE FUN OF RIFLES

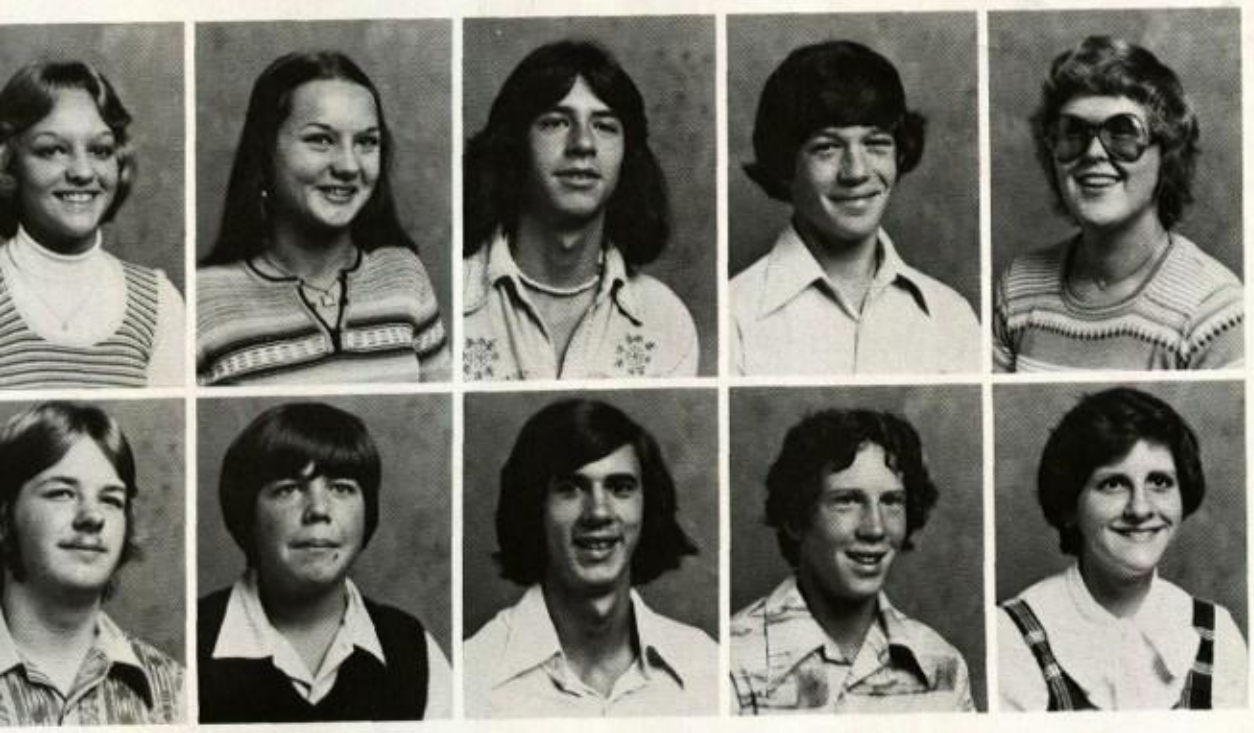
While practicing routines for the Rifle Corp, Debbie Watson catches the camera's eye.

Many separate elements went into the making of the mighty Pioneer band: drum majors, the band members themselves, and the Rifle Corp. Debbie Watson, a three-year Corp member, felt that "The Rifle Corp added excitement and color to the scene at halftime."

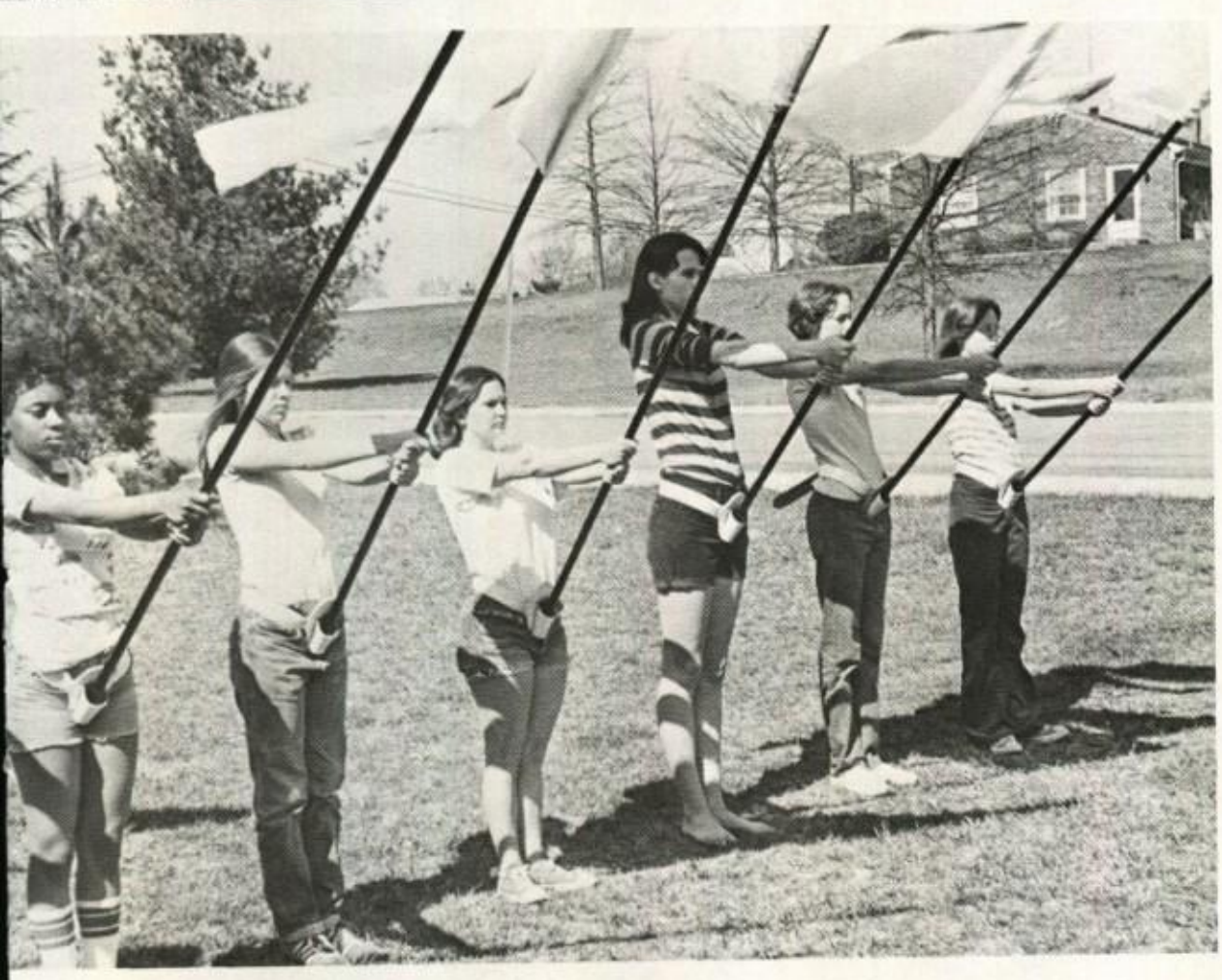
Working with the band and learning new routines was not easy, but Corp members benefited from attending special training camps during June.

How do you become a Corps member? Well, let the Corp know you're interested, learn the basics, and then develop your own routine to be judged.

"Being a part of the Corps gives you more confidence in yourself and your abilities. It also gives you an opportunity to make new friends and to be involved in something that is an important part of the school," said Debbie. "I hope to be in the Corp all through high school."

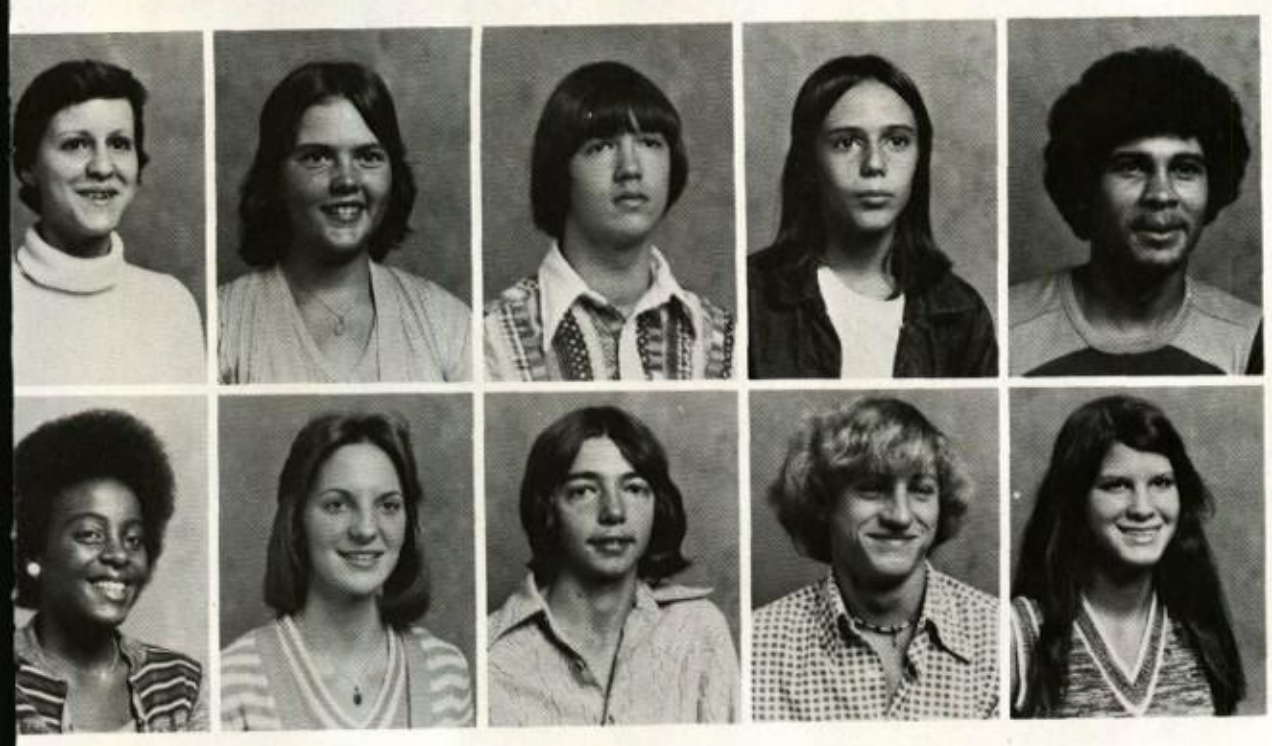


Gay Elam
Linda Elam
James Elliott
Ken Elliott
Lisa Epperson



Paul Ernsberger
Curtis Ervin
Jeff Eubank
John Evers
Celia Falls

Flag Corps hopefuls for '77-'78, Sabina Mosby, Allison Blackwell, Tammy Dotson, Becky Bryan, Donna Howard, and Teresa Johnson practice routine prior to try-outs.



Cynthia Falls
Vicky Farrar
Len Faulcaner
Danny Ferguson
David Ferguson

Lisa Ferguson
Beth Figg
Kevin Fisher
Keith Fitzgerald
Rana Fitzgerald

Career Fear? Not Here!

In class presentation on career choice, Brenda Markham discusses the requirements of a physical therapist.

Personnel director of Burlington Industries in Central Virginia, Mr. Wallace Hawkins, speaks to tenth graders during Career Week.

You're a sophomore in high school and your counselor, or maybe your parents, inform you that it's time to start thinking about a career. Terrified, you realize you haven't thought you would ever really go to work.

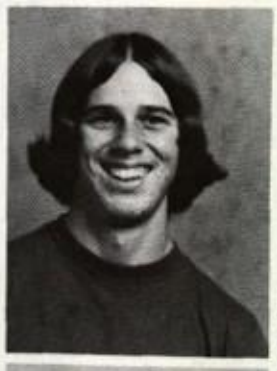
All over the country, thousands of students are preparing for their chosen careers. At Heritage from late October to mid-December, 10th grade students took part in an extensive career program specifically aimed at sophomores.

Representatives from various industries and all job levels came to talk to students: pilots, personnel managers, and doctors. Taped interviews of job-holders all over the city—construction foremen, transportation employees, service personnel—were played over the inter-com during classes.

In English classes students were assigned to write a research paper on a career that interested them.

Mr. Richard Moorman, director of the tenth grade career programs, says he believes that the program benefitted students from many standpoints. It aroused the student interest and made them aware of jobs and employment.

Other activities concerning careers were a Career Fair in March and seminars at CVCC.



Steve Fleshman

Denise Forbes

Jay Fore

Nena Franklin

Kathy Gallion

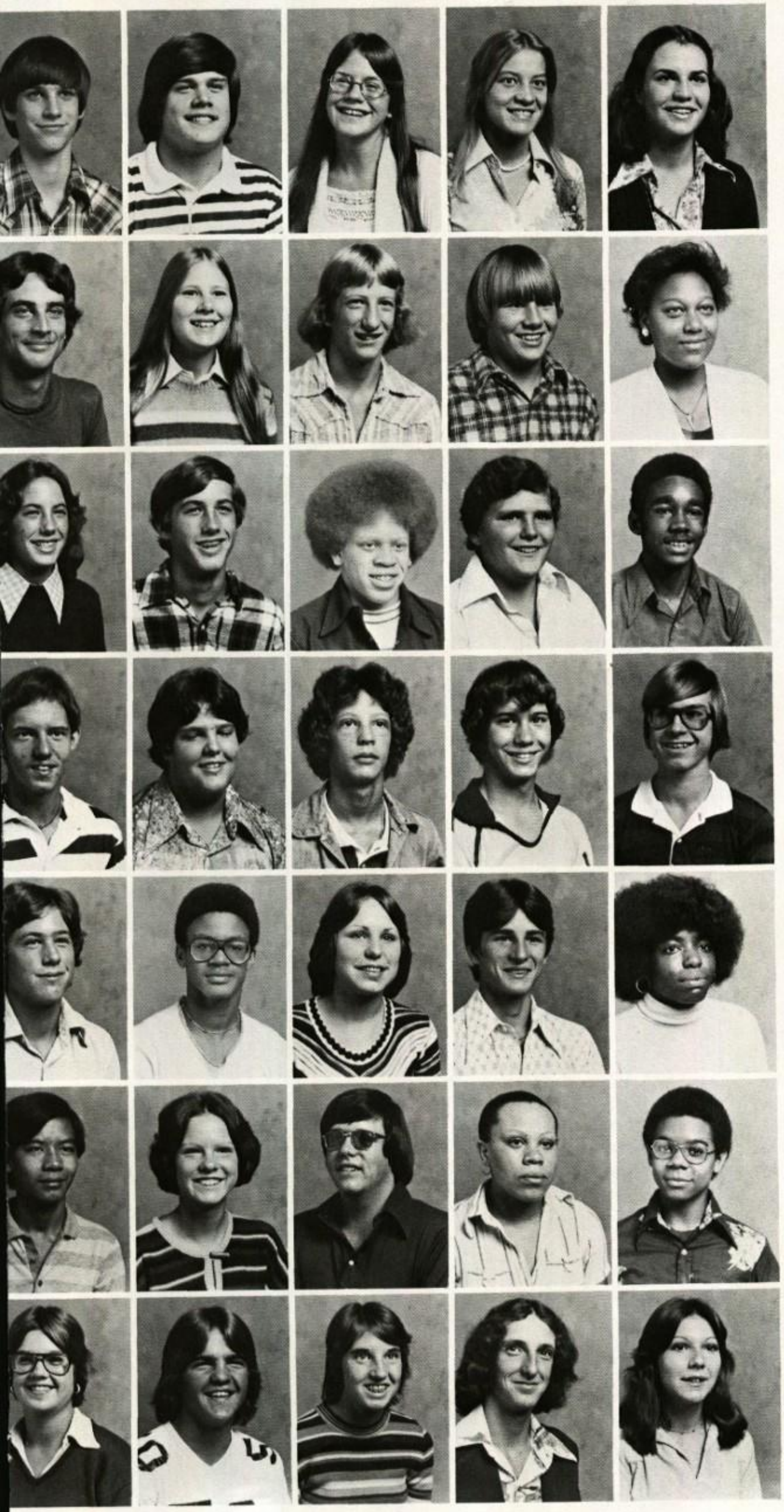
Wannette Garland

Danny Garnsey

Joyce Garrett

Debbie Gilliam

Patricia Givens



Paul Glasgow
Jerry Glover
Katie Goff
Robin Goin
Jeanette Gosser

Alvin Grizzard
Karen Guill
Dale Gunter
Greg Gunter
Angela Guy

Kitty Hahn
Scott Hahn
Jack Hall
Robert Hall
Ronald Hamlet

Roger Hamner
Jay Harding
Tim Hargis
Frank Harvey
Keith Harvey

Preston Hatcher
Richard Hayes
Debbie Hedrick
Brian Held
Dee Dee Henry

Long Hguyen
Beth Hicks
Richard Hicks
Marion Hilber
Carlton Hill

Annette Hodge
Randy Hodges
Alma Hoefle
Wayne Hogan
Emily Holt

Lydia Holt
Donald Horsley
Wanda Horsley
Cheryl Houston
Vivian Hubbard

Darryl Hudson
Duane Hughes
Joan Huiner
Edwin Hull
Teresa Hunsaker

Jennifer Hylton
Stacey Inge
Wayne Irby
Yvette Isaacs
Suzanne Isley

Bill Jackson
Brenda Jamerson
Clarence Jefferson
Don Jeffries
Clinton Jennings

"Break, Break"

"How 'bout that Bronco Buster one time, come on!" Wendell Walton, better known as "Bronco Buster" to CB'ers, started out with a six channel walkie-talkie and then bought himself a twenty-three channel Citizen's Band Radio.

"I have been interested in CB's for over two years now," says Wendell, "and since I got mine, I have picked states as far away as Arizona, Florida, and Michigan."

Wendell, whose call numbers are KYK-1431, usually stays on Channel 11. Call him for a chat. Until then, "We gone. Bye, Bye."

Bill Johnston
Elsie Johnson

CB'er Wendell Walton calls some of his "good buddies" on his 23 channel radio.

Lloyd Johnson
Rhonda Johnson
Joy Jones
Kevin Jones
Kit Jones

Lee Jones
Mike Jones
Pamela Jones
Sheila Jones
Wendy Kaminski

Timothy Kidd
Henry King
Ruby King
Dennis Knight
Doug Knowles

Kim Kobert
Lynne Kopp
Joanne Kyle
Ronnie Kyle
Steve Lambert

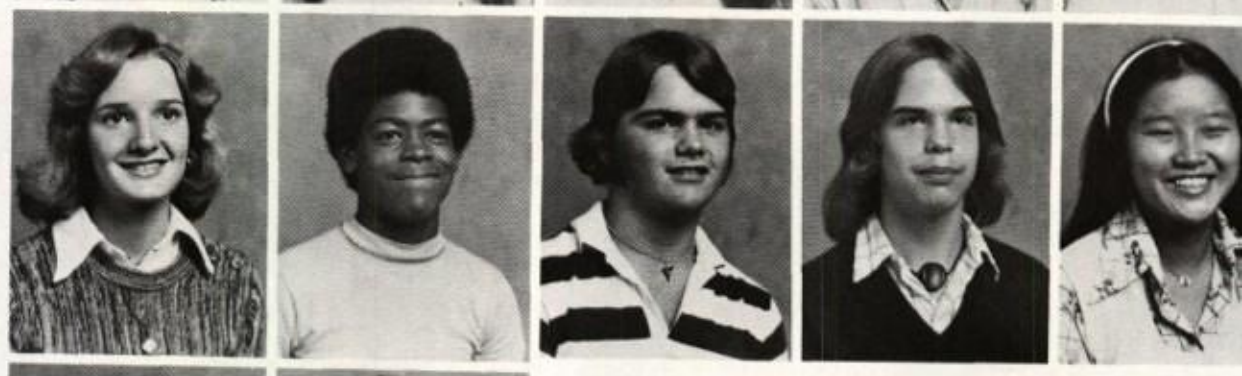
Dawn Lareau
Wendy Layne
Judy League
Betty Lee
Brenda Lee

Valerie Lee
Barbara Lewis
Cegies Lewis
Bruce Light
Kay Light

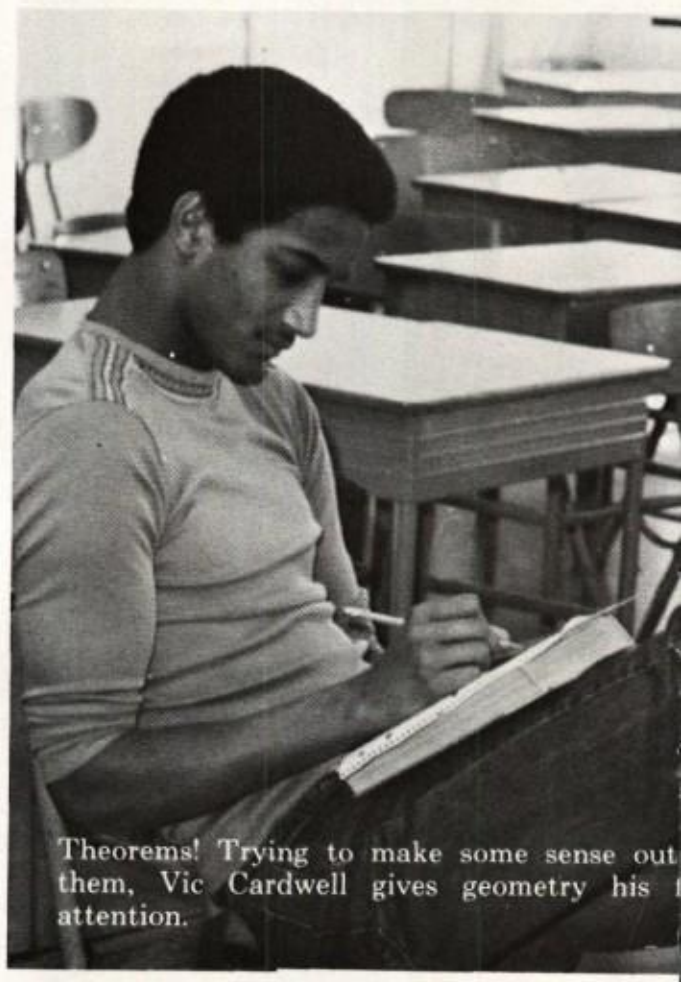
Joey Lillard
Neal Lindsey
Harvey Lockhart
Quentin Mabry
Carroll Mack

George Mack
Lesa Maness
Brenda Markham
Janet Markham
Robin Marsh

Cara Marshall
Quintus Marshall
R. B. Martin
Russell Mathis
Unchu Mayo



George McCormick
Jeff McCormick



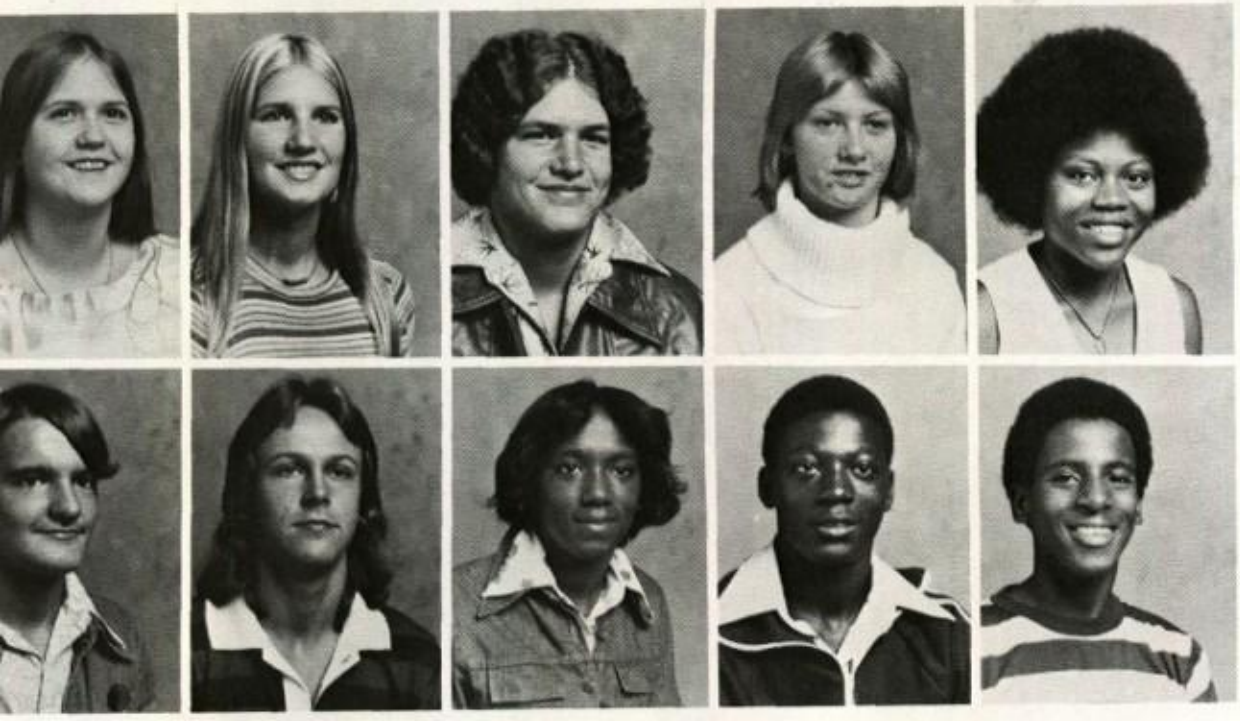
Theorems! Trying to make some sense out them, Vic Cardwell gives geometry his attention.

Katrina McCraw
Barbara McCray

Walter McCray
Sonya McDaniel

Sharon McFaden
Johnny McKinney
Conya McRight
Robin Metts
Carol Miles

Mike Millner
Tony Miller
Dennis Millner
Kim Mitchell
Teresa Mitchell



Valerie Mitchell
Rhonda Moon
Brent Moore
Pam Moore
Patricia Moore

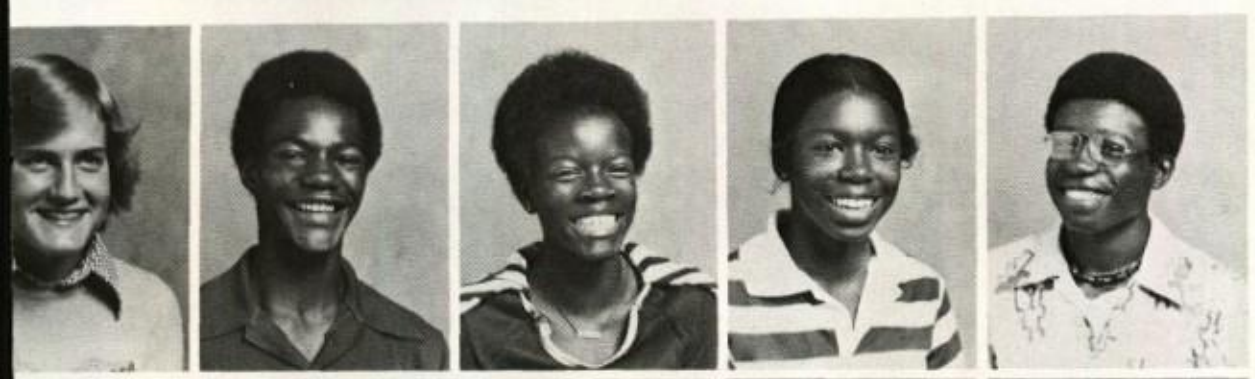
Richard Moore
Ricky Moorefield
Antionette Morgan
Damon Morris
James Morris

KEEP THOSE LEGS CHURNIN'

Vic Cardwell, who plays defensive back on the varsity football team, comments on the season, "It was a year of learning, trying at times, but all in all it was worth it."

Vic also had a great year in both indoor and outdoor track. He was voted "Outstanding Sophomore" by his fellow teammates and came in sixth in the district in the one thousand.

But Vic's not "all work and no play." In his spare time he collects comic books and enjoys playing basketball.



Margo Morris
Jerome Mosley
Brenda Moss
Paul Moss

Richard Murphy
Kim Myers
Ervin Napier
Dean Nash
Tom Norvell

Laura Overstreet
Ken Owen
Beth Padgett
Pam Padgett
Clay Page

Joey Page
Chris Pages
Connie Parker
Greg Parrish
Robin Pauley

Bluegrass Boy

Musical talent and a long list of accomplishments anyone would envy—these belong to sophomore Randy Driskill.

At six, Randy began picking out notes and then playing tunes on his grandfather's guitar. With parental encouragement, he has learned to play not only the guitar, but also the banjo, bass, fiddle, mandolin, and the slide dobro guitar.

At thirteen, his talent landed him a place with "The Mountain Men," a bluegrass band. Later he joined "Shady Valley Grass" and the "Bluegrass Unlimited."

"The guys were mostly in their late twenties to middle thirties," Randy said, "But there wasn't any friction or lack of communication between us; we really got along well."

Two months ago, fifteen year old Randy joined "Harvest," a bluegrass band that has put out the album and tape, "Breaking Ground." Randy definitely plans to make music his career.

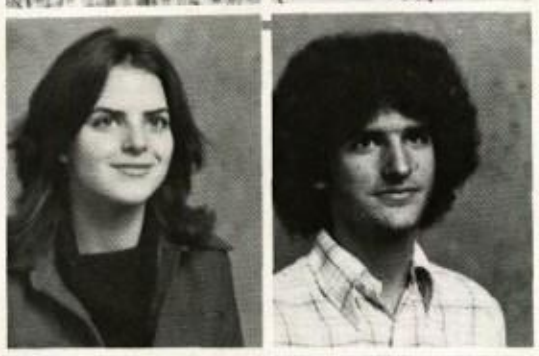
One of many musically talented students, Randy Driskill excels in banjo playing.

James Pearce
Annette Penn
Chip Penn
Samuel Pennix
Greg Pfeifer

Thuan Pham
Angela Pinn
Ellen Plunkett
Betty Poindexter
Jeff Porter

Lisa Powell
Mallory Powell
Wendy Powers
Jackie Preston
John Pryor

Robin Quick
Rhonda Rafferty
Donna Ramsey
Tony Ramsey
Daryl Reid



Sally Reid
Steve Reid

Dale Reno
Becky Richards

Becky Richardson
Phillip Roark

Lynn Robertson
Byron Robinson
Everett Robinson
Ojetta Robinson
Brian Rose

Alvin Rosser
David Rowland
Carolyn Rucker
Steve Rupert
Alice Russ

"Disco Duck"

Junior Achievement is students getting together and forming their own mini-corporations. They choose and manufacture a product, develop a sales approach, and keep books for the company.

Dee Dee Bowen was a first time "Achiever" and Safety Manager for her company, Creations Unlimited. Her job was to make sure the equipment was properly used and stored.

"Puppet Bird" was Creations' product. Selling for $4.00, it was so successful that the company had back orders throughout the year. "Creations Unlimited" exhibited their product at the J.A. Trade Fair, March 5, at Shopper's Fair.

Demonstrating talents of "Puppet Bird" as part of her sales pitch, Dee Dee Bowen tries to interest Mr. Storm in making a purchase.

Arthur Sales

Ronald Sanders

Ernie Sawyer

June Schaefer

Sheri Schaffer

Fred Schwartz

Bucky Scott

Kenneth Scott

Kim Scott

Gerald Scruggs

David Seamon

Karen Seamster

Andy Seward

Martin Seyffert

Fred Shaner

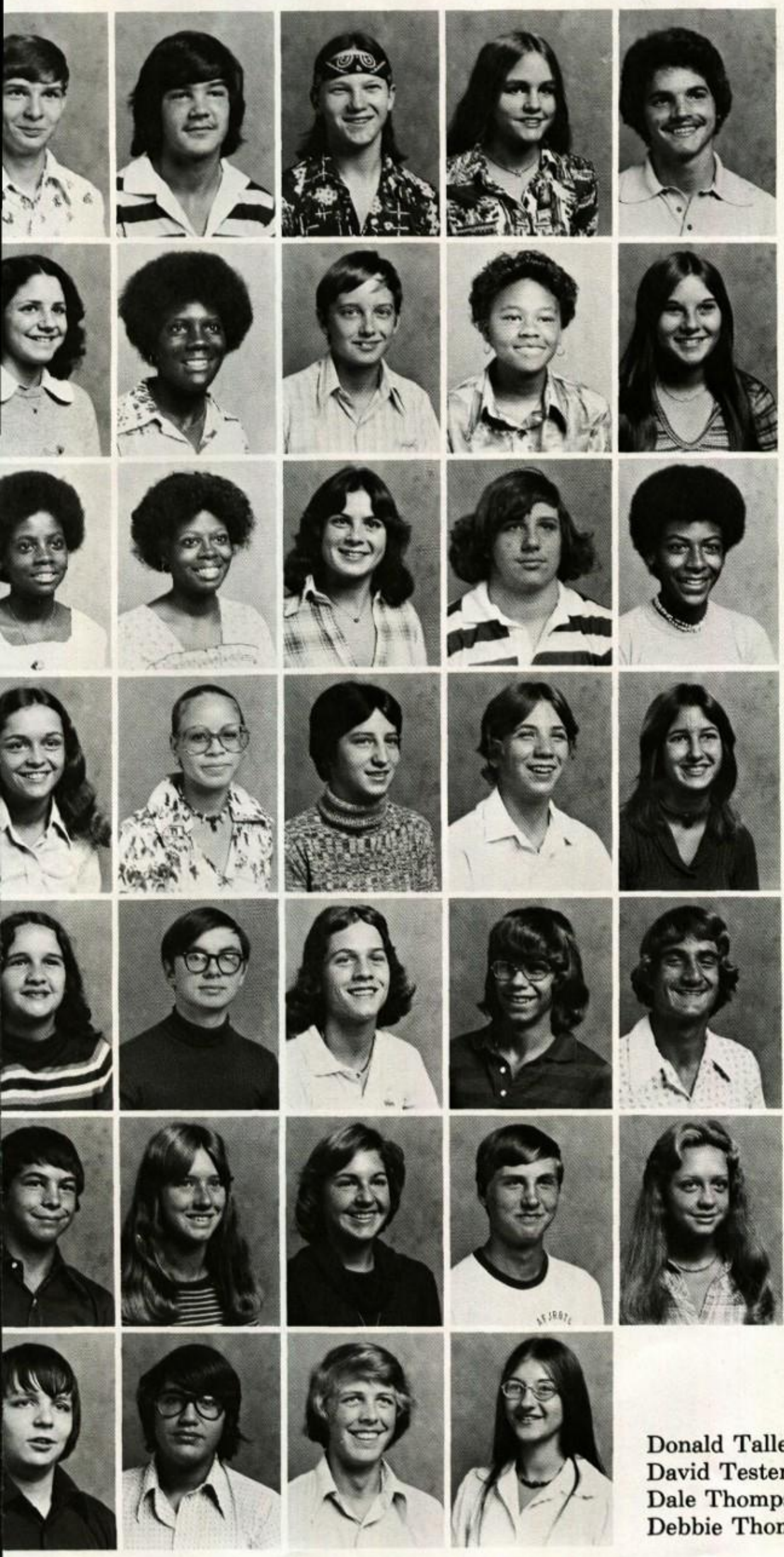
Kitty Shaner

Mark Shelton

Susan Shipley

Lynne Shirey

Mike Shirey



Chipper Shirley
Mike Shuler
Kevin Simpson
Angela Smith
Anthony Smith

Barbara Smith
Beverly Smith
Craig Smith
Delores Smith
Katrina Smith

Sheletta Smith
Sherell Smith
Donna Snyder
Wes Sparkman
Ralph Spencer

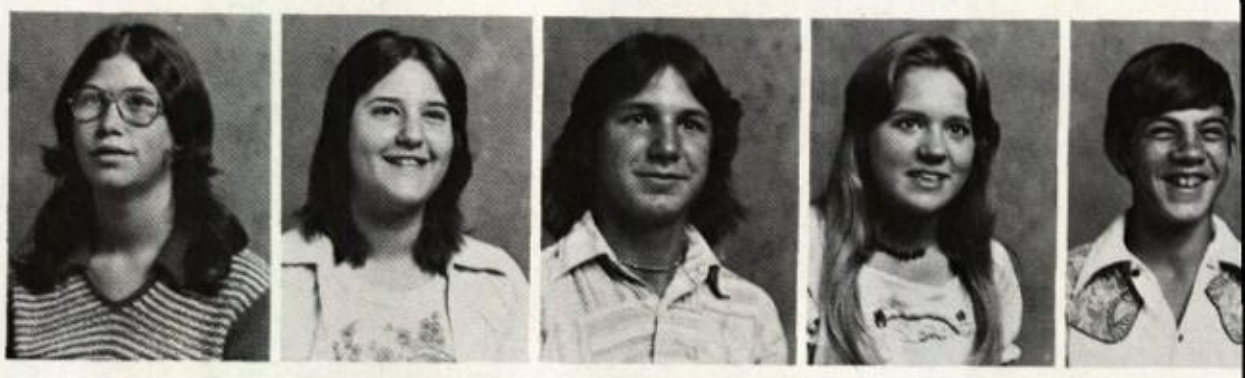
Sallie Spencer
Shaun Spencer
Cathy Staples
Kenneth Staton
Robin Steffens

Belinda Stewart
Dennis Stewart
Brad Stinnett
David St. John
Bradley Stone

Steve Stone
Tracy Sublett
Mary Sumpter
Dave Sutton
Carol Svitek

Donald Talley
David Tester
Dale Thompson
Debbie Thompson

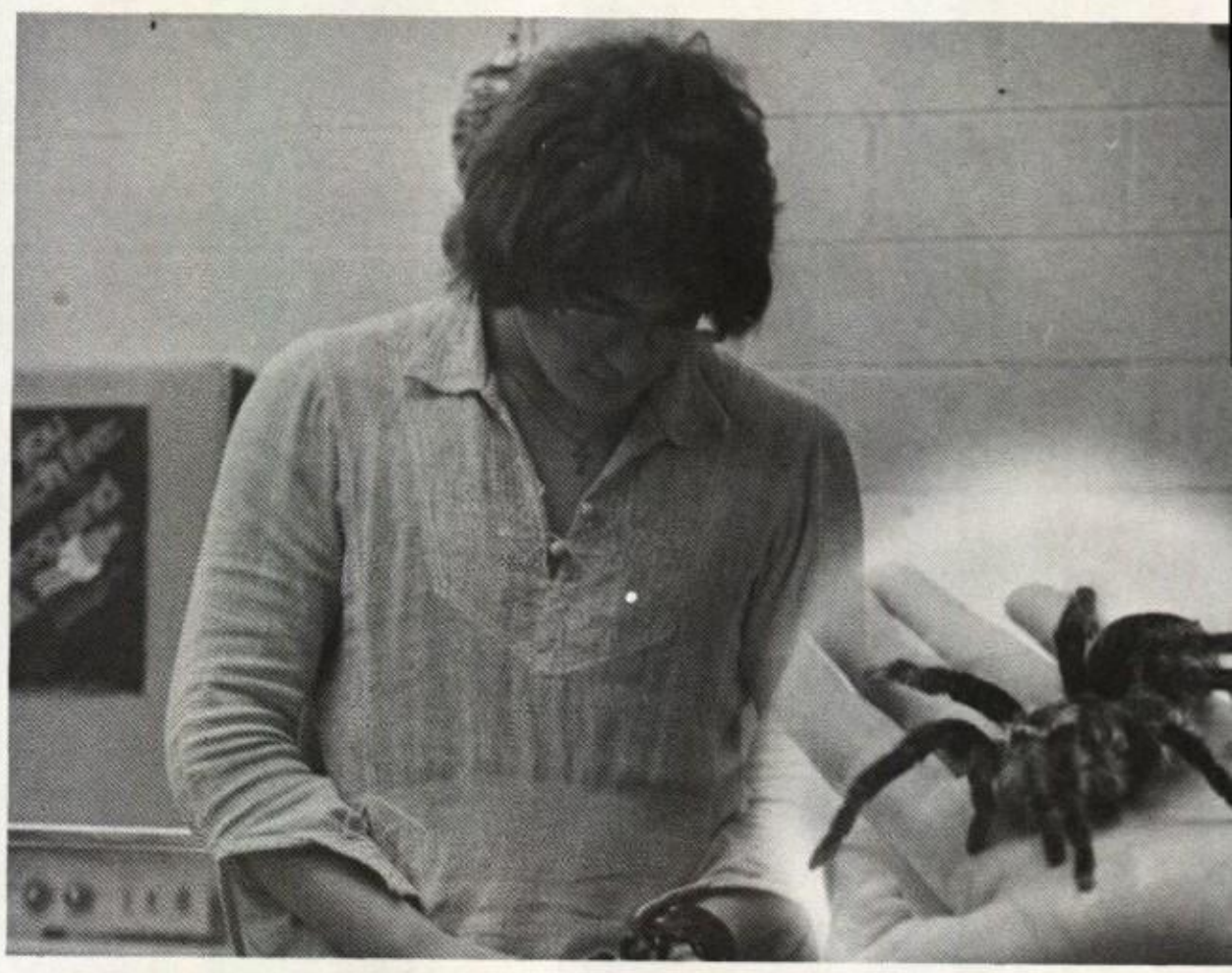
Ellen Tomlin
Ellen Tomlin
Perry Tomlin
Sharon Trent
Danny Tucker



HAIRY 'N SCARY

Three years ago, Martin Seyffert's dad brought "Tulip" home. Only this Tulip was no flower. It was a six inch long tarantula, somtimes called a "banana spider."

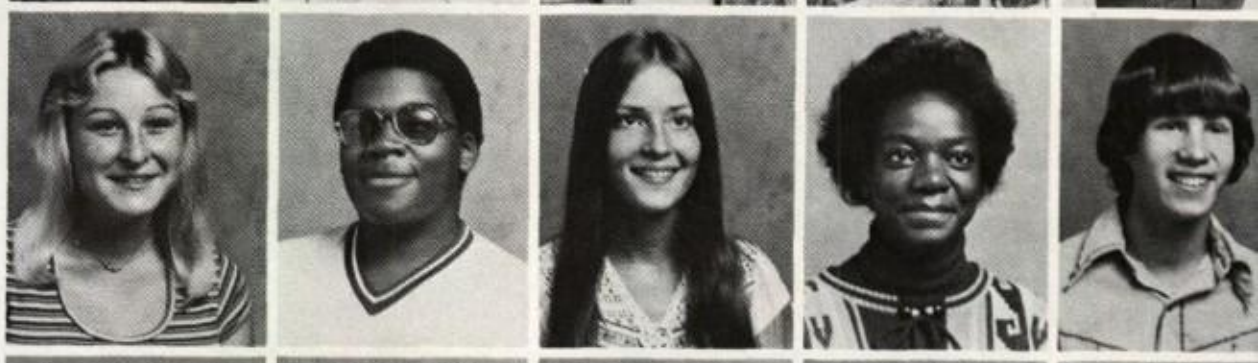
Martin feeds his fuzzy friend live mice and cockroaches every three weeks. For exercise, Tulip crawls around Martin's room. "They make good pets," said Martin. "They don't make noise; they don't eat too much; and they are friendly."



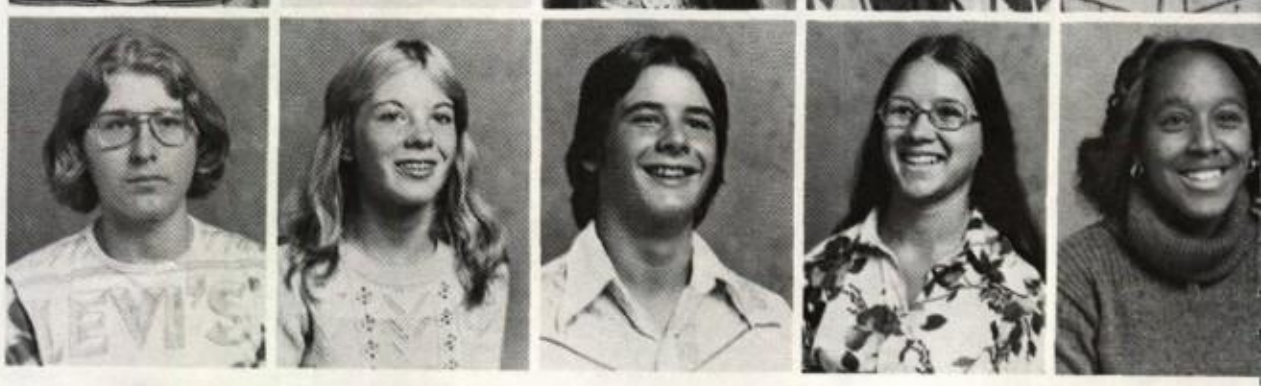
"Tulip the Tarantula," in the hand of his owner Martin Seyffert, was a respected guest in the biology classes this winter.

Tom Tucker
Nancy Tyree
Bo Vaughan
Jeff Viar
Rhonda Wade

Tammy Wade
Langston Walker
Susan Walker
Andrea Waller
Wendell Walton



Ricky Ware
Debbie Watson
David Weaver
Susan Weaver
Deborah Webb



Jimmy Wheeler
Amy White
Debra White
Patricia White
Gary Whitted

Katrina Whitehouse
James Williams
Peggy Williams
Peyton Williams
Stanley Williams

Annette Wilson
Carolyn Wilson
David Wilson
Maude Wilson
Regina Wilson

Uzziel Wilson
David Wood
Harold Woodard
Angela Woodson
Antonio Woody

Barry Woody
Cora Word
Kevin Worley
Ray Weeks
David Wright

Mad scientists loose in school? No, it's Dennis Pinigis, Ray Saunders, and Gregg Smith calibrating a thermometer in their chemistry class.

Deborah Wright
Steve Wright
Josephine Wynn
Gary Young
Roland Younger

UPS AND DOWNS

As eighth graders, we looked forward to leaving familiar junior high, and entering the sometimes scary, practically grown up world of high school. The big day approached, and we were filled with conflicting thoughts about high school, but somehow we knew things would turn out okay.

As freshmen, we made a few mistakes. We got in the wrong lines, lost our way in the halls, and sometimes sat on the wrong side at football games. But we always bounced back with even more determination to help make Heritage High School the best ever.

We gave our spirit, our ideas, and our pride to the school; and next year we will be the ones to help the new freshmen through the confusion of their first year.

Frollicking in the sun, freshmen Ken Williams, David Hodges, Richie Wade, Stephanie Stewart, Lisa Foster, and Kelly Eagle build a pyramid.

FRESHMEN

Roger Abbott
Tim Akers
Donald Alexander
Jackie Alexander
Sharon Alexander

David Allen
Stephen Almond
Charlene Alston
Keith Alston
Debbie Anderson

Joyce Anderson
Steve Anderson
Ta'Juanna Anderson
Tania Anderson
Stephanie Andrews

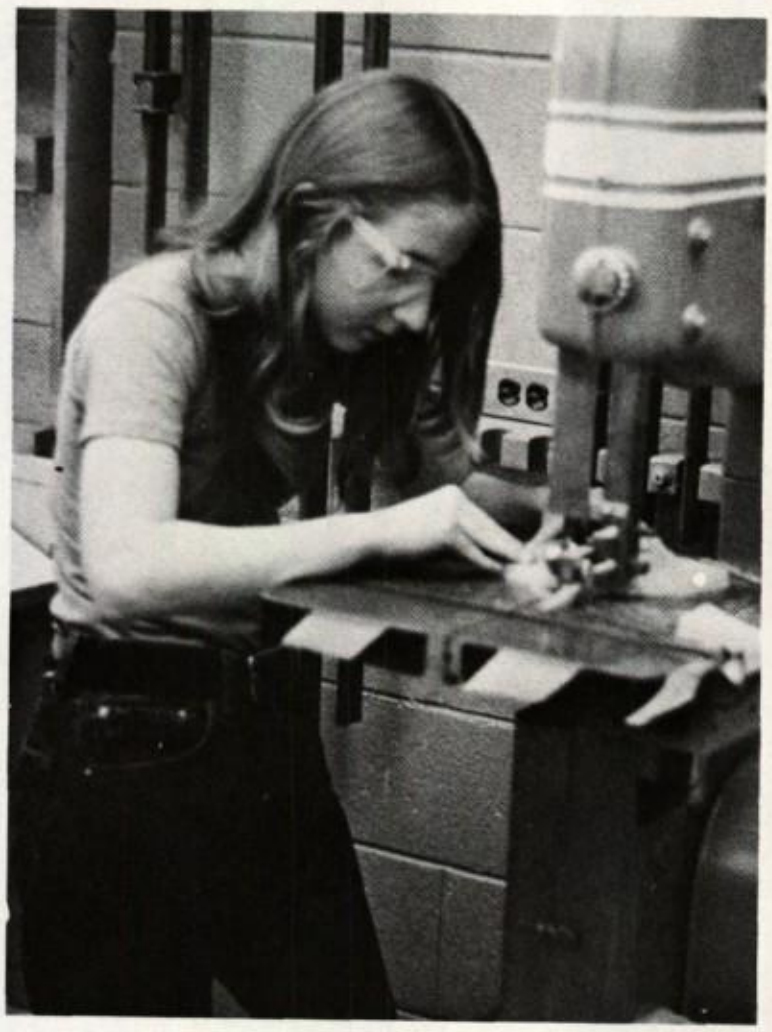
Arnetta Andrews
Laura Armstrong
Pat Arthur
Brad Aultice
Dennis Austin

Debbie Ayers
Kim Baber
Mary Bailey
David Baker
Nicky Bandujo

Warren Banks
Johnny Barrett
David Beahm
Brian Beasley
Queen Beasley

Allyson Blackwell
Greg Blanks
Timothy Blanks
Kenda Bomar
Kelly Bondurant

Cutting heart-shaped lid for jewelry box requires Julie Williams' close attention and light touch.



Linda Boswell
Ronnie Boyd

Robert Boyer
Jeff Brandenburg

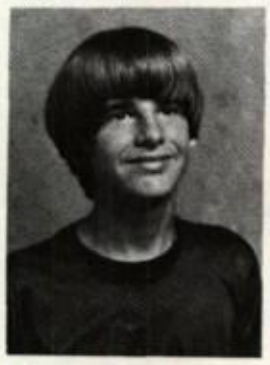
George Branham
Clyde Braxton

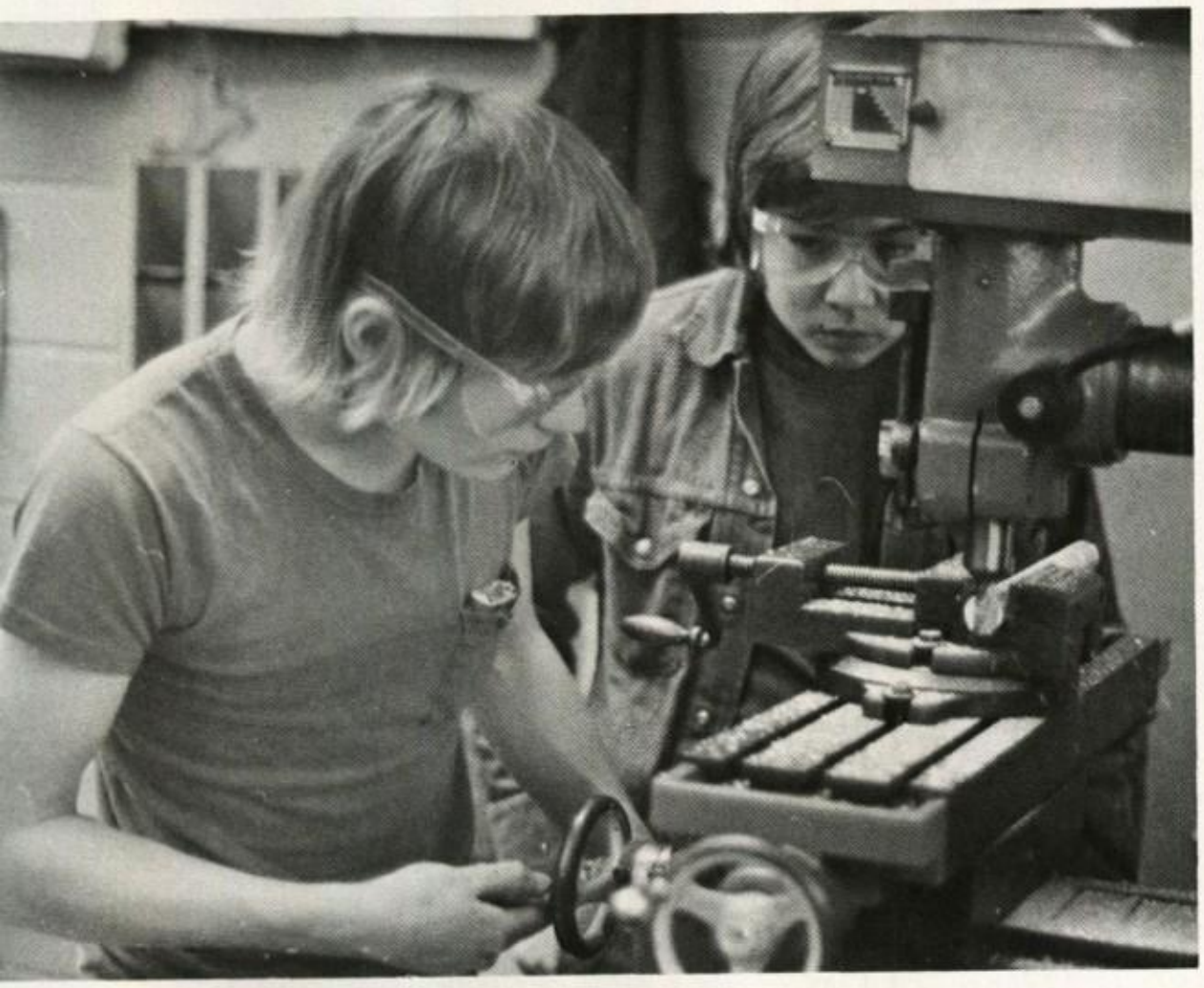
Teresa Brinn
Sharon Briscoe
Chuck Brooks
Terry Brooks
Connie Brown

Gary Brown
Greg Brown
Reginald Brown
Ronald Brown
Ronnie Brown

Stephanie Brown
David Bryant
Paul Bryant
Jeff Buckner
Timothy Burge

Jeff Burks
Jerome Burks
Eddie Burnette
Eddie Burruss



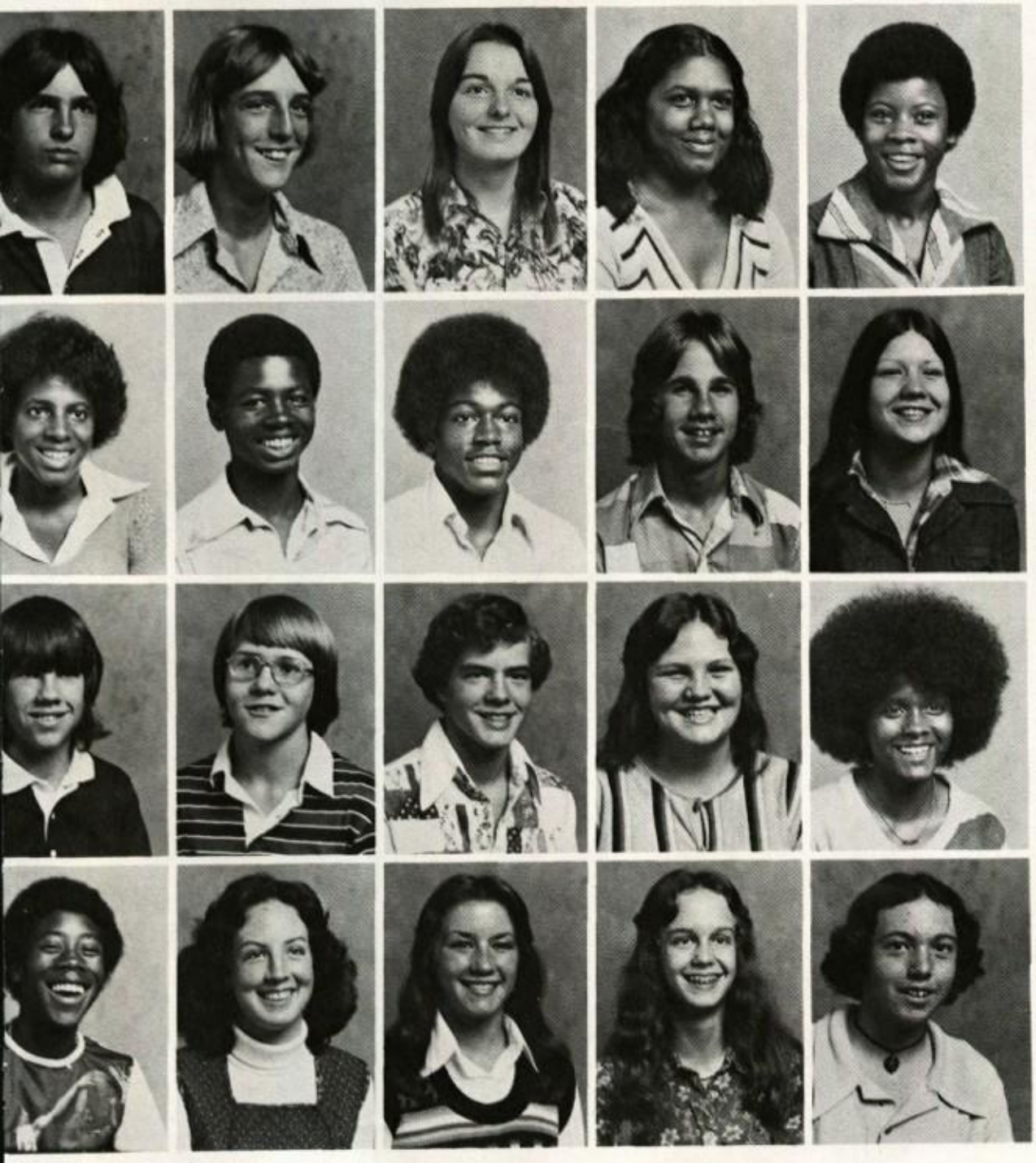


ART IN WOOD

Co-ed shop courses came just in time for Julie Williams, a ninth grade student. She became interested in working with wood several years ago. When she took woodworking in the eighth grade, she found that she also liked working with the many types of tools and machinery in the shop.

One of her current teachers, Mr. Austin, says, "Julie is real good. She is both talented and coordinated." Julie likes everything, except the unavoidable tests, and is planning on taking shop all through school.

Milling aluminum stock occupys the attention of metal shop students G.L. Tomlin and David Marsh.



Jimmy Burton
Mark Butt
Pam Byrd
Anna Cabell
Denise Calloway

Wanda Calloway
William Calloway
Cornell Campbell
Ricky Campbell
Vicky Campbell

Linwood Canada
Marty Canfield
Phillip Carson
Brenda Carter
Cordelia Carter

Ronald Carter
Sherry Carter
Pam Carwile
Della Catlett
Reggie Catlett

Betsy Cash
Don Cassada
David Chambers
Steve Chandler
Andre Charlton

David Cheatham
Sherry Cheatham
Doug Childress
Mary Childress
Janet Christian

Tom Cole
Billy Coleman
Kenneth Coleman
Ronald Coleman
Ronnie Collier

Michael Coppo
Frances Cox
Mark Creasy
Tami Crist
Warren Croft

Lori Crouch
Troy Croudy
Denise Culpepper
Godfrey Culpepper
Vernice Cunningham

Debbie Dalton
Dorinda Daniel
Barbara Davis
Jeff Davis
Mike Davis

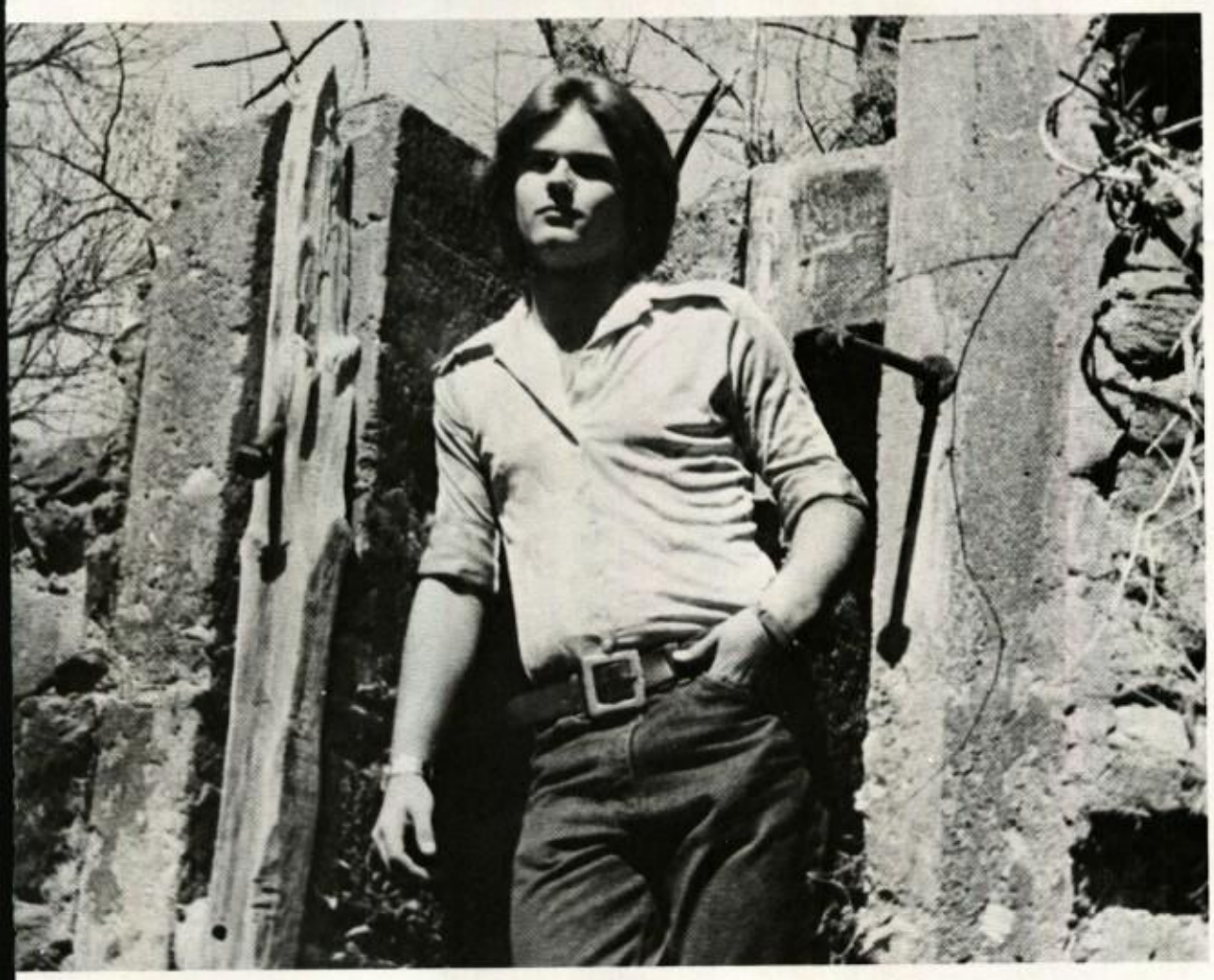
Reggie Davis
Shelby Davis
Vickie Davis
Wayne Davis
Linda Deacon

Jeff Dean
Morris Deas
Charles DeMent
Debbie Deming
Danny DeMonte

Gary Desper
Yvette Dickerson
Renee Dillard
Larry Doble
Norman Dorr

Tuawanna Doubt
Lisa Drinkard
Paul Drinkard
David Driskill
Dennis DuBois

Kelvin Duncan
Kelly Eagle
J.B. Eanes
Tamara Earnist



WATER WONDER

Paul Drinkard, a skilled water-skier, has been skiing for almost fourteen years. He has spent time perfecting and enjoying water-skiing. When he becomes eighteen, Paul plans to enter competitions in which he will ski for money, not trophies. He trick skis, using sleds and discs. He can slalom and has tried barefoot skiing, an art he hopes to perfect this summer.

Paul's family has a cabin on Smith Mountain Lake, where he skis most of the time. He has been offered a job as a ski instructor in Miami, Florida, for the summer.

Gazing across the water from the old mill site, Paul Drinkard dreams of his future in water skiing.

Nwabufo Ebo
Keith Edwards
Robert Elium
Emily Eller

Tim Elliot
Kathy Ellison
Susan Fainter
Amanda Farmer

Trudy Farrar

Anthony Ferguson

Brenda Ferguson

Carl Ferguson
Pam Ferguson
Debbie Ferrone
Cassie Fleshman

Richard Floyd

Bobette Ford
Tyrone Fore
Denise Foster
Katrina Foster

Lisa Foster
Gary Francis
Allen Franklin
Keith Franklin

MULTI-TALENT

Ronald Brown is always improving himself. He is a J.V. football player and a varsity wrestler. He has had much experience in football by playing in junior high school and the city league, prior to this year. A defensive end, Ronald plans to be on the varsity team next year.

Until this year Ronald limited himself to football, but then he discovered wrestling. He joined the varsity wrestling team and is now defending his 145 pound weight class. This year he had achieved a platinum metal and a ribbon. He plans to continue wrestling throughout high school.

Ronald commented that he might run track next year in addition to playing football and wrestling. He has set no special goals for himself. "I just like the competition," he stated.

Freshman Ronald Brown pins opponent from Cave Springs.

Joe Frazier
Stephen Gallaher
Mike Garbee
Gary Garner

Teresa Garrisen
Ken George
Fred Giles
Barry Gilliam

Donny Gilliam
Odette Gills
J.R. Gloudemans
Greg Glover
George Goin

Debbie Graham
Diane Gray
Pam Gunter
Gwen Hale
Jay Hale

Ted Hamilton
Todd Hamilton
Debbie Hamlet
Mark Hamlet
Ronald Harbin

Pam Hargis
Linda Harris
Mike Harris
Natalie Harris
Oscar Harris

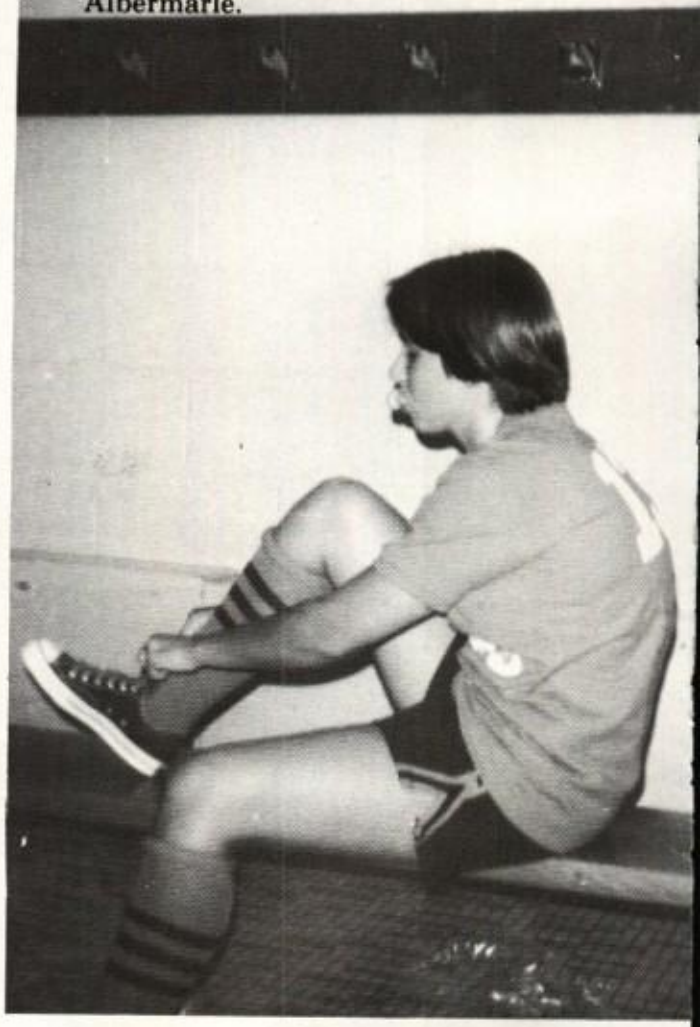
Bars'n Beams

As a freshman, Martha Williams already has a good start as a gymnast. While on vacation at Ferrystone, Martha saw some girls doing gymnastics and became interested.

She took lessons for two years at the local YWCA where she entered several competitions. She also competed in the Junior Olympics at Richmond in 1973.

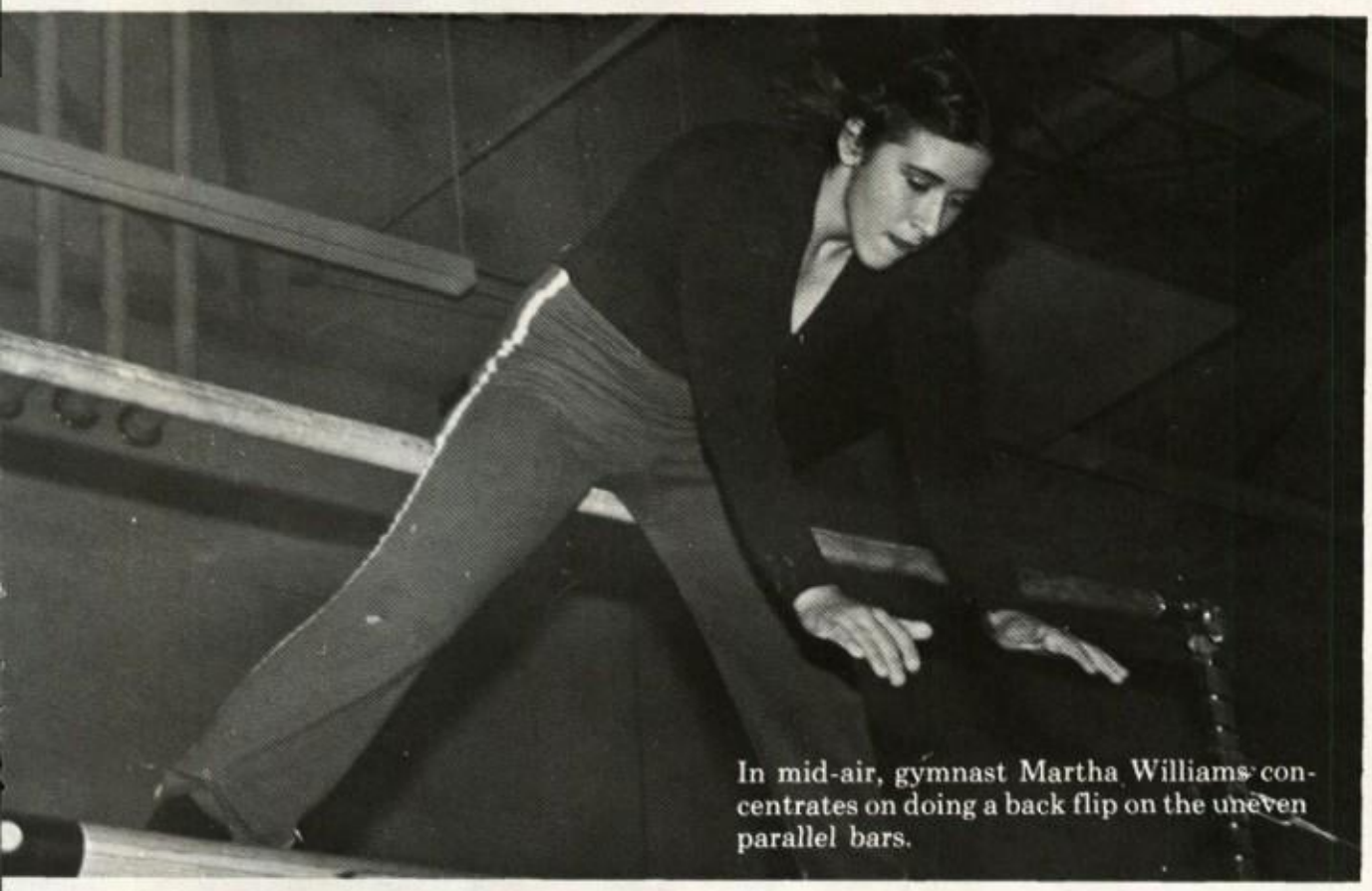
Martha was on the gymnastics team at Dunbar for two years and is now having a good year at Heritage. She is an all-round gymnast, competing in the uneven parallel bars, balance beam, floor exercises, and vaulting divisions.

All-round athlete, Martha Williams dresses for a girl's varsity volleyball game with Albermarle.



Richard Harris
Teresa Hartless
Alesia Haskins
Angela Haskins
Debbie Hawkins

Ricky Hawkins
Linda Hendricks
Teresa Henegan
Edward Hilber
John Hillman

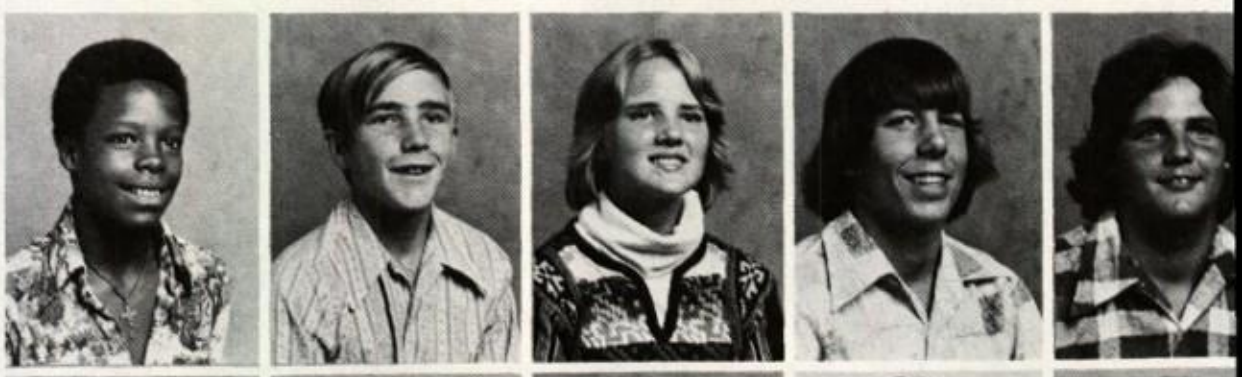


In mid-air, gymnast Martha Williams concentrates on doing a back flip on the uneven parallel bars.

David Hodges
Barsino Horsley
Ramona Horsley
Diane Houston
Donna Howard

Jackie Hubbard
Mike Hubbard
Timothy Hudson
Cheri Hughes
Debony Hughes

James Humbles
Clinton Hurt
Kim Hickman
Robert Hicks
Kenny Irby



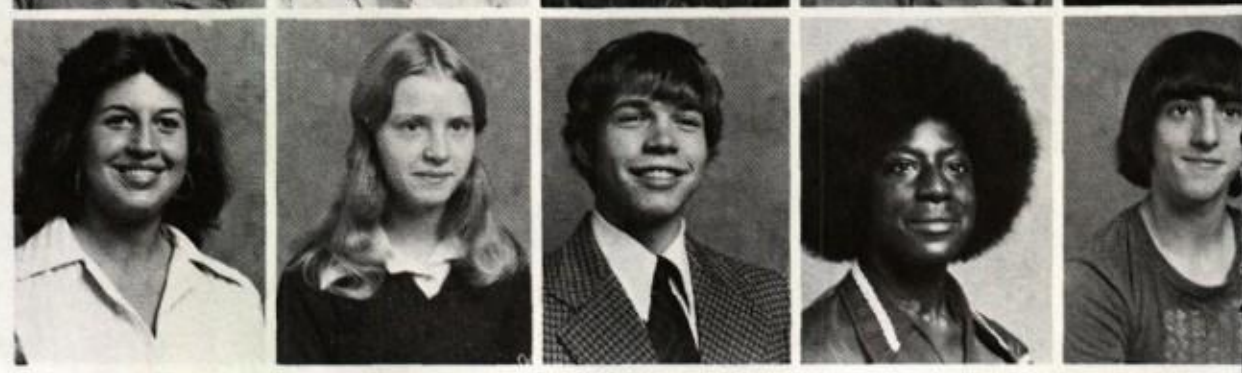
Dean Janis
Scott Janis
Ken Jenkins
Zebia Jennings
Anthony Johnson

Clinton Johnson
Cynthia Johnson
Dorothy Johnson
Early Johnson
James Johnson

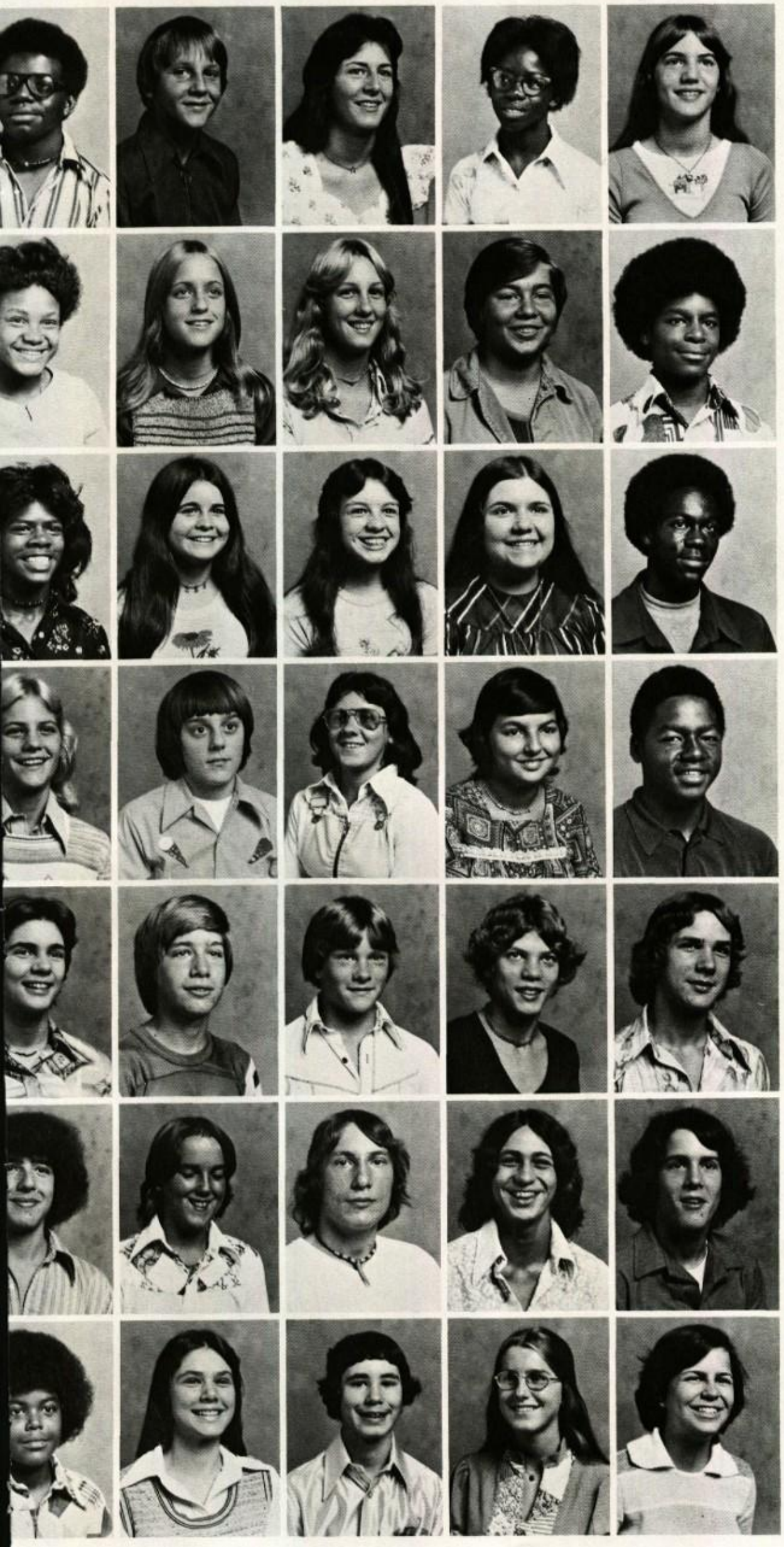
Katrina Johnson
Lee Johnson
Teresa Johnson
Becky Jones
Ricky Jones

Vickey Jones
Joni Jordan
Alton Jourdan
Scott Kirby
Dwayne Knowles

Alan Kramar
Troy Krantz
David Laughlin
Larwence Lawhorne
Ronnie Lawhorne



Betty Leech
Barbara Leverich
David Lindsay
Eddie Linthicum
Mark Lonergan



Kevin Lovelace
Steve Luken
Ginger Luth
Annie Mack
Lisa Mackzum

Tracey Malone
Cheryn Maness
Brigitte Mann
David Marsh
Greg Marshall

Youlanda Marshall
Carolyn Martin
Juanita Martin
June Martin
Phillip Martin

Rhonda Martin
Paul Martinez
Sheree Mason
Wanda Mason
Johnny Massie

Martha Massie
Alan May
Kevin May
Bruce Mayberry
Donnie Mayberry

Tony Mayhew
Jeff McCormick
John McCracken
Warren McCracken
Scott McCraw

Tim McCoy
Claudia McDaniel
Craig McGhee
Teresa McGhee
Tammy McKinney

MOVE OVER MARK SPITZ

Swimming star Richard Harris has spent the past ten years of his life amassing fifty trophies and over four hundred first place medals and ribbons in his chosen sport. He has been seeded in the National Top Ten sixteen times and first in the nation five times, four in the YMCA league and once in the AAU.

Richard had this to say about swimming in Lynchburg: "We desperately need a good swimming facility. You have to give a lot of credit to the coaches, especially Russ Gregory, for how much they've done for Lynchburg's swimming program. It has been difficult considering the limited time and facilities available in the winter."

Lisa McLaughin
Cathy Melvin
Karen Michael
Carol Miller

Charlice Moore
Gary Moore
Melanie Moore
Russell Moore

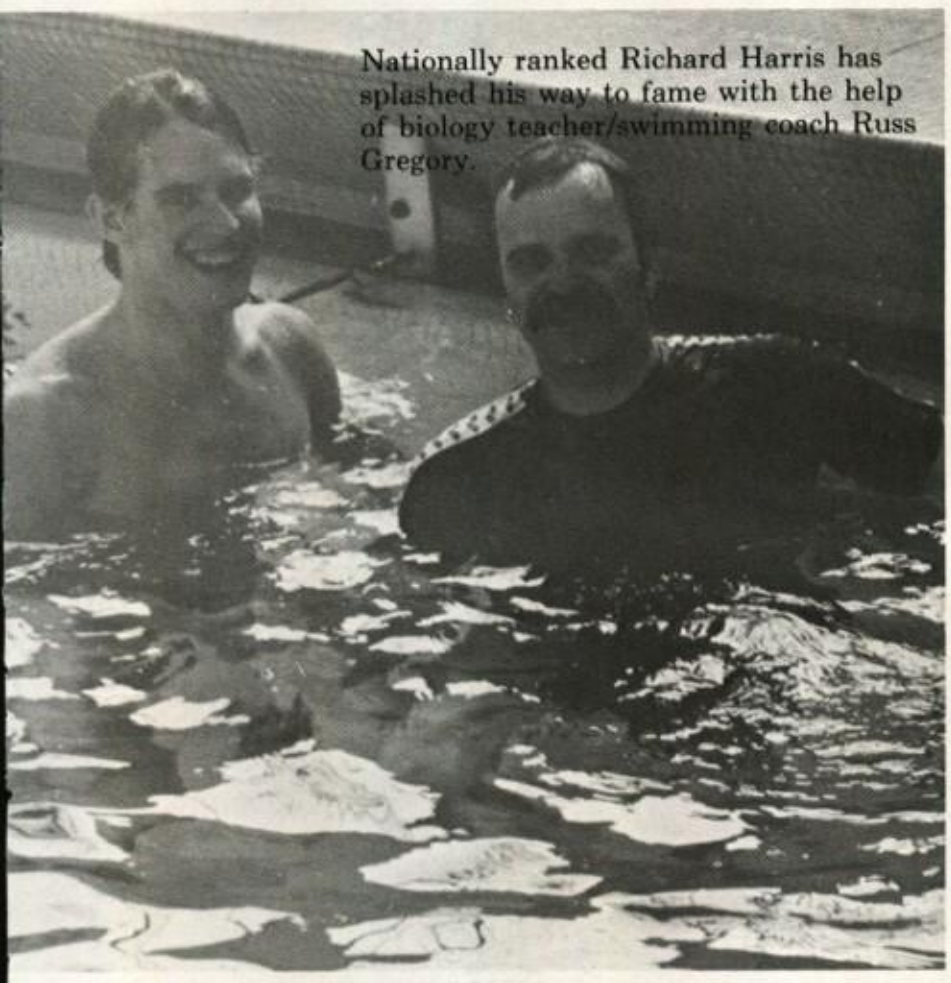
Carla Morris
Greg Morris
Kathy Morris
Michelle Morris

Kelly Morrison
Larry Morton
Kenneth Mosby
Sabina Mosby

Kathleen Moses
Larry Moses
Cathy Moss

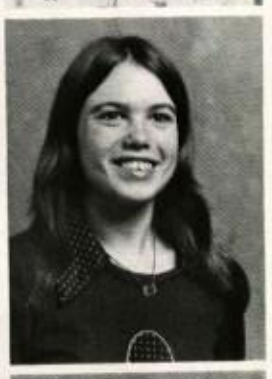
James Murrell
Martha Napier
Mildred Napier
Ken Neighbors
Gary Nelson

Mike New
Suzanne Newman
Linda Nixon
Mike Norris
Leslie Nowlin



Nationally ranked Richard Harris has splashed his way to fame with the help of biology teacher/swimming coach Russ Gregory.

Chuck Orr



Sharon Overstreet

Gary Pages

Lecia Paige
Ronald Parrish
Teddy Patton
Beverly Payne
Yvonne Payne

Valerie Penn
Dennis Pinigis

Using overhead projector, Scott Kirby's demonstration in his physical science class is closely followed by Mark Lonergan and Sam Richardson.

HAMMIN' IT UP

"Ham radio": these words are snyonymous with excitement to Scott Kirby, a member of the Lynchburg Amateur Radio Club. He finds that being a ham radio operator provides many advantages for him.

His brothers first introduced him to the hobby. One of them now lives in Maryland; sometimes Scott is able to talk to him on the radio. He commented, "It saves money on long distance telephone calls!"

Most of the time Scott operates on 15, 40, and 80 meter bands. He has talked to people in all fifty states, in European countries, and in South Africa. Time and weather are factors that determine how far away he can reach and on what band.

James Perkins
Melisa Perrow
Jay Phillips
Sharon Phillips
James Poindexter

Chris Pollard
Donna Pollard
Pam Pope
Katrenna Porter
Craig Powell

Shawn Preston
Theresa Pucket
Mike Purvis
Donald Query
Mark Ragland

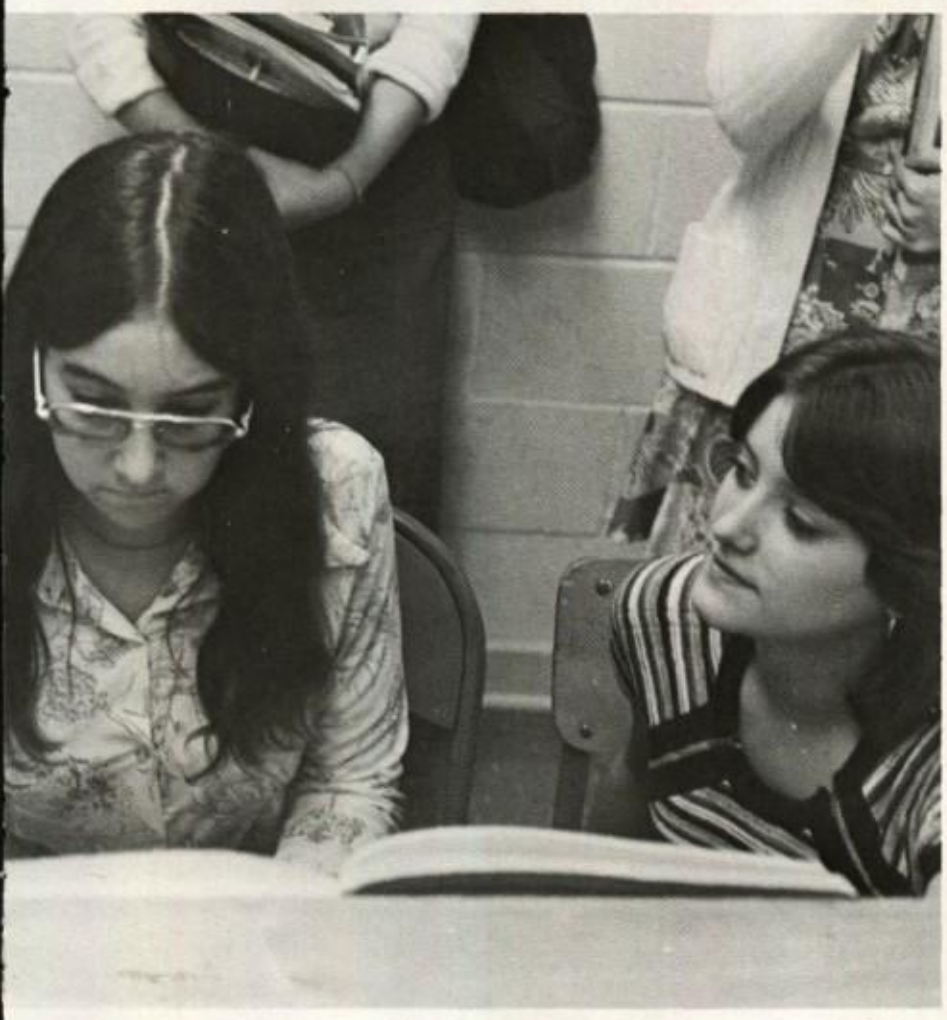
James Rand
Tony Rapp
Bobby Rea
Steve Rea
Robin Reed

Clarence Reid
Tommy Reynolds
Denny Rice
Randy Richards
Sam Richardson

Billy Richie
Kevin Riddle
Mark Robertson
Pat Robertson
Jeff Robey

Cynthia Robinson
Eric Robinson
Donna Rodgers
Brian Roginski
Roxanne Rose

Nancy Ross
Ray Rosser
Bert Rowland



Waiting for choir practice to begin, Tamara Earnest plays the piano while Cindy Woodard looks on.

Joyce Rucker
Marye Rucker
Diane Sale
Bob Sanders

Anita Saunders
Beth Saunders
James Saunders
Sharon Saunders

William Saville
Lisa Schoenhofen
Ella Scott
Felicia Scott

Gee Scott
Kendall Scott
Patricia Scott
Charles Shaw

David Sherburne
Cherie Shipley
Kathy Shields
Beth Short

BRAINS N' BODY

Greg Brew proved himself outstanding in not one, but two categories this year. He won the Athletic Scholar Award for 1977.

The determining factors that led to his winning the award were his ability in wrestling and his progress academically throughout his schooling. Before being presented with this award, he had to prove he was eligible by maintaining a "B" average through wrestling season, as well as defending his weight class, 138 lbs.

Greg got involved in wrestling in his search for a different but exciting sport. He thought he could tackle it, and indeed he did! Greg considers wrestling as an individual sport. He commented, "It's you against your opponent. In the end, win or lose, you know it was you. You can't blame anyone else for your mistakes like you can in team sports."

Kathy Simmons
Laura Singleton
Guy Sites
Ketih Skinner

Anthony Smith
David Smith
David Smith
Greg Smith

Linda Smith
Paula Smith
Stephanie Smith
Stefan Smith

Vickie Smith
Lauren Smoot
Lynn Snow
Robin Snow

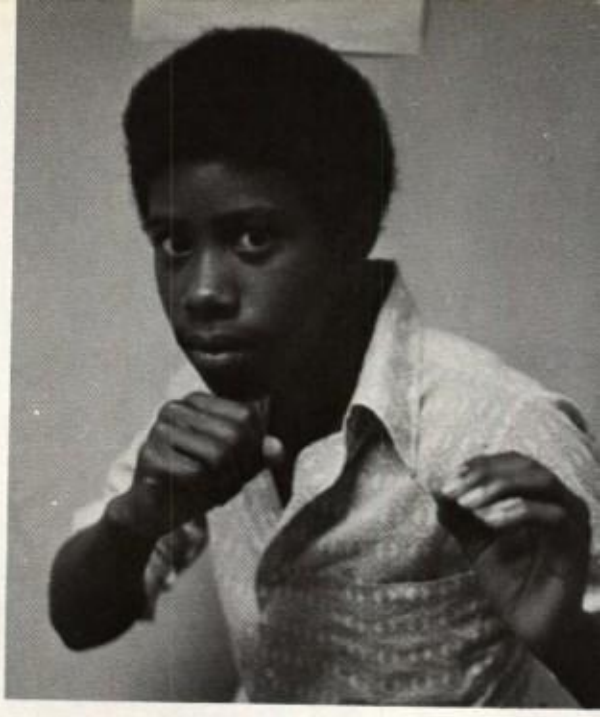
Timmy Sowell
Cindy Stanley
Barry Staton
Stephanie Stewart

Wrestler Greg Brew grapples with opponent during match with Liberty.

FRESHMEN CAN BE "KNOCKOUTS"

Only four months with the Lynchburg Boxing Team and Ronnie Carter has already won a trophy. This was for defending his 103 lb. weight class in a sport requiring much hard work and willpower in order to be successful.

The young boxer has high hopes for his future. After many of his friends began to make a name for themselves on the boxing team, Ronnie decided to do the same. By continuing to box throughout high school, he hopes to turn professional after graduation.



Looking ready for his next opponent, Ronnie Carter shows his skills.

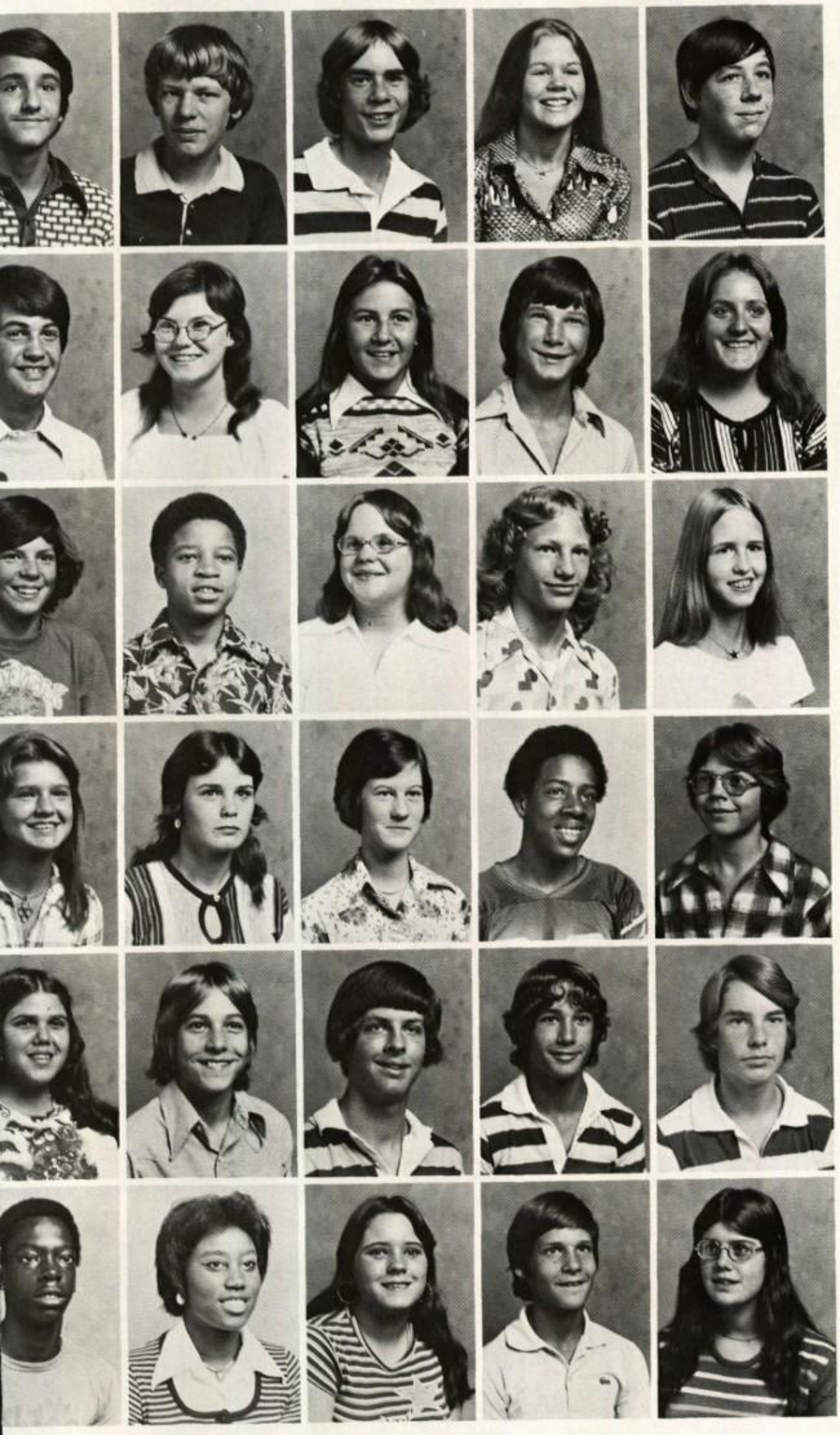
Tonya Stewart
Valerie St. John
Jerry Stokes
Paula Stokes
Eddie Stone

Sue Stonell
Bobby Storey
Julie Speight
Kyle Spencer
Carole Spinner

Ralph Spinner
Danny Sprouse
Chuck Spruill
Lynette Summers
Bill Sumpter

Sam Sumpter
Michelle Sweeney
Jack Sykes
Marty Tasterbsky
Shirley Taylor

Mike Terry
Carol Thibodeau
Beckie Thomas
David Thomas
Gary Thomas



Mike Thomas
Mark Thomasson
John Thompson
Elaine Thoren
Kenneth Tidwell

Keith Toler
Wanda Tolley
Cathy Tomlin
G.L. Tomlin
Susan Torrence

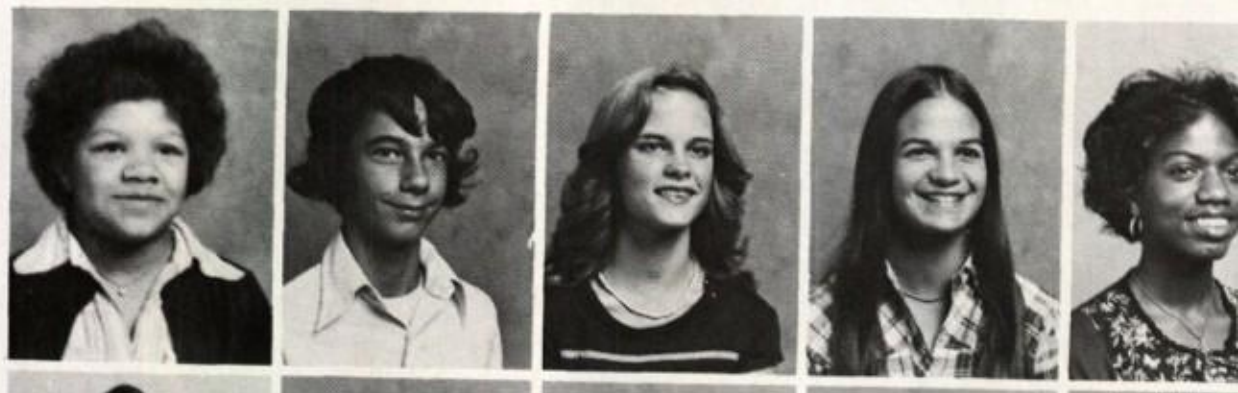
R.W. Trent
Anthony Tucker
Diane Tucker
John Tucker
Susan Turner

Judy Tyree
Sharon Tyree
Kathy Unruh
Greg Usry
Kent VanLiere

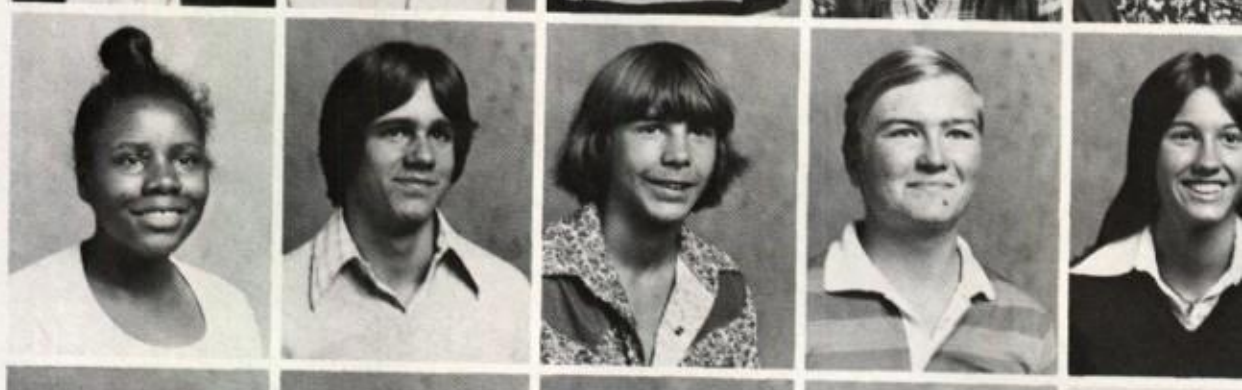
Donna Viar
Scotty Viar
Brian Vosburgh
Richard Wade
Stanley Wade

Anthony Waller
Denita Waller
Donna Waller
Danny Ward
Tina Ware

Kim Warrick
Bobby Watkins
Lisa Watson
Donna White
Vickie White



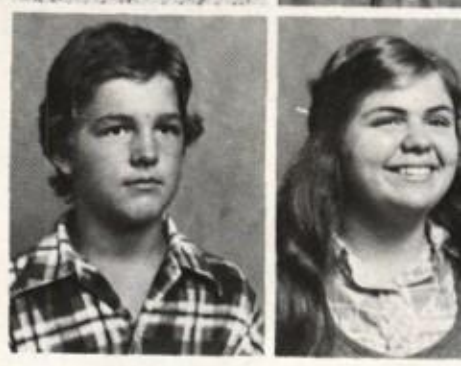
Joyce Whitted
Andy Williams
Bart Williams
Dwight Williams
Elizabeth Williams



Julie Williams
Ken Williams
Martha Williams
Mike Williams
Tajuana Williams

Duane Wilson
Joseph Wilson
Renee Wilson
Darryl Withers
John Wood

Alan Wood
Natalie Wood



WRIGHT "SHOWS" IT RIGHT

Saint Casey's Little Cricket, "Cricket" for short, is a Shetland sheepdog owned by Suzanne Newman. Cricket is not your everyday dog—she's a show dog.

Suzanne has won the Best Junior Handler twice, once in each of her first two years. In addition to this award, she has also won first in the Novice Class, plus numerous ribbons.

Suzanne usually shows her dog in North Carolina and Virginia, traveling on weekends to the various showings. Cricket has a C.D.—Companion Dog—rating. Suzanne said that in order to get this rating, one must win the Novice three times. Suzanne and Cricket are in the Open Class now, having won the Companion Dog rating three times.

Pamela Wood
Scott Woodall
Tony Woodall
Cindy Woodard
Lee Wooldridge

Robert Wooldridge
Susan Wooldridge
Michelle Worley
James Wright
Jerome Wright

Ricky Wright
Stephen Wright
Tony Wright
Jackie Wynn
Franklin Younger

Dog handler Suzanne Wright gives information to *Legacy* interviewer Linda Brooks.

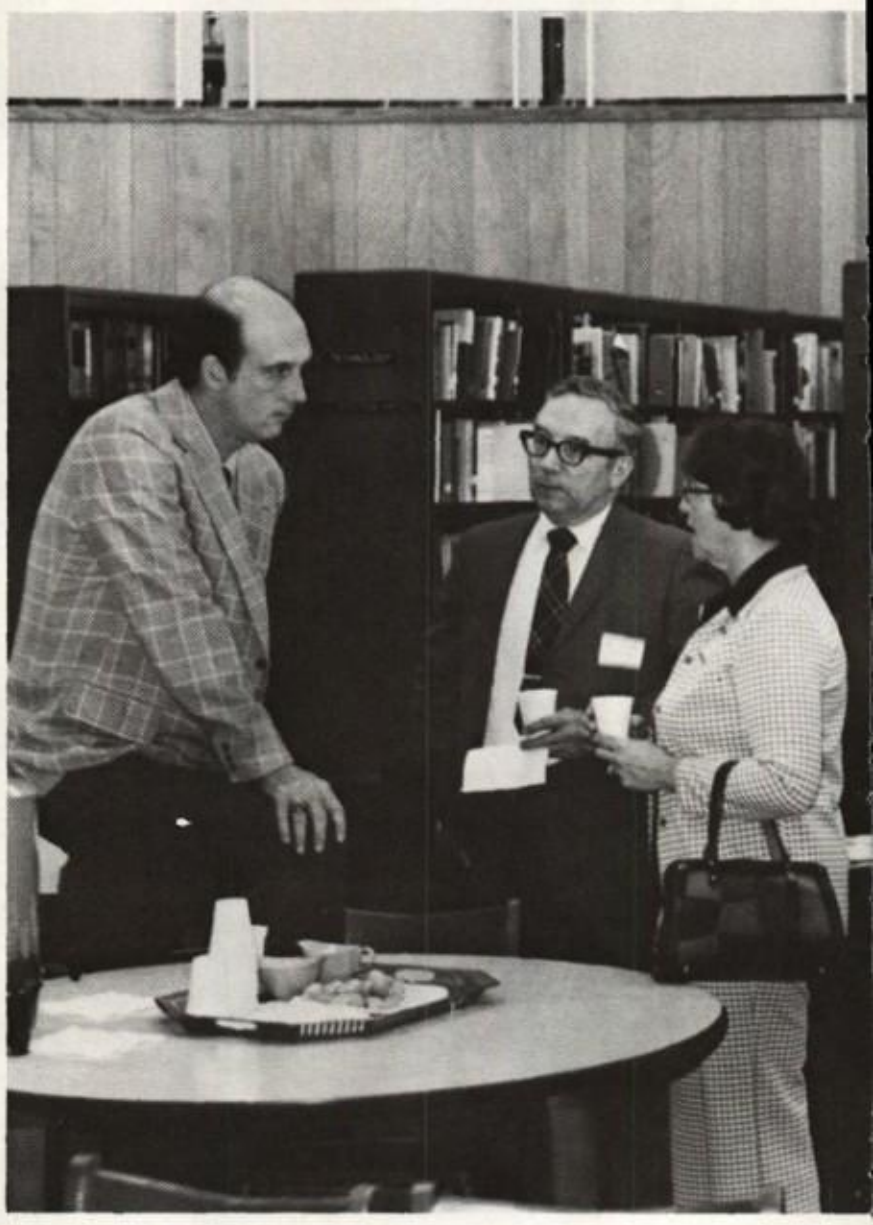
Even administrators need a break, and Dr. Swisher sets the example of relaxation for Mr. Waters and Mr. Spencer.

ADMINISTRATORS SET THE PACE

Each new school year involves a process of building. In most cases this process is simply a matter of adding to or improving on what has been done before; however, because we started a new school, we had first to lay a strong foundation. In order to do this each of us had to contribute his time and talents.

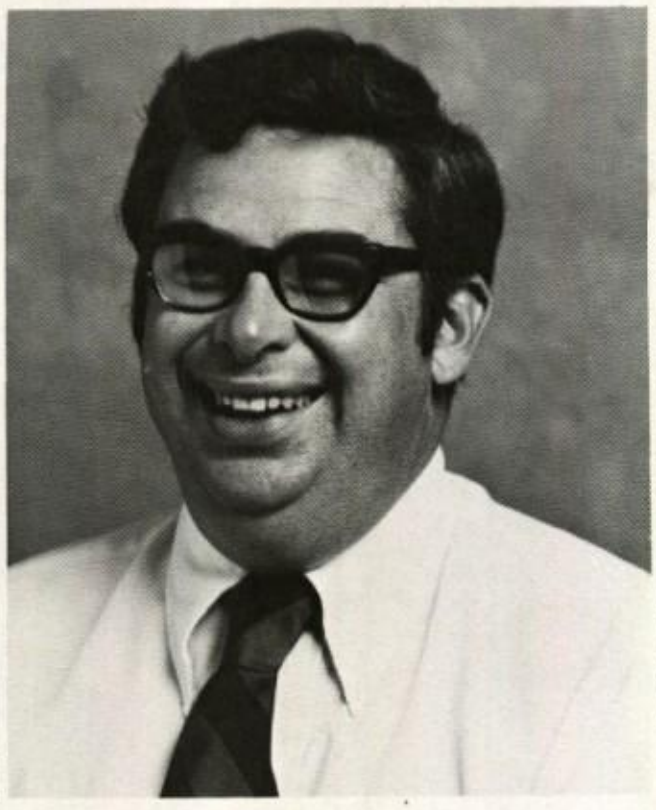
With everyone's creativity, interest, enthusiasm, and loyalty, we built a school that is known for its excellence in academics, athletics, activities, and school spirit.

James K. Swisher
Principal

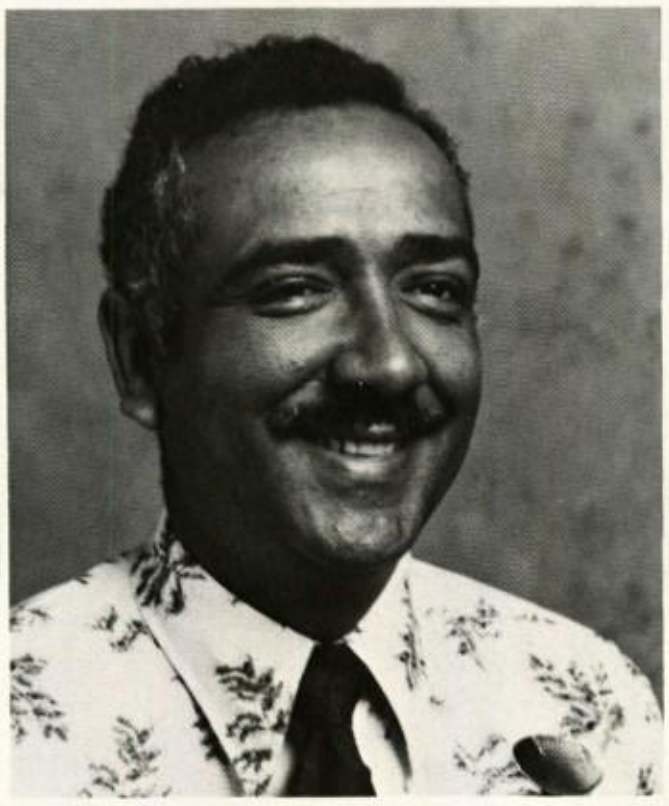


Dr. Swisher visits with parents at a Thursday morning coffee.

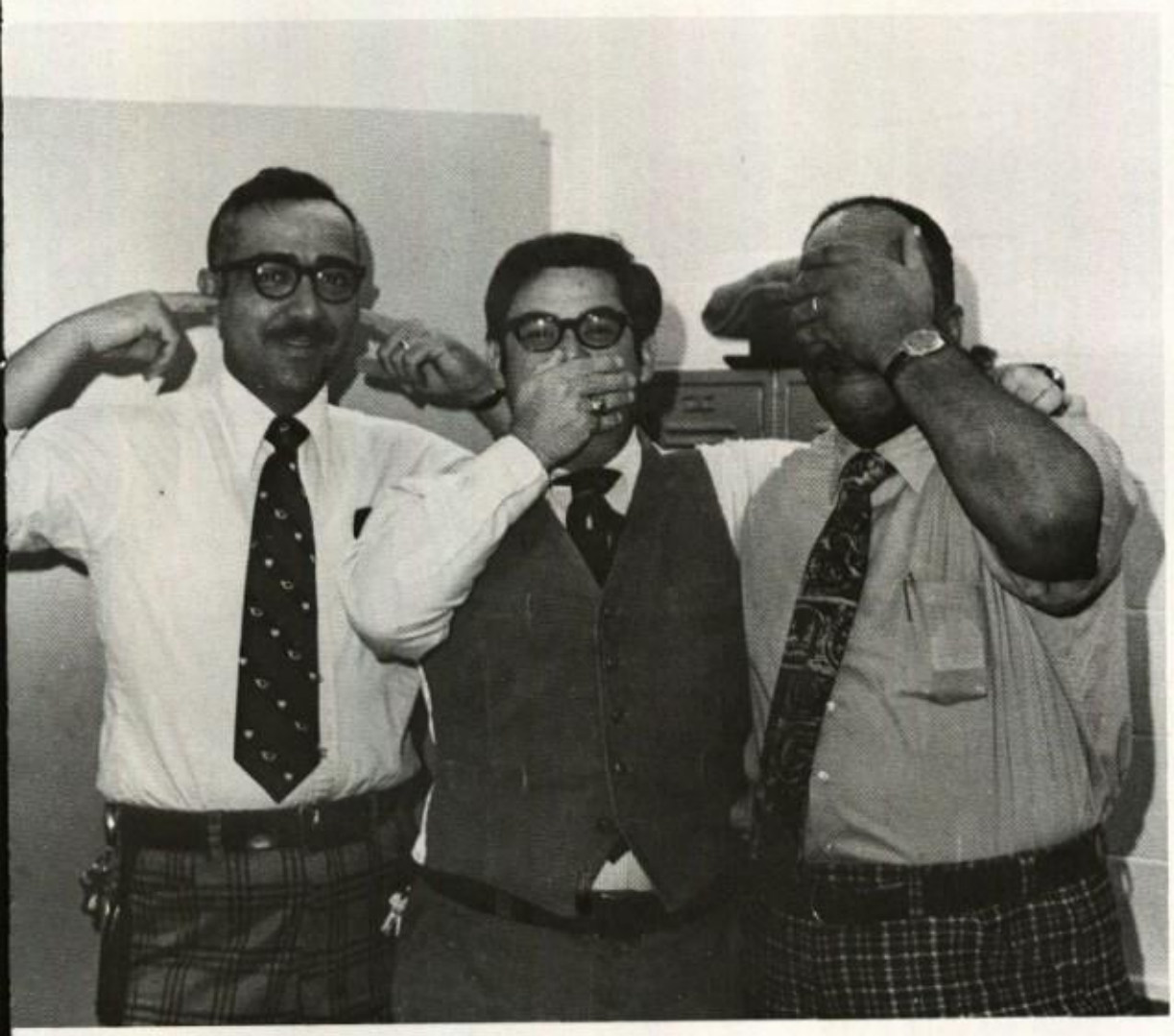
Mrs. Helen Harvey
Assistant Principal/Instruction



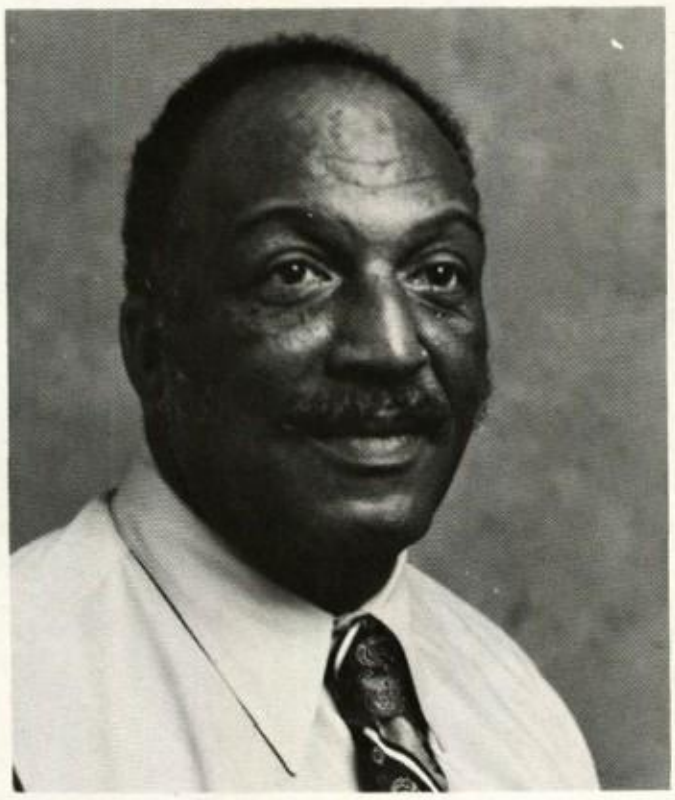
Mr. Winston W. Clark, Jr.
Assistant Principal/Administration



Mr. Ralph Spencer
Assistant Principal/Administration



"Monkey-shines" come naturally to Mr. Spencer, Mr. Clark, and Mr. Waters.



Mr. Harry Waters
Attendance Coordinator

Mrs. Ruby Laughon
Counselor

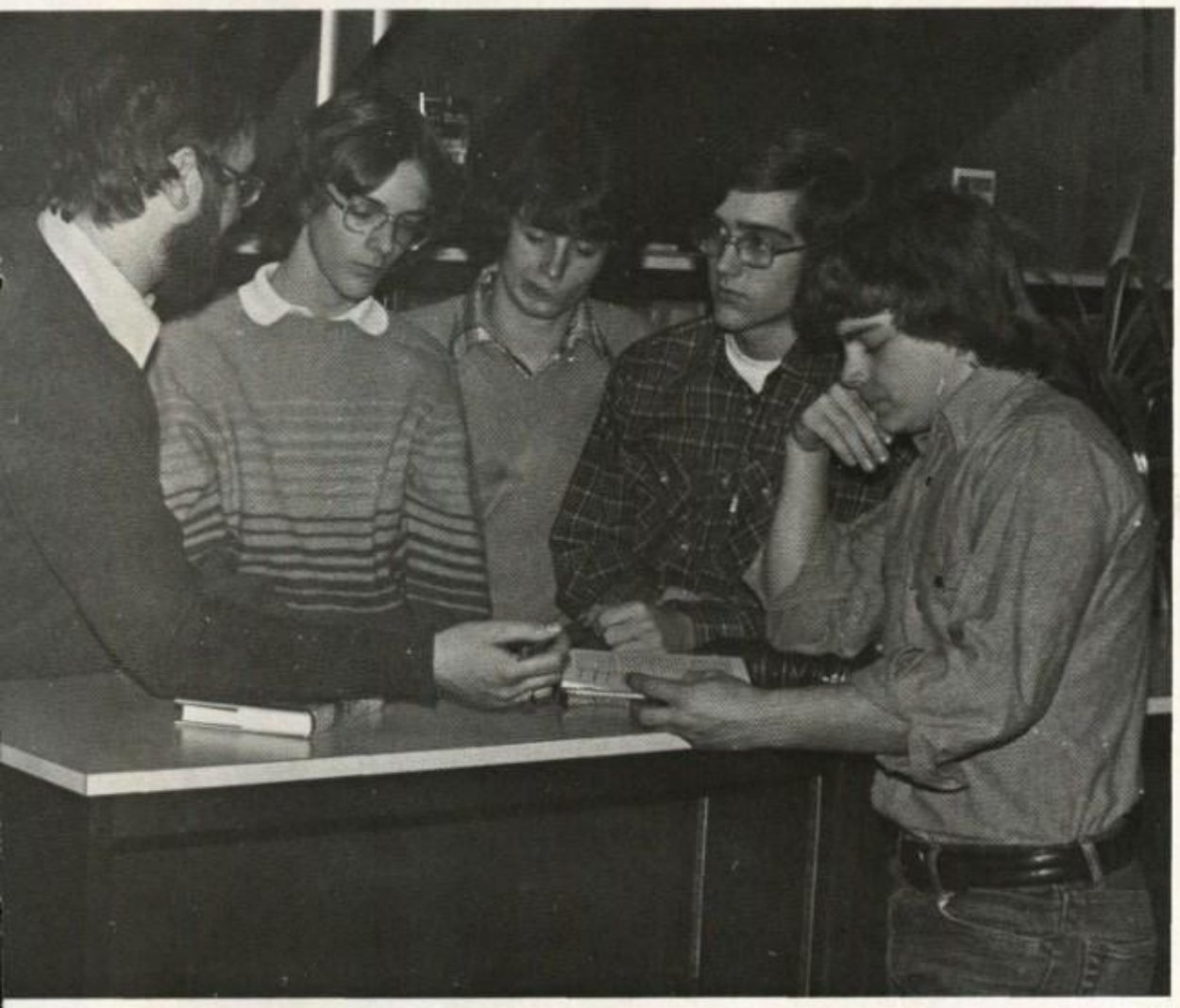
Mrs. Annie Moseley
Counselor

Mrs. Marguerite Singleton
Counselor

Mr. Malcom Sydnor
Counselor

Parental conferences are an important part of a counselor's job. Mrs. Olds discusses next year's course offerings with Mr. Barrett

Mrs. Nila Rupert, School Board member, receives first copy of "The First Sixty Days" from Mr. Moorman, Guidance Director.



"DAYS" PUBLISHED

Both the guidance and the clerical staffs were involved in the production of "The First Sixty Days." The booklet explained the happenings of the school year to that point, as well as events that were expected to materialize as the year progressed.

Written to give parents a better understanding of the progress of the school in every aspect from sports to academics, the booklet also established guidelines for Heritage in the years to come.

Juniors Wayne McFaden, Kenny Dooley, David Brown, and Pat Donahue receive parallel reading recommendations from librarian Milt Hathaway.

Mrs. Beulah Couch
Head Secretary

Mrs. Margaret Dalton
Office Secretary

Mrs. Susan Davis
Librarian

Mrs. Mary Green
Account Clerk

Mr. Milton Hathaway
Librarian

Mrs. Nancy Hawkins
Library Secretary

Mrs. Jane Morris
Guidance Secretary

Mrs. Marjorie Morris
Library Secretary

Mrs. Lois Tomlin
Office Secretary

Miss Susan Adams
English

Mrs. Ella Anderson
U.S. History

Mr. Robert Austin
Wood Working, Electronics

Mrs. Geneva Barton
World History, World Geography

Mr. William Booker
Drivers Ed, Physical Education, Varsity baseball

Mr. Michael Brunner
Math, Alg.-Trig., Comp. Science

Mrs. Carolyn Caldwell
Art, Art Club

Mr. John A. Camm
Biology, Physical Science

Mrs. Cornelia Cambell
Math, Chemistry, Pep Club

Mr. Kenneth Canody
Physical Science, Ticket Manager

Mrs. Billie Carwile
U.S. History

Mr. John Coates III
Reading, Debate team

Mr. Stan Collins
Algebra, Geometry, El. Functions

Mrs. Carol Currence
English, Drama, Forensics

Mr. Frederick Currence
Physical Science, Biology

Mr. Thurman Davis
World History, World Geography, History Club

Miss Wanda Davis
Math, General Business, F.B.L.A.

Mr. Robert Dozier
I.C.T.

Mrs. Jacqueline Early
Algebra, Algebra-Trigonmetry

Mrs. Carolyn Farmer
Geometry, Math

Mrs. Frances Feagens
Home Econmics

Mr. Wally Gilbert
Physical Education, Varsity Football, Indoor & Outdoor Track

Mr. James Green
Physical Education, Varsity Football, Indoor & Outdoor Track

Mr. Russell Gregory
Biology, Physical Science

NO. 1 BEAUTY

There's always something new and exciting going on in DECA. One fun money-making project was a male beauty contest. Students voted for their favorite teacher by dropping some money in a jar provided by DECA for each male teacher.

For one week the sounds of coins plunking into jars could be heard around Heritage. Finally, the winners were announced. Mr. Coleman, male beauty king, won the trophy, followed closely by Mr. Thomas, 2nd place, and Mr. Lambdin, 3rd place.

Approximately $200.00 was raised from the competition, which aided DECA members in financing a trip to Washington in May.

Displaying DECA Beauty Contest trophy, Mr. Coleman (center), winner, poses with his "court", Coach Thomas (left) and Mr. Lambdin.

Mr. James Hawley
Algebra, Varsity Basketball

Mr. Carl Harris
Chorus

Mrs. Elizabeth Harris
Algebra

Mr. Lionel Harrison
Woodworking, Metal

Mrs. Irene Hatcher
Distributive Education, D.E.C.A.

Mrs. Patsy Heald
Art, Crafts

Mrs. Ellen Hill
Home Economics, F.H.A.

Mrs. Elizabeth Hodges
English

Mrs. Karen Jacques
Typing, Clerical Typing, Bookkeeping

Mr. Roger Jones
World Geography, World History, Varsity Football, Indoor & Outdoor Track

Mrs. Mary Karjala
Typing, Bookkeeping, Stenography, F.B.L.A.

Mrs. Loretta Knight
Geometry, Algebra-Trigonometry

Mr. Rufus Knight
Electricity, Varsity Football, Indoor & Outdoor Track

Mr. Michael Markwald
Math, Algebra

Mr. David Mills
Woodworking, Metal, J.V. Tennis

Mrs. Nanette Moorman
English, Grammer & Composition, National Honor Society

Mr. John Noechel
Physical Education, Drivers Education, J.V. Soccer

Mrs. Dorothy Obey
English, Advanced Grammer & Composition

Ms. Emma Overstreet
Physical Education & Drivers Education, Girls Outdoor Track, Girls Varsity Basketball

Mrs. Marcia Patterson
Latin, Latin club

Mr. Robert Peffley
A.F.R.O.T.C.

Mrs. Dean Peniche
Spanish

Mr. Panayiotis Pittas
Algebra, Math

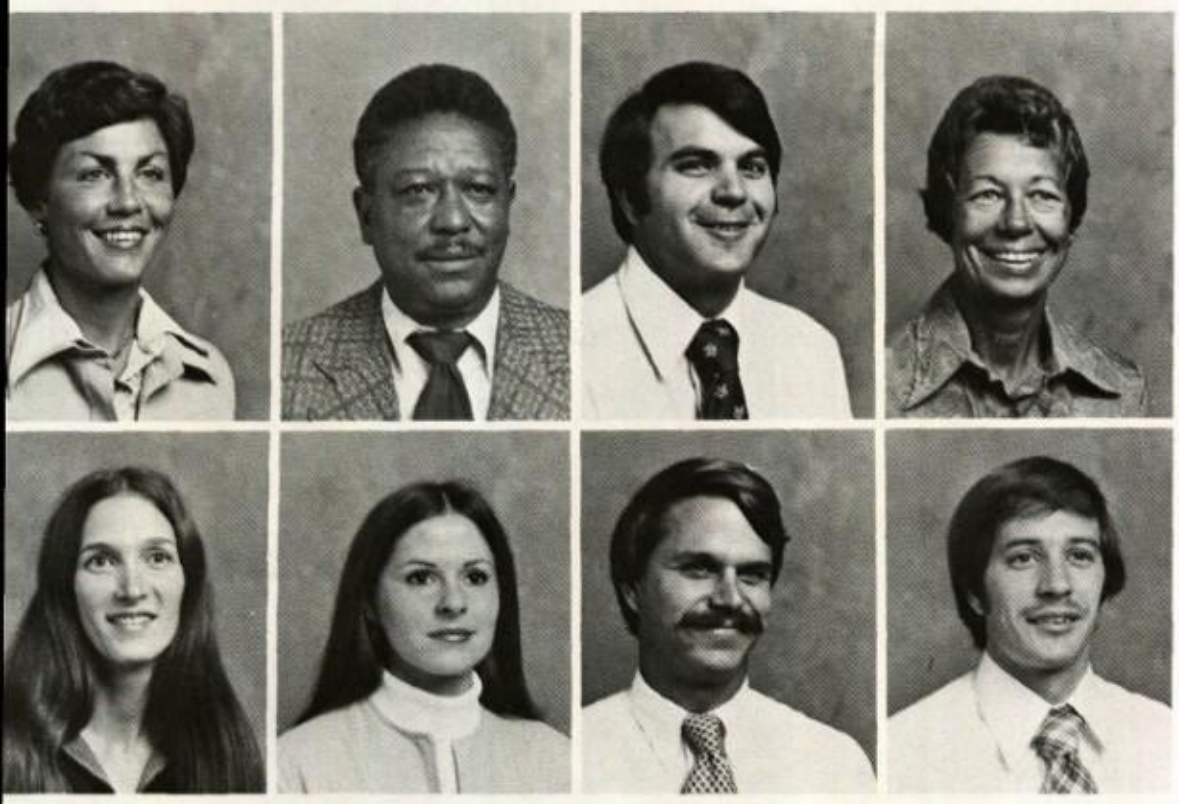
LEA CONTRIBUTES TO SCHOOL LIFE

Biologist, fisherman, hunter, gardener—these are some of the many interests of Mr. Fred Currence, biology teacher. He also finds time to take an active role in the Lynchburg Education Association. As one of three elected representatives from Heritage for '76-'77, he works with Mrs. Connie Campbell and Mrs. Verma Rivers.

LEA programs deal with "Helping Teachers Teach" and promoting improved education. One of the ongoing projects of the Association is the "Program of Action" which is submitted to the School Board annually. This program includes suggestions about everything from recommendations of class size to duty-free lunches.

With everyone working together, many things were accomplished this year by the LEA. It's good to know that our school representatives helped to bring about these changes.

It's an anxious moment for Chip Rapp as Mr. Currence checks his biology paper.



Mrs. Henrietta Preble
English, Girls Varsity Tennis

Mr. Rudolph Robinson
Clerical Accounting, Typing

Mr. David Shackleford
U.S. History

Mrs. Marie Shaner
Physical Education, Girls J.V. Basketball

Mrs. Francis Smith
English, Journalism, Newspaper

Ms. Brenda Stafford
English, Girls J.V. Tennis, Varsity Cheerleaders

Mr. Mark Storm
English, Activity Director, S.C.A., S.O.D.A., J.V. Football, Wrestling, Varsity Tennis

Mr. Donald Summers
Woodworking, Mechanical Drawing

Proving that "two heads are better than one," an intricacy of algebra-trig becomes clear to Carl Held with Mrs. Knight's help.

Mr. Sam Thomas
Physical Education, J.V. Football, Wrestling

Mrs. Josephine Thompson
Art

Mrs. Yvonne Tucker
Physical Education, Distributive Education

Mr. Baxter Twitty
World History

Mrs. Susan Varner
Math, Algebra-Trig.

Mrs. Charlene Watson
Coop-G

Mrs. Marjorie Wilson
English, Yearbook

Mr. Chester Wrzos
Physical Science, Biology

MAKING THINGS GO

Sometimes we feel imposed upon if we have to make our own sandwiches for lunch. Imagine fixing lunch for fifteen hundred people every day!

Mrs. Farmer and her staff are so well-organized that they don't even seem rushed. They handle the volume of food, the good assortment, and the three-lunch schedule with less fuss than we make over having to put a piece of cheese between two slices of bread.

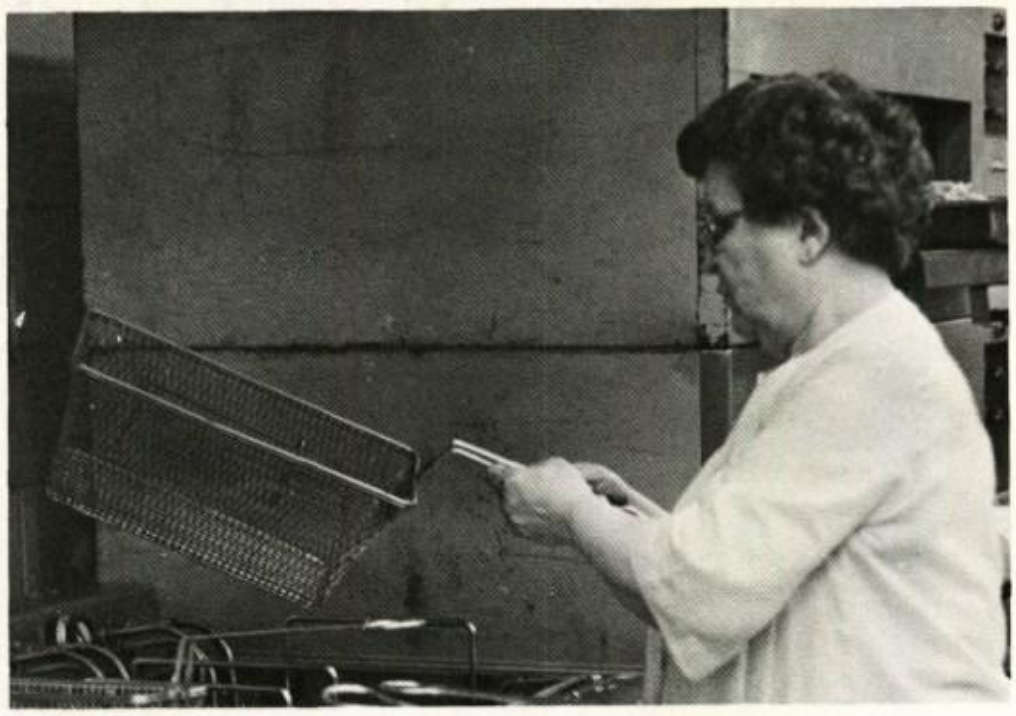
Another chore that we frequently balk over is having to clean our rooms. Multiply that one room we each hate tackling by twelve, plus hundreds of feet of hallways, the cafeteria, the shops, and the sidewalks, and we have an idea of the daily job facing the custodial staff.

Thanks to Mr. Murrell and his crew, the building is kept clean and in good shape for us to begin each new day.

Involved in one of his many daily routines, Mr. Patterson helps keep Heritage looking its best.

Window washing is a daily responsibility for Mrs. Dillard.

FIRST ROW: Evora Jones, Elizabeth Crowder, Marcellus Mosbey, Frances Banks, SECOND ROW: Dorothy Dillard, Lester Jennings, Artie Murrel, Alfred Davies, Regginald Wood

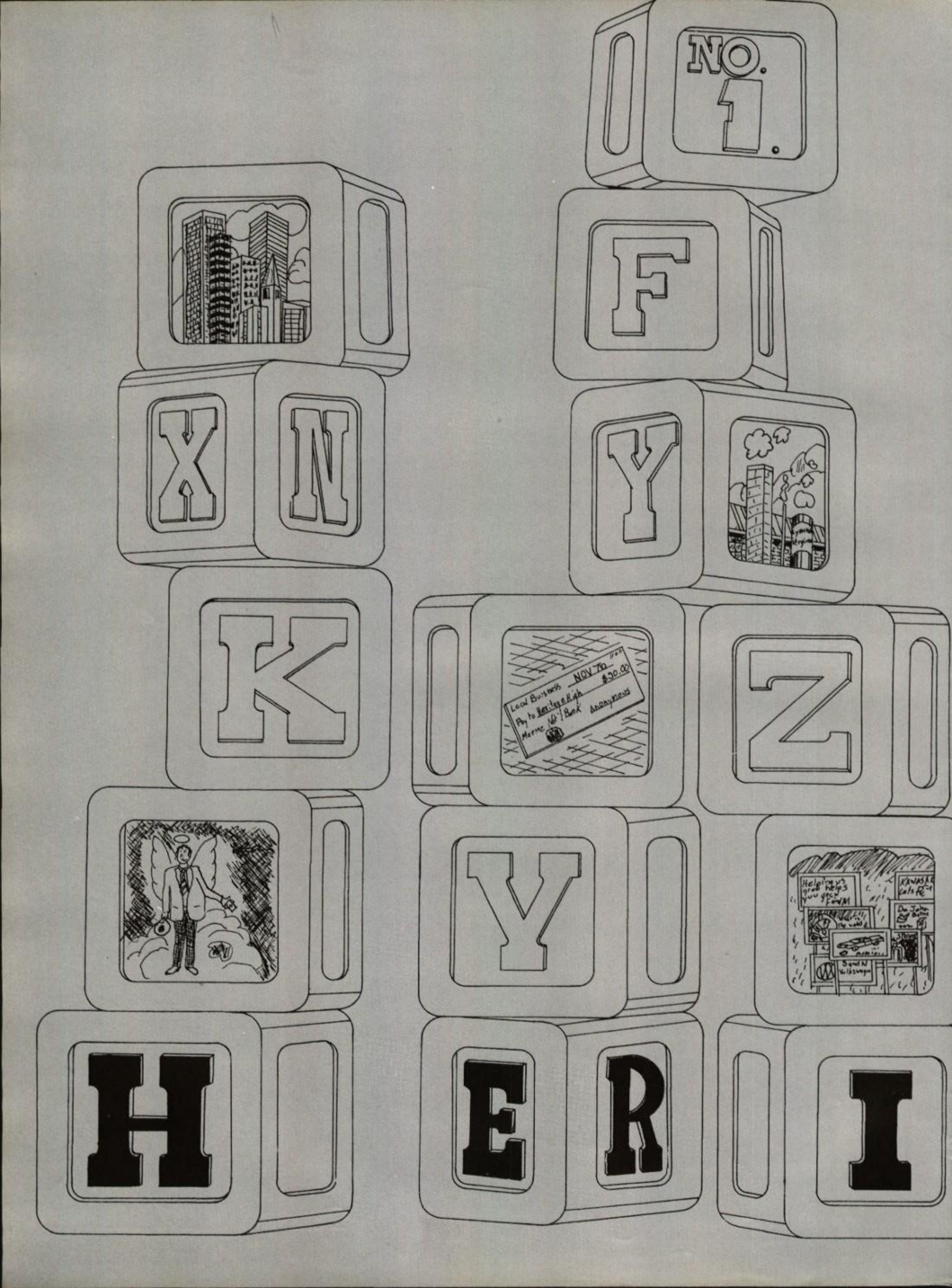


Knowing that cafeteria jokes are just in fun, Mrs. Mason gets ready to cook more French fries.

The lines seem endless as Mrs. Gentry and Mrs. Sandifer feed hungry students.

FRONT ROW: Gracie Mason, Dot Powers, Saidy Harris, Frieda Tanner. SECOND ROW: Mary Anderson, Geraldene Farmer, Doris Lloyd, Faydene Alexander, Frances Crawford

Keeping a supply of clean silver is one of Mrs. Barksdale's cafeteria duties.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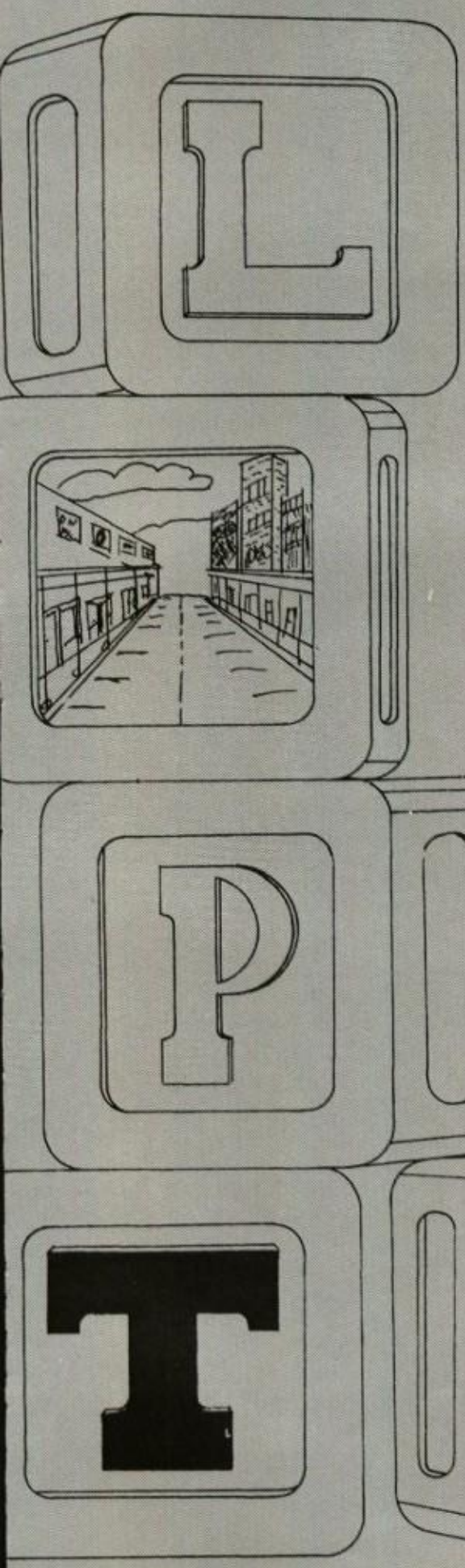
PATRONS



Candler Oil Company, Inc.

Craddock Terry Shoe Corp.

Old Forest Dairy Queen

Josten's

Lynchburg Foundry Company

Meredith/Burda, Inc.

Robertson Drug Co.

Patrons . . . Our Favorite People

Lynchburg has in the last several decades entered an era of progress and economic growth that promises continued well-being for Central Virginia.

But being known as a hub of industry is a relative new posture for Lynchburg. For many years after John Lynch in 1757 started a ferry across the James River at the ancient ford where the Indian trails crossed, the area was predominantly agriculture in nature.

It was not until after the American Revolution that Lynch conceived the idea of laying out a village above his ferry at the fool of the present Ninth Street.

He divided a 45 acre track into lots and streets and applied to the legislature for a charter, which was granted in 1786 for the village of Lynchburg.

As the village began to take shape, tobacco was grown on the red hills of the area, eventually making it famous as "Tobacco City." The village was incorporated as a town in 1805 and then in 1851 was made made a city.

Today Lynchburg is blessed with great diversification in its manufactured goods and its standing as the industrial hub of Central Virginia is well-founded.

The foundations were laid with a giant shoe industry, foundries, pulp

Shop courses provide training for jobs in Lynchburg's expanding economy.

and paper mills, textile and garment factories, drug and medical supply firms. These, plus Lynchburg's two oldest industries—tobacco and milling, served as the economic framework as generations of leaders gradually added other industries.

The recent dramatic industrial growth began in the 1950'5 and 1960's when several of the nation's largest corporations located plants in the city or area.

Now, such names as General Electric Co., Babcock & Wilcox Co., H.K. Porter Co., Weyergaeuser Co., Gould National Batteries, Inc., Limitorque Corp., E.F. Houghton & Co., Illinois Tool Works, Inc., Georgia-Pacific Corp., Meredith/Burda, Inc.—to mention just a few—are all a part of the industrial community.

B & D Market

C.B. Fleet Co., Inc.

Childress Exxon

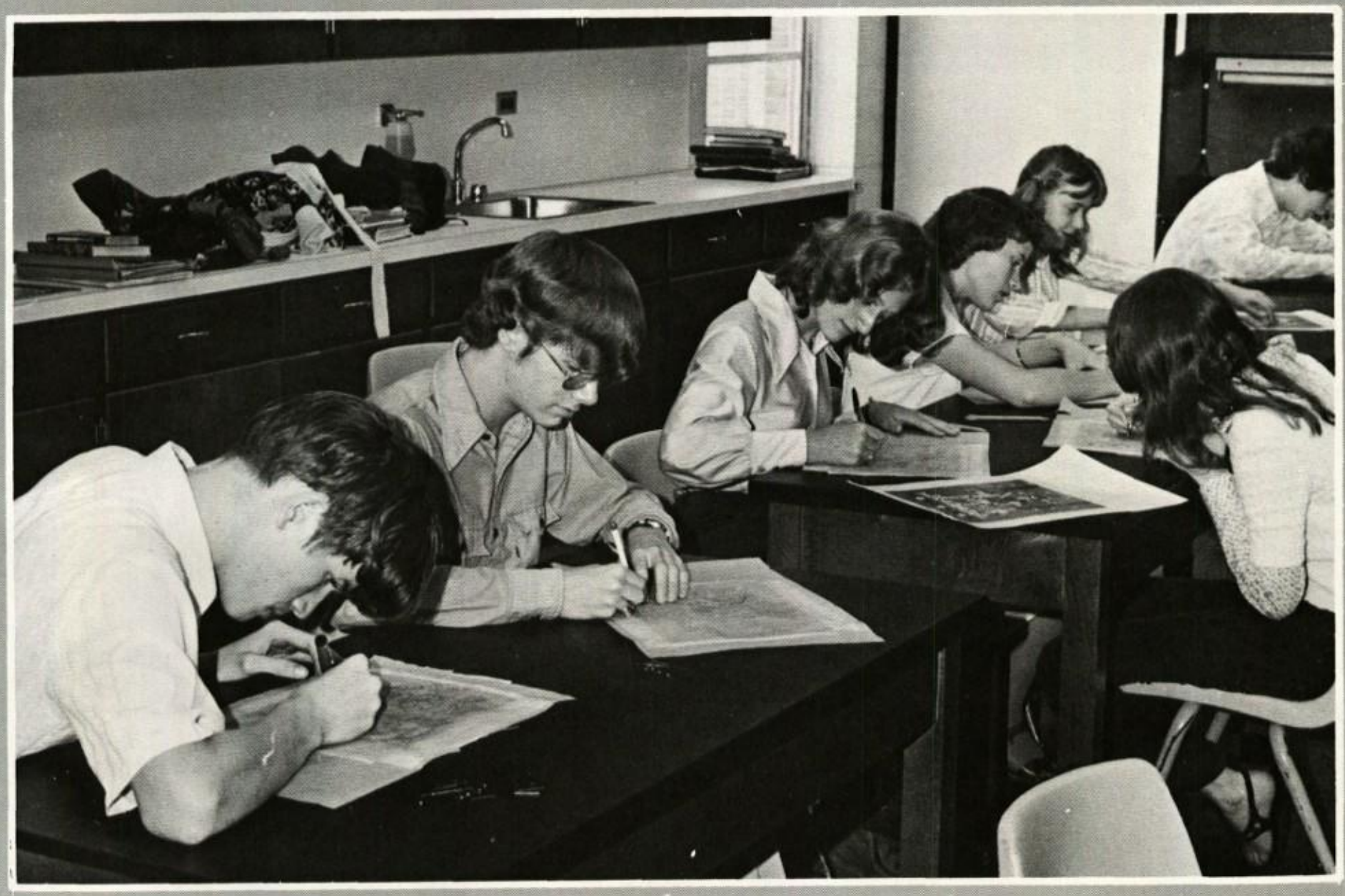
Dick Harris & Son Trucking Co., Inc.

Junior Town

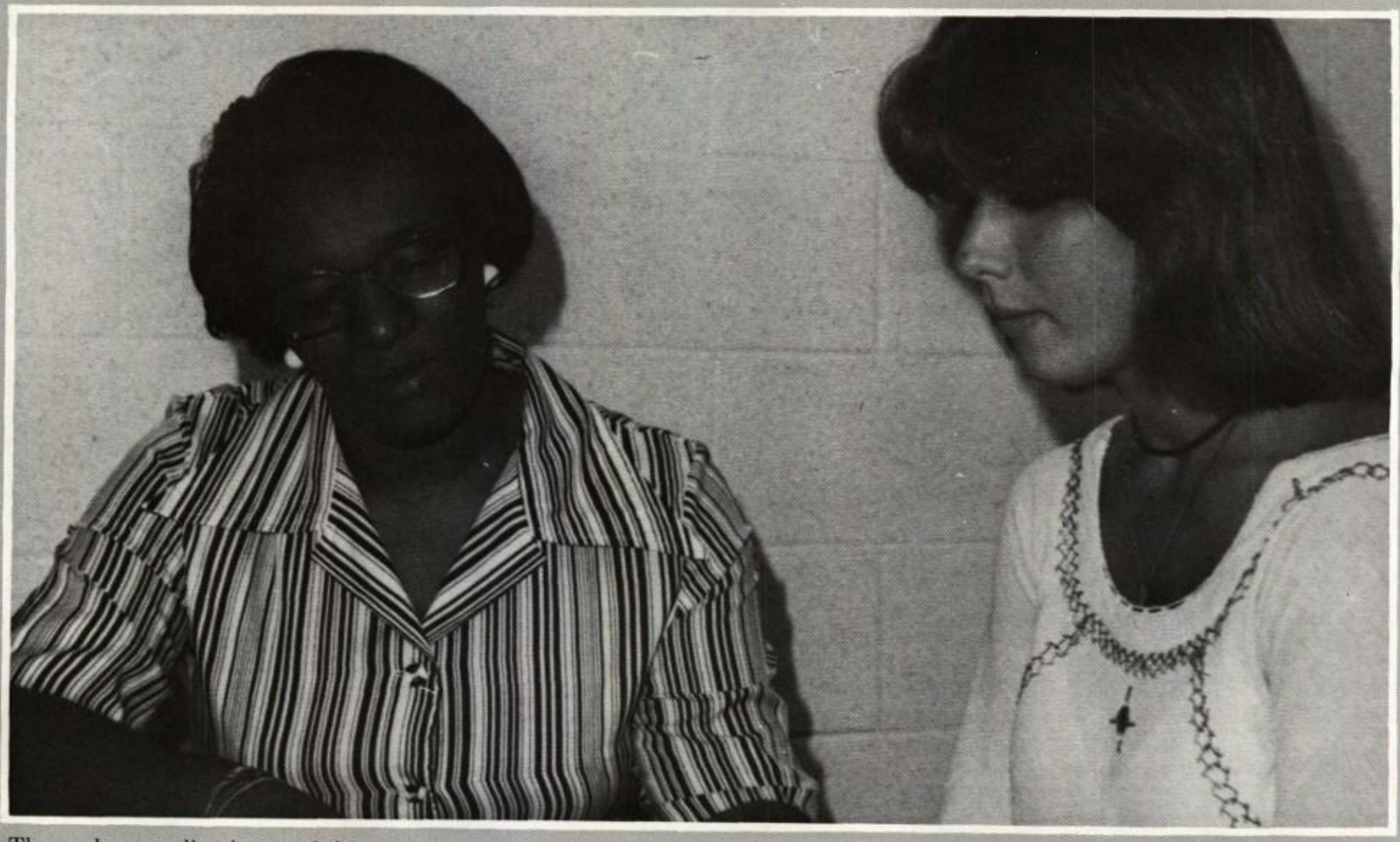
Kings' Super Market

Maxine's Hair Boutique

Wedding Consultants of Lynchburg



Students perform an exercise in design, a skill which can help them compete in some areas of the local job market.



Thorough counseling is one of the services that enables students to make wise career choices. In addition to a concentrated career awareness program offered to sophomores, individual counceling, as with Mrs. Mosley and Marina Bowman, helps with subject choices.

Keeping in step with the growth of area industrial activities in the last three decades is retail trade. Numerous shopping centers have developed and Lynchburg's downtown has kept pace. Store interiors and exteriors have been modernized. New buildings have gone up and access to downtown has been made easier via the Lynchburg Expressway and the new Rivermont Avenue bridge.

Continuing the tradition of community involvement, many of the industrialists and retailors of the area have supported all phases of the Lynchburg Public School system. We appreciate the financial support represented on these pages and exceptional interest and support that Heritage High School has received in its first year of operation.

From—Lynchburg, Special Edition 1970,
Published by the Chamber of Commerce

Army/Navy Sales Co.

Arther's Flower Cart

Betty Brite Dry Cleaners and Laundry

Central Virginia Storm Window & Door Co.

Chestnut Hill Hardware

Claire's Wayside Flowers

Millner & Rhoads Photography Studio

460 Newstand

Schewel's Furniture

Weiner King

Western Auto Associate Store

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Media assistant Nancy Hawkins indexes new materials in the card catalog.

We've Started A Tradition

When we came to Heritage, we were all a little skeptical. Annexation had caused redistricting, so we came to the school to which we had been assigned; but we didn't like it. True, new letters had been attached to the building—Heritage High School—but we all knew this was really just old Sandusky Junior High.

Then, as the year went on, something happened. We developed pride. It's hard to say how this came about. Maybe it was because the administrators were always there—friendly but firm—knowing us and caring what happened to us. Maybe it was because the faculty viewed the year as a challange—not caring that the building was too crowded—but caring that we learned what would be important to us. Maybe it was because we realized that new friends were as good as old friends and that it's not space or preconceived ideas that make a school.

However it happened, it was good. We became Heritage High School. We had a feeling of importance and destiny. We were proud of who we were and what we had accomplished.

Pep Club members Raye Hawkins, Susan Kee, and Cornell Campbell help promote school spirit by making banner to be displayed at game with Glass.

something happened

SCA President Susan Smith worked with committee that built and stocked a time capsule, which contained bits and pieces of memories of our first year at Heritage. Capsule will be opened at future date, revealing life as it "used to be."

along the way

Several years of planning, many months of pondering over decisions, countless days of attention to details—and a great deal of money. Work crews could now construct the building we had all waited for.

We Got It Together

As we went about the business of building a heritage, we were interested in the building of Heritage. The faculty toured the building in May and told us of its progress, and we were pleased to think of going into a new school—one of the best facilities in Virginia.

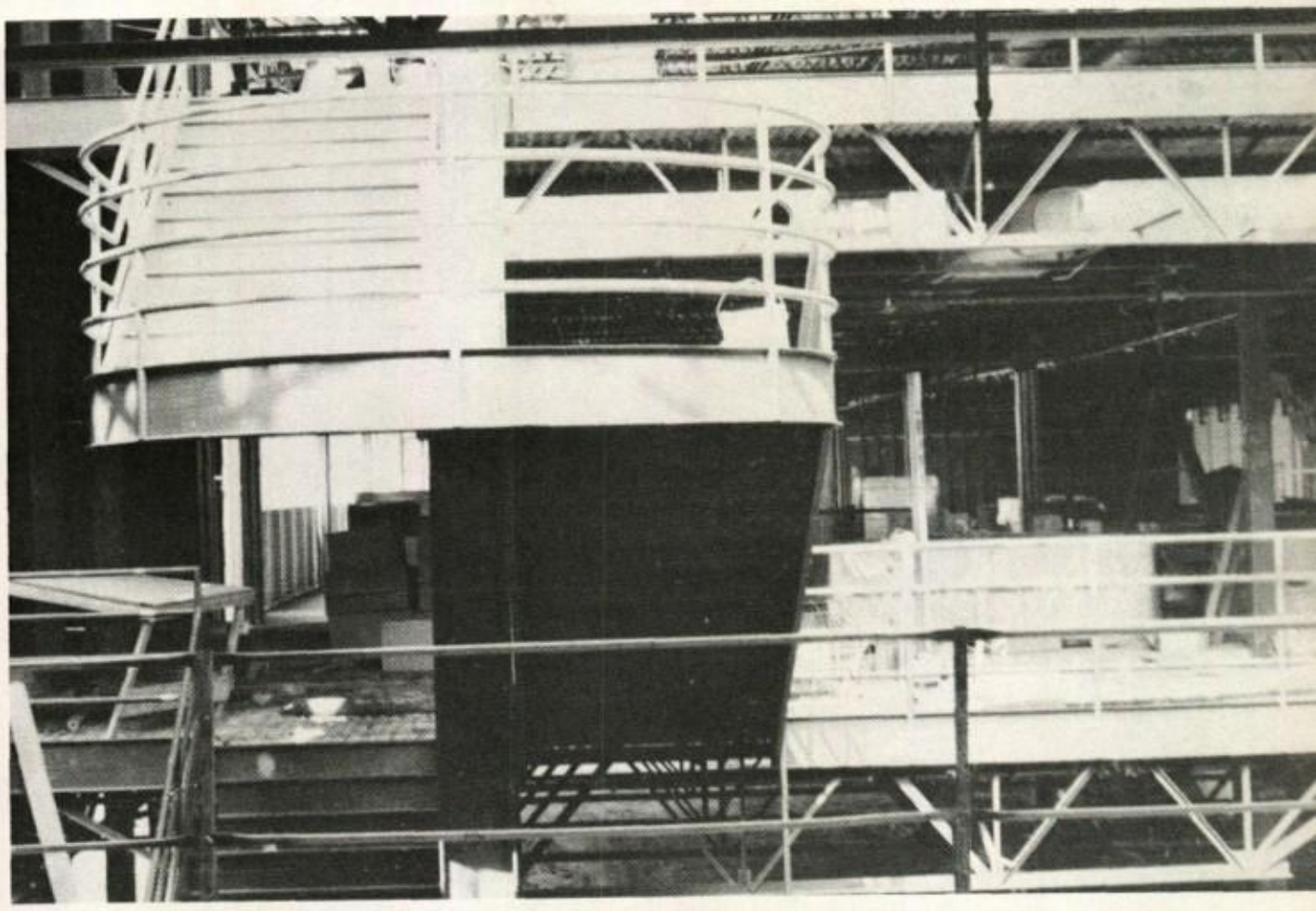
But it was with a sadness—gladness that we prepared to leave the old for the new. Some of us helped with the transition. We joined in a clean up day on Saturday, June 11, and swept the floors of the new building, aiding the carpet layers. And we moved cartons—

we have built a heritage

ny cartons—on the last day of
ool, June 14, aiding the movers.

t beneath the "getting ready for the
w" and the "moving out of the old"
s a feeling of "it really doesn't
tter." Because it really doesn't
tter where we are. We have estab-
ed ourselves. We know who we are.
ritage High School has been built,
l we have been a part of it.

In May teachers got a sneak preview of the unfinished building. From the first-level cafeteria to the fifth-level administrative offices, there were interesting features and pleasant surprises.



Beautifully modern in construction, one of the main staircases takes shape. The building situated on a slope, allows ground-level access to almost all areas.

With Thanks . . .

We were in much the same situation as Heritage last August. We had an idea of what we wanted in a yearbook, just as we all had an idea of what we wanted in a high school; and each step was a new adventure.

None of us had any previous yearbook experience. Design, layout, copy, cropping—these were all new concepts to us. We expected it to be fun; but as we began to learn the procedures with Mrs. Wilson's help, we gradually came to understand that there was also a tremendous amount of work involved.

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Since we wanted this first LEGACY to be one we could all be proud of, we soon realized we needed lots of outside help. Fortunately, the students and faculty were correctly named "Pioneers" because they proved to be the kind who would gladly "lend a hand." Without them we could never have gotten this book together.

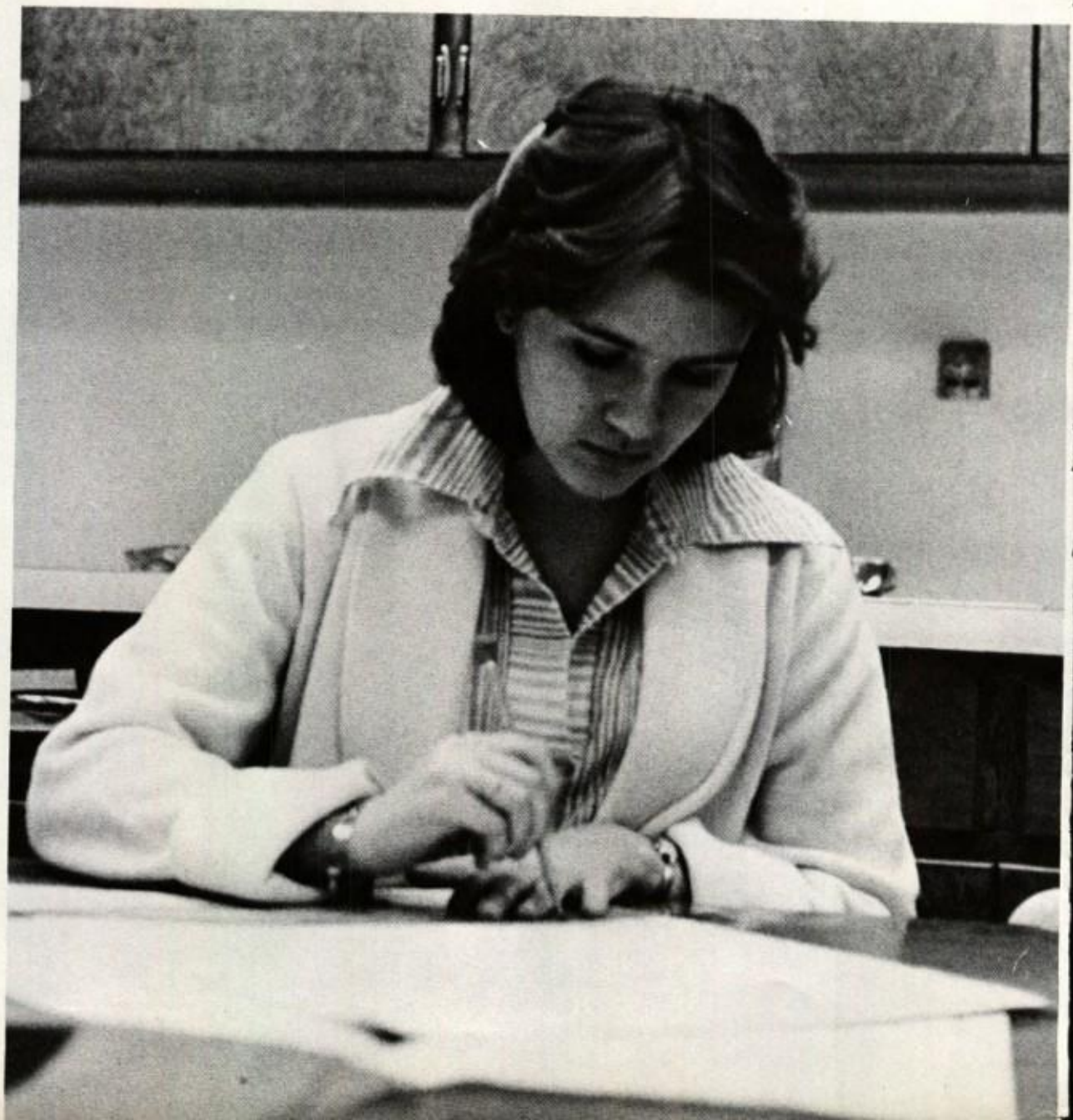
School had just begun when Mrs. Caldwell offered to help with advice in design and art work. We wonder if she anticipated how often we would call on her time and expertise. Her students spent untold hours creating the art work used throughout the book: Cynthia Cash and Robin Butler drew the figures in the Academics/Organizations section, Lucy Jo Robinson designed the cover, and Dale Glasgow designed and executed the detailed "Building a Heritage" building blocks on the division pages.

Of course, taking and processing photographs is a major yearbook requirement. When Mr. Scott at Dunbar learned we had no darkroom facilities, he offered to process our film for us. For his "coming to the rescue," we make him an honorary "Pioneer." Mr. Lambdin became aware of our need, and he promoted the idea of a darkroom of our own. After getting administrative approval, he outfitted the room and then spent hundreds of hours —of his own time—processing LEGACY pictures, many of them taken for us by Mr. Dozier, Mr. Clark, Rod Anderson, and Harry Mitchell.

We occassionally had some design ideas we didn't know how to execute, so we turned to Mrs. Lavoie, our American Yearbook representative. She was patient and helpful in instructions, suggestions, and moral support. Each time we had that "coming unglued" feeling, she put us back together with her calm efficiency.

We hope this first LEGACY will give you pleasure. With thanks to each of you who helped us.

Lynne Kopp, Editor



Well, we did have a good time in French, even though we didn't learn anything. And I know you cheated off my paper all last year!! I Seen ya! At least this year you can't push my seat up all the time cuz you don't sit behind me!! Well, au revoir! Stay nice! (Just jokin'-you never were nice!) Love ya! LyNNe